

**Waunakee Orcas of Wisconsin
WOW Summer Meet
July 8, 2009**

- Approval #: 2009-137WI
- Location: Waunakee HS Pool, 100 School Dr., Waunakee, WI 53597
- Facility: Eight lanes, 25 yards flush deck, non-turbulence lane dividers and backstroke flags, with 18" height starting blocks. Pool is 7.5 feet deep at the starting blocks and 3.5 feet deep at the non starting end of the pool.
The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2(c).
100 yard relays will have the 2nd and 4th leg of the relay start in the water.
- Timing: Colorado System 5 with backup watches. All events are timed finals.
Computerized score board for all lanes.
- Officials: Meet Referee: Kurt Patz. There will be at least three certified USA Swimming Officials on deck at all times.
- Rules: Current USA Swimming and Wisconsin LSC rules shall prevail for this meet. Swimmers must be registered with USA Swimming. Events/heats may be combined as directed by the Meet Referee. Breaks may be added if need is determined by Meet Referee.
- Warm-ups: Wednesday pm warm-ups are 4:50-5:50 pm with competition starting at 6:00 pm. All lanes open for circle swim for the first 30 minutes; sprint lanes open for second 30 minutes in lanes one and eight with the other lanes remaining open for circle swim. Team lane assignments will be available in the coaches' packets.
SIT AND SLIDE ENTRY ONLY. Meet Marshals will be on deck during the entire warm-up, with the authority to recommend disqualification.
Session time line and psych sheet will be posted on the WOW website, www.waunakeeorcas.org by no later than 11:59 pm Tuesday, July 7, 2009.
- Meet Director: Tim Amundsen, 911 Turnberry Dr., Waunakee, WI 53597
amundsen@charter.net 608-850-4652
- Entries/Deadline: Swimmers may compete in 4 individual events and 2 relays. All teams are requested to submit entries in the Hy-Tek Commlink format. Emailed **Hy-Tek Entries are due June 28, 2009**. You will receive an e-mail confirmation of your entry with in 48 hours. If you have not received that confirmation, please call Tim Amundsen at 608-850-4652. A hard copy of the entries and signed waiver may be sent via standard mail and postmarked by June 28th. ***For entries NOT submitted by Hy-Tek Commlink; hard copy and waiver must be received by June 27th.***
- Mail paper entries, signed waiver and check to: WOW, 911 Turnberry Dr.,
Waunakee, WI 53597
- Entry Fees: None

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- Deck Entries: Deck Fees-None. Deck entries will be allowed to fill open lanes. No additional heats will be added. Deck seeding will close at 5:30 pm, i.e. 30 minutes before the start of competition.
- Deck USAS Registration: WOW will not accept deck USAS registration. An unregistered swimmer may compete, since this is a USA-Swimming “approved” meet and not a “sanctioned” meet.
- Age Groups: 6 and under, 7-8, 9-10, 11-12, 13-14, Senior (15-18)
Age as of July 8, 2009.
- Awards & Scoring: Individual Events, places 1st thru 16th: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.
Relay Events, places 1st thru 8th: 40, 34, 32, 30, 28, 26, 24, 22, 18, 17, 12, 10, 8, 6, 4, 2.
- Awards for relay events will consist of ribbons for 1st-8th place. Awards for individual events will consist of medals for 1st-3rd and ribbons for 4th-16th place. Coaches will be permitted to pick up awards at the end of the meet. Awards will not be mailed.
- Coaches: All coaches can pick up their coaches packets in the pool office. Coach USAS membership cards will be check at that time. A Meet Marshal will check other coaches’ USAS membership cards during the Meet. Entry changes are due in writing on Computer Change forms provided to the clerk of course in the pool office 30 minutes prior to the start of each session.
- Admissions: 12 and older: \$3.00
11 and younger: Free
- \$3.00 heat sheets
- Concessions: A large selection of hot and cold food and drinks will be available throughout the day.
- Meet Conduct: Flyovers starts will be used, if needed.
- All teams are responsible for the conduct of their swimmers. The Meet Director/Marshall, at his/her discretion, shall remove any swimmers or spectators who behave in a disruptive or disorderly manner.
- In accordance with the Federal Video Voyeurism Prevention Act of 2004 - the use of camera phones or video recording devices in the locker rooms is prohibited.
- Final Results: One copy of the Meet’s final results will be emailed to the email address designated on the waiver form.

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Wednesday PM Session: Warm-ups: 4:50-5:50 pm.
Meet start: 6:00 pm.

Event # Girls	Event	Event # Boys
1	8 & Under 25 Backstroke	2
3	9-10 50 Backstroke	4
5	11-12 50 Backstroke	6
7	13-14 100 Backstroke	8
9	15-18 100 Backstroke	10
11	8 & Under 100 Medley Relay	12
13	9-10 200 Medley Relay	14
15	11-12 200 Medley Relay	16
17	13-14 200 Medley Relay	18
19	15-18 200 Medley Relay	20
21	8 & Under 25 Butterfly	22
23	9-10 50 Butterfly	24
25	11-12 50 Butterfly	26
27	13-14 100 Butterfly	28
29	15-18 100 Butterfly	30
15 minute break, if needed		
31	200 Freestyle	32
33	8 & Under 25 Freestyle	34
35	9-10 50 Freestyle	36
37	11-12 50 Freestyle	38
39	13-14 100 Freestyle	40
41	15-18 100 Freestyle	42
43	8 & Under 25 Breaststroke	44
45	9-10 50 Breaststroke	46
47	11-12 50 Breaststroke	48
49	11-12 100 Breaststroke	50
51	15-18 100 Breaststroke	52
53	8 & Under 100 Freestyle Relay	54
55	9-10 200 Freestyle Relay	56
57	11-12 200 Freestyle Relay	58
59	13-14 200 Freestyle Relay	60
61	15-18 200 Freestyle Relay	62
63	8 & Under 100 IM	64
65	9-10 100 IM	66
67	11-12 100 IM	68
69	200 IM	70

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WOW Meet Waiver

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., Waunakee Orcas of Wisconsin (WOW), Waunakee School District, and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered. I/we have only entered USA swimming swimmers in this meet.

Signature of Club Official, parent or guardian: _____

Position _____ Phone # _____

Team Name & Abbreviation _____

Team Coach _____ Phone # _____

Cell # _____

Name (if other than coach) & address for sending final results:

Name: _____

Street: _____

City: _____ State _____ Zip _____

E-mail address to send final results: _____
