

SWAT Senior Circuit & Age Group Distance Meet

Hosted by: **South West Aquatic Team**

Sanction #2009-121WI

- DATE:** Saturday, April 25, 2009
- PLACE:** Waukesha South High School
401 E. Roberta Drive
Waukesha, WI 53186
- ENTRY CHAIR:** Todd Roberts Email: troberts2@wi.rr.com
262-895-3312
- MEET DIRECTOR:** Cindy Budnik/Heidi Szczupakiewicz Email: swatswimteam@wi.rr.com
W172 S7707 Lannon Drive
Muskego, WI 53150
262-679-7928
- WARMUP:** **AM-Warm-up:** 8:00-9:00 AM as follows: 8-8:30 circle swim all lanes NO diving. Sprint and pace lanes will be added as needed beginning at 8:30. Meet starts at 9:10 AM.
- PM Warm-up:** A 45 minute warm-up will begin immediately at the conclusion of the AM Session. First 25 minutes will be circle swim. Sprint and Pace lanes will be added as needed for the final 20 minutes. Meet will begin 55 minutes after the conclusion of the AM Session. Timelines will be emailed to participating teams. **SIT AND SLIDE ENTRIES DURING BOTH SESSIONS OF GENERAL WARM-UPS WILL BE ENFORCED.** Failure to follow warm-up guidelines may result in disqualification from the next individual event.
- FACILITY:** Ten lane, 25 yard pool, 13 foot at start and 5"10" at turn end. 30" blocks with non-turbulent lane markers and backstroke flags. The pool features a 12 ½ by 14 ½ foot full color, digital display scoreboard. Concessions will available. No food allowed in pool area.
The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2(c).
- TIMING:** Colorado System 6 timing system with aqua grip touch pads. Two backup timers per lane will be used.
- OFFICIAL RULES:** **Age as of April 25, 2009.** Current Official 2009 Short Course USA and Wisconsin Rules shall prevail for this meet. Swimmers must be currently registered USA Swimming members. USA Swimming deck registrations will not be accepted. Out of state entrants must bring current USA Swimming cards. Coaches must display their current Coaches Card while on deck. Coaches should notify meet officials of any disabled swimmers upon arrival at the meet.
- OFFICIALS:** TBA, Starter/Referee, Bob Wesel
- ENTRY LIMIT:** **AM** -Swimmers may compete in **Four (4)** individual events. **PM** -Swimmers may compete in **Three (3)** individual events. Entry Limit per session will be 1000 Swims.
- LIMITED EVENTS:** The 400 IM and 500 Free will be positive check-in and may be limited to the top 30 entered times. The 1000 will be positive check in and may be limited to the top 20 entered times. Swimmers must provide their own counters for the 500 Free and counters/timers for the 1000. 1000 will be swum fastest to slowest, alternating women and men.
- SESSION AGE LIMITS:** The AM Senior Circuit Session is limited to 13&Over Swimmers. The PM Age Group Distance Session is limited to 12 & Under Swimmers. Each session will swim as one class.
AM-13 & Over, PM – 12 & Under
- FEES:** Individual events \$4.00 per event. \$3.00 LSC surcharge per swimmer swimming in at least one individual event. Deck Entries will be \$8.00 and will be at the discretion of the meet director depending on the availability of open lanes. No new heats will be created once seeded. Deck entries will close 30 minutes prior to the beginning of the session.
Entry Fees must accompany waiver/recap forms and are not refundable.

ENTRY

DEADLINE: Monday, April 13, by noon. Email Entries are preferred. Meet Entry Fees and waiver may be sent via standard mail and must be received by Thursday, April 16, 2009. No phone entries will be taken. This meet is being run with HY-Tek swim software. No seed times will be changed once the entry chair has seeded the meet.

Email entries to: troberts2@wi.rr.com.

Mail Check and Waiver: Cindy Budnik, W172 S7707 Lannon Drive Muskego WI 53150

ADMISSIONS: Admission for spectators over 13 years old is \$4.00. Heat Sheets included.

CONDUCT: Each team is responsible for the conduct of its swimmers. In compliance with the Video Prevention Act the use of any recording devices is prohibited in the locker rooms.

AWARDS: None

FOOD: A selection of hot and cold food and beverages will be available in the cafeteria. No food allowed in pool area.

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April 25, 2009

Saturday AM Senior Circuit Session

13 & Over Swimmers Only – Entry Limit 4 Events

Warm-ups: 8:00 AM - Meet begins 9:10 AM

<u>Womens Event #</u>	<u>Event Description</u>	<u>Mens Event#</u>
1	13& Over 100 Freestyle	2
3	13 & Over 200 Butterfly	4
5	13 & Over 500 Freestyle	6
7	13 & Over 100 Breaststroke	8
9	13 & Over 200 Backstroke	10
11	13 & Over 50 Freestyle	12
13	13 & Over 400 IM	14
15	13 & Over 200 Freestyle	16
17	13 & Over 100 Butterfly	18
19	13 & Over 200 Breaststroke	20
21	13 & Over 100 Backstroke	22
23	13 & Over 200 IM	24

5 Minute Out of Water Break

25	**13 & Over 1000 Freestyle (Swimmers must provide timers/counters)	26
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Saturday PM Age Group Distance Session

12 & Under Swimmers Only – Entry Limit 3 Events

Warm-ups: Immediately Following the AM Session for 45 Minutes

<u>Girls Event #</u>	<u>Event Description</u>	<u>Boys Event#</u>
27	12 & Under 200 Butterfly	28
29	12 & Under 200 Freestyle	30
31	12 & Under 400 IM	32
33	12 & Under 200 Backstroke	34
35	12 & Under 200 Breaststroke	36
37	12 & Under 200 IM	38

5 Minute Out of Water Break

39	**12 & Under 1000 Freestyle	40
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Both Sessions: The 400 IM/ 500 Free are positive check in and may be limited to the top 30 entered times. Swimmers in the 500 Free need to provide counters.

The 1000 Freestyle is positive check in and may be limited to the top 20 entered times.

**Swimmers swimming the 1000 Free need to provide counters and timers. 1000 will be swum fastest to slowest alternating women and men.

All Events will be timed finals.

WAIVER

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs administrators, and assigns, waive and release any and all claims against United States Swimming, Wisconsin Swimming Inc., Waukesha South HS, the Southwest Aquatic Team, Inc. and their staffs for injuries and/or expenses occurred by me/us at the meet, or while on the road to and from the meet. I/we are bonafide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian: _____

Address, City, State, Zip: _____

Coaches Names: _____

Club Name: _____ CLUB INITIALS (4) _____

Name and telephone number to who questions of this entry may be directed:

NAME _____ EMAIL _____

PHONE _____

RESULTS MAILED TO: _____

Entry Fee Recap:

INDIVIDUAL EVENTS _____ X \$4.00 = \$ _____

LESS RESERVATION TOTAL PREVIOUSLY SENT IN
(Only to be used for Individual Events) - = \$ _____

SUBTOTAL (If less than 0 enter 0) = \$ _____ A

NUMBER OF SWIMMERS IN MEET _____ X \$3.00 LSC SURCHARGE = \$ _____ B`

TOTAL LINES A, & B FOR TOTAL BALANCE DUE: = \$ _____

**Email Entry File to Todd Roberts: troberts2@wi.rr.com by
Noon on Monday, April 13, 2009**

Make checks payable to: SOUTHWEST AQUATIC TEAM CK # _____

Mail Entry Waiver/Recap and Check to: Cindy Budnik
Checks and hard copy must be received by W172 S7707 Lannon Drive
Thursday, April 16, 2009 Muskego, WI 53150