

2009 12 & Under Wisconsin Long Course State Championships
Hosted by Southwest Aquatic Team
WI Sanction # 2009-133WI

DATE: July 24 - 26, 2009

LOCATION: Walter Schroeder Aquatic Center
9250 N. Green Bay Road
Brown Deer, WI 53209-1104

FACILITY: The Schroeder Aquatic Center is an eight lane, 50 meter pool with non-turbulent lane markers and backstroke flags. Pool depth at starting end is 7' and 17'. Block height is 29.5". The Competition course has been certified in accordance with 104.2.2(C). Copy of certification is on file with USA Swimming.

CLASSIFICATION: Wisconsin State Championship Time Standards, LSC dictated.

TIME SCHEDULE: Tentative Warm-up and Meet start times are shown below. Afternoon warm-up will start approximately 30 minutes after the conclusion of the morning session. Warm-up and start times will be posted on www.wisconsinswimming.org after all entries have been received. All breaks will be determined after the timeline has been generated, and are at the meet management's discretion.

Friday evening:

Warm-ups	3:00-4:10 PM
Meet start	4:15 PM

Saturday & Sunday morning:

Warm-ups	8:30-9:40 AM
Meet start	9:45 AM

Saturday & Sunday afternoon:

Warm-ups	Start 30 minutes after AM session, 50 minutes long
Meet start	5 minutes after the conclusion of warm-up

WARM-UP PROCEDURE: Three point entry from the start end only. Teams will be assigned lanes and times for the first 50 minutes of the AM warm-up sessions (25 minute time periods). The final 20 minutes will be: circle swim, push pace, and sprint lanes designated as needed. At least one lane of the 25 yard YMCA pool will be available for warm down and warm-up during the meet.

MEET MANAGEMENT: Meet Director and Entry Chair:

Todd Roberts (Entry Chair)- troberts2@wi.rr.com (Send hytek file)
or 262-895-3312

Cindy Budnik (Meet Director) swatswimteam@wi.rr.com (Mail checks and waivers)
W172 S7707 Lannon Drive
Muskego, WI 53150
Phone: 262-679-1869

OFFICIALS: Meet Referee: Bob Wesel
Head Chief Judge: George Geanon

INDIVIDUAL ENTRIES: Swimmers may compete in **FIVE** individual events per day plus relays up to a maximum of **SEVEN** individual events for the meet. This meet and the 13-Over meet are under separate sanctions. Qualified swimmers may compete in both meets up to each meet's maximum allowable entry.

ENTRY DEADLINE: Entries (Email, disk or handwritten) must be emailed to troberts2@wi.rr.com by **6:00 PM, Monday, July 20th, 2009**. No changes will be allowed to your entry after the deadline. Waiver, hard copy of entry forms and non-refundable fees must be received by the meet director (Cindy Budnik) You will need to overnight your paperwork; please waive signature requirement on your overnight package. No phone entries will be accepted. The meet will be run on Hy-Tek Meet Manager; please submit entries in Hy-Tek commlink format.

A psych sheet will be posted by 5:00 PM **Tuesday, July 21st, 2009**. If there are any meet management errors with your entry, you must contact Todd Roberts (262-895-3312) by Wednesday, July 22nd, 9:00 AM to get those errors corrected. No changes or additional entries will be accepted, only corrections due to meet management error. Additional relay-only swimmers will be accepted as a deck entry. Relay only swimmers must be deck entered no later than 15 minutes before the start of each session.

TIME STANDARDS: Swimmers must meet 12 & Under State Championship qualifying times as set by Wisconsin Swimming, available at www.wisconsinswimming.org.

BONUS EVENT: Individually qualified swimmers may swim ONE bonus event in which they do not have the meet cut. Swimmers should enter their bonus event at their best time or NT (if no seed time in that event). ***Please note: bonus events should be included in your Hy-Tek file and tagged as a bonus event.

RELAY ENTRIES: Teams may enter an "A" relay regardless of athlete count. In order for a team to enter a "B" relay, the team must have at least five individual qualifiers in that age group/gender. For example: your team has five 10 & under boys qualified for the meet, your team is allowed an A and B relay for all 10 & under boy relays. If you have nine athletes, in that age group/gender then you can add a "C" relay, and so on.

ENTRY TIMES DO NOT CONVERT. All courses may be used for entry. Non-conforming times will be seeded after LCM times. The order used for seeding will be LCM-SCM-SCY.

ENTRY FEES: \$4.00 LSC splash fee per swimmer
\$6.00 WSAC Facility Fee
\$5.00 per individual events
\$16.00 per relay
Please note: Relay-only swimmers MUST also pay the \$4.00 LSC splash fee and the \$6.00 WSAC Facility Fee.

