

**2010 WISCONSIN 13 & OVER LONG COURSE STATE CHAMPIONSHIP**

**RecPlex**

**Pleasant Prairie, Wisconsin**

[www.RecPlexOnline.com](http://www.RecPlexOnline.com)

**Hosted by: Barracuda Swim Team**

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**Sanction:** WI2010-262S

**Date:** Thursday- Sunday, July 29 – August 2, 2010

**Place:** Pleasant Prairie RecPlex, 9900 Terwall Terrace Pleasant Prairie, Wisconsin 53158  
[www.RecPlexOnline.com](http://www.RecPlexOnline.com)

**Thursday/Friday/Saturday/Sunday Prelims:** General Warm-up 7:30-8:50 am. AM prelims will begin at 9:00 am. Warm-up times and lanes will be assigned for Thursday, Friday, Saturday and Sunday preliminary sessions. Two 30 minute assigned warm-up sessions will precede 20 minutes of sprint, pace and general warm-up as needed.

**Sunday 1500 Heats:** General warm-ups will begin at the conclusion of the preliminary session and will last for 20 minutes.

**Finals:** General warm-ups will not begin before 4:15 pm and will last for 1 hour. Finals will start at 5:30 pm. 30 minutes of circle swim will precede 30 minutes of sprint, pace and general warm-up as needed.

**Swimmers must enter the pool from the starting end using a three-point entry for warm-up.**

**Competition Pool-** Ten (10) lane, 50 meter indoor pool with Spectrum racing lanes (7'4" wide) and starting blocks (29.5" above the water) at both end of the pool. Minimum start end depth is 7'. The minimum water depth, measured in accordance with Article 103.2.3, is a slope to 12 feet at the start end, slope from 12 feet to 4.5 feet with a slope back to 7 feet in middle and 7 feet at the turn end.

**Timing:** Colorado System 6 timing equipment, touch pads and back-up buttons with back-up watches and video board.

**Official Rules:** Official 2010 USA and Wisconsin Swimming (LSC) Rules shall prevail for this meet, except as otherwise specified in this meet information. Swimmers must be registered WI and USA swimmers with their age as of July 29, 2010.

**Swimmers with a disability:** Please note any special requirements for swimmers with a disability on the entry form.

**Officials:** LSC Appointed Officials:

Meet Referee: Bruce Barbee

Administrative Referee: George Geanon

Head Chief Judge: Kim Thompson

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**Entry Chair:** Robert Goll

6412 81<sup>st</sup> Street

Kenosha, WI 53142-1812

Phone: (847)772-1051 (for pre-meet inquiries—no meet entries will be accepted by phone)

Email: [bstentries@gmail.com](mailto:bstentries@gmail.com) (for meet entries and event check-in)

**Meet Director:** Dennis DuChene

KACVB

812 56<sup>th</sup> Street

Kenosha, WI 53140

Phone: (262) 620-3066 (for pre-meet inquiries)

Email: [dduchene@kenoshacvb.com](mailto:dduchene@kenoshacvb.com)

**Entry Deadlines:** Entries (Email, disk or handwritten) must be received by the entry chair no later than **6:00 pm, Thursday, July 22, 2010**. Waiver, hard copy of entry forms and non-refundable fees must also be received by the entry chair no later than **6:00 PM, Monday, July 26, 2010**. No phone entries will be accepted. **All express mail must be pre-signed so it will not require a signature for delivery.** Teams are strongly encouraged to submit their entries via a Hy-Tek disk or e-mail file.

**NEW CUTS:** Additional entries will be accepted up until **6:00 pm, Monday, July 26, 2010**, for first time cuts only, and only for cuts made after the initial entry deadline. Additional relays will also be accepted if there are additional new swimmers qualified after the initial entry deadline. Swimmers entered in the maximum number of events at the state meet who make an additional cut at a subsequent meet may substitute the event in which the new cut was achieved for another event already entered. All additional entries will be accepted from the team's entry person only. **These additional entries must be emailed to [bstentries@gmail.com](mailto:bstentries@gmail.com) . You may send in a new entry file with the additions and changes included. No phone entries will be accepted.**

Any corrections(s) to team entries must be made by **6:00 pm, Monday, July 26, 2010**.

**Entry Limit:** Swimmers may enter a maximum of six (6) individual events plus relays and plus time trials. All swimmers are limited to three (3) individual events per day in any combination of individual events and time trials. Relay only swimmers must be entered in the meet and are only allowed on 13-14 relays.

