

Mid-Wisconsin Conference Championships

Hosted by: Waunakee Rural Aquatic Team

February 12, 2011

- SANCTION NO: WI2011-136S
- DATE: Saturday, February 12th, 2011
- WARM-UP/START: Sunday AM Session: Warm-up 8:00-9:00 am. The meet will begin at 8:35 am.
Sunday PM Session: Warm-up PM Session: After the AM session, but not before 12:00 AM.
Please read "WARM-UPS:" below for the more details.
- LOCATION: Waunakee High School Pool - Community Drive - Waunakee, WI 53597
- FACILITY: Eight 7 foot lanes, 25 yards, standard 12" deck level gutter system, pool depth of 3 feet 6 inches at the non-starting end; non-turbulent Wave Eater II lane markers, backstroke flags, and 18 inch, above surface starting platforms at the deep end. Pool depth of 7'0" at the starting end. Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of all 100-Yard relays will start in the water.
The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4).
- TIMING: Colorado System 5 electronic timing system with strobe/horn start touch pads and manual backup timing buttons; manual timing with 2 watches per lane
- OFFICIAL RULES: Official 2010-11 USAS and Wisconsin Swimming Rules shall govern this meet. Swimmers must be registered USAS swimmers. Swimmer's age is as February 12, 2011. No recall starts.
Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- MEET FORMAT: This is a conference championship meet consisting of the following participants:
Fort Atkinson Swim Team (FAST)
Oregon Community Swim Club (OCSC)
Stoughton Aqua Racers (STAR)
Waterloo Swim Club (LOO)
Watertown Aquatic Team (WAT)
Waunakee Rural Aquatic Team (WRAT)
- WARM-UPS: The first 30 minutes of each warm-up session is circle swimming only, no diving from the starting blocks. The next 30 minutes: Lanes 2, 3, 4, 5, and 6 will be open for sprints with diving from the blocks permitted. Lanes 1, 7 and 8 will be for circle swimming. Feet first three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.
- ENTRIES: If **e-mailing entries**, must be received by **Tuesday, February 1st**. **Completed** entry forms, signed waiver, and fees must be received by **Friday, February 4th, 2011**. Preferred method of entry is by e-mail in HY-TEK COMMLINK format. All entries submitted by disk MUST be accompanied by a hard-copy listing of entries. Current USAS ID number MUST be included on the entry form. All deck entries must be able to prove USAS membership. Teams are encouraged to submit estimated times for swimmers rather than "No Times".
- Send entries to: Wagner da Silva - 278 N. Musket Ridge Dr. - Sun Prairie WI, 53590 waunakeeswimming@gmail.com
608-335-2318
- SWIMMERS WITH DISABILITIES: Please indicate on the entry form any special needs for those athletes requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.

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- ENTRY LIMIT: Individual entries will be accepted up to a maximum of 1600 entries for the meet. **SWIMMERS ARE LIMITED FOUR (4) INDIVIDUAL EVENTS PLUS TWO (2) RELAYS ON SUNDAY.**
- FEES:
- | | |
|--------------------|---------|
| Individual Events: | \$4.00 |
| Relays: | \$12.00 |
| Splash Fee: | \$2.00 |
- POSITIVE CHECK-IN: Positive check-in will be required for the 400IM and 500 free events. Check-in will close 15 minutes after the start of session warm-ups. Swimmers not checked in by the close of check-in will be scratched from the event. Positive check-in station will be located at the admissions table. Seeding for these events will be posted in the pool area and a copy given to each coach.
- FINAL RESULTS: One copy of the final results will be mailed to all participating clubs. Additional copies may be ordered at \$5.00 per copy.
- AWARDS-Events: Awards for relay events will consist of Medals for 1st place and ribbons for 2nd and 3rd places. Awards for individual events will consist of Medals for 1st – 3rd places by gender for each individual age group 8&U, 9-10, 11-12, 13-14 and Open (Open events will be awarded as an age group regardless of the age of participants in those events). Ribbons will be awarded to 4th through 12th place for 12 & Under and 4th through 8th for 13 and older. Heat winner awards will be presented for all individual events (10 and under). Individual swimmers are requested to claim their own awards throughout the day. All awards **MUST** be picked up the day of the meet, by individuals or coaches.
- AWARDS-Team Top 3 teams will be awarded a trophy based on the total points scored by each team divided by the number of swimmers per team in the meet. The team with a higher % of points based on the number of swimmers will be the conference champion.
- DECK SEEDING: Deck seeding will be allowed at the sole discretion of the meet director to the extent that time and space are available but only to the limit of filling partially filled heats. An \$8.00 charge per event will be assessed for deck seeding. Deck seeding will close 30 minutes prior to the start of the session. Coaches must be able to prove swimmer's USS membership.
- SEEDING: This is a PRE-SEEDED meet. IT IS THE SWIMMER'S RESPONSIBILITY TO BE AT THE BLOCKS AT THE START OF HIS/HER EVENT. Staging **assistance** will be provided for 8&U but ultimately it is the child's responsibility to be behind the block before their race begins.
- ADMISSION: Admission is \$3.00 (12 and under free). Heat sheets will be sold for \$5.00. Coaches' packets will be available at the pool office. Coaches and Club Officials desiring to be on deck will be required to display proof of current USAS membership at all times.
- CONCESSIONS: A selection of delicious hot and cold food and drinks will be available at reasonable prices in the high school commons. **No food allowed in the pool area.**
- MEET CONDUCT: All teams are responsible for the conduct of their swimmers. The meet referee shall remove from competition any swimmer who behaves in a disruptive or disorderly manner. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.
- OFFICIALS: Meet Referee: Jim Tobakos
- MEET DIRECTOR: Steve Hall 6112 Harvest Hill Court Waunakee, WI 53597
Home: (608) 849-8544 email: stephenkhall@msn.com