PROOF OF TIME: Swimmers whose entry times are not verified in the SWIMS database and fail to achieve the time standard at the meet must prove they have achieved the time standard with a printed meet result or pay a \$50.00 fine. Proof must be provided before swimming their next event or before the swimmer's team competes in any further relays. All swimmers disqualifying in individual events must also prove their times. The Proof-of-time table will be located outside of the pool office. Time trials from this meet will not be accepted as a proof of time.

POSITIVE CHECK-IN: Positive check-in will be required for the 800 meter freestyle. All other events will be pre-seeded. Check-in will close no more than 30 minutes prior to the start of the session in which the event is contested.

800 FREE: The 800 meter freestyle event will be run fast-to-slow, alternating girls and boys

SCRATCH RULES: Wisconsin Swimming scratch rule applies to this meet.

DECK SEEDING: Deck entries will not be accepted. Relay only swimmers can deck enter up until the end of the warm-up session in which they will swim. Deck registrations will not be accepted.

DISABLED SWIMMERS: Please indicate on the entries form any special needs for those athletes requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.

AWARDS: MEDALS: Individual Events 1-8 Relays 1-3
RIBBONS: Individuals Events 9-16 Relays 4-16
INDIVIDUAL HIGH POINT AWARDS: 1-3 per age group
AGE GROUP TEAM AWARDS 1-3
OVERALL TEAM AWARDS, 1-5 Division 1 and Division 2

Breaks for awards presentations will be determined once a meet timeline has been generated. The meet timeline will be posted online as soon as it is determined.

State Championship T-shirts will be awarded to the winner of each event including relays (limit one per swimmer).

SCORING: This meet will be scored through 16th place: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Points are doubled for relays.

COACHES: Meet packets can be picked up outside of the pool office. There will be a brief coaches' meeting before the start of the meet and throughout the meet as necessary. Meeting location will be announced during warm-ups.

FINAL RESULTS: Final results will be posted in a printable form on the Wisconsin LSC Website and emailed to participating teams. Additional copies of printed final results can be ordered for \$15.00.

- MEET CONDUCT:** Only coaches, swimmers, and meet workers are allowed on deck and in the lower bleachers. Teams are asked that following each session of the meet they pick up any garbage in their immediate team area. By order of the Brown Deer Fire Department, there will be no videotaping, watching the meet, or picture taking allowed in any area of the stairwells or upper stair well landing areas. No coolers or large bags will be allowed in the spectator area. Anyone violating these rules may be removed from that area. Please exercise consideration for your fellow spectators at all times to make for an enjoyable meet for everyone. Swimmers (and their bags) should sit in their team's area in the lower bleachers, not in the spectator stands. In compliance with the Video Voyeurism Prevention Act, the use of recording devices, including cell phones, is strictly prohibited in the locker rooms. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property will be required to leave the competition.
- ADMISSIONS:** Six dollars admission will be charged during each session for all spectators, 12 and over. Session heat sheets will be available for purchase for three dollars. Discounted admission will be available for spectators attending multiple sessions.
- PARKING:** There will be limited parking at the facility. Additional parking is available on the nearby streets and in the Park and Ride lot south of Applebee's Restaurant. Additional information will be posted on the Wisconsin Swimming website prior to the start of the meet.
- LOST & FOUND:** There will be a lost and found area set up near the glass office. It is recommended that athletes do not bring expensive or valuable items to the meet. SWAT and the Walter Schroeder Aquatic Center are not responsible for lost items. Please check the lost and found area during the meet. Items not picked-up by the end of the meet will be discarded or donated to charity.
- CONCESSIONS:** There will be a superb selection of food and beverages available at the meet.

2009 12 & Under Wisconsin Long Course State Championships Time Trials Sanction #2009-134WI(TT)

Time Trials are only available to those individual swimmers entered in the 12 & Under State Championship meet.

- Times:** Time Trials will be offered as time permits, at the discretion of the Meet Director.
- Events:** See meet order of events.
- Registration:** Swimmer must register at the meet management table located inside of the pool office. Entry deadlines will be posted once the timeline for the meet has been generated.
- Procedures:** Swimmer must provide two timers, two watches, and counter (if needed).
- Meet Host Provides:** Officials, Timing System Operator, and Meet Management.
- Reminders:** It is the responsibility of the individual swimmer to be at the blocks and ready to swim at the start of the Time Trials. Timer sheets must be turned in after completion of the Time Trials regardless if the swimmer achieves the desired cut time. A meeting will be held for all Time Trial timers during the warm up for the Time Trials. Entry limits must be followed, time trials are included. The maximum number of individual swims allowed per day is five.

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ORDER OF EVENTS

Please note that breaks will be added after we generate the meet timeline.
Awards breaks will also be included.

