

SHOREWOOD SWIM CLUB

2011 Long Course Open

(A-BB+B-C)

Friday, June 10th - Sunday, June 12th

Sanction #WI

- Location:** Walter Schroeder Aquatic Center
9240 N. Green Bay Rd.
Brown Deer, WI 53209
- Meet Directors:** David Westfahl
414-861-7946
davewestfahl@wi.rr.com
- Facility:** Indoor 50 meter pool with 8 lanes; 30" blocks; custom bulkhead, gutters, and starting blocks; 6 ½' -17' depth; 7' lanes with non turbulent lane-lines.
The Competition Course has been certified in accordance with USA Swimming's Rule 104.2.2C(4).
- Timing:** Fully automatic Colorado timing equipment and scoreboard;
manual timing with 2 watches per lane
- Rules:** 2011 USA Swimming and Wisconsin LSC rules will prevail
- Time Schedule:**
- Friday PM
4:30-5:00 General Warm Ups
5:00-5:30 Sprint/Pace, General Warm Ups as needed
5:35 Meet start
- Saturday AM
8:00-8:30 General warm-up
8:30-9:00 Sprint, Pace, General warm-ups as needed
9:05 Meet Start
- Saturday PM
Warm-ups will start immediately following AM Session
Swimmers will be guaranteed at least a 45 minute warm up
- Sunday AM
7:00-7:30 General warm up
7:30-8:00 Sprint, Pace and General warm ups as needed
8:05 Meet Start
- Sunday PM
Warm ups will start immediately following the AM Session
Swimmers will be guaranteed at least a 45 minute warm up

THREE POINT ENTRIES FROM THE STARTING END OF THE POOL DURING GENERAL WARM-UPS WILL BE ENFORCED FOR ALL SANCTIONED/APPROVED COMPETITION.

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- Timeline:** A tentative meet timeline will be available on or before Wednesday, June 8th on the Shorewood Swim Club website.
- Meet Format:** **We will be using Positive Check-In for all events.** The check in will close 45 minutes prior to the start of each session. The meet will be timed finals. Swimmers must report directly to the blocks for all events. Fly-over starts will be used for all events. The Friday night 400 free and 400 IM will be limited to the top 24 (14&U) and top 40 (Senior) swimmers in each event. Open slots will be filled if there are not 40 entrants for one gender in each event. The host club reserves the right to limit all 200 meter events to no fewer than five (5) heats, in the interest of following the 4-hour meet session guideline (as needed).
- Eligibility:** All swimmers must be registered with USA Swimming by the entry deadline. Coaches/entry chairs will be notified by Wisconsin swimming of any individual not registered or registered incorrectly, and the swimmer must be properly registered by the start of the meet. Swimmers age as of June 10th, 2011 will determine age group eligibility for the meet. Out of state swimmers should bring proof of USA Swimming membership to the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Entries:** Each swimmer may compete in one (1) event Friday and up to three (3) individual events, plus relays, Saturday and Sunday. Entries should be submitted using **Long Course Meter Times**. This meet will be run using HyTek Meet Manager. All entries should be submitted in a HyTek compatible file format (as an e-mail attachment) with a hard copy. Entries will be limited to 3500 individual entries for the meet.
- Entry Fees:** \$5.00 per individual event
\$12.00 per relay
\$2.00 splash fee per swimmer
\$6.00 facility fee per swimmer
Checks made payable to "**Shorewood Swim Club**".
All fees must accompany entries and are non-refundable.
- Entry Deadline:** Entries must be received by **Wednesday, June 1st, 2010**. Entries should be submitted by Hy-Tek file via e-mail, immediately followed by the hard copy, fees and waiver via standard mail.

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- Mail entries:** Entry files e-mailed to:
davewestfahl@wi.rr.com
- Completed entry forms, fees and waivers:
David Westfahl
6140 N. Alberta Ln.
Glendale, WI 53217
- Relays:** Relay sheet will be provided in the coach's packets at the start of the meet. Coaches should complete the relay sheet and return them to the pool office no later than 30 minutes before the start of the session.
- Deck Entries:** Deck entries (at \$10.00 per event) will be allowed to fill open lanes at the discretion of the meet director. Submitting team must supply full name, birthdate, and a valid USA Swimming registration number. Teams deck entering will be held responsible for any fines or fees levied due to incorrect data.
- Deck Registration:** Deck registration will not be allowed at this meet.
- Awards:** All swimmers will swim as one class by age group and gender, but will be separated by A-BB and B-C classes for award purposes in each age group. Medals will be given for 1st-3rd in individual events and ribbons will be awarded for 4th – 16th places. Ribbons will be awarded for 1st – 6th in relay events. Swimmers will be eligible for awards in the class in which they are seeded.
- Heat Sheets/
Admission:** \$3.00 per session heat sheet and \$4.00 per day admission. Heat sheets will be made available after positive check in. All heat sheets/admission are cash only.
- Final Results:** All teams will receive final results via e-mail by Wednesday, June 15th. Results will also be available on the Shorewood Swim Club web site, and the Wisconsin Swimming web site.
- Concessions:** A variety of food and drink items will be available.
- Disabled Swimmers:** If a club is entering a disabled swimmer, please make a note to that effect on the meet entry.
- Lost & Found:** Located near the east lobby admissions area adjacent to the glass office.

