

Hello!

For those of you who don't know me, my name is Markie Healy and I am a national athlete representative for USA Swimming. I have served the past two years as athlete representative for Wisconsin Swimming. I am also on the LSC Development Committee for USA Swimming. I attended the 2009 USAS (United States Aquatic Sports) Convention in Chicago this past month. It was a wonderful opportunity to reconnect with athlete reps from around the country, and to meet new ones as well, in the athlete meetings and other fun athlete events throughout the weekend. The athlete meetings were well organized and gave good insight into the athlete's roles in the swimming world.

The LSC Development Committee worked hard to update the LSC General Chairs on the LEAP (LSC Evaluation and Achievement Program) Program that was established to help LSC's aid their clubs and their swimmers in the best way by evaluating the LSC. The pilot testing of this program was very successful so more volunteer LSCs were asked to step up. I am proud to say that the Wisconsin LSC will now be completing it's LEAP. (If there are any questions regarding the LEAP Program, please contact me via email at [mkamhswim@aol.com](mailto:mkamhswim@aol.com))

This past convention was a very fun and meaningful experience for me and I am so glad I got to share it with two wonderful athlete reps from Wisconsin, Lucas Kuriga and Hailey Schneider.

Markie Healy  
Athlete At-Large  
USA Swimming