

Watertown Polar Challenge
Hosted by: Watertown Aquatic Team
Riverside Middle School Pool, 25y, Watertown, WI
Sunday, January 17th, 2010
Sanction #2010-xxx

Date: Sunday, January 17th, 2010

Location: Riverside Middle School Indoor Pool
131 Hall St.
Watertown, WI 53094

Facility: Riverside Middle School Pool
Six (6) lanes, 25-yard pool with non-turbulent lane markers, backstroke flags, and 30” blocks. Pool depth is 5.0 ft - 3.5 ft. at its shallow end and 5 ft. at its deepest end. The starting block pool depth is 5 ft.

All 100 Yd. Relay starts conducted at shallow end of pool must be in water starts

Currently the Competition Course has not been certified in accordance with USA Swimming Rule 104.2.2(c), it is expected that the course will be certified by conduct of the meet.

Schedule: Meet will begin at 8:05 AM
PM session will begin 65 minutes after the morning session but not before 11:00 AM
Warm-ups for the AM Session will be from 7:00 AM to 8:00 AM
Warm-ups for the PM Session will begin immediately following the conclusion of the AM session.

First 1/2 hour circle swim only in all lanes. Second 1/2 hour circle swim lane 1 and 2. Push Pace 50s lane 3 and 4. One way sprints lanes 5 and 6. Procedure will be repeated for afternoon session.

A coach from your team must be on deck during warm-ups. Swimmers not following procedures could be disqualified at the discretion of meet officials.

THREE POINT ENTRIES FROM THE STARTING END OF THE POOL DURING GENERAL WARM-UPS WILL BE ENFORCED FOR ALL SANCTIONED/APPROVED COMPETITION.

Entries: This is an IMX format meet. Swimmers 12 and under must compete in all five (5) IMX events for their age grouping, 13 and over in all six (6) events to be considered of high points awards.

Alternate events of shorter distance are available for 8&U, 9-10. Swimmers can only enter one distance per stroke with the exception of the 13-Over 400IM.

There are no relays at this meet. Entries will be accepted up to a maximum of 800 entries for the meet. This meet will be run using Hy-Tek meet manager. All teams are required to email entries in Hy-Tek Commlink format by the deadline below.

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There will be no deck seeding or deck entries for this meet.

- Entry Deadline:** Friday, January 8th, 2010. The entry chair must receive, Hy-Tek entries, a completed entry form and signed waiver no later than Tuesday, January 12th, 2010. A completed entry form and signed waiver and payment must be received by Tuesday, January 12th. No entries will be taken over the phone. Email entries are encouraged and can be sent. All entries must be emailed in Hy-Tek format, hard copy entries are not acceptable.
- Entry Chair:** Nick Harmsen
1327 Western Ave
Watertown, WI 53094
(920) 296-9684
nickharmsen@charter.net
- Meet Director:** Tim Jostad
W129 Belleview Ave
Oconomowoc, WI 53066
(262) 244-1126
Tjostad5@wi.rr.com
- Entry Fees:** \$4.00 per individual event plus \$3.00 splash fee per swimmer.
- Admission:** Admission is \$3.00 (16 and older) and heat sheets will be \$3.00. Coaches' packets will be available in the pool office. Coaches and Club Officials desiring to be on deck will be required to display proof of current USA-S membership at all times.
- Timing System:** Colorado System 5 electronic timing system with strobe/horn start touch pads and manual backup timing buttons, and Dolphin Wireless stopwatches as backup. 25 yard events will be hand timed with Dolphin stopwatches; each lane will have 2 timers with Dolphin wireless stopwatches. All events will be timed finals.
- Official Rules:** Official 2009 Short Course USA Swimming Rules shall prevail for this meet. Swimmers must be registered WISCONSIN USA Swimming swimmers. Swimmers age is as of January 17th, 2010. Swimmers not reporting to the blocks at the start of their event will be scratched. Relays: First and last names of competing swimmers and order of swimming must be listed on relay card along with age, prior to swimming the relay. No Recall Starts.
- Meet Conduct:** It is expected that each club will be responsible for the conduct of their swimmers. If in the opinion of the Meet Director/Marshall a swimmers or spectators conduct is harmful or disruptive he/she will be asked to leave the pool area.
- Due to limited room behind the blocks all events/all ages will stage for the next event/heat in the staging area
- Disabled Swimmers:** Please indicate on the entry form, any swimmer that is requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.
- Age Groups:** 8 & Under, 10 & Under, 11-12, 13-Over

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Officials: Head Official – James Merrill
Starter/Ref: TBD
Stroke and Turn: TBD

Awards: Participant medals will be presented to all swimmers competing in all IMX events for their age group.

