

**2010 Wisconsin LSC Silver Meet  
July 16-18, 2010**

**Hosted by South Eastern Aquatics (SEAY)**

**USA Sanction #WI 2010-260S**

- Meet Director:** Jennifer Pennings  
1011 Appaloosa Trail  
Racine, WI 53402  
Email: djpenning@wi.rr.com
- Entry Chairperson:** Pat Lewno  
5330 Linden Circle  
Racine, WI 53406  
Email: lewno@wi.rr.com
- Location:** RecPlex  
9900 Terwall Terrace  
Pleasant Prairie, WI 53158
- Eligibility:** All swimmers must be currently registered with Wisconsin Swimming. USA Swimming deck registrations will not be accepted.
- Facility:** Indoor, 25 yard pool with 8 (9 or 10) lanes. Pool depth 7' at the shallow end and 12' at the deep end. Starting blocks are 29.5". The Competition course has not been certified in accordance with 104.2.2 (C).
- Timing System:** A fully automatic Colorado timing system with 2 manual back-up buttons and two back-up timers for each lane will be used. If the automatic system fails, a gun or horn start will be used.
- Class of Meet:** Silver Meet Time Standards, WI LSC dictated
- Qualification Procedure:** There are no qualifying times for this meet. Swimmers may enter and compete in any event in which they do not have the state qualifying time. The time standards are listed at [www.wisconsinswimming.org](http://www.wisconsinswimming.org). If a swimmer makes the qualifying time in an event after the meet entries have been submitted, they will be allowed to compete in that event at this meet and the State Meet.
- If a swimmer, age 14 or under, has achieved the state cut in a given race, they can enter the Senior age group for that event, if and only if, they have NOT achieved the state cut in the Senior age group. Any swimmer that has already achieved the Senior cut is not allowed to swim that race.
- Non-Conforming Times:** **DO NOT CONVERT.** All courses will be used. Non-conforming times will be seeded after the SCY times. The order used for seeding will be SCY-SCM-LCM.
- General Rules:** Official 2010 USA Swimming and WI LSC rules shall prevail at this meet. Age as of July 16, 2010.
- Schedule/Warm-ups:** Friday, Saturday, and Sunday AM Session Warm ups: TBD PM Session: TBD warm ups  
Friday, Saturday, and Saturday AM Session Start: TBD PM Session: TBD Meet start
- All warm up sessions, meet start times, and breaks will be determined after entries are received. Estimated meet timeline will be available on the homepage of the SEAY website [www.sea-y.org](http://www.sea-y.org) as soon as it is available.
- Entry deadline is Tuesday, July 6, 2010. Please be sure to get entries in on time so that the meet timeline can be published.**

Wisconsin Swimming warm-up procedures will be in effect. Swimmers must enter the pool from the starting end using a three point entry for warm-up. Warm-up session will begin with 30 minutes of circle swimming in all lanes. Sprint lanes will be opened as needed during the second 30 minutes. Violators of the Wisconsin Swimming warm-up procedures are subject to disqualifications.

