

YDC WINTER SPLASH

January 14-16, 2011

A+BB+B+C

25 Yards

- Approval #:** WI2011-127A
- Location:** Waunakee High School Pool
100 School Drive
Waunakee, WI 53597
- Facility:** Eight lanes, 25 yards flush deck, non-turbulence lane dividers and backstroke flags, with 18" height starting blocks. Pool is 7 ½ feet deep at starting blocks and 3 ½ feet at the shallow end. Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of the 100 yard relays will start in the water. **The Competition course has not been certified in accordance with 104.2.2(C).**
- Timing:** Colorado System with backup watches. All events are timed final. Computerized scoreboard for all lanes.
- Officials:** Meet Referee: Cathie Marty. There will be a minimum of 3 USA certified officials present.
- Official Rules:** YMCA and/or USA swimming registered swimmers are invited to participate. Official 2010 Short Course USA Rules shall prevail for this meet. **This meet will use fly-over starts.**
- Warm-up:** Friday, **Session One:** Warm-ups 6:00-6:50pm. Competition begins at 7:00pm.
Saturday, **Session Two:** Warm-ups 7:00-8:00 am. Competition begins at 8:05 am.
Saturday, **Session Three:** 30 minutes for warm-ups before Session Three. Earliest possible start time for warm-ups will be sent to coaches the week before meet.
Saturday, **Session Four:** 45 minutes for warm-ups before Session Four. Earliest possible start time for warm-ups will be sent to coaches the week before meet.
Sunday, **Session Five:** Warm-ups 7:00-8:00 am. Competition begins at 8:05 am.
Sunday, **Session Six:** 45 minutes for warm-ups before Session Six. Earliest possible start time for warm-ups will be sent to coaches the week before meet.
- Warm-up procedures for all sessions besides **Session Three:** the first half is circle swimming with no racing starts. The second half, sprint lanes will be opened as needed. **Session Three** will be all circle swimming with no racing starts. FEET FIRST THREE-POINT ENTRY ONLY FROM THE STARTING END OF THE POOL, unless performing one way starts. Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualifications. Lane assignments will be available in the coach's packets.
- Entry Chair/:** Robin Berg
Madison East YMCA
711 Cottage Grove Road
Madison, WI 53716
E-Mail: robin.berg@ymcadanecounty.org Phone: 608-221-1571
- Meet Director:** Lynn Stickels
Madison East YMCA
711 Cottage Grove Road
Madison, WI 53716
E-Mail: lynn.stickels@ymcadanecounty.org Phone: 608-221-1571
- Entry Limit:** Swimmers may swim a maximum of seven (7) events for the meet, plus relays. Swimmers may swim one event on Friday and no more than four (4) events on Saturday or Sunday.
- Fees:** Individual events \$4.00 per event and \$12 per relay. \$2 LSC surcharge per swimmer. Entry fees must accompany the official entry forms and are not refundable. All fees must accompany entries. Checks should be made payable to the Madison East YMCA. Note: Please be sure the waiver is signed. We cannot accept entries without a waiver.

- Deck Entries:** The entry fee for deck entries will be \$5.00 per individual event (\$14.00 for relays). Deck entries will be allowed to fill open lanes (additional heats will not be added). Deck entries close 30 minutes prior to the start of the session.
- Entry Deadline:** Completed entry form, waiver, and fees must be received no later than January 03, 2011 by the entry chair. No phone entries will be accepted. This meet is being run with Hy-Tek swim software. Teams wishing to submit their entries via disk are encouraged to do so. No seed times will be changed once the entry chair has seeded the meet.
- Clerk of Course:** All 8 and Unders will be required to be staged through the Clerk of Course and will be escorted into the pool area.
- Positive Check-In:** Positive check-in will be required for the following events: 500 freestyle, 1000 freestyle, 1650 freestyle, and 400 IM. Swimmers not checked in 15 minutes after the start of the session warm-ups will be scratched from the event. These events may be limited to the top 40 swimmers (combined total for event) and will be swum fastest to slowest. Positive check-in station will be located at the admissions table. Seeding for these events will be posted in the pool area and a copy given to each coach. Any swimmer unable to compete due to the limitation will be refunded the entry fee for this event or may deck enter for an event that has open lanes (additional heats will not be added).
- Consolidation:** To expedite the meet and provide the best competition forum for swimmers, within each session, the following events will be seeded and combined without regard to age or gender and swum fastest to slowest: 500 freestyle, 1000 freestyle, 1650 freestyle, and 400 IM. **Entries for 400 yard events or longer should be submitted with an estimated swim time, even for NT swimmers, to allow meet management to seed swimmers appropriately.**
- Swimmer with Disabilities:** If you have any swimmers with special needs, please notify the Meet Director by e-mail or phone no later than Friday, January 7, 2011.
- Admissions:** Friday, Spectators over 13 year of age are \$1.00 and the heat sheets \$1.00. Saturday/Sunday, Spectators over 13 years of age are \$3. Heat sheets are \$3.
- Final Results:** One copy of final results will be sent to each team represented. Teams will be responsible to pick up their commlinked disk following the completion of the meet. No awards or disks will be mailed with the final results.
- Rest Area:** The commons/lunchroom area will be used as a rest area for swimmers. Please inform your swimmers that no running, throwing or rough play will be tolerated for safety reasons. Teams are responsible for cleaning up their areas at the end of the meet.
- Concessions:** A concession stand with a wide and delicious variety of food and beverages will be available on Saturday and Sunday, with limited concessions on Friday night.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals shall have the authority to remove any swimmer(s) from the meet for any violation such as improper behavior, damage to property, etc. Such teams are responsible financially for damage of property. Cell phones and other recording devices are not allowed in the locker rooms. There shall be No Smoking permitted at any time on the premises. Please make sure your team's area on deck and rest area is picked up at the end of each session.
Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Awards:

The awards will be handed out at the meet and must be picked up. No awards will be mailed.

Awards will be given for individual events as follows:

A Class: 1st place – Medal / 2nd – 6th place Ribbons
BB Class: 1st place and Overachievers – Medals / 2nd – 6th place Ribbons
B Class: 1st place and Overachievers – Medals / 2nd – 8th place Ribbons
C Class: 1st place and Overachievers – Medals / 2nd – 8th place Ribbons
8 & Under: 1st – 3rd place Medals / 4th - 16th place Ribbons.
Open: 1st – 3rd place Medals / 4th - 12th place Ribbons

Awards will be given for relay events as follows:

1st – 3^h Ribbons

All classes swim together. Each class will be awarded separately with achievers receiving medals. Swimmers are placed in the appropriate class based upon their entry times.

Relay Cards:

Relay cards will be in the coach's packet. Cards must list the swimmers' last and first names (names must be listed in order of swim) and the ages of the swimmers.

Coaches Packet:

Coaches may pick up their packets at the Admissions Table. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your U.S.A. coach's card at the time you pick up your team packet. Coach's cards must be visible at all times on deck. Coaches and officials will have access to a hospitality room with food, snacks and beverages. Deck seeding slips will be placed in the coaches packets or available in the office and should be filled out completely

First Aid:

Injuries must be reported to the Lifeguard AND to the Meet Director. A first aid kit will be located at the Lifeguard station.

Lost & Found:

An area for lost and found will be designated at the meet. After the meet contact Robin Berg, Aquatics Director, at 608-221-1571.

Hotel Info:

Country Inn and Suites
904 E. MAIN ST.
WAUNAKEE, WI 53597
(608) 849-6900

WAIVER

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assigns, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of the United States Swimming, the YMCA of Dane County Swim Club, the Swim Parents Association, the Waunakee High School and their staffs for the injuries and/or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Club Name: _____ Initials: _____

Signature of Club Official, Parent or Guardian (final results will be mailed to this address)

Name: _____ Phone: _____
Address: _____ E-Mail: _____
City, State, Zip: _____

Name of coach(es) or team representative(s) at meet: _____

Name and address for sending final results

Name: _____

Street: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap: _____ Individual Events x \$4.00 = \$ _____
_____ Relay Teams x \$12 = \$ _____

TOTAL EVENT FEES = \$ _____
LESS RESERVATION = - \$ _____

A: ADDITIONAL OWED A: \$ _____*

**If reservation amount is more than the event fees, write zero (0) on line A.*

_____ LSC Surcharge x \$2 = B: \$ _____

TOTAL OF LINES A & B = \$ _____

Entry Deadline: Monday, January 3, 2011

Email Entries to: robin.berg@ymcadanecounty.org

Make checks payable to: **Madison East YMCA**

Mail entries to: Robin Berg
Madison East YMCA
711 Cottage Grove Road
Madison, WI 53716

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Women's Event #	FRIDAY (Session 1) ORDER OF EVENTS	Men's Event #
1	10 & Under 200 Freestyle	2
3	11-12 200 Freestyle	4
	Optional 10 minute break	
5	Open Mixed 1650 Freestyle	6
	*May be limited to 5 Heats	

** Breaks with open pool may be provided before the 500, 1000, 1650 and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in the 500, 1000, 1650 events need to provide their own counters. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. These events may be limited to top 40 swimmers (combined total for event) and will be swum fastest to slowest. Any swimmer unable to compete due to the limitation, will be refunded the entry fee for this event or may deck enter where lanes are available (additional heats will not be added).