**13-14 Bonus Event:** Bonus events are allowed for 13-14 swimmers only. No bonus events for 15-Over (or 12-Under) swimmers. If a 13-14 swimmer has achieved a cut in one (1) event, they are allowed to enter two (2) bonus events in addition to the qualified swim. If a 13-14 swimmer has achieved the cut in two (2) events they may swim one (1) bonus event in addition to the qualified swims. If a 13-14 swimmer is entered in three (3) or more events under the cut, they are not allowed any bonus events. Please note -- Include bonus entries on the Hy-Tek file. Be sure to use the Hy-tek options for indicating bonus entries when you prepare your entry file. Also,

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include the Bonus Entries in the hard copy of individual entries. This will assist Meet Management in deciphering bonus entries from entry exceptions. Anyone entered in a bonus event who achieves a qualifying time in that event between July 22 and July 26 may update the time in that event and select another bonus event within the limitations described above.

**Relay Limit: No relay only swimmers are allowed on senior relays. All senior relay swimmers must be individually qualified participants in the meet.**

**Relay only swimmers must be entered in the meet and are only allowed on 13-14 relays. Relay only swimmers are only allowed on "A" relays. Teams may only enter one relay per event if using a relay only athlete for that age group. To enter a 13-14 relay, your team must have at least one qualified participant in that age group. Relay only swimmers should be included in your initial entry. Additional or alternate relay only swimmers may be added during the meet, but must be entered in the meet management office at least 30 minutes before the start of the session that they are scheduled to swim.**

**Deck Entries:** Deck entries will not be accepted. Deck registration will not be accepted.

**Fees:** Individual events are \$6.00 per event and Relays are \$16.00. All swimmers, including relay only swimmers, must pay the \$5.00 Wisconsin Swimming LSC surcharge.

**Seed Times:** DO NOT CONVERT. All courses may be used for entry. Non-conforming times will be seeded after LCM times. The order used for seeding will be LCM-SCM-SCY. Bonus entries will be seeded after qualified swims in the same course order.

**Proof of Time:** A swimmer who does not swim equal to or faster than the Meet qualifying time must prove his/her time or pay a \$50 fine. A swimmer disqualifying from an individual event also must prove his/her time. **The requirement to prove time also applies to a "Down seeded" swimmer who competes. Bonus entries are not required to show a proof of time.** Acceptable proof of time includes any printed Meet Final Results or a printout from the SWIMS database. The proof of time must identify the swimmer by name, his/her time, and the Meet name and date at which the swimmer previously achieved the qualifying time. Time trials or relay lead offs from this meet will not be accepted for proof of time. A swimmer with an outstanding proof of time may not compete in another individual event in the Meet and his/her team may not compete in relay events in the Meet until the swimmer provides the proof or pays the penalty. All proofs must be completed by the conclusion of Sunday's events. There will be no refunds for proofs after that time. Proof of time will be accepted at the meet management table in front of the glass office. Any Team, with a swimmer owing a proof of time penalty for an individual event from this Meet may not enter a LSC sanctioned or approved Meet until the proof of time is paid. Entry times submitted by the initial deadline will be verified through USA SWIMS database. Additional entries, submitted after the initial deadline, will not be verified through the USA Swimming SWIMS database.

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**Meet Format:** The meet will be a combination of prelim/final events and timed final events. All preliminary heats will be swum with all ages combined and separated by age groups for finals and scoring.

- Prelims will be run in a 10 lane format. Finals will be run in an 8 lane format, utilizing lanes 2-9 with lanes 1 and 10 open. Timed Finals events will be run in a 10 lane format in both Prelim and Finals sessions.
- Swimmers will report directly to the blocks in all pre-seeded events as assigned in the heat sheet.
- The top 16 swimmers in each age group, unless otherwise noted, will qualify for consolation and championship finals. There are no bonus heats.
- The 800 Free, 400 IM and 400 Free events shall be timed final, check in events. The top 10 checked in swimmers in each age group will compete in finals. Prelim heats will run fast to slow, alternating girls and boys, with all ages combine.
- The 1500 Free events shall be timed final, check in events with all ages combined for seeding and separated for scoring and awards. The top 10 checked in swimmers, regardless of age, will compete in finals. The final heat of the 1500 free will be the first event in finals (before the 200 Free Relay). Swimmers must provide their own counters.
- The 1500 free event **may** be swum with 2 swimmers per lane, starting from opposite ends of the pool. Swimmers will be instructed to stay on their correct side of the lane. The timing system will consist of two buttons and 1 watch (automatic pads will not be used). There will be no split times available. In the Timed Finals session, heats will consist of 20 girls, alternating with 20 boys, fastest to slowest. The top two checked in heats (20 swimmers) will swim in Finals, regardless of age.
- Breaks may be added at the discretion of the Meet Director.
- A warm-up/cool down pool will be available during all sessions of the meet.

