

13-Over State Meet Important Changes

Please be alerted to the following changes in the conduct of the 13-Over State Meet. The following changes are included in the meet information letter; please read the meet information closely:

- **No entry limit:** Swimmers may enter as many events as they would like, but may only compete in 6 events for the meet and 3 events per day. Over-entered swimmers must scratch from events over the limit prior to the deadlines in the meet information. If an over-entered swimmer fails to scratch prior to the deadline, they will be removed from events scheduled to occur after they have reached their limit. For example, if a swimmer is entered in four events in one day fails to scratch one of the events; they will be removed from the 4th event on that day.
- **Penalty for failure to compete in a preliminary heat:** If a swimmer fails to compete in preliminaries of an event for which they have been seeded, they will be removed from their next individual event.
- **Positive check-in for only the 800 Free Relay, the 1000 free and the 1650 free:** The 500 free, 400 IM and relays are no longer positive check-in events. All swimmers and relays will be seeded unless they are scratched according to the procedures and deadlines in the meet information. The positive check-in deadlines for the 800 Free Relay, 1000 Free and 1650 Free are in the meet information.
- **Meet Eligibility:** All individual swimmers entered in the meet shall be eligible to swim in the meet, having at least one verifiable qualifying time. Swimmers who cannot verify qualification for the meet with a proof of time will be withdrawn from the meet. Any swimmer who swims in the meet and is found ineligible will be disqualified from the meet, forfeit all awards and points achieved and their club fined \$200.
- **Proof of Time fine is \$200:** The fine for failing to prove that a swimmer has achieved the qualifying time in an event where the swimmer has failed to swim under the cut has been raised from \$50 to \$200.
- **Submission of Waiver Form:** All waivers must be received by the entry chair no later than 11:59 PM Tuesday, February 28th, 2012, or be subject to a \$200 fine from the LSC. Teams may submit their waiver as an attached scan with their email entry, mailed in time to arrive prior to the deadline or via the electronic form soon to be available on the Wisconsin Swimming Website (www.wisconsinswimming.org).
- **Submission of List of Bonus Entries:** All teams must submit a hard copy of their bonus entries prior to the entry deadline. Teams may submit their bonus list as an attached scan with their email entry, mailed in time to arrive prior to the deadline or via the electronic form soon to be available on the Wisconsin Swimming Website (www.wisconsinswimming.org).
- **Assigned warm-up changed to 3 periods:** Warm-up for preliminaries on Friday, Saturday and Sunday will be divided into three assigned warm-up periods of 25 minutes and a 20-minute general period with lanes designated for sprint, pace and circle swimming.

2012 WISCONSIN 13 & OVER SHORT COURSE STATE CHAMPIONSHIP
Walter Schroeder Aquatic Center
Lake Country Swim Team
Thursday-Sunday, March 1-4, 2012

SANCTION #WI2012-141S

General Information

Meet Host: Lake Country Swim Team

Dates of Meet: Thursday -Sunday, March 1-4, 2012

Meet Director: Mark Kohnhorst
Email: lakecountryswim@sbcglobal.net

Officials: Meet Referee: Ben Radloff, bradloff@hotmail.com
Admin Referee: Paul Roehr, pdroehr53527@yahoo.com
Head Chief Judge: Cindy Raatz, raatzharp@hotmail.com

Entry Chair: Darsi Kohnhorst
PO Box 181
Hartland, WI 53029
Phone: (262) 367-7657 (for pre-meet inquiries—no entries will be accepted by phone)
Email: lakecountryswim@sbcglobal.net

General Meeting: Thursday, March 1, 3:15pm. Additional coaches meetings may be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all Coaches Meetings. Coaches or other team representatives are responsible for all information presented at these meetings including changes to the meet format or conduct. Coaches should check their team mailboxes prior to each session and look for postings where they pick up heat sheets.

Officials Meetings: Officials Meeting will be held one hour before the starting time for each session.

Rules and Procedures

Official Rules: Official current Short Course USA Swimming and Wisconsin LSC rules shall prevail for this meet except as otherwise specified in this meet information. Swimmers must be registered USA swimmers with their age as of March 1st, 2012.

Swimmer with a Disability: Please note any special requirements and/or requests for a swimmer with a disability on the entry form.

Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Warm-up and Schedule

Meet Schedule:

	WARM-UP	PRELIMS	WARM-UP	FINALS
Thursday			2:50-3:50 PM	4:00 PM
Friday	7:15-8:50 AM	9:00 AM	4:15-5:20 PM	5:30 PM
Saturday	7:15-8:50 AM	9:00 AM	4:15-5:20 PM	5:30 PM
Sunday	7:15-8:50 AM	9:00 AM	3:45-4:50 PM	5:00 PM

Warm-up: Feet-first, slip-in entries from the start end of the pool only, except in designated lanes and times.