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Women's Event #	SATURDAY (Session 2) AM ORDER OF EVENTS	Men's Event #
7	8 & Under 100 Yd Medley Relay	8
9	13-14 200 Yd Medley Relay	10
11	Open 200 Yd Medley Relay	12
	<i>**Optional 5 minute break**</i>	
13	13-14 200 Yd Backstroke	14
15	Open 200 Yd Backstroke	16
17	8&Under 25 Yd Backstroke	18
19	13-14 50 Yd Freestyle	20
21	Open 50 Yd Freestyle	22
23	8&U 50 Yd Freestyle	24
25	13-14 100 Yd Breaststroke	26
27	Open 100 Yd Breaststroke	28
29	8&Under 25 Yd Breaststroke	30
31	13-14 200 Yd Freestyle	32
33	Open 200 Yd Freestyle	34
35	8&Under 50 Yd Butterfly	36
37	13-14 100 Yd Butterfly	38
39	Open 100 Yd Butterfly	40
41	8&Under 100 Yd IM	42
43	13-14 200 Yd IM	44
45	Open 200 Yd IM	46

Women's Event #	SATURDAY (Session 3) ORDER OF EVENTS	Men's Event #
47	Open Mixed 1000 Yd Freestyle*	48
	<i>*May be limited to 5 Heats</i>	

** Breaks with open pool may be provided before the 500, 1000, 1650 and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in the 500, 1000, 1650 events need to provide their own counters. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. These events may be limited to top 40 swimmers (combined total for event) and will be swum fastest to slowest. Any swimmer unable to compete due to the limitation, will be refunded the entry fee for this event or may deck enter where lanes are available (additional heats will not be added).

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Women's Event #	SATURDAY (Session 4) PM ORDER OF EVENTS	Men's Event #
49	10 & Under 200 Yd Medley Relay	50
51	12 & Under 200 Yd Medley Relay	52
	<i>**Optional 5 minute break**</i>	
53	10&Under 50 Yd Backstroke	54
55	11-12 100 Yd Backstroke	56
57	10&Under 100 Yd Freestyle	58
59	11-12 50 Yd Freestyle	60
61	10&Under 50 Yd Breaststroke	62
63	11-12 200 Yd Breaststroke	64
65	10&Under 100 Yd Butterfly	66
67	11-12 50 Yd Butterfly	68
69	10&Under 200 Yd IM	70
71	11-12 200 Yd IM	72

** Breaks with open pool may be provided before the 500, 1000, 1650 and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in the 500, 1000, 1650 events need to provide their own counters. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. These events may be limited to top 40 swimmers (combined total for event) and will be swum fastest to slowest. Any swimmer unable to compete due to the limitation, will be refunded the entry fee for this event or may deck enter where lanes are available (additional heats will not be added).

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Women's Event #	SUNDAY (Session 5) AM ORDER OF EVENTS	Men's Event #
73	8 & Under 100 Yd Free Relay	74
75	13-14 200 Yd Free Relay	76
77	Open 200 Yd Free Relay	78
	<i>**Optional 15 minute break**</i>	
79	Mixed / Open 400 Yd IM	80
81	8&Under 50 Yd Backstroke	82
83	13-14 100 Yd Backstroke	84
85	Open 100 Yd Backstroke	86
87	8&U 25 Yd Freestyle	88
89	13-14 200 Yd Breaststroke	90
91	Open 200 Yd Breaststroke	92
93	8&Under 50 Yd Breaststroke	94
95	13-14 100 Yd Freestyle	96
97	Open 100 Yd Freestyle	98
99	8&Under 25 Yd Butterfly	100
101	13-14 200 Yd Butterfly	102
103	Open 200 Yd Butterfly	104
105	8&Under 100 Yd Free	106
	<i>**Optional 15 minute break**</i>	
107	Open Mixed 500 Yd Freestyle*	108
	<i>*May be limited to 5 Heats</i>	

Women's Event #	SUNDAY (Session 6) PM ORDER OF EVENTS	Men's Event #
109	10 & Under 200 Yd Free Relay	110
111	12 & Under 200 Yd Free Relay	112
	<i>**Optional 5 minute break**</i>	
113	10&Under 100 Yd Backstroke	114
115	11-12 50 Yd Backstroke	116
117	10&Under 50 Yd Freestyle	118
119	11-12 100 Yd Freestyle	120
121	10&Under 100 Yd Breaststroke	122
123	11-12 50 Yd Breaststroke	124
125	10&Under 50 Yd Butterfly	126
127	11-12 200 Yd Butterfly	128
129	10&Under 100 Yd IM	130
131	11-12 100 Yd IM	132
	<i>**Optional 15 minute break**</i>	
133	12&Under Mixed 500 Yd Free*	134
	<i>*May be limited to 5 Heats</i>	

** Breaks with open pool may be provided before the 1650, 1000, 500 free and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in these events need to provide their own counters **and must check in at the heat sheet table** 30 minutes prior to the break.

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Team Name: _____

Team Code: _____

LAST NAME		AGE	EVENT	EVENT	EVENT	EVENT	EVENT	EVENT	EVENT	EVENT
FIRST NAME	USS	F/M	TIME	TIME	TIME	TIME	TIME	TIME	TIME	TIME
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
10.										

8&U 100 Yd. M.R.	A	B	C	10&U 200 M.R.	A	B	C
Senior 200 Yd M.R.	A	B	C	12&U 200 M.R.	A	B	C
8&U 100 Yd. F.R.	A	B	C	10&U 200 F.R.	A	B	C
Senior 200 Yd F.R.	A	B	C	12&U 200 F.R.	A	B	C