High Points Awards will be presented and consist of Trophies for 1st-3rd place swimmers overall, and medals for 3rd – 9th places. Trophies will be awarded at the end of each session. All other awards will be bagged for coaches and available at the end of the meet. Awards will not be mailed.

Final Results: Hy-Tek Results file will be emailed to all teams within 48 hours. One hard copy final results will be mailed to all competing teams. Extra copies may be ordered for \$8.00 each.

General Information: In accordance with the Federal Video Voyeurism Prevention Act of 2004 the use of camera phones or video recording devices in the Locker Rooms is prohibited!

Radios are permitted only with the use of headphones. TV's are not permitted in the pool area.

SMOKING IS NOT PERMITTED ON THE PROPERTY OF THE RIVERSIDE MIDDLE SCHOOL .

Each team is responsible for the conduct of its swimmers and any damage caused by them. The Meet Director or Meet Marshals may remove any swimmers from competition for disruptive or disorderly conduct.

A variety of hot and cold food and beverages will be available for purchase and must be consumed in the cafeteria. Please no carry-ins.

Simply Swimming of Madison, WI will have swim supplies for sale during the meet.

Concessions: A variety of hot and cold foods, snacks and beverages will be available in the Riverside Middle school cafeteria for purchase.

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AM Events			
Girls Event	Age Group	Event	Boys Event
1	9-10	200 IM	2
3	8 and U	200 IM	4
5	8 and U	100 IM (not IMX Event)	6
7	9-10	200 Free	8
9	8 and U	200 Free	10
11	9-10	50 Free (not IMX Event)	12
13	8 and U	50 Free (not IMX Event)	14
		Optional 5 minute break	
15	8 and U	50 Back (not IMX Event)	16
17	9-10	100 Back	18
19	8 and U	100 Back	20
21	9-10	100 Breast	22
23	8 and Under	100 Breast	24
25	9-10	50 Fly (not IMX Event)	26
27	8 and Under	25 Fly (not IMX Event)	28
29	9-10	100 Fly	30
31	8 and Under	100 Fly	32

PM Events			
Girls Event	Age Group	Event	Boys Event
33	11-12	200 IM	34
35	13-Over	200 IM	36
		Optional 10 minute break	
37	11-12	100 Fly	38
39	11-12	50 Fly (Not IMX event)	40
41	13-Over	200 Fly	42
43	11-12	100 Breast	44
45	13-Over	200 Breast	46
47	11-12	50 Free (not IMX Event)	48
49	11-12	100 Back	50
51	13-Over	200 Back	52
		Optional 10 minute break	
53	13-Over	400 IM	54

Watertown Polar Challenge

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Sunday, October 11th, 2009
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In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with all heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, Watertown Aquatic Team, and the Watertown Unified School District, and any other agent of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. All swimmers entered are current members of WI/USA Swimming Inc.

Team Name: _____

Team Abbreviation: _____

Signature of Club Official, Parent or Guardian: _____

Name: _____ Phone: _____

Title: _____ Email: _____

Address: _____

Entry Fee Recap: Individual Events _____ x	\$4.00=	\$ _____
Splash Fees (# of swimmers in IEs) _____ x	\$3.00 =	\$ _____
Total Entry Fee Due =		\$ _____

Name of coach or team representative at meet:

Name: _____ Phone: _____

Email: _____

Name and address for mailing of final results:

Name:

Address:

City, State, Zip:

Make checks payable to: WAT

Mail Entries to:

**WAT
P.O. Box 23
Watertown, WI 53094**

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