

# **WAM May Meet**

## **HOSTED BY: WAM SWIM TEAM**

**SANCTION # WI2010-210S**

- DATE:** SATURDAY May 22, 2010
- PLACE:** Port Washington-Saukville District Aquatic Center  
Thomas Jefferson Middle School;  
1403 N. Holden Street  
Port Washington, WI 53074
- ENTRY CHAIR:** Doug Conradt Email: [dconradt@wi.rr.com](mailto:dconradt@wi.rr.com)  
1514 Frances St.  
Port Washington, WI 53074  
262-284-2028
- MEET DIRECTOR:** Patrice Herzfeld  
[patriceherzfeld@wi.rr.com](mailto:patriceherzfeld@wi.rr.com)  
532 11<sup>th</sup> Ave  
Grafton, WI 53024
- WARM UP:** Warm up:7:30-8:30 AM as follows: 7:30-8:00 AM circle  
Swim all lanes NO DIVING. 8:00-8:30 AM one way sprints  
With dive lanes 3&4, push 50's 1&6, circle lanes 2&5  
Failure to follow warm-up guidelines may result in  
Disqualification from the next individual event. Meet  
starts at 8:35 AM. Sit and slide entries during general  
warm up will be enforced.
- FACILITY:** Eight lane 25 yard pool, 5'6" at start 3'6" at turn end.  
30" blocks with non-turbulent lane markers and  
backstroke flags. Concessions will be available, No food or  
beverage is allowed in the pool area.  
The competition course has not been certified in  
Accordance with USA swimming rule 104.2.2[c]
- TIMING:** Colorado System 6 timing system with aqua grip touch  
Pads
- OFFICIAL RULES:** Current official 2010 Long Course USA and Wisconsin  
Rules shall prevail. Swimmers must be registered USA  
swimming members. Age as of May 22, 2010. Out of state  
entrants must bring current USA Swimming cards.  
Coaches must display their current Coaches Card while on  
deck. Coaches should notify meet officials of any disabled  
swimmers upon arrival at the meet. The 8 & Under 100 relays  
will have the 2<sup>nd</sup> and 4<sup>th</sup> swimmers start in the water due to  
pool depth.
- OFFICIALS:** Head Official-Judy Linsley
- ENTRY LIMIT:** Swimmers may compete in four(4) individual events plus  
relays. Swimmers must provide their own counters for the  
500 Freestyle.

**FEES:** Individual events \$4.00 per event and \$12.00 per relay. The LSC splash is \$3.00 for each swimmer swimming in at least one individual event. Deck entries will be \$6.00 per event or \$15 per relay and will be at the discretion of the Meet director. No new heats will be created. Entry fees must accompany the official entry forms and are not refundable.

**ENTRY DEADLINE :** Completed entry form ,waiver and fees must be received no later than May 12,2010. No phone entries will be taken. This meet is being run with Hy-Tek swim software. Please submit entries via disk or e-mail. No seed times will be changed once the meet is seeded.

**ADMISSIONS:** Admission for spectators over 13 years old is \$3.00. Heat sheets are \$3.00.

**CONDUCT:** Each team is responsible for the conduct of it's swimmers In compliance with the VIDEO PREVENTION ACT the use of Any recording device is prohibited in the locker rooms.

**AWARDS:** Senior events – None; 13-14;12 & U events –ribbons 1-16 places  
Relays – 1-6 places

**FOOD:** A selection of hot and cold food and beverage will be available in the cafeteria.

# WAM MAY MEET EVENTS

May 22, 2010

Saturday AM Session

Warm-up 7:30-8:30 AM, Meet 8:35

<u>Women Event #</u>	<u>Event Description</u>	<u>Men Event #</u>
AM Session		
1	8& under 100 Free Relay	2
3	10 & under 200 Free Relay	4
5	8&U 50 Free	6
7	10& U 100 Free	8
9	8 &U 25 Fly	10
11	10 & U 50 Fly	12
13	8 & U 25 Back	14
15	10&U 50 Back	16
17	8 & U 100 IM	18
19	10 & U 200 IM	20
21	8 & U 25 Breast	22
23	10 & U 50 Breast	24
25	8& U 25 Free	26
27	10 & U 200 free	28
29	8 & U 100 Medley Relay	30
PM Session		
31	Senior 200 Free Relay	32
33	13-14 200 Free Relay	34
35	11-12 200 Free Relay	36
37	Senior 50 Free	38
39	13-14 50 Free	40
41	11-12 100 Free	42
43	Senior 200 Fly	44
45	13-14 100 Fly	46
47	11-12 50 Fly	48
49	Senior 100 Back	50
51	13-14 200 Back	52
53	11-12 100 Back	54
55	Senior 200 IM	56
57	13-14 200 IM	58
59	11-12 100 IM	60
61	Senior 100 Breast	62
63	13-14 100 Breast	64
65	11-12 50 Breast	66
67	Senior 200 Medley Relay	68
69	13-14 200 Medley Relay	70
71	11-12 200 Medley Relay	72
73	Senior 500 Free	74
75	11-12 500 Free	76

# Waiver

In consideration of the acceptance of this entry, I/We hereby for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against United States Swimming [USS], Wisconsin Swimming Inc., Port Washington-Saukville District Aquatic Center, the WAM Swim Team Inc. and their staffs for injuries and/or expenses occurred by me/us at the meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and are eligible to compete in all the events I/ we have entered.

Signature of club Official, Parent or Guardian \_\_\_\_\_

Address, City, State, Zip \_\_\_\_\_

Coaches Names \_\_\_\_\_

Club Name \_\_\_\_\_

Initials \_\_\_\_\_

Name and Telephone Number of Entry Person \_\_\_\_\_

Results Mailed To: \_\_\_\_\_

\_\_\_\_\_

## Entry Fee Recap

Individual events \_\_\_\_\_ x \$4.00 \_\_\_\_\_

Relay Events \_\_\_\_\_ x \$12.00 \_\_\_\_\_

Less reservation Money \_\_\_\_\_

Subtotal \_\_\_\_\_ A

Number of swimmers \_\_\_\_\_ x \$3.00 LSC surcharge \_\_\_\_\_ B

TOTAL add lines A & B Balance Due \_\_\_\_\_

Make checks payable to WAM SWIM TEAM

Mail waivers and fees to:

Patrice Herzfeld

532 11<sup>th</sup> Ave.

Grafton, WI 53024

414-702-4987

262-376-0656

patriceherzfeld@wi.rr.com