

Stoughton Autumn Swim Meet

WI Sanction # WI2010-316S

- DATE:** Saturday, October 23, 2010
- LOCATION:** Stoughton High School Pool
600 Lincoln Ave
Stoughton, WI 53589
Pool entrance in back of High School; use the back parking lot off of Devonshire Rd.
- FACILITY:** Indoors, eight (8) lanes, 25 yard pool, The minimum water depth, measured in accordance with Article 103.2.3, is 12 feet, 5 inches at the start end and 3 feet, 6 inches at the turn end. It is 9' deep at starting blocks; non-turbulent lane markers, backstroke flags and slanted 30" high starting blocks. Ample parking and spectator seating is available. The Competition Course has not been certified in accordance with USA Swimming Rule 104.2.2C(4).
- SCHEDULE:** This meet will only consist of two sessions. AM warm-ups will be 8:00 to 9:00 am. The AM session will start promptly at 9:05am. PM session warm-up will not begin before 11:00 am. PM session meet will begin one hour following warm-up. Fly over starts will be used for this meet.
- WARM-UPS:** General warm ups/circle swimming for the first 30 minutes. One-way sprint and/or pace lanes will be designated as needed by the Meet Director for the final 30 minutes. Feet first three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.
- ENTRIES:** Swimmers may compete in four (4) individual events per day plus 2 relays. Swimmers must be USA Swimming registered in order to enter. Only the first 800 individual entries will be accepted. The 500 free is a check-in event and may be limited to the top 24 swimmers. A 10-minute break will occur prior to the 500 free being swum. Any swimmer unable to compete due to the limitation will be refunded the entry fee for this event. Entries not accepted will be notified by phone as soon as possible. This meet will be run using Hy-Tek Meet Manager.
- ENTRY DEADLINE:** The entry chair must receive a completed entry form, signed waiver and fees no later than **Wednesday, October 13, 2010**. No entries will be taken over the phone. Please email Hy-Tek Team Manager format of entries and a **PDF of your teams entries to the email address of:**
STARMeetMgr@yahoo.com
Your confirmation that we have received your entries will be a confirmation email. Meet entry fees and waiver must be sent via standard mail and postmarked by the entry deadline.
Lisa Carmichael
1819 Palmer Street
Stoughton, WI 53589

- DECK SEEDING:** Deck seeding will be allowed only to the limit of partially filled heats. A \$10 per event charge will be assessed for deck seeding. Deck seeding will close 30 minutes prior to the start of each session.
Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- ENTRY FEES:** \$3.00 LSC splash fee per swimmer, \$4.00 per individual event and \$10.00 per relay.
- TIMING SYSTEM:** All events (with the exception of 25-yard races) will be timed using a Colorado Timing System with horn start, touch pads, one button, and two watches as backup. 25-yard races will be timed with two (2) stopwatches.
- DISABLED SWIMMERS:** Please indicate on the entries form any special needs for those athletes requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.
- AWARDS:** Participation awards will be provided to the coaches to give to their swimmers. Individual event awards (1st thru 16th), relay events (1st thru 3rd) will be held for each team and can be picked up following each session. Awards will not be mailed.
- OFFICIALS:** Head Referee: Mike Baron
2010 USA Swimming and Wisconsin Swimming LSC rules apply to this meet
- MEET CONDUCT:** Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property will be required to leave the competition. Use of cell phones or any other device that has video or photo capabilities will not be permitted in locker rooms or rest room areas.

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- ADMISSIONS:** There will be no admission fee. Meet heat sheets may be purchased for \$5.00.
- FINAL RESULTS:** One electronic copy of meet results will be sent to all participating teams. One hard copy per team is available upon request. All others wishing to obtain hard copies may order one for \$5.00
- CONCESSIONS:** Delicious hot and cold foods will be available for purchase throughout the meet. Food and beverages will not be allowed on the pool deck.
- AGE GROUPS:** 8&U, 10&U, 11-12, Open
- MEET DIRECTOR:** Wade Rewey (608) 556-0345 wrewey@gmail.com

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Schedule of Events

AM Session

Girls:

Warm ups at 8:00 A.M.; Meet Start at 9:05 A.M.

Boys:

1	11-12 100 Backstroke	2
3	10 & Under 50 Backstroke	4
5	11-12 200 Free Relay	6
7	10&Under 200 Free Relay	8
9	11-12 100 Breaststroke	10
11	10&Under 50 Breaststroke	12
13	11-12 50 Butterfly	14
15	10&Under 50 Butterfly	16
17	11-12 100 IM	18
19	10&Under 100 IM	20
21	11-12 50 Free	22
23	10&Under 50 Free	24
25	11-12 200 Medley Relay	26
27	10&Under 200 Medley Relay	28

PM Session

Girls:

Warm ups at conclusion of A.M. session but not before 11:00; one hour warm up

Boys:

29	200 Freestyle	30
31	8 & Under 25 Freestyle	32
33	200 Freestyle Relay	34
35	8 & Under 100 Freestyle Relay	36
37	100 Breaststroke	38
39	8 & Under 25 Breaststroke	40
41	100 Butterfly	42
43	8 & Under 25 Butterfly	44
45	100 Backstroke	46
47	8 & Under 25 Backstroke	48
49	200 IM	50
51	8 & Under 100 IM	52
53	200 Medley Relay	54
55	8 & Under Medley Relay	56
57	100 Freestyle	58

10-Minute Break

59	500 Freestyle	60
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Meet Waiver

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., Stoughton School District, Stoughton Aqua Racers (STAR), and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian: _____

Position _____ Phone # _____

Team Name & Abbreviation _____

Team Coach _____ Phone # _____

Name (if other than coach) & address for sending final results:

Name: _____

Street: _____

City: _____ State _____ Zip _____

Send results via email? (Y/N) _____ Address: _____

ENTRY FEE RECAP—Entries Due **Wednesday, October 13, 2010!**

Total # of Individual Events: _____ X \$4.00= \$ _____

Less number of Swims Reserved: _____ X \$4.00= \$ _____

Balance Due for additional Swims (or enter zero): \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY OR SPLASH FEES

of Relays: _____ X \$10.00 = \$ _____

Total # of swimmers: _____ X \$3.00 = \$ _____

Total Entry Fee Due: \$ _____

Make all checks payable to Stoughton Aqua Racers