Thursday Relay Warm-up: There will be a 45 minute relay warm-up prior to the start of the 800 Free Relay. Estimated starting times will be posted on the Tuesday prior to the meet. The event will not start before the posted time.

Friday/Saturday/Sunday Prelims: Warm-up times and lanes will be assigned for Friday, Saturday and Sunday preliminary sessions. Three 25-minute assigned warm-up sessions will precede 20 minutes of sprint, pace and general warm-up as needed.

Sunday 1000 Heats: There will be a 10 minute in-water break prior to the start of the 1000 free. Estimated starting times will be posted on the Tuesday prior to the meet. First heat will start no earlier than posted time. Any additional estimated times are for informational purposes only and are not considered an official timeline.

Warm-up During the Meet: The middle section of the main pool will be open for warm-up while both courses are being used for competition. There will be continuous access throughout the meet to some lanes in the warm-up pool located in the Rite-Hite YMCA. The competition pool will be open for 10-minutes after each set of events during prelims. The south pool will be open during finals, with limited lanes during award presentation.

Site Information

Location: Walter Schroeder Aquatic Center, 9250 N. Green Bay Rd., Brown Deer, Wisconsin 53209

Facility: The Walter Schroeder Aquatic Center will be configured as two 25-yard competition pools with non-turbulent lane markers and backstroke flags. Pool depth at North pool starting end is 7'. Pool depth at South pool starting end is 16'. Minimum of 7' at both ends. Block height is 29.5". The competition course has been certified in accordance with 104.2.2(C). A copy of the certification is on file with USA Swimming. Colorado System 6 timing system and display with touch pads and back-up buttons with back-up watches

Swimmer Drop-off and Parking: Swimmer drop off is at the west entrance to the pool. Parking is available in the following locations:

- West parking lot (no charge)
- Behind the Old Navy store on Green Bay Road, short walk on path from lot to facility (no charge)
- East parking lot (\$5.00)

Deck access: USA Swimming membership is required for deck access. Coaches and officials should display their USA Swimming card when on the pool deck. Non-athlete members are only allowed on deck for official business.

Spectator Admission: Spectator admission is \$6.00 per session for prelims or finals; Thursday admission is \$3.00. Heat sheets will be available for \$3.00 per session. A daily pass for \$12.00 (heat sheets included) is also available

Athlete and Parent Conduct: Each team is responsible for the conduct of its swimmers and parents. Only coaches, swimmers, and meet workers are allowed on deck and in the lower bleachers. Teams are asked to pick up any garbage in their immediate team area after each session. Swimmers and coaches may not stand on the bulkheads during competition; only counters and officials are allowed on the bulkheads. By order of the Brown Deer Fire Department, there will be no videotaping, watching the meet, or picture taking allowed in any area of the stairwells or upper stair well landing areas. No coolers or large bags will be allowed in the spectator area. Anyone violating these rules may be removed from that area. Swimmers (and their bags) should sit in their team's area in the lower bleachers, not in the spectator stands. No chairs, sleeping bags, or loitering are/is allowed in the East hallway. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms or locker rooms.

Lost & Found: Please check the lost and found area near the glass office during the meet. Check in the office for valuable lost items. LAKE and the WSAC are not responsible for lost items. Items not picked-up by the end of the meet will be discarded or donated.

Concessions: Athletes are allowed to bring refreshments (liquids) but NO GLASS is allowed. There will be a selection of food and beverages available for purchase at the meet.

Entry into the Meet

Swimmer Eligibility: All swimmers must be 2012 Wisconsin LSC registered athlete members of USA Swimming. All individual swimmers entered in the meet shall be eligible to swim in the meet, having at least one verifiable qualifying time. Swimmers who cannot verify qualification for the meet with a proof of time will be withdrawn from the meet. Any swimmer who swims in the meet and is found ineligible will be disqualified from the meet, forfeit all awards and points achieved and their club fined \$200. There will be no deck entries or registration. The representative submitting entries shall be responsible for verifying that all swimmers satisfy these requirements.

Qualifying and Seed Times: Qualifying time standards are included in this packet. Qualifying times will be accepted in Short Course Yards, Short Course Meters, or Long Course Meters. Non-conforming times will be seeded after SCY times. The order used for seeding will be SCY-SCM-LCM. Bonus entries will be seeded after qualified swims in the same course order.

