

WAM Senior Meet

HOSTED BY: WAM SWIM TEAM

SANCTION # WI2010-335S

- DATE:** Saturday December 18th, 2010
- PLACE:** Port Washington-Saukville District Aquatic Center
Thomas Jefferson Middle School;
1403 N. Holden Street
Port Washington, WI 53074
- ENTRY CHAIR:** Doug Conradt Email: dconradt@wi.rr.com
1514 Frances St.
Port Washington, WI 53074
262-284-2028
- MEET DIRECTOR:** Patrice Herzfeld
patriceherzfeld@wi.rr.com
532 11th Ave
Grafton, WI 53024
414-702-4987
- WARM UP:** Warm up:10:00-11:00 AM as follows: 10:00-10:30 AM circle
Swim all lanes NO DIVING. 10:30-11:00 AM one way sprints
With dive lanes 3&4, push 50's 1&6, circle lanes 2&5
Failure to follow warm-up guidelines may result in
disqualification from the next individual event. Meet
starts at 11:10 AM. Sit and slide entries during general
warm up will be enforced.
- FACILITY:** Eight lane 25 yard pool, 5'6" at start 3'6" at turn end.
30" blocks with non-turbulent lane markers and
backstroke flags. Concessions will be available, No food or
beverage is allowed in the pool area.
The competition course has not been certified in
accordance with USA swimming rule 104.2.2C(4).
- TIMING:** Colorado System 6 timing system with aqua grip touch
Pads
- OFFICIAL RULES:** Current official 2010 Short Course USA and Wisconsin
Rules shall prevail. Swimmers must be registered USA
swimming members. Age as of Dec 18, 2010. Out of state
entrants must bring current USA Swimming cards.
Coaches must display their current Coaches Card while on
deck. Coaches should notify meet officials of any disabled
swimmers upon arrival at the meet. The 8 & Under 100 relays
will have the 2nd and 4th swimmers start in the water due to
pool depth.

- OFFICIALS:** Head Official-Don Steinberg
- ENTRY LIMIT:** Swimmers may compete in four (4) individual events. Swimmers must provide their own counters for the 500 Freestyle and counters and timers for the 1650 Freestyle.
- FEES:** Individual events \$4.00 per event .
The LSC splash is \$3.00 for each swimmer swimming in at least one individual event. Deck entries will be \$6.00 per event and will be at the discretion of the Meet director. No new heats will be created. Entry fees must accompany the official entry forms and are not refundable.
- ENTRY DEADLINE :** Completed entry form ,waiver and fees must be received no later than Dec. 8 ,2010. No phone entries will be taken. This meet is being run with Hy-Tek swim software. Please submit entries via disk or e-mail. No seed times will be changed once the meet is seeded.
- ADMISSIONS:** Admission for spectators over 13 years old is \$3.00. Heat sheets are \$3.00.
- CONDUCT:** Any Swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to insure compliance with this requirement
- Each team is responsible for the conduct of it's swimmers In compliance with the VIDEO PREVENTION ACT the use of Any recording device is prohibited in the locker rooms.
- AWARDS:** None;
- FOOD:** A selection of hot and cold food and beverage will be available in the cafeteria.

WAM Senior Meet

Sanction#

Saturday, December 18th 2010

Port Washington-Saukville District Aquatic Center

Warm-up 10:00-11:00 AM , Meet 11:10

<u>Women Event #</u>	<u>Event Description</u>	<u>Men Event #</u>
1	100 Butterfly	2
3	500 Free	4
5	100 Breast	6
7	200 Back	8
9	50 Free	10
11	400 IM	12
10 minute Warm-up break		
13	200 Free	14
15	200 Butterfly	16
17	200 Breast	18
19	100 Back	20
10 minute Warm-up break		
21	100 Free	22
23	200 IM	24
25	1650 Free	26

The 400 IM, 500 Free, and 1650 Free are positive check in. They will be swum fastest to slowest alternating women and men. Swimmers need to provide their own counters for the 500 free and counters and timers for the 1650.

Waiver

In consideration of the acceptance of this entry, I/We hereby for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against United States Swimming [USS], Wisconsin Swimming Inc., Port Washington-Saukville District Aquatic Center, the WAM Swim Team Inc. and their staffs for injuries and/or expenses occurred by me/us at the meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and are eligible to compete in all the events I/ we have entered.

Signature of club Official, Parent or Guardian _____
Address, City, State, Zip _____
Coaches Names _____
Club Name _____
Initials _____
Name and Telephone Number of Entry Person _____
Results Mailed To: _____

Entry Fee Recap
Individual events _____ x \$4.00 _____
Less reservation Money _____
Subtotal _____ A
Number of swimmers _____ x \$3.00 LSC surcharge _____ B
TOTAL add lines A & B Balance Due _____

Make checks payable to WAM SWIM TEAM
Mail waivers and fees to:

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