**Check-in Events:** The 400 Free, 800 Free, 1500 Free, 400 IM, 800 Free Relay, 400 Free Relay, 400 Medley Relay, the 200 Free Relay and the 200 Medley Relay will be Timed Final, check in events. Positive check in for these events will close according to the schedule shown below.

If a team will not be at the meet to declare intent to swim and scratches according to the schedule below, the coach designated on the meet waiver will be allowed to email intent to swim and scratches to the entry chair ([bstentries@gmail.com](mailto:bstentries@gmail.com)). The check-in deadlines still apply if the email option is utilized.

The Positive Check-in Book will be available at all sessions at the meet management office.

**800 Free, 200 Medley Relay Thursday, July 29, at 8:30 AM**

**400 IM, 400 Free Relay Thursday, July 29, at 6:30 PM**

**400 Free, 800 Free Relay Friday, July 30, at 6:30 PM**

**200 Free, 200 Medley Relay, 400 Medley Relay Saturday, July 31, at 6:30 PM**

**1500 Free Saturday, July 31, at 6:30 PM**

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**Relay Events:** Swimmer names and the order of the swimmers must be listed on all relay cards. Additional relay-only swimmers may be added during the meet, *but must be entered in the meet management office at least 30 minutes before the start of the session in which they swim.*

Teams may enter an —All 13-14 Relay if they have an individual qualifier in that age group.

**Relay Only swimmers are allowed to complete 13-14 “A” relays only.**

**Senior relays must be comprised entirely of individually qualified swimmers. No relay only swimmers are allowed.**

The 200 Free Relay and 200 Medley Relays events will be swum to completion during their respective prelim sessions. Heats will be run slow to fast.

The 400 and 800 Free Relays and the 400 Medley Relays will be timed final, check in events, with the top twenty (20) Senior and top ten (10) 13-14 checked in relays participating in finals. Prelim heats will run fast to slow. Final heats will run slow to fast.

**Seed Time Challenges:** A psych sheet will be posted on the Wisconsin Swimming website **Tuesday, July 27, 2010**. Coaches may challenge the top 10 seeded times in check-in events, but must do so before Noon on **Wednesday, July 28, 2010**. Challenges should be directed to the Meet Director. Swimmers with challenged times that cannot be proved will be seeded into the slowest heat.

**Ind. Scratch Rule:** *Pre-seeded Events* - Each swimmer shall report promptly to the starting blocks prior to the start of each race in which the swimmer is entered. Any swimmer not reporting for or competing in an individual timed final event shall not be penalized. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized.

*Events Seeded on the Deck* - Any swimmer entered in an individual event that is seeded on the deck, who has checked in for the event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch. Checked in swimmers failing to compete will be barred from the next individual event in which the swimmer is entered on that day or the next meet day, whichever is first. Events seeded on the deck shall be closed for seeding according to the schedule in this meet information.

**Relay Scratch Rule:** *Pre-seeded Events* - Any relay team entered in a pre-seeded event that fails to compete in or report for that event shall not be penalized.

*Events Seeded on the Deck* - Any relay entered in a relay event that is seeded at the meet, that has been checked in and the swimmers' names declared for that event, must swim the event unless the clerk of course is notified before the seeding for that event is begun that the relay team wishes to scratch. A checked in relay team member failing to appear ready to swim for the relay event shall be barred from the next individual event in which the swimmer is entered, either that day or the next meet day. The relay team members who do appear ready to swim shall not be

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penalized for failure of the other relay team members to appear. Exceptions-Relay teams or team members who give acceptable notification to the referee of illness, injury, or that failure to compete caused by circumstances beyond the control of the swimmer(s) shall not be penalized. Finals shall include those relay events deck seeded, but swum as timed finals in prelim-finals competition.