Age Groups: 13-14 and 15-16 swimmers may only compete individually in their age group. 12-Under swimmers with the senior time standard may compete in this meet; they will be placed and scored with the 17-Over (senior) swimmers.

Individual Entry Limits: Swimmers may compete in a maximum of 6 individual events throughout the meet and no more than 3 (including time trials) on any one day. There is no limit to the number of individual events a swimmer may enter. Bonus entries are only allowed for 13-14 swimmers with one or two qualifying times.

13-14 Bonus Events: A 13-14 swimmer who has one qualifying time may enter two bonus events for which they do not have a qualifying time. A 13-14 swimmer with two qualifying times may enter one bonus event. A 13-14 swimmer with three or more qualifying times is not eligible for bonus events. Please note -- Include bonus entries on entry file. Be sure to use the entry options for indicating bonus entries when you prepare your entry file. Also, indicate bonus entries on a separate document when submitting entries. This will assist Meet Management in deciphering bonus entries from entry exceptions. Anyone initially entered in a bonus event who achieves a qualifying time in that event between February 23 and February 27 may update the time in that event and select another bonus event within the limitations described above.

Relay Entry: All swimmers on senior relays must be individually qualified and entered in the meet. A team may enter as many senior relays as they wish but all relays must include only qualified swimmers. No relay-only swimmers are allowed on senior relays. A team may enter one 13-14 relay if they have at least one individual qualifier in that age/gender group. The other members of a team's only 13-14 relay entry may be relay-only swimmers. 13-14 relays that are not a team's only relay for a gender must be comprised entirely of swimmers who are individually qualified for the meet. Relay-only swimmers must be included in your entry. To change a relay only swimmer after the entry deadline, register that swimmer for the meet 30 minutes prior to the start of the session in which they will swim. Note: If a 13-14 swimmer who is entered as an eligible swimmer is found to be ineligible for the meet, that swimmer may not be a part of a relay as a relay only swimmer and does not count as a qualified swimmer for a relay.

Entry Fees: \$6.00 per individual event, \$16.00 per relay event. \$5.00 per athlete Wisconsin Swimming surcharge and \$7.00 per athlete Walter Schroeder Aquatic Center surcharge. Relay-only swimmers must pay all surcharges as well.

Entry Deadlines:

- **Entries:** Must be emailed to lakecountryswim@sbcglobal.net by **6:00 PM, Thursday, February 23, 2012**. Include a printable copy of your entry and a separate list of bonus entries in your email. You may also use the bonus entry form on the www.wisconsinswimming.org to declare your bonus swims.
- **Waiver Form:** Use the online waiver form at www.wisconsinswimming.org or include a scanned copy of the meet waiver with your email entry. MUST be received by the entry chair no later than **11:59 PM Tuesday, February 28th, 2012**, or be subject to a \$200 fine from the LSC.
- **Payment:** A non-refundable check for entry fees and surcharges must be received before the start of the meet. **All express mail must be pre-signed so it will not require a signature for delivery.**
- **Times achieved after February 23, 2012:** Additional entries will be accepted up until **6:00 PM, Monday, February 27th, 2012**, for first time cuts made after the initial entry deadline. Additional relays will be accepted if there are new swimmers qualified after the initial entry deadline and an additional relay is warranted under the relay entry rules. All additional entries will be accepted from the team's entry person only. **These additional entries must be emailed to lakecountryswim@sbcglobal.net . You may send in a new entry file with the additions and changes included. No phone updates will be accepted.** Any corrections(s) or additions to team entries must be made by **6:00 PM, Monday, February 27th, 2012.**

Proof of Time:

- A swimmer who does not swim equal to or faster than the Meet qualifying time standard, or is disqualified from an individual event, must prove his/her time, i.e., must provide documentation that he/she has swum at least as fast as the entry qualifying standard, or pay a penalty/fine in the amount of \$200.
- Acceptable proof of time for a WI LSC Championship Meet must be from a meet that identifies the swimmer by name, his/her time, and the meet name and date at which the swimmer previously achieved the qualifying time. Examples include the USA Swimming SWIMS database, from any USA sanctioned, approved or observed meet, WIAA high school meets, YMCA closed competition, and NCAA closed competition meets. The result of a Time Trial, conducted at this meet is not acceptable.
- Outstanding proofs of time and fines must be taken care of prior to the end of the meet.

Seed Time Challenges: A psych sheet will be posted on the Wisconsin Swimming website **Tuesday, February 28, 2012**. Coaches may challenge the top 8 seeded times in check-in events, but must do so before **Noon, Thursday, March 1, 2012**. Challenges should be directed to the Meet Director at lakecountryswim@sbcglobal.net. Swimmers with challenged seed times that cannot be proved will be seeded into the slowest heat.