SCY	SCM	LCM	Girls	FRIDAY	Boys	LCM	SCM	SCY
2:49.59	3:11.09	3:14.79	1	11/12 200 Butterfly	2	3:17.89	3:13.99	2:49.09
1:11.49	1:20.39	1:21.89	3	10/Un 100 Freestyle	4	1:22.09	1:20.49	1:12.19
37.69	42.19	42.99	5	11/12 50 Breaststroke	6	44.69	43.79	38.79
44.29	50.39	51.39	7	10/Un 50 Breaststroke	8	51.49	50.49	44.39
			9	11/12 400 Medley Relay	10			
7:01.29	6:11.19	6:18.39	11	10/Un 400 Freestyle	12	6:28.99	6:21.39	7:04.49
6:03.59	5:20.19	5:26.49	13	11/12 400 Freestyle	14	5:29.99	5:23.59	6:07.99
				SATURDAY AM				
			15	11/12 200 Free Relay	16			
			17	10/Un 200 Free Relay	18			
5:45.59	6:32.69	6:40.39	19	11/12 400 IM	20	6:47.79	6:39.79	5:49.69
1:38.69	1:51.79	1:53.99	21	10/Un 100 Breaststroke	22	1:52.59	1:50.39	1:37.59
1:22.89	1:33.49	1:35.29	23	11/12 100 Breaststroke	24	1:38.39	1:36.49	1:24.49
32.49	36.29	37.09	25	10/Un 50 Freestyle	26	37.39	36.69	32.69
28.69	31.89	32.59	27	11/12 50 Freestyle	28	33.29	32.69	29.09
				SATURDAY PM				
1:12.89	1:22.29	1:23.89	29	11/12 100 Backstroke	30	1:25.99	1:24.29	1:14.19
1:25.99	1:37.09	1:38.99	31	10/Un 100 Backstroke	32	1:37.89	1:35.89	1:24.79
1:13.09	1:21.29	1:22.89	33	11/12 100 Butterfly	34	1:25.29	1:23.59	1:14.59
1:26.19	1:38.39	1:40.29	35	10/Un 100 Butterfly	36	1:40.09	1:38.09	1:25.99
12:51.89	11:26.79	11:40.29	37*	11/12 800 Freestyle	38*	11:49.29	11:35.39	13:06.89
				SUNDAY AM				
			39	11/12 200 Medley Relay	40			
			41	10/Un 200 Medley Relay	42			
2:41.29	3:03.19	3:06.69	43	11/12 200 Backstroke	44	3:10.49	3:06.69	2:42.79
1:02.39	1:10.09	1:11.49	45	11/12 100 Freestyle	46	1:12.79	1:11.39	1:03.39
3:02.69	3:25.58	3:29.59	47	10/Un 200 IM	48	3:26.99	3:22.89	2:59.49
2:37.89	2:56.59	3:00.09	49	11/12 200 IM	50	3:00.69	2:57.09	2:37.19
				SUNDAY PM				
38.89	44.19	45.09	51	10/Un 50 Backstroke	52	44.69	43.79	39.09
33.39	37.69	38.39	53	11/12 50 Backstroke	54	39.69	38.89	34.29
2:35.69	2:53.19	2:56.59	55	10/Un 200 Freestyle	56	2:58.49	2:54.99	2:37.09
2:15.79	2:31.69	2:34.69	57	11/12 200 Freestyle	58	2:37.39	2:34.29	2:17.89
32.19	35.69	36.29	59	11/12 50 Butterfly	60	37.69	36.89	33.09
37.69	41.89	42.69	61	10/Un 50 Butterfly	62	43.39	42.49	38.09
3:03.79	3:27.69	3:31.79	63	11/12 200 Breaststroke	64	3:39.29	3:34.89	3:09.49
			65	11/12 400 Free Relay	66			

* Positive Check-in Required. Run fast-to-slow alternating girls and boys.

Waiver - Summary Entry Form
(Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assignees, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of United States Swimming, Southwest Aquatic Team, the Walter Schroeder Aquatic Center, and their staffs for the injuries and or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We also understand that it is our responsibility to ensure that all of our athletes and coaches are currently registered members of United States Swimming. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Make (2) copies of the entry forms:

1. Mail one copy of entry form plus entry fees to the entry chair.
2. Retain one copy for coaches' records.

Club Name: _____ Abbr: _____

Signature of Club Official, Parent, or Guardian

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap:

Total No. of Individual Events in Meet: _____ x Ind. Entry Fee @ \$5.00 = \$ _____

Total No. of Relays in Meet: _____ x Relay Entry Fee @ \$16.00 = \$ _____

**Number of Swimmers Entered in Meet _____ X \$4.00 ea (WI LSC Splash Fee) = \$ _____

**Number of Swimmers Entered in Meet _____ X \$6.00 ea (WSAC Facility Fee) = \$ _____

(Be sure to include your "relay only" swimmers)**

Make Checks Payable to: "SWAT" Your Check Number Is _____ Total Entry Fee = \$ _____