**Scratching from Finals:** Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet. Disqualification under this section shall only apply to swimmers qualifying based on the original preliminary results. In the event of withdrawal or barring of a swimmer from competition, the referee shall fill the consolation final or final when possible with the next qualified swimmer(s). Listed alternates shall be announced along with the final qualifiers. These alternates shall be based on original preliminary results prior to any scratches. These alternates shall not be penalized if not available to compete in the finals. When consolation finals have not yet been swum and a barring or withdrawal is known to the referee, the referee shall reseed the consolation final and final, if necessary, by inserting the alternate(s) in the appropriate lane(s), filling all lanes in finals. If a consolation final has been contested, the championship final shall be swum without reseeding for empty lanes. Finals shall include those events deck seeded but swum as timed finals in prelim finals competition. Swimmers must declare their intent to scratch within thirty (30) minutes after the initial posting of the individual event results. Swimmers must officially scratch within thirty (30) minutes after their last individual event of the day.

**Coaches Meeting.:** Thursday Morning and as needed. Coaches packets can be picked up at the start of the meet at the meet management office. All outstanding entry fees must be paid in full at the time the packet is picked up. Current coach's cards must be visible.

**Hospitality:** Food and refreshments will be available in the hospitality room only for coaches and officials who are working that session. Free refreshments will not be available at the concession area.

**Admissions:** Admissions for all prelim sessions will be \$5.00 for spectators 12 and over. Heat sheets for Thursday, Friday, Saturday, and Sunday are \$5.00 and must be purchased separately. Admissions for all final sessions will be \$5.00 and will include a heat sheet. A Gold Ticket, covering admission and heat sheets for every session, will be available for \$35.00.

A Silver Ticket, covering admission for every session without heat sheets, will be available for \$30.00.

**Awards:** *No awards will be mailed! (Awards not picked up at the meet will be brought to the October LSC meeting.)*

Individual Awards: Medals: 1st – 8th, Ribbons: 9th – 16th

Relays: Medals: 1st – 3rd, Ribbons: 4th – 8th

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State Championship t-shirt will be awarded to the winner in each event. (Limit one per swimmer.)

Individual High Point: 1st – 3rd male and female

Women's & Men's Age Group Team Awards: 1st – 3rd

**Team Awards:** Team awards for total point accumulation will be awarded in two (2) divisions. The top 5 teams in each division will be awarded team awards. Division seeding and information can be found online at [www.wisconsinswimming.org](http://www.wisconsinswimming.org).

**Scoring:** Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

**Final Results:** Results (PDF file of Final Results, Meet Manager back-up and Team Manager results file) will be posted on the Wisconsin LSC website, [www.wisconsinswimming.org](http://www.wisconsinswimming.org).

**Conduct:** Each team is responsible for the conduct of its swimmers and parents. Only coaches, swimmers, and meet workers are allowed on deck and in the lower bleachers. Teams are asked that following each session of the meet they pick up any garbage in their immediate team area. Swimmers and coaches may not stand on the bulkheads to cheer for their swimmers. The only people who may step on the bulkheads are officials and counters for the distance events. No cooler, large bags, or stadium chairs will be allowed in the spectator area. Anyone violating these rules will be promptly removed from that area. Please exercise consideration for your fellow spectators at all times to make for an enjoyable meet for everyone. Swimmers (and their bags) should sit in their team's area in the lower bleachers, not in the spectator stands. No chairs, sleeping bags, or loitering are/is allowed in the hallways.

**Lost & Found:** There will be a lost and found area set up near the glass office. It is recommended that athletes do not bring expensive or valuable items to the meet. BST and the RecPlex are not responsible for lost items. Please check the lost and found area during the meet. Items not picked-up by the end of the meet will be discarded or donated to charity.

**Concessions:** Athletes are allowed to bring refreshments (liquids) but NO GLASS is allowed. There will be a selection of food and beverages available for purchase at the meet.