Conduct of the Meet

Format: The meet will be a combination of prelim/final events and timed final events. All Relays and individual events 400 yards or longer are timed final events. All other events are prelim/finals. Flyover starts may be used during prelim and timed final sessions.

Prelims:

- All preliminary heats will be conducted with all ages combined and separated by age groups for finals and scoring. 12-Under swimmers will be included with the 17-Over age group.
- Two pools will be used during all preliminary sessions. Men and Women will compete in separate pools according to the meet event schedule in this information. Events may be moved to an alternate pool at the discretion of meet management.
- Ten minute warm-up breaks are included between sets of events in prelims. Additional breaks may be inserted in the meet at the discretion of the Meet Director.
- Swimmers will report directly to the blocks in all pre-seeded events as assigned in the heat sheet.

Timed Finals:

- Two pools will be used during Thursday's timed final session and for all but the fastest heat of any timed final event.
- The 400 IM and 500 Free events shall be timed final events. The top seeded heat in each age group competes in finals. All but the fastest heat in each age group will run **fast to slow** at the end of the preliminary session with ages combined. Swimmers must provide their own counters for the 500 Free.
- The 1650 Free shall be a timed final check-in event with all heats competing during the timed final session on Thursday. The top heat of each age group will swim first, starting with 13-14. Remaining heats will be combined ages and run **fast to slow** after the top heats of all three age groups are completed. Swimmers must provide their own counters. Age groups will be separated for scoring and awards.
- The 1000 Free events shall be a timed final, check-in event with the top heat of each gender regardless of age swimming at finals. All but the fastest heat of each gender will run fast to slow at the end of Sunday's preliminary session with ages combined. Swimmers must provide their own counters for the 1000 Free. The fastest heat will be the first event in finals (before the 200 Butterfly).

Finals:

- The top 16 swimmers in each age group will advance to finals in prelim/final events.
- The North Pool will be used for all finals sessions.
- Each event during finals will consist of a Consolation and Championship Final Heat for prelim/final events. The order of heats during finals will be 13-14 Girls Consolation, 13-14 Girls Championship, 15-16 Girls Consolation, 15-16 Girls Championship,

17-Over Girls Consolation, 17-Over Girls Championship, 13-14 Boys Consolation, 13-14 Boys Championship, 15-16 Boys Consolation, 15-16 Boys Championship, , 17-Over Boys Consolation, 17-Over Boys Championship.

- The top heat of each age group in the 500 free and 400 IM will compete in the finals session. The order of heats for those events will be, 13-14 Girls Championship, 15-16 Girls Championship, 17-Over Girls Championship, 13-14 Boys Championship, 15-16 Boys Championship, 17-Over Boys Championship.
- In the 1000 Free, the top heat of checked-in swimmers, regardless of age will compete in Sunday finals. The final fastest heat will be the first event in finals (before the 200 Butterfly).

Relays:

- The 200 yard relay events will be swum to completion at the start of prelims on Friday and Saturday, **run slow to fast**.
- The 400 yard relays not seeded into the finals session will compete at the end of the preliminary sessions on Saturday and Sunday, **run fast to slow**. Top heat of 13-14 and top two heats of Seniors will compete at Finals, **run slow to fast**.
- On Saturday, the 400 MR will be swum before the 500 freestyle during prelims, and after the 500 freestyle in finals.
- The 800 Free Relay shall be a timed final check-in event with all heats competing during the Thursday night session. The top 8 teams of each age will compete first (13-14 then Senior), followed by the slower heats of 13-14 and then the slower heats of Seniors, **run fast to slow**.

Scratch and Check-in

Positive Check-in: Positive check-in is required for the 1650 Free, 1000 Free, 800 Free Relay. Check-in deadlines are shown below.

1650 Freestyle	Thursday 3:20 PM
800 Free Relay	30 minutes before the start of the Thursday night relay session
1000 Freestyle	Sunday 10:00 AM

Swimmers and relays who fail to positive check-in will not be seeded. The check-in sheets will be located at the scratch table in front of the glass office on the east side of the pool. If you will not be arriving in time to make the deadline, coaches may check-in events via email to lakecountyswim@sbcglobal.net. Positive check-ins submitted by email must be completed by the deadlines listed above.

Any swimmer or relay entered in an event that is a positive check-in event, who has checked-in for the event, must swim in the event. Failure to swim the event will result in the swimmer being barred from the next individual event in which the swimmer is entered on that day or the next day, whichever is first.

