

**Friday, February 24, 2012**

**Warm-up Session #1 (12:30-12:55 p.m.)**

Lane #1	WEST (18)						18
Lane #2	OZ (11)	FCY (7)					18
Lane #3	LAKE (18)						18
Lane #4	LAKE (5)	MFSC (11)					16
Lane #5	OCON (13)	FAST (3)	GCGG (1)				17
Lane #6	SWAT (18)						18
Lane #7	EBSC (3)	SWAT (12)	WAT (1)				16
Lane #8	EBSC (18)						18
Lane #9 (behind bulkhead)	WEST (5)	SEA (9)	NBSC (4)				18

**Warm-up Session #2 (12:55-1:20 p.m.)**

Lane #1	SHOR (10)	WBSC (4)	VAC (1)	BAT (1)			16
Lane #2	MSS (11)	GBSC (7)					18
Lane #3	WAVE (14)	SPDY (3)					17
Lane #4	GBY (12)	UN-GBY (1)	PASC (5)				18
Lane #5	HSSB (10)	SCY (4)	RCSC (3)	WAYS (1)			18
Lane #6	J-HK (8)	CRSC (5)	CAST (4)				17
Lane #7	WAM (8)	SCST (2)	GYST (1)	WOW (6)			17
Lane #8	TIDE (8)	FSC (5)	TOSA (4)				17
Lane #9 (behind bulkhead)	PX3 (10)	OSHY (2)	BB (2)	REED (2)			16

**Warm-up Session #3 (1:20-1:45 p.m.)**

Lane #1	BAC (18)						18
Lane #2	BAC (18)						18
Lane #3	BAC (6)	OCSC (11)					17
Lane #4	SSTY (19)						19
Lane #5	NLAC (16)	LAXY (1)	CWWM (1)				18
Lane #6	YDC (18)						18
Lane #7	YDC (18)						18
Lane #8	DFAC (18)						18
Lane #9 (behind bulkhead)	DFAC (9)	YDC (5)	WASP(3)				17

**Warm-up Session #4 (1:45-2:00 p.m.)**

Lane #1	Pace						
Lane #2	Sprint						
Lane #3	Sprint						
Lane #4	Sprint						
Lane #5	Sprint						
Lane #6	Sprint						
Lane #7	General						
Lane #8	Pace						
Lane #9 (behind bulkhead)	General						