



719.866.4578o
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usaswimming.org

2009-2010 Scholastic All America Team Application

Requirements:

- High School student athlete with USA Swimming membership
- Completed grades 10, 11, or 12
- 3.5 GPA for current academic year in academic subjects only
- Individual qualifying time in the USA Times database - achieved between July 1, 2009 and June 30, 2010
or
Competed in an individual event at 2009 CanAm Championships in Edmonton, AB or the 2010 Spring CanAm Championships in San Antonio, TX or the 2009 Deaflympics in Taiwan or
Competed in 2010 Open Water Championships

Complete the required information online. Tab through each required field and type the information. Once the information is completed please PRINT the form, SIGN it, and mail it along with the required supporting documentation to the appropriate address. (Neatly hand-printed legible copies will also be accepted.)

PERSONAL INFORMATION:		Email:			
Name:		Home Phone:			
Last	First	MI			
Male: <input type="checkbox"/>	Female: <input type="checkbox"/>	HS Grade Completed Spring, 2010: <input type="checkbox"/> 10 th <input type="checkbox"/> 11 th <input type="checkbox"/> 12 th			
Address:		USA Swimming Club:			
City, State, Zip		DO NOT ABBREVIATE CLUB NAME			
		Local Swimming Committee:			
		TWO-LETTER ABBREVIATION			
Required documents and instruction for submission: <input type="checkbox"/> Completed application – printed including appropriate signatures <input type="checkbox"/> Official transcript with official seal including the ENTIRE 2009-2010 academic year (only 2009-2010 grades will be computed) <input type="checkbox"/> Include transcript with application if at all possible <input type="checkbox"/> NO Faxes or report cards <input type="checkbox"/> Include explanation of school's grading system (Honors, Advanced Placement –AP, International Baccalaureate – IB grades) <input type="checkbox"/> Print-out of qualifying time(s) from the USA Times database <input type="checkbox"/> Mail application, print-out of qualifying times, and transcript to the appropriate address below: <input type="checkbox"/> Due date: August 1, 2010		ACADEMIC INFORMATION:			
		School:			
		Telephone:			
		School Address:			
		City, State, Zip:			
		Principal / Counselor:			
		Nominator:			
		Nominator's Address:			
		City, State, Zip:			
		Phone:			
<table border="1"> <tr> <td>WOMEN Mail to: Louise Limerick 5326 Gardner Ct Williamsburg, VA 23188 757.565.4754 lvaswim@aol.com</td> <td>MEN Mail to: Betty Kooy 1429 N Webster Ave Hastings NE 68901 402.462.5941 blkooy@charter.net</td> </tr> </table>		WOMEN Mail to: Louise Limerick 5326 Gardner Ct Williamsburg, VA 23188 757.565.4754 lvaswim@aol.com	MEN Mail to: Betty Kooy 1429 N Webster Ave Hastings NE 68901 402.462.5941 blkooy@charter.net	SIGNATURES: (required) I, the undersigned, give my permission for the USA Swimming Scholastic All America Subcommittee to contact my school for confirmation of the attached grades.	
WOMEN Mail to: Louise Limerick 5326 Gardner Ct Williamsburg, VA 23188 757.565.4754 lvaswim@aol.com	MEN Mail to: Betty Kooy 1429 N Webster Ave Hastings NE 68901 402.462.5941 blkooy@charter.net				
Open Water Swimmers: I swam at <input type="checkbox"/> 2010 Open Water Championships		Athlete Signature _____ Date _____			
Disability Swimmers: I swam at <input type="checkbox"/> 2009 Summer CanAm Championships – Edmonton, AB <input type="checkbox"/> 2010 Spring CanAm Championships – San Antonio, TX <input type="checkbox"/> 2009 Deaflympics – Taipei, Taiwan		Parent/Guardian Signature _____ Date _____			



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2009 -2010 Scholastic All America Team

Application Deadline: AUGUST 1, 2010

- The Scholastic All America Subcommittee reserves the right to reject incomplete applications or applications that do not meet the postmarked deadline.
- Applications mailed without appropriate signatures will be returned.
- Please send applications via regular USPS mail. Overnight/FedEx/etc are not necessary. PLEASE DO NOT send any application requiring a signature; it may be rejected.
- Receipt of the complete Scholastic All America application will be confirmed by mail to the swimmer's address listed on this form. If you do not receive confirmation please contact the application recipient.
- This form may be copied/printed as many times as necessary.