No penalty shall apply for failure to withdraw or compete in an individual or relay event if the swimmer or coach notifies the deck referee prior to the swimmer's assigned heat of a Declared False Start.

Relays: Deadlines for relay cards will be posted and announced throughout the meet. Swimmer names and the order of the swimmers must be listed on all relay cards. Relay-only swimmers (13-14 first relays only) must be included on your meet entry. Additional relay-only swimmers may be added during the meet, *but must be entered in the meet management office at least 30 minutes before the start of the session in which they swim*.

A relay team member failing to appear ready to swim for the relay event shall be barred from the next individual event in which the swimmer is entered, on that day or the next Meet day, whichever is first. The relay team members who do appear ready to swim shall not be penalized for failure of the other team members to appear.

Scratching from Prelims: Swimmers may scratch from an event in which they are entered by submitting a scratch form to the clerk of course (scratch box) prior to the deadlines shown below:

The following are the scratch deadlines for each days events:

Deadline for Friday	Thursday 6:00 PM
Deadline for Saturday	Friday 6:00 PM
Deadline for Sunday	Saturday 6:00 PM

The scratch box will be located at the scratch table in front of the glass office on the east side of the pool. If you will not be arriving in time to make the deadline, coaches may scratch events via email to lakecountyswim@sbcglobal.net. Scratches submitted by email must be completed by the deadlines listed above.

In all events where preliminary heats are necessary, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer is entered and has not been scratched will be barred from the next individual event in which the swimmer is entered, on that day or the next Meet day, whichever is first. The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events.

Scratching From Finals:

Scratches from Finals shall be made with the Administrative Referee (or designee) located at the scratch table in front of the glass office on the east side of the pool. NOTE: do not use the scratch box to scratch from Finals. Finals shall include those events in a preliminary-finals competition but swum as a timed finals, with the fastest heat swimming in finals. A Declared False Start is allowed in timed finals events swum in the preliminary session and also in the fastest heats swum with finals.

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet. Disqualification under this section shall apply only to swimmers qualifying based on the original preliminary results. However, if a swimmer or coach is notified that the swimmer has

scratched into a consolation final or final race in an individual event, accepts the position, and then fails to compete, the swimmer shall be barred from further competition for the remainder of the meet.

In the event of withdrawal or barring of a swimmer from competition, the Meet Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if not available to compete in finals.

When consolation finals have not yet been swum and a barring or withdrawal is known to the Meet Referee, the Meet Referee shall reseed the consolation final and final, if necessary, by inserting the alternate(s) in the appropriate lane(s), filling all lanes in the final race. If a consolation final has been contested, the companion final shall be swum without reseeding for empty lanes.

Exceptions for Failure to Compete in Finals: No penalty shall apply for failure to withdraw or compete in an individual event if: (1) The Referee is notified in the event of illness or injury and accepts the proof thereof. (2) A swimmer qualifying for a consolation final or final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event. (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Scoring and Awards

Event Awards:

Individual: Medals: 1st – 8th, Ribbons: 9th – 16th

Relays: Medals: 1st – 3rd, Ribbons: 4th – 8th

State Championship t-shirt will be awarded to the winner in each event. (Limit one per swimmer.)

Event Awards Presentation: Awards will be presented to the top 8 individuals and top three relays throughout the meet. Other awards will be bagged by team and available for pick-up at the conclusion of the meet.

Meet Awards:

Individual High Point: Plaques: 1st – 3rd male and female for 13-14, 15-16 and 17-Over age groups.

Teams:

Top 5 Combined Teams (all ages, male and female) in each division. Division assignment and information can be found online at www.wisconsinswimming.org.

Top 3 Boy's Teams -- no divisions (all ages male)

Top 3 Girl's Teams -- no divisions (all ages female)

Top 3 Boy's 13-14 Teams -- no divisions

Top 3 Girl's 13-14 Teams -- no divisions

Scoring: All events will be scored to 16 places using the following point system:

Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Time Trials

Sanction #WI2012-142TT

When: At the conclusion of Friday, Saturday, and Sunday prelim sessions and Sunday finals session as time permits and at the discretion of the meet director. Trials will be scheduled in the first available competition pool.

Events: All meet events will be offered. The 1650 free and 1000 free are only offered in open lanes during the heats of those events in the meet. Events will be combined where appropriate at the discretion of the meet management.

Eligibility: Open to swimmers entered in the 2012 13 & Over State SC Championship Meet. The maximum number of individual events in one day is three (3), time trials and individual events combined.

Fee: \$12.00/individual event and \$20.00/relay event.

Registration: At the meet management table located in front of the glass office. Registration will be accepted during the prelim and final sessions. The registration deadline for each time trial session will be posted and announced.