**Parking:** We encourage use of carpooling to the meet during Prelims.

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SCY	SCM	LCM	Event	Thursday	Event	LCM	SCM	SCY
N/A	N/A	N/A	#1	<b>13-14 200 Medley Relay #</b>	#2	N/A	N/A	N/A
N/A	N/A	N/A	#3	<b>Senior 200 Medley Relay #</b>	#4	N/A	N/A	N/A
57.99	1:04.79	1:06.09	#5A	<b>13-14 100 Freestlye</b>	#6A	1:04.29	1:03.09	56.09
56.29	1:02:79	1:04.09	#5B	<b>15-16 100 Freestyle</b>	#6B	1:00.89	59.69	52.99
55.89	1:02.49	1:03.69	#5C	<b>Senior 100 Freestyle</b>	#6C	58.79	57.69	51.19
2:45.19	3:04.59	3:08.19	#7A	<b>13-14 200 Breaststroke</b>	#8A	3:05.89	3:02.19	2:39.09
2:42.89	3:00.99	3:04.49	#7B	<b>15-16 200 Breaststroke</b>	#8B	2:53.09	2:49.69	2:29.59
2:39.49	2:59.69	3:03.19	#7C	<b>Senior 200 Breaststroke</b>	#8C	2:49.19	2:45.89	2:26.59
2:28.59	2:45.29	2:48.79	#9A	<b>13-14 200 Butterfly</b>	#10A	2:44.09	2:40.89	2:22.29
2:23.39	2:37.69	2:42.59	#9B	<b>15-16 200 Butterfly</b>	#10B	2:30.79	2:27.89	2:12.39
2:22.59	2:36.99	2:40.09	#9C	<b>Senior 200 Butterfly</b>	#10C	2:26.19	2:23.29	2:09.19
11:36.49	10:10.99	10:22.99	#11A	<b>13-14 800 Freestyle*</b>	#12A	10:21.99	10:09.79	11:28.89
11:22.49	9:52.99	10:04.69	#11B	<b>15-16 800 Freestyle*</b>	#12B	9:46.19	9:34.69	10:51.39
11:15.29	9:47.99	9:59.59	#11C	<b>Senior 800 Freestyle*</b>	#12C	9:30.69	9:19.49	10:36.59

SCY	SCM	LCM	Friday			LCM	SCM	SCY
2:04.99	2:19.09	2:21.89	#13A	<b>13-14 200 Freestyle</b>	#14A	2:20.99	2:18.19	2:01.99
2:02.69	2:15.69	2:18.29	#13B	<b>15-16 200 Freestlye</b>	#14B	2:12.59	2:09.99	1:55.69
2:01.09	2:14.79	2:17.39	#13C	<b>Senior 200 Freestyle</b>	#14C	2:08.49	2:05.99	1:51.59
5:10.49	5:46.69	5:53.59	#15A	<b>13-14 400 Ind. Medley*</b>	#16A	5:48.19	5:41.39	5:02.59
5:02.49	5:35.99	5:42.49	#15B	<b>15-16 400 Ind. Medley*</b>	#16B	5:23.49	5:17.09	4:43.99
5:00.19	5:35.09	5:41.69	#15C	<b>Senior 400 Ind. Medley*</b>	#16C	5:17.19	5:10.89	4:37.19
1:06.39	1:15.49	1:16.99	#17A	<b>13-14 100 Backstroke</b>	#18A	1:15.49	1:13.99	1:03.99
1:04.09	1:12.79	1:14.19	#17B	<b>15-16 100 Backstroke</b>	#18B	1:10.39	1:08.99	1:00.19
1:03.89	1:12.29	1:13.69	#17C	<b>Senior 100 Backstroke</b>	#18C	1:07.69	1:06.29	57.99
N/A	N/A	N/A	#19	<b>13-14 400 Freestyle Relay*</b>	#20	N/A	N/A	N/A
N/A	N/A	N/A	#21	<b>Senior 400 Freestyle Relay**</b>	#22	N/A	N/A	N/A

- 1) Events marked with \* are Timed Finals events that will swim the top 10 checked in swimmers or relays in Finals. Individual events will swim the top 10 in each age group in Finals.
- 2) Events marked with \*\* are Timed Finals Events that will swim the top 20 Checked in Relays in Finals.
- 3) Events marked with \*\*\* are Timed Finals events that will swim the top 10 checked in swimmers of any age in Finals. Both heats of 1500's will be swum first during Finals.
- 4) Events marked with # are Timed Final events that will be swum to completion during Prelims.