Eligibility:

- High School student athlete with USA Swimming membership
- Completed Grades 10, 11 or 12
- 3.5 GPA for the current academic year in academic subjects only
- Individual qualifying time in the USA Times database Achieved qualifying time between July 1, 2009 and June 30, 2010 (see table for qualifying times)
- Open Water swimmers must have competed in the 2010 Open Water Championships
- Swimmers with disabilities must have competed in the 2009 Summer CanAm Championships or the 2010 Spring CanAm Championships or the 2009 Deaflympics in Taipei, Taiwan

Selection Method:

- Must be nominated by a USA Swimming member
- GPA will be calculated for academic subjects only – History/Social Studies, English, Mathematics, Laboratory Science, Foreign Language, Arts (Visual/Performing), Computer Science.
- Grades in Honors (H), Advanced Placement (AP) and International Baccalaureate (IB) courses will receive one extra grade point.
- Must have a minimum of 3.5 GPA on a 4.0 scale – no (+) or (-) considered; 4.0 is maximum GPA awarded.

Awards:

- Three certificates will be awarded to each individual achieving Scholastic All America status (one for the athlete, one for the school, and one for the USA Swimming Club).
- A special pin will be sent to each individual earning a 4.0 GPA.
- A special award will be sent to each individual named to the Scholastic All America team three times.
- Outstanding Achiever recognition will be given to each individual who places first at the National Championships and has a 4.0 GPA.

Instructions for printing qualifying times:

- Go to the USA Swimming home page www.usaswimming.org
- Click on Times/Times Standards
- Go to #2 – Individual Times
- Put in your Last and First name – make sure it is YOU!
- Put in the Date Range 07/01/09 – 06/30/10
- Click on All Events
- Click on Show Fastest Time by Event
- Print your report (Print page)
- Circle YOUR Qualifying Times
- Staple this report to your application

WOMEN

MEN

<u>LCM</u>	<u>SCM</u>	<u>SCY</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>
27.79	27.39	24.59	50 FREESTYLE	21.69	23.99	24.79
1:00.19	58.29	52.89	100 FREESTYLE	47.09	52.09	53.99
2:09.09	2:05.89	1:54.19	200 FREESTYLE	1:43.09	1:54.19	1:58.09
4:30.69	4:21.89	5:03.29	400/500 FREESTYLE	4:39.59	4:02.09	4:09.79
9:15.99	9:00.99	10:21.29	800/1000 FREESTYLE	9:39.29	8:26.89	8:40.79
17:46.69	17:13.09	17:24.29	1500/1650 FREESTYLE	16:13.69	15:56.19	16:41.69
1:07.89	1:04.89	59.09	100 BACKSTROKE	53.09	59.09	1:01.39
2:25.99	2:20.79	2:06.99	200 BACKSTROKE	1:54.79	2:07.49	2:12.39
1:16.79	1:14.69	1:06.89	100 BREASTSTROKE	59.49	1:06.09	1:10.09
2:44.99	2:41.39	2:24.29	200 BREASTSTROKE	2:09.79	2:25.59	2:29.79
1:05.79	1:04.29	58.49	100 BUTTERFLY	51.89	56.89	58.89
2:24.19	2:19.99	2:07.39	200 BUTTERFLY	1:54.89	2:05.79	2:10.59
2:27.59	2:22.89	2:09.49	200 IM	1:56.29	2:08.49	2:13.59
5:09.69	5:01.19	4:33.09	400 IM	4:08.09	4:34.69	4:43.89

QUALIFYING PERIOD IS JULY 1, 2009 THROUGH JUNE 30, 2010