SWAT Senior Circuit & Age Group Distance Meet

Hosted by: South West Aquatic Team

Sanction # WI2010-2100S

DATE: Saturday, April 17, 2010

PLACE: Waukesha South High School

401 E. Roberta Drive Waukesha, WI 53186

ENTRY CHAIR: Todd Roberts Email: troberts2@wi.rr.com

262-895-3312

MEET DIRECTOR: Sarah Perez Email: oc.sarah@yahoo.com

3726 W. Kimberly Dr. Greenfield, WI 53221 262-744-0222

WARMUP: AM-Warm-up: 8:00-9:00 AM as follows: 8-8:30 circle swim all lanes NO diving. Sprint and pace

lanes will be added as needed beginning at 8:30. Meet starts at 9:10 AM.

PM Warm-up: A 45 minute warm-up will begin immediately at the conclusion of the AM Session. First 25 minutes will be circle swim. Sprint and Pace lanes will be added as needed for the final 20 minutes. Meet will begin 55 minutes after the conclusion of the AM Session. Timelines will be emailed to participating teams. **SIT AND SLIDE ENTRIES DURING BOTH SESSIONS OF GENERAL WARM-UPS WILL BE ENFORCED.** Failure to follow warm-up guidelines may result in

disqualification from the next individual event.

FACILITY: Ten lane, 25 yard pool, 13 foot at start and 5"10" at turn end. 30" blocks with non-turbulent lane

markers and backstroke flags. The pool features a 12 ½ by 14 ½ foot full color, digital display

scoreboard. Concessions will available. No food allowed in pool area.

The Competition Course has not been certified in accordance with USA Swimming's Rule

104.2.2(c).

TIMING: Colorado System 6 timing system with aqua grip touch pads. Two backup timers per lane will be

used.

OFFICIAL RULES: Age as of April 17, 2010, Current Official 2010 Short Course USA and Wisconsin Rules shall prevail

for this meet. Swimmers must be currently registered USA Swimming members. USA Swimming deck registrations will not be accepted. Out of state entrants must bring current USA Swimming cards. Coaches must display their current Coaches Card while on deck. Coaches should notify

meet officials of any disabled swimmers upon arrival at the meet.

OFFICALS: Head Official: Bob Wesel

ENTRY LIMIT: **AM** -Swimmers may compete in **Four (4)** individual events. **PM** -Swimmers may compete in **Three**

(3) individual events. Entry Limit per session will be 1000 Swims.

LIMITED EVENTS: The 400 IM and 500 Free will be positive check-in and may be limited to the top 30 entered times.

The 1000 will be positive check in and may be limited to the top 20 entered times. Swimmers must provide their own counters for the 500 Free and counters/timers for the 1000. 1000 will be

swum fastest to slowest, alternating women and men.

SESSION AGE LIMITS: The AM Senior Circuit Session is limited to 13&Over Swimmers. The PM Age Group Distance

Session is limited to 12 & Under Swimmers. Each session will swim as one class.

AM-13 & Over, PM – 12 & Under

FEES: Individual events \$4.00 per event. \$3.00 LSC surcharge per swimmer swimming in at least one

individual event. Deck Entries will be \$8.00 and will be at the discretion of the meet director depending on the availability of open lanes. No new heats will be created once seeded. Deck

entries will close 30 minutes prior to the beginning of the session.

Entry Fees must accompany waiver/recap forms and are not refundable.

ENTRY

DEADLINE: **Wednesday, April 7, by noon.** <u>Email Entries are preferred</u>. Meet Entry Fees and waiver may be sent via standard mail and must be received by Friday, April 9, 2009. No phone entries will be taken. This meet is being run with HY-Tek swim software. No seed times will be changed once the entry chair has seeded the meet.

Email entries to: troberts2@wi.rr.com.

Mail Check and Waiver: Sarah Perez, 3726 W. Kimberly Ave, Greenfield, WI 53221

ADMISSIONS: Admission for spectators over 13 years old is \$4.00 each session. Heat Sheets included.