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SCY	SCM	LCM	Event	<b>Saturday</b>		Event	LCM	SCM	SCY
2:25.69	2:43.99	2:47.19	#23A	<b>13-14 200 Backstroke</b>	#24A	2:42.79	2:39.59	2:20.09	
2:21.39	2:39.29	2:42.19	#23B	<b>15-16 200 Backstroke</b>	#24B	2:32.79	2:29.79	2:11.59	
2:20.49	2:37.99	2:41.09	#23C	<b>Senior 200 Backstroke</b>	#24C	2:27.39	2:24.49	2:07.69	
5:34.09	4:52.89	4:58.69	#25A	<b>13-14 400 Freestyle*</b>	#26A	4:58.69	4:52.89	5:27.29	
5:26.29	4:47.69	4:53.39	#25B	<b>15-16 400 Freestyle*</b>	#26B	4:39.09	4:33.59	5:10.29	
5:24.09	4:44.49	4:50.09	#25C	<b>Senior 400 Freestyle*</b>	#26C	4:33.19	4:27.79	5:02.99	
1:15.59	1:24.99	1:26.59	#27A	<b>13-14 100 Breaststroke</b>	#28A	1:25.49	1:23.79	1:12.99	
1:14.19	1:22.49	1:24.09	#27B	<b>15-16 100 Breaststroke</b>	#28B	1:19.89	1:18.39	1:08.09	
1:12.79	1:21.59	1:23.19	#27C	<b>Senior 100 Breaststroke</b>	#28C	1:16.79	1:15.29	1:06.19	
1:06.19	1:13.19	1:14.59	#29A	<b>13-14 100 Butterfly</b>	#30A	1:13.09	1:11.59	1:03.99	
1:04.09	1:11.19	1:12.59	#29B	<b>15-16 100 Butterfly</b>	#30B	1:07.59	1:06.19	59.69	
1:03.19	1:10.49	1:11.89	#29C	<b>Senior 100 Butterfly</b>	#30C	1:05.49	1:04.19	57.49	
N/A	N/A	N/A	#31	<b>13-14 800 Freestyle Relay*</b>	#32	N/A	N/A	N/A	
N/A	N/A	N/A	#33	<b>Senior 800 Freestyle Relay**</b>	#34	N/A	N/A	N/A	

SCY	SCM	LCM	Event	<b>Sunday</b>		Event	LCM	SCM	SCY
N/A	N/A	N/A	#35	<b>13-14 200 Freestyle Relay #</b>	#36	N/A	N/A	N/A	
N/A	N/A	N/A	#37	<b>Senior 200 Freestyle Relay #</b>	#38	N/A	N/A	N/A	
2:25.09	2:42.29	2:45.59	#39A	<b>13-14 200 Ind. Medley</b>	#40A	2:40.29	2:37.19	2:18.39	
2:20.49	2:37.49	2:40.59	#39B	<b>15-16 200 Ind. Medley</b>	#40B	2:28.89	2:25.99	2:09.79	
2:19.59	2:36.99	2:40.09	#39C	<b>Senior 200 Ind. Medley</b>	#40C	2:25.79	2:22.99	2:06.99	
26.99	29.99	30.59	#41A	<b>13-14 50 Freestyle</b>	#42A	29.69	29.19	25.79	
25.99	28.99	29.59	#41B	<b>15-16 50 Freestyle</b>	#42B	27.79	27.29	24.29	
25.79	28.89	29.39	#41C	<b>Senior 50 Freestyle</b>	#42C	26.99	26.49	23.39	
N/A	N/A	N/A	#43	<b>13-14 400 Medley Relay*</b>	#44	N/A	N/A	N/A	
N/A	N/A	N/A	#45	<b>Senior 400 Medley Relay**</b>	#46	N/A	N/A	N/A	
19:29.69	19:50.59	20:14.39	#47A	<b>13 - 14 1500 Freestyle***</b>	#48A	20:01.29	19:37.79	19:22.29	
18:59.79	19:19.29	19:30.89	#47B	<b>15 - 16 1500 Freestyle***</b>	#48B	18:49.19	18:27.09	18:20.99	
18:55.99	19:11.19	19:22.29	#47C	<b>Senior 1500 Freestyle***</b>	#48C	18:27.69	18:05.99	18:03.39	

- 1) Events marked with \* are Timed Finals events that will swim the top 10 checked in swimmers or relays in Finals. Individual events will have the top 10 in each age group. Swimming in Finals
- 2) Events marked with \*\* are Timed Finals Events that will swim the top 20 Checked in Relays in Finals.
- 3) Events marked with \*\*\* are Timed Finals events that will swim the top 10 checked in swimmers of any age in Finals. Both heats of 1500's will be swum first during Finals.
- 4) Events marked with # are Timed Final events that will be swum to completion during Prelims.