Name of coaches representing your team at meet:

Name: _____ Phone _____

Name: _____ Phone _____

Name: _____ Phone _____

Contact information for team entry person (in case of entry problem):

Name: _____ Phone _____ E-mail _____

Name and address for mailing final results:

Name: _____ E-mail Address: _____

Address: _____

City _____ State _____ Zip Code _____

Checks and Waivers should be mailed to:

Cindy Budnik-SWAT
W172 S7707 Lannon Drive
Muskego, WI 53150

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Relay Entry Form

Team Name: _____ USA Team Code: _____

Entry Contact: _____ E-mail _____

Day Phone #: _____ Evening phone #: _____

Please Write Legibly!

Event Number-Description	A	B	C	D	E
#17 Girls 10-Un 200 Freestyle Relay					
#41 Girls 10-Un 200 Medley Relay					
#9 Girls 11-12 400 Medley Relay					
#15 Girls 11-12 200 Freestyle Relay					
#39 Girls 11-12 200 Medley Relay					
#65 Girls 11-12 400 Freestyle Relay					
#18 Boys 10-Un 200 Freestyle Relay					
#42 Boys 10-Un 200 Medley Relay					
#10 Boys 11-12 400 Medley Relay					
#16 Boys 11-12 200 Freestyle Relay					
#40 Boys 11-12 200 Medley Relay					
#66 Boys 11-12 400 Freestyle Relay					



**Wisconsin LSC
2009 USA State Qualifying
Times**



Girls			10 & Under Event	Boys		
SCY	SCM	LCM		LCM	SCM	SCY
32.49	36.29	37.09	50 Freestyle	37.39	36.69	32.69
1:11.49	1:20.39	1:21.89	100 Freestyle	1:22.09	1:20.49	1:12.19
2:35.69	2:53.19	2:56.59	200 Freestyle	2:58.49	2:54.99	2:37.09
7:01.29	6:11.19	6:18.39	400/500 Freestyle	6:28.99	6:21.39	7:04.49
38.89	44.19	45.09	50 Backstroke	44.69	43.79	39.09
1:25.99	1:37.09	1:38.99	100 Backstroke	1:37.89	1:35.89	1:24.79
44.29	50.39	51.39	50 Breaststroke	51.49	50.49	44.39
1:38.69	1:51.79	1:53.99	100 Breaststroke	1:52.59	1:50.39	1:37.59
37.69	41.89	42.69	50 Butterfly	43.39	42.49	38.09
1:26.19	1:38.39	1:40.29	100 Butterfly	1:40.09	1:38.09	1:25.99
1:24.69	1:34.69	n/a	100 I. M.	n/a	1:34.39	1:24.39
3:02.69	3:25.58	3:29.59	200 I. M.	3:26.99	3:22.89	2:59.49

Girls			11 - 12 Event	Boys		
SCY	SCM	LCM		LCM	SCM	SCY
28.69	31.89	32.59	50 Freestyle	33.29	32.69	29.09
1:02.39	1:10.09	1:11.49	100 Freestyle	1:12.79	1:11.39	1:03.39
2:15.79	2:31.69	2:34.69	200 Freestyle	2:37.39	2:34.29	2:17.89
6:03.59	5:20.19	5:26.49	400/500 Freestyle	5:29.99	5:23.59	6:07.99
12:51.89	11:26.79	11:40.29	800/1000 Freestyle	11:49.29	11:35.39	13:06.89
33.39	37.69	38.39	50 Backstroke	39.69	38.89	34.29
1:12.89	1:22.29	1:23.89	100 Backstroke	1:25.99	1:24.29	1:14.19
2:41.29	3:03.19	3:06.69	200 Backstroke	3:10.49	3:06.69	2:42.79
37.69	42.19	42.99	50 Breaststroke	44.69	43.79	38.79
1:22.89	1:33.49	1:35.29	100 Breaststroke	1:38.39	1:36.49	1:24.49
3:03.79	3:27.69	3:31.79	200 Breaststroke	3:39.29	3:34.89	3:09.49
32.19	35.69	36.29	50 Butterfly	37.69	36.89	33.09
1:13.09	1:21.29	1:22.89	100 Butterfly	1:25.29	1:23.59	1:14.59
2:49.59	3:11.09	3:14.79	200 Butterfly	3:17.89	3:13.99	2:49.09
1:12.69	1:20.99	n/a	100 I. M.	n/a	1:22.59	1:14.29
2:37.89	2:56.59	3:00.09	200 I. M.	3:00.69	2:57.09	2:37.19
5:45.59	6:32.69	6:40.39	400 I. M.	6:47.79	6:39.79	5:49.69