

Wisconsin Swimming LSC Distance Event Rule 1.4.1

(rule change effective date May 1, 2003)

All meets must include a distance event for each age group. The following table and the first day of the meet are used to determine the applicable distance event. Meet sanctions will not be issued without the proper distance event for each age group.

Free	1	6	11	16	21	26	31
Back	2	7	12	17	22	27	
Breast	3	8	13	18	23	28	
Fly	4	9	14	19	24	29	
I.M.	5	10	15	20	25	30	

The 11-12 age group will need to offer an additional 100 yds or meters event of a stroke other than the required event. For example, if your meet's distance event requirement is the IM, then the 11-12 age group must have the 400 IM event + 100 of another stroke (such as 100 fly or 100 back or 100 breast or 100 free) as a minimum. If the meet's distance event is fly, then the 200 fly along with 100 back or 100 breast or 100 free must be offered. Only the 11-12 age group is affected this way.

The distance event requirements are as follows:

8 & Under age group -- Distance event is not required.

9-10 or 10 & Under age group

100's for fly, back and breast

200 IM

200 **or** 400 m/500 yds free

11-12 age group

200's for fly, back and breast

400 IM

400 m/500 yds **or** 800 m/1000 yds **or** 1500 m/1650 yds free

+ additional 100 yds or meters event of stroke other than the required event

13-14 age group

200's for fly, back and breast

400 IM

400 m/500 yds **or** 800 m/1000 yds **or** 1500 m/1650 yds free

15 & Over or Senior or Open age groups

200's for fly, back and breast

400 IM

400 m/500 yds **or** 800 m/1000 yds **or** 1500 m/1650 yds free

As an **example**, if your meet is being held on June 22, then the following distance events must be included (assuming you have these age group categories):

8 & Under	None required
10 & Under	100 back
11-12	200 back + 100 breast or 100 free or 100 fly
13-14	200 back
15 & Over	200 back