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LIST OF EVENTS

SATURDAY A.M. 02/11/2011

Warm-ups: 8:00-9:00am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	11-12 200 Medley Relay	2
3	13-14 200 Medley Relay	4
5	Open 200 Medley Relay	6
Optional 5 Minute Break		
7	11-12 100 Free	8
9	13-14 – 100 free	10
11	Open 100 Free	12
13	11-12 100 IM	14
15	13-14 200 IM	16
17	Open 400 IM	18
19	11-12 50 Fly	20
21	13-14 100 Fly	22
23	Open 100 Fly	24
25	11-12 50 Back	26
27	13-14 100 Back	28
29	Open 100 Back	30
31	11-12 50 Free	32
33	13-14 50 Free	34
35	Open 50 Free	36
37	11-12 50 Breast	38
39	13-14 100 Breast	40
41	Open 100 Breast	42
Optional 5 Minute Break		
43	Open 500 Freestyle	44
45	11-12 200 Freestyle Relay	46
39	13-14 200 Freestyle Relay	40
41	Open 200 Freestyle	42

Saturday P.M. 02/12/11

Warm-ups: not before 12:00am

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
43	8 & Under 100 medley Relay	44
45	10 & Under 200 Medley Relay	46
Optional 5 minute break		
47	8 & Under 100 IM	48
49	10 & Under 100 IM	50
51	8 & Under 25 Fly	52
53	10 & Under 50 Fly	54
55	8 & Under 25 Back	56
57	10 & Under 50 Back	58
59	8 & Under 25 Breast	60
61	10 & Under 50 Breast	62
63	8 & Under 25 Free	64
65	10 & Under 50 Free	66
67	8 & Under 100 Free Relay	68
69	10 & Under 200 Free Relay	70

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WAIVER

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with all heirs, representatives and assigns, waive all claims against USAS, Wisconsin Swimming, Inc., Waunakee Rural Aquatic Club, and the Waunakee area School District including the Waunakee High School, and any other agent of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet. I/We are bona fide amateur athletes and eligible to compete in all events I/we have entered.

Signature of Team Official _____

Team Name _____

Team Abbreviation _____

Coach(es) _____

Address for Final Results _____

Contact Name & Phone _____

Contact Email _____

SUMMARY OF ENTRY FEES

Number of Individual Swims	_____	x \$4.00 =	\$ _____
Number of Swims Reserved	_____	Reservation	\$ _____
Balance Due for additional Swims (enter zero if less)			\$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers	_____	x \$2.00=	\$ _____
Number of Relay Swims	_____	x \$12.00 =	\$ _____
		Total Entry Fee due	\$ _____

Make Checks Payable to **WRAT Operating Fund**

Mail Entries to: Wagner da Silva - 608-335-2318
278 N. Musket Ridge Dr.
Sun Prairie WI, 53590

Entries Must be received by Tuesday February 1st, 2011-Waver + check due by Friday February 4th, 2011