

Report on USA Swimming convention, 2008  
Atlanta, Georgia

As an athlete representative, I attended those meeting required of me, as well as a few optional ones pertaining to the athletes.

Athlete's executive council meetings

- introduce committee members
- topics to be discussed at the convention
- present executive members of USA Swimming board, and committees
- board of review certification
- executive committee elections

Outreach clinic (off site)

We as athletes had the opportunity to participate in a clinic to teach those who cannot afford swim lessons this important life skill. We went to the Boys and Girls Club of Atlanta and met some really awesome kids. We spent the next hour or two in smaller groups with the kids, instructing them on the stroke technique and turn concepts, while also spending time getting to know them. This was truly a moving and memorable experience that I am so glad to have been a part of.

Central Zone meetings

- new senior zone meet (see wisconsin swimming or central zone website)
- elections for board positions up for reelection
  - \*central zone athlete rep. is Jake Grosser (reelected)\*
- open water and disability swimming presentations and discussions

Collage swimming 101

This meeting was designed for the swimmer only (the parents had another meeting) and addressed the questions asked about collage swimming. The panel consisted of current and past colligate swimmers, including a former Olympian. It was a very informal meeting where we, the athletes, asked questions and the panel answered directly. It was very informative and encouraging meeting

Aquatic Sports Awards Banquet and Athlete Dance

It was a very fun and exciting evening. The semiformal affair was abuzz with post Olympic excitement. The each sport had awards and Olympic stories to share. The event was completed with the presence of Mrs. Phelps herself, there to accept the swimmer of the year award for her son Michael, who could not attend. Later on that evening was the athlete dance, where all the athletes from all of the different aquatic sports present came together for an ending celebration.

Respectfully Submitted,

Markie Healy