- Entry Deadline:** Team entries on Hy-Tek entry file, hard copy, waiver, and fees must be received by the Entry Chair **no later than 6:00 PM, Tuesday, July 6, 2010**. If you submit entries via email, the hard copy and waiver must be received no later than 6:00 pm, **Tuesday, July 6, 2010**. **Hard copy and waiver must be emailed as pdf files. Entry fees must be received by the meet host prior to the start of the competition.** You will receive a confirmation e-mail of receipt of entries. If you have not received your confirmation e-mail by Saturday, July 10, A.M., call the entry chair, Pat Lewno, immediately at 262-637-2913.
- Entry Fees:** \$4.00 per individual events and \$3.00 WI LSC Splash Fee for each swimmer entered in the meet. All fees must accompany entries. Checks should be made payable to "SEAY". **NOTE: Please be sure that the waiver is signed. We cannot accept entries without a waiver.**
- Entry Limit:** Participation is limited to seven (7) individual events for the meet with no more than 5 on any one day.
- Disabled Swimmers:** Coaches are responsible for informing Officials and the Meet Director of any disabled swimmer's needs prior to warm-ups.
- Deck Entries:** Deck entries will be accepted to fill open lanes. No additional heats will be added. \$8.00 per individual event; plus WI LSC Splash fee of \$3.00 if the swimmer is not already entered in the meet. Deck Entries will close 30 minutes prior to the beginning of each session.
- Format:** This is a timed final meet. All events will be swum as combined and then separated for awards. All events will be pre-seeded with the exception of the 500 Free, 1000 Free, and 1650 Free events. These events will be positive check in events and deck seeded. Fly over starts may be used. Please note: Heats/events may be combined, but will be awarded as separate age groups.
- Deck Seeded Events:** The 500 Free, the 1000 Free, and the 1650 Free events will be positive check-in events and deck seeded. Positive check in for these events will close 30 minutes before the start of the session in which the event is swum. **These events will be swum fastest to slowest, alternating girls and boys.** The Wisconsin Scratch rule will be in effect for this meet. Failure to scratch prior to seeding or failure to declare a false start with the Deck Referee prior to the start of the swimmer's heat and not swimming the event will result in the swimmer being barred from the next individual event in which he/she is entered. **Swimmers who do not check in will not be seeded in the event.** If a team will not be at the meet for positive check in events and, the coach of the team will be allowed to email the positive check in information to the entry chair ([lewno@wi.rr.com](mailto:lewno@wi.rr.com)). The check in deadlines still apply if the email option is utilized.
- Coaches Packet:** Coaches may pick up their packets at the Scoring/Records Table. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA coach's card at the time you pick up your team packet. Coach's cards must be visible at all times on deck.
- Awards:** Individual: 1<sup>st</sup> – 16<sup>th</sup> ribbons  
High Point: 1<sup>st</sup>-3<sup>rd</sup> place in each age group  
Team Awards: 1<sup>st</sup>-3<sup>rd</sup> place  
**Awards will be bagged by team for coach pick up at the end of each session. Unclaimed awards will be taken to the 12 & Under WI LCM State Championships or the 13 & Over WI LCM State Championships. Awards will not be mailed after the conclusion of the meet.**
- Heat Sheets:** \$3.00—cash only
- Admissions:** \$4.00 per day for spectators over the age of 12—cash only.
- Food:** The RecPlex will have food and beverages available at two convenient locations during the meet. Coaches and officials working the meet will be provided complimentary food and drink in the hospitality room.
- Parking:** Parking in the RecPlex lot is \$5. There is free parking on the street, ball field lots and throughout the park.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals with the concurrence of the Meet Director or Meet Referee have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. Electronic recording devices and cameras are not allowed in the locker rooms.

- First Aid:** Report injuries to the Lifeguard and Meet Director. First aid kit is located at the Lifeguard stand.
- Lost & Found:** An area for lost and found will be designated at the meet. After the meet, please contact Jennifer Pennings at 262-752-0387 prior to July 30, 2010.
- Meet Results:** Results will be posted on the WI Swimming website. Each club will receive emailed results.
- Officials:** Ara Molitor, and Dave Pennings.
- Swim Supplies:** TBD

# 2010 Wisconsin LSC Silver Meet Time Trials

July 16-18, 2010

## WI Sanction #2010-261 TT

- Times:** Time Trials will be offered Saturday and Sunday at the conclusion of the PM sessions and/or as time permits and at the discretion of the Meet Director.
- Events:** See meet order of events listing.
- Fees:** \$8.00/event, no relays will be offered.
- Registration:** Entries will be accepted during all sessions up to 30 minutes before the end of the PM sessions. Swimmers do not need to be entered in the Silver Meet in order to participate in Time Trials. If a swimmer is not signed up for the Silver Meet they must be able to prove they are registered with USA Swimming for 2010. Swimmers must be registered as Wisconsin Swimming Athletes to participate in time trials.
- Procedure:**
- Swimmer will sign up for an event at the meet management table.
  - If not a participant of the Silver Meet, the swimmer will prove 2010 USA registration .
  - Swimmer will fill out a seed card at the table—swimmer’s name, age, team, event name and seed time.
  - Seed card and event fee must be turned into the table before the registration deadline.
  - An announcement will be made indicating the time that Time Trials will begin.
  - A meeting for all time trial participants and timers will be held prior to the start of Time Trials.
  - Cards with heat and lane assignments will be handed out at this meeting.
  - It is the swimmer’s responsibility to be ready to swim when his/her event, name, and lane number are called. The Referee will not hold the start of the event waiting for a swimmer or timer to show.
  - ALL time trial cards (whether or not a swimmer swims a desired time) MUST be turned in at the end of each heat.
- Meet Host Provides:** Officials, Timing System Operator, and Meet Management.
- Swimmer Provides:** Two (2) timers, two (2) watches, and a person to count laps (if needed).
- Reminders:** The maximum number of individual events in one day is five (5) and includes Time Trials (USA 102.2.3 and 102.2.7). This means that a swimmer may swim 5 individual events total, including a combination of:
- 1) only Time Trials
  - 2) combined Time Trials and meet events
  - 3) only meet events
- Time Trials will begin promptly. It is the responsibility of the swimmer to be at the blocks, complete with her/his two timers (and two watches), ready to swim.
- Timers must turn in their cards whether or not a swimmer achieves a desired cut time.

**2010 WI LSC Silver State Meet**  
**July 16-18, 2010**  
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**Event Order**

**Friday