|  | WAM MAY DAY MEET <br> STED BY : WAM SWIM TEAM <br> SANCTION \# 2009-125WI |
| :---: | :---: |
| DATE: | SATURDA Y May 2 and Sunday May 3,2009 |
| PLACE: | WAUKESHA SOUTH HIGH SCHOOL 401 E. Roberta Drive Waukesha, WI 53186 |
| ENTRY CHAIR: | Doug Conradt Email: dconradt@ wi.rr.com 1514 Frances St. <br> Port Washington ,WI 53074 262-284-2028 |
| MEET DIRECTOR : | ```Steve Schiessl Email: wamcoach@ charter.net 320 Hillcrest Dr. Kiel WI 53042 920-286-2306``` |
| WARM UP: | Warm up:8:00-9:00 AM as follows: 8:00-8:30 circle Swim all lanes NO DIVING. 8:30-9 AM one way sprints With dive lanes 3\&4,push 50's 1\&6,circle lanes 2\&5 Failure to follow warm-up guidelines may result in Disqualification from the next individual event. Meet Starts at 9:10. Sit and slide entries during general warm up will be enforced. |
| FACILITY: | Eight or Ten lane 25 yard pool as needed, 13 foot at start And 5'10" at turn end. <br> 30" blocks with non-turbulent lane markers and backstroke flags. The pool features a 12 and one half by 14 and a half foot full color ,digital display scoreboard. <br> Concessions will be available,No food or beverage is Allowed in the pool area. <br> The competition course has not been certified in Accordance with USA swimming rule 104.2.2[c] |
| TIMING: | Colorado System 6 timing system with aqua grip touch pads |
| OFFICIAL RULES: | Current official 2009 Short Course USA and Wisconsin <br> Rules shall prevail. <br> Swimmers must be registered USA swimming members. <br> Age as of May 2,2009 <br> Out of state entrants must bring current <br> USA Swimming cards <br> Coaches must display their current Coaches Card while on deck. Coaches should notify meet officials of any disabled swimmers upon arrival at the meet |


| OFFICIALS: | TBA, Starter/Referee, Don Steinberg |
| :---: | :---: |
| ENTRY LIMIT: | Swimmers may compete in three [3] individual events in The AM and four [4] individual events in the PM Total of Five[5] individual events for the day |
| LIMITED EVENTS: | The 400 IM and 500 free will be positive check in and may be limited to the top 30 entered times. The 1650 and 1000 will be a positive check in event and may be limited to the top 20 entered times. Swimmers must provide their own counters for the 500,1000, and 1650. |
| FEES: | Individual events $\$ 4.00$ per event and $\$ 12.00$ per relay. The LSC splash is $\$ 3.00$ for each swimmer swimming in at least one individual event.Deck entries will be $\$ 6.00$ and will be at the discretion of the meet director. No new heats will be created. Entry fees must accompany the official entry forms and are not refundable. |
| Entry |  |
| DEADLINE: | Completed entry form ,waiver and fees must be received no later than Thursday April 23,2009. No phone entries will be taken. This meet is being run with Hy-Tek swim software. Please submit entries via disk or e-mail. No seed times will be changed once the meet is seeded. |
| ADMISSIONS: | Admission for spectators over 13 years old is $\$ 3.00$. Heat sheets are $\$ 3.00$. |
| CONDUCT: | Each team is responsible for the conduct of it's swimmers In compliance with the VIDEO PREVENTION ACT the use of Any recording device is prohibited in the locker rooms. |
| AWARDS: | Senior events - None ; 12 \& U events -ribbons 1-16 places Relays - 1-6 places |
| FOOD: | A selection of hot and cold food and beverage will be available in the cafeteria. |

# WAM MAY MEET SENIOR EVENTS <br> May 2,2009 

Saturday AM Session
Warm-up 8:00-9:00 AM ,Meet 9:10
Girls Event \# Event Description
1
3
5
7
9
11
13

| 500 Free | 2 |
| :--- | :--- |
| 200 Back | 4 |

100 Breast 6
50 Free 8
200 Fly 10
200 IM 12
1650 Free 14
Saturday PM Session 12 \& U events
8 \& U 100 Medley Relay 16
10 \& U 200 Medley Relay 18
12 \& U 200 Medley Relay 20
8 \&U 25 Free 22
10 \& U 50 Free 24
12 \& U 50 Free 26
8 \& U 50 Breast 28
10 \& U 50 Breast 30
12 \& U 100 Breast 32
8 \& U 25 Fly 34
10 \& U 100 Fly 36
12 \& U 50 Fly 38
8 \& U 100 IM 40
10 \& U 100 IM 42
12 \& U 200 IM 44
8 \& U 50 Back 46
10 \& U 100 Back 48
12 \& U 200 Back 50
10 \& U 200 Free 52
12 \& U 500 Free 54

## Sunday May 3,2009 SENIOR EVENTS

55
57
59
61
63
65
67

200 Free 56
200 Breaststroke 58
100 Back 60
100 Free 62
100 Fly 64
400 IM 66
1000 Free 68
12 \& Under Sunday Events
698 \& U 100 Free Relay 70
71
73
75
77
79
81
83
85
87
89
91
93
95
97
99
101
103
105
10 \& U 200 Free Relay 72
12 \& U 400 Free Relay 74
8 \& U 50 Free 76
10 \& U 100 Free 78
12 \& U 200 Free 80
8 \& U 25 Breast 82
10 \& U 100 Breast 84
12 \& U 50 Breast 86
8 \& U 50 Fly 88
10 \& U 50 Fly 90
12 \& U 100 Fly 92
8 \& U 100 Free 94
10 \& U 200 IM 96
12 \& U 100 IM 98
8\& U 25 Back 100
10 \& U 50 Back 102
12 \& U 100 Back 104
12 \& U 400 IM 106

Waiver
In consideration of the acceptance of this entry, I/We hereby for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against United States Swimming[USS], Wisconsin Swimming Inc.,Waukesha South HS, the WAM Swim Team Inc. and their staffs for injuries and/or expenses occurred by me/us at the meet,or while on the road to and from the meet. I/we are bona fide amateur athletes and are eligible to compete in all the events I/ we have entered.

Signature of club Official, Parent or Guardian $\qquad$
Address, City, State, Zip $\qquad$

Coaches Names $\qquad$
Club Name $\qquad$ Initials $\qquad$
Name and Telephone Number of Entry Person

Results Mailed To: $\qquad$
$\qquad$
$\qquad$

|  | Entry Fee Recap <br> Individual events <br> x $\$ 4.00$ |
| :--- | ---: |
| Relay Events <br> Less reservation Money$\quad \times \$ 12.00$ |  |

$\qquad$
Relay Events x \$12.00 Less reservation Money
$\qquad$
A
Number of swimmers $\qquad$ x \$3.00 LSC surcharge $\qquad$ B

TOTAL add lines A \& B Balance Due

Make checks payable to WAM SWIM TEAM
Mail entries ,disk ,recap, and check to

Steve Schiess
320 Hillcrest Dr.
Kiel, WI 53042