**2010 WISCONSIN 13 & OVER LONG COURSE STATE CHAMPIONSHIP**

**RecPlex**

**Pleasant Prairie, Wisconsin**

[www.RecPlexOnline.com](http://www.RecPlexOnline.com)

**Hosted by: Barracuda Swim Team**

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**2010 Wisconsin 13 & Over LCM State Championships**

**Hosted by Kenosha Barracuda Swim Team**

**WI Sanction # WI2010-262S**

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., LakeView RecPlex, Kenosha Barracuda Swim Team (BST) and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Team Name \_\_\_\_\_ Team Abbreviation \_\_\_\_\_

Signature of Team Official \_\_\_\_\_

Entry Chair Name \_\_\_\_\_

E-mail address: \_\_\_\_\_

Phone: \_\_\_\_\_

Coaches \_\_\_\_\_

**Entry Fees**

Individual entries - \_\_\_\_\_ X \$6.00= \_\_\_\_\_

Relay entries - \_\_\_\_\_ X \$16.00= \_\_\_\_\_

Splash Fee (# of swimmers including relay only)- \_\_\_\_\_ X \$5.00= \_\_\_\_\_

TOTAL AMOUNT OF CHECK ENCLOSED \$ \_\_\_\_\_

Make checks payable to Kenosha Barracuda Swim Team - - check # \_\_\_\_\_

**Mail to:** Robert Goll email: [BSTentries@gmail.com](mailto:BSTentries@gmail.com)  
6412 81st Street Phone: (262) 694-7274  
Kenosha WI 53142 Cell: (847) 772-1051

**Signature requirement must be waived or your entry risks not being accepted.**

**Entry must be received by Thursday July 22<sup>nd</sup>, 2010.**

**Signed waiver and entry fees must be received by Monday July 26<sup>th</sup>, 2010.**

# 2010 WISCONSIN 13 & OVER LONG COURSE STATE CHAMPIONSHIP

RecPlex

Pleasant Prairie, Wisconsin

[www.RecPlexOnline.com](http://www.RecPlexOnline.com)

Hosted by: Barracuda Swim Team

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## Time Trials

Sanction WI2010-263TT

**When:** At the conclusion of Friday, Saturday, and Sunday prelim sessions and Sunday finals session as time permits and at the discretion of the meet director. Trials will be scheduled in the first available competition pool.

**Events:** All meet events will be offered. Events will be combined where appropriate at the discretion of the meet management.

**Eligibility:** Open to swimmers entered in the 2010 13 & Over State SC Championship Meet.

**Fee:** \$12.00/individual event and \$20.00/relay event.

**Registration:** At the meet management table located in front of the glass office. Registration will be accepted during the prelim and final sessions up to a half hour before the end of the session. Swimmers in the last event of the day have 10 minutes after the end of that event to sign up for time trials.

### Procedures:

- Swimmer(s) will sign up for an event at the meet management table.
- Swimmer(s) will fill out a seed card at the table -- swimmer's name, age, team, event name, and seed time.
- Seed card and event fee must be turned into the table before the registration deadline.
- An announcement will be made indicating the time that Time Trials will begin.
- A meeting for all time trial participants and timers will be held prior to the start of Time Trials.
- Cards with heat and lane assignments will be handed out at this meeting.
- It is the swimmer's responsibility to be ready to swim when his/her event, name, and lane number are called. The Referee will not hold the start of the event waiting for a swimmer (or timer) to show.
- ALL time trial cards (whether or not a swimmer swims a desired time) MUST be turned in at the end of each heat.

**Meet Host Provides:** Officials, Colorado System Operator, Meet Management

**Swimmers Provide:** Two (2) Timers, Two (2) Watches, and counter (if needed)

**Reminders:** 1. The maximum number of individual events in one day is three (3). This includes time trials. This means that on Sunday, for example, that a swimmer may swim 3 individual events total per day including a combination of:

- (1) Only time trials,
- (2) Combining time trials and meet events, or
- (3) Only meet events.

2. Time trials begin promptly. It is the responsibility of the swimmer to be at the blocks, complete with his/her timers (and watches), ready to swim.

Note: Timers must turn in their cards whether or not a swimmer achieves a desired time.