Procedures:

- Swimmer(s) will sign up for time trials at the meet management table.
- A meeting for all time trial participants and timers will be held prior to the start of Time Trials.
- Heat Sheets for time trials will be posted and distributed when they are ready
- It is the swimmer's responsibility to be ready to swim when his/her event, name, and lane number are called. The Referee will not hold the start of the event waiting for a swimmer (or timer) to show.
- ALL time trial results must be recorded on provided forms.

Meet Host Provides: Officials, Colorado System Operator, Watches, Meet Management

Swimmers Provide: Two (2) Timers, and counter (if needed)

2012 Wisconsin 13 & Over SC State Championships Order of Events

Thursday, March 1, 2012 Timed Finals Order of Events

Men in North Pool, Women in South Pool

SCY	SCM	LCM	Women	Event	Men	LCM	SCM	SCY
19:29.69	19:50.59	20:14.39	1A*	13-14 1650 Freestyle	2A*	20:01.29	19:37.79	19:22.29
18:59.79	19:19.29	19:30.89	1B*	15-16 1650 Freestyle	2B*	18:49.19	18:27.09	18:20.99
18:55.99	19:11.19	19:22.29	1C*	Senior 1650 Freestyle	2C*	18:27.69	18:05.99	18:03.39
				45-minute Warm-up				
			3**	13-14 800 Freestyle Relay	4**			
			5**	Senior 800 Freestyle Relay	6**			

*Timed Final check in event swum to completion in this session. Top heat of checked-in swimmers in each age group will swim first, starting with 13-14. Slower heats will be combined ages and run fast to slow after top heats of all three age groups are complete.

** Timed Final check in event swum to completion in this session. Top heat of checked-in relays in each age group will swim first, starting with 13-14. Slower heats will run fast to slow in separate age groups.

Friday March 2, 2012, Prelim Order of Events

Women in North Pool, Men in South Pool

SCY	SCM	LCM	Women	Event	Men	LCM	SCM	SCY
			7*	13-14 200 Medley Relay	8*			
			9*	Senior 200 Medley Relay	10*			
				10-Minute Warm-up				
1:15.59	1:24.99	1:26.59	11A	13-14 100 Breaststroke	12A	1:25.49	1:23.79	1:12.99
1:14.19	1:22.49	1:24.09	11B	15-16 100 Breaststroke	12B	1:19.89	1:18.39	1:08.09
1:12.79	1:21.59	1:23.19	11C	Senior 100 Breaststroke	12C	1:16.79	1:15.29	1:06.19
				10-Minute Warm-up				
2:04.99	2:19.09	2:21.89	13A	13-14 200 Freestyle	14A	2:20.99	2:18.19	2:01.99
2:02.69	2:15.69	2:18.29	13B	15-16 200 Freestyle	14B	2:12.59	2:09.99	1:55.69
2:01.09	2:14.79	2:17.39	13C	Senior 200 Freestyle	14C	2:08.49	2:05.99	1:51.59
				10-Minute Warm-up				
1:06.19	1:13.19	1:14.59	15A	13-14 100 Butterfly	16A	1:13.09	1:11.59	1:03.99
1:04.09	1:11.19	1:12.59	15B	15-16 100 Butterfly	16B	1:07.59	1:06.19	59.69
1:03.19	1:10.49	1:11.89	15C	Senior 100 Butterfly	16C	1:05.49	1:04.19	57.49
				10-Minute Warm-up				
5:10.49	5:46.69	5:53.59	17A**	13-14 400 IM	18A**	5:48.19	5:41.39	5:02.59
5:02.49	5:35.99	5:42.49	17B**	15-16 400 IM	18B**	5:23.49	5:17.09	4:43.99
5:00.19	5:35.09	5:41.69	17C**	Senior 400 IM	18C**	5:17.19	5:10.89	4:37.19

Friday – March 2, 2012 Finals Order of Events

North Pool

Women	Event	Men
11A	13-14 100 Breaststroke	12A
11B	15-16 100 Breaststroke	12B
11C	Senior 100 Breaststroke	12C
13A	13-14 200 Freestyle	14A
13B	15-16 200 Freestyle	14B
13C	Senior 200 Freestyle	14C
15A	13-14 100 Butterfly	16A
15B	15-16 100 Butterfly	16B
15C	Senior 100 Butterfly	16C
17A**	13-14 400 IM	18A**
17B**	15-16 400 IM	18B**
17C**	Senior 400 IM	18C**

* Timed Final event swum to completion in this session run slow to fast

** Timed Final event with the top heat in each age division participating in Finals. Slower heats will run fast to slow with ages combined.