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- First Aid:** First aid will be available from the lifeguards
- Conduct:** Each team will be responsible for the conduct of its swimmers and parents. Misconduct will be dealt with by the meet marshals, meet director, and Head Official, and may result in disqualification from participation and/or immediate expulsion from the premises. Smoking is not allowed within 50 feet of the facility. No food or coolers may be brought into the building, due to city code. There can be no lounging in the hallway between the main lobby and cafeteria area, due to Brown deer fire codes. Per USA Swimming rules, only coaches, swimmers and meet workers are allowed on deck and in the lower bleacher areas. Spectators must sit in the upper grandstand and leave the lower grandstand for swimmers and coaches. Swimmers are encouraged to stay in the lower bleachers. Coaches must display valid 2011 USA Swimming credentials at all times. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.
- Officials:** Head Official – Pat Weisling. There will be a minimum of two starter referees and four officials in total each session.

Friday, June 10th

4:30 Warm Up 5:35 Meet Start

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<u>Girl's</u>	<u>Event Description</u>	<u>Boy's Event</u>
1*	14&U 400 IM	2*
3*	SR 400 IM	4**
5*	14&U 400 Free	6*
7**	SR 400 Free	8**

* Limited to top 24 entered

** Limited to top 40 entered

Saturday, June 12th, 2010

AM Session – 8:00 warm up 9:05 meet start

<u>Girl's</u>	<u>Event Description</u>	<u>Boy's</u>
9	13-14 100 Back	10
11	SR 100 Back	12
13	13-14 50 Free	14
15	SR 50 Free	16
17	13-14 200 Breast	18
19	SR 200 Breast	20
21	13-14 100 Fly	22
23	SR 100 Fly	24
25	13-14 200 Free	26
27	SR 200 Free	28

PM Session – Immediately following the conclusion of the AM session (45 minute warm up)

<u>Girl's</u>	<u>Event Description</u>	<u>Boy's</u>
29	10 & Under 200 Free Relay	30
31	11-12 200 Free Relay	32
33	10 & Under 50 Fly	34
35	11-12 50 Fly	36
37	10 & Under 100 Free	38
39	11-12 100 Free	40
41	10 & Under 50 Breast	42
43	11-12 50 Breast	44
45	10 & Under 100 Back	46
47	11-12 100 Back	48
49	10 & Under 200 Free	50
51	11-12 200 Free	52

Sunday, June 13th 2010

AM Session – 7:00 Warm Up 8:05 Meet start

<u>Girl's</u>	<u>Event description</u>	<u>Boy's</u>
53	13-14 100 Free	54
55	SR 100 Free	56
57	13-14 200 Fly	58
59	SR 200 Fly	60
61	13-14 200 Back	62
63	SR 200 Back	64
65	13-14 100 Breast	66
67	SR 100 Breast	68
69	13-14 200 IM	70
71	SR 200 IM	72

PM Session – Immediately following the conclusion of AM Session (45 minute warm up)

<u>Girl's</u>	<u>Event description</u>	<u>Boy's</u>
73	10 & Under 200 Medley Relay	74
75	11-12 200 Medley Relay	76
77	10 & Under 100 Fly	78
79	11-12 100 fly	80
81	10 & Under 50 Back	82
83	11-12 50 Back	84
85	10 & Under 100 Breast	86
87	11-12 100 Breast	88
89	10 & Under 50 Free	90
91	11-12 50 free	92
93	10 & Under 200 IM	94
95	11-12 200 IM	96

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Meet Waiver

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, the Shorewood Swim Club, and the Walter Schroeder Aquatic Center, for injuries and/or expenses incurred by me/us at the meet, or while on the road to and from the meet. I/we are bona-fide amateur athletes and eligible to compete in all events I/we have entered.

CLUB NAME AND ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL: _____

COACHES AT MEET: _____

CLUB PERSON TO CONTACT REGARDING ENTRIES:

NAME: _____ PHONE: _____

ADDRESS: _____

E-MAIL: _____

Recap of Entries

Individuals Entered:	_____	x \$5.00=	_____
(minus) Reservation Fee Paid:	_____		_____
Net Individual Amount Due:		=	a _____
Splash Fee: # of Swimmers	_____	x \$2.00 =	b _____
Facility Fee # of Swimmers	_____	x \$6.00 =	c _____
Relay Fee: # of Relays	_____	x \$12.00 =	d _____
Total Amount of Check:		a+b+c+d =	_____

Make Check Payable to "Shorewood Swim Club"

Entry Deadline: Wednesday, June 1st, 2010

Mail Entries to: Dave Westfahl
6140 N. Alberta Ln
Glendale, WI 53217
davewestfahl@wi.rr.com