CONDUCT: Each team is responsible for the conduct of its swimmers. In compliance with the Video

Prevention Act the use of any recording devices is prohibited in the locker rooms.

AWARDS: None

FOOD: A selection of hot and cold food and beverages will be available in the cafeteria. No food allowed in

pool area.

LOST & FOUND: There will be a lost and found area set up near the pool entrance. It is recommended that athletes

do not bring expensive or valuable items to the meet. SWAT and Waukesha South are not responsible for lost items. Please check the lost and found area during the meet. Items not

picked-up by the end of the meet will be discarded or donated to charity.

SWAT Senior Circuit & Age Group Distance Meet

April 17, 2010

Saturday AM Senior Circuit Session

13 & Over Swimmers Only – Entry Limit 4 Events Warm-ups: 8:00 AM - Meet begins 9:10 AM

Womens Event #	Event Description	Mens Event#
1	13& Over 100 Freestyle	2
3	13 & Over 200 Butterfly	4
5	13 & Over 500 Freestyle	6
7	13 & Over 100 Breaststroke	8
9	13 & Over 200 Backstroke	10
11	13 & Over 50 Freestyle	12
13	13 & Over 400 IM	14
15	13 & Over 200 Freestyle	16
17	13 & Over 100 Butterfly	18
19	13 & Over 200 Breaststroke	20
21	13 & Over 100 Backstroke	22
23	13 & Over 200 IM	24
	5 Minute Out of Water Brea	ak
25 (Swi	**13 & Over 1000 Freestyle	26

Saturday PM Age Group Distance Session

12 & Under Swimmers Only – Entry Limit 3 Events

Warm-ups: Immediately Following the AM Session for 45 Minutes

Girls Event #	Event Description	Boys Event#
27	12 & Under 200 Butterfly	28
29	12 & Under 200 Freestyle	30
31	12 & Under 400 IM	32
33	12 & Under 200 Backstroke	34
35	12 & Under 200 Breaststroke	36
37	12 & Under 200 IM	38
	5 Minute Out of Water Break	
39	**12 & Under 1000 Freestyle	40

Both Sessions: The 400 IM/ 500 Free are positive check in and may be limited to the top 30 entered times. Swimmers in the 500 Free need to provide counters.

The 1000 Freestyle is positive check in and may be limited to the top 20 entered times.

All Events will be timed finals.

^{**}Swimmers swimming the 1000 Free need to provide counters and timers. 1000 will be swum fastest to slowest alternating women and men.

WAIVER

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs administrators, and assigns, waive and release any and all claims against United States Swimming, Wisconsin Swimming Inc., Waukesha South HS, the Southwest Aquatic Team, Inc. and their staffs for injuries and/or expenses occurred by me/us at the meet, or while on the road to and from the meet. I/we are bonafide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian:			
Address, City, State, Zip:			
Coaches Names:			
Club Name:			
Name and telephone number to who questions of this entry may	y be directed:		
NAME	EMAII	L	
PHONE			
RESULTS MAILED TO:			
Entry Fee Reca	ap:		
INDIVIDUAL EVENTSX \$4.00	= \$		
LESS RESERVATION TOTAL PREVIOUSLY SENT IN (Only to be used for Individual Events)	- = \$		
SUBTOTAL (If less than 0 enter 0)	= \$	A	
NUMBER OF SWIMMERS IN MEET X \$3.00 LSC SURCHARGE	= \$	B`	
TOTAL LINES A, & B FOR TOTAL BALANCE DUE:	= \$		
Email Entry File to Todd Roberts: troberts2@wi.rr.com by Noon on Wednesday, April 7, 2010			
Make checks payable to: SOUTHWEST AQUATIC TEAM Mail Entry Waiver/Recap and Check to: Sarah Perez Checks and hard copy must be received by 3726 W. Kim			

Greenfield, WI 53221

Friday, April 9, 2010.