2012 Wisconsin 13 & Over SC State Championships Order of Events

Saturday, March 3, 2012 Prelim Order of Events Women in North Pool, Men in South Pool

SCY	SCM	LCM	Women	Event	Men	LCM	SCM	SCY
			19*	13-14 200 Freestyle Relay	20*			
			21*	Senior 200 Freestyle Relay	22*			
				10-Minute Warm-up				
26.99	29.99	30.59	23A	13-14 50 Freestyle	24A	29.69	29.19	25.79
25.99	28.99	29.59	23B	15-16 50 Freestyle	24B	27.79	27.29	24.29
25.79	28.89	29.39	23C	Senior 50 Freestyle	24C	26.99	26.49	23.39
				10-Minute Warm-up				
2:45.19	3:04.59	3:08.19	25A	13-14 200 Breaststroke	26A	3:05.89	3:02.19	2:39.09
2:42.89	3:00.99	3:04.49	25B	15-16 200 Breaststroke	26B	2:53.09	2:49.69	2:29.59
2:39.49	2:59.69	3:03.19	25C	Senior 200 Breaststroke	26C	2:49.19	2:45.89	2:26.59
				10-Minute Warm-up				
2:24.19	2:42.19	2:45.49	27A	13-14 200 Backstroke	28A	2:42.79	2:39.59	2:20.09
2:21.39	2:39.29	2:42.19	27B	15-16 200 Backstroke	28B	2:32.79	2:29.79	2:11.59
2:20.49	2:37.99	2:41.09	27C	Senior 200 Backstroke	28C	2:27.39	2:24.49	2:07.69
				10-Minute Warm-up				
			29**	13-14 400 Medley Relay	30**			
			31***	Senior 400 Medley Relay	32***			
				10-Minute Warm-up				
5:34.09	4:52.89	4:58.69	33A****	13-14 500 Freestyle	34A****	4:58.69	4:52.89	5:27.29
5:26.29	4:47.69	4:53.39	33B****	15-16 500 Freestyle	34B****	4:39.09	4:33.59	5:10.29
5:24.09	4:44.49	4:50.09	33C****	Senior 500 Freestyle	34C****	4:33.19	4:27.79	5:02.99

Saturday, March 3, 2012 Finals Order of Events North Pool

Women	Event	Men
23A	13-14 50 Freestyle	24A
23B	15-16 50 Freestyle	24B
23C	Senior 50 Freestyle	24C
25A	13-14 200 Breaststroke	26A
25B	15-16 200 Breaststroke	26B
25C	Senior 200 Breaststroke	26C
27A	13-14 200 Backstroke	28A
27B	15-16 200 Backstroke	28B
27C	Senior 200 Backstroke	28C
33A****	13-14 500 Freestyle	34A****
33B****	15-16 500 Freestyle	34B****
33C****	Senior 500 Freestyle	34C****
	10-Minute Warm-up	
29**	13-14 400 Medley Relay	30**
31***	Senior 400 Medley Relay	32***

* Timed Final event swum to completion in this session run slow to fast.

** Timed Final event with top heat competing in finals. Slower heats will run fast to slow.

*** Timed Final event with top 2 heats competing in finals. Slower heats will run fast to slow. Heats in finals will run slow to fast.

**** Timed Final event with the top heat in each age division competing in Finals. Slower heats run fast to slow with ages combined.

2012 Wisconsin 13 & Over SC State Championships Order of Events

Sunday, March 4, 2012 Prelim Order of Events Men in North Pool, Women in South Pool

SCY	SCM	LCM	Women	Event	Men	LCM	SCM	SCY
2:28.59	2:45.29	2:48.79	35A	13-14 200 Butterfly	36A	2:44.09	2:40.89	2:22.29
2:23.39	2:37.69	2:42.59	35B	15-16 200 Butterfly	36B	2:30.79	2:27.89	2:12.39
2:22.59	2:36.99	2:40.09	35C	Senior 200 Butterfly	36C	2:26.19	2:23.29	2:09.19
				10-Minute Warm-up				
1:06.39	1:15.49	1:16.99	37A	13-14 100 Backstroke	38A	1:15.49	1:13.99	1:03.99
1:04.09	1:12.79	1:14.19	37B	15-16 100 Backstroke	38B	1:10.39	1:08.99	1:00.19
1:03.89	1:12.29	1:13.69	37C	Senior 100 Backstroke	38C	1:07.69	1:06.29	57.99
				10-Minute Warm-up				
57.99	1:04.79	1:06.09	39A	13-14 100 Freestyle	40A	1:04.29	1:03.09	56.09
56.29	1:02.79	1:04.09	39B	15-16 100 Freestyle	40B	1:00.89	59.69	52.99
55.89	1:02.49	1:03.69	39C	Senior 100 Freestyle	40C	58.79	57.69	51.19
				10-Minute Warm-up				
2:25.09	2:42.29	2:45.59	41A	13-14 200 IM	42A	2:40.29	2:37.19	2:18.39
2:20.49	2:37.49	2:40.59	41B	15-16 200 IM	42B	2:28.89	2:25.99	2:09.79
2:19.59	2:36.99	2:40.09	41C	Senior 200 IM	42C	2:25.79	2:22.99	2:06.99
				10-Minute Warm-up				
			43**	13-14 400 Freestyle Relay	44**			
			45***	Senior 400 Freestyle Relay	46***			
				10-Minute Warm-up				
11:36.49	10:10.99	10:22.99	47A****	13-14 1000 Freestyle	48A****	10:21.99	10:09.79	11:28.89
11:22.49	9:52.99	10:04.69	47B****	15-16 1000 Freestyle	48B****	9:46.19	9:34.69	10:51.39
11:15.29	9:47.99	9:59.59	47C****	Senior 1000 Freestyle	48C****	9:30.69	9:19.49	10:36.59

Sunday, March 4, 2012 Finals Order of Events North Pool

Women	Event	Men
47A/B/C****	13-Over 1000 Freestyle	48A/B/C****
35A	13-14 200 Butterfly	36A
35B	15-16 200 Butterfly	36B
35C	Senior 200 Butterfly	36C
37A	13-14 100 Backstroke	38A
37B	15-16 100 Backstroke	38B
37C	Senior 100 Backstroke	38C
39A	13-14 100 Freestyle	40A
39B	15-16 100 Freestyle	40B
39C	Senior 100 Freestyle	40C
41A	13-14 200 IM	42A
41B	15-16 200 IM	42B
41C	Senior 200 IM	42C
	10-Minute Warm-up	
43**	13-14 400 Freestyle Relay	44**
45***	Senior 400 Freestyle Relay	46***

** Timed Final event with top heat competing in finals. Slower heats will run fast to slow.

*** Timed Final event with top 2 heats competing in finals. Slower heats will run fast to slow. Heats in finals will run slow to fast.

**** Timed Final positive check-in event with the top heat of checked in swimmers with ages combined competing in finals. Slower heats will run fast to slow with ages combined. Top heat is first event in final (before 200 butterfly).

2012 Wisconsin 13 & Over SC State Championships
Waiver - Summary Entry Form
(Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assignees, waive and release any and all claims against the United States Swimming, Inc., the Wisconsin Local Swimming Committee of United States Swimming, the Lake Country Swim Team, the Walter Schroeder Aquatic Center, the Rite-Hite Family YMCA and their staffs for the injuries and or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We also understand that it is our responsibility to ensure that all of our athletes and coaches are currently registered members of United States Swimming. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Email to the meet host prior to the email entry deadline

1. Hy-Tek compatible meet entry file
2. Electronic copy of individual entry by athlete (.pdf)
3. Electronic copy of relay entry by event (.pdf)
4. Scanned, signed copy of this waiver and summary form (.pdf)
5. List of bonus entries - in email or as a separate electronic document (.pdf),

Note: Bonus entries and waiver may be submitted electronically using the electronic forms found at www.wisconsinswimming.org.

Mail or bring to the meet

1. Check made out to meet host (LCST) for entry fees and surcharges.

Club Name: _____ Abbr: _____

Signature of Club Official, Parent, or Guardian

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap:

Total No. of Individual Events in Meet: _____ x Ind. Entry Fee @ \$6.00 = \$ _____

Total No. of Relays in Meet: _____ x Relay Entry Fee @ \$16.00 = \$ _____

**Number of Swimmers Entered in Meet _____ X \$5.00 ea (WI LSC Surcharge) = \$ _____
(Be sure to include your "relay only" swimmers)**

**Number of Swimmers Entered in Meet _____ X \$7.00 ea (WSAC Surcharge) = \$ _____
(Be sure to include your "relay only" swimmers)**

Make Checks Payable to: "LCST" Your Check Number Is _____ Total Entry Fee = \$ _____

Name of coaches representing your team at meet:

Name: _____ Name: _____

Name: _____ Name: _____

Name: _____ Name: _____

Contact number for coach during meet (for notification of swimmers scratched into finals):

Name: _____ Phone _____

Contact information for team entry person (in case of entry problem):

Name: _____ Phone _____ E-mail _____

Email address for final results:

E-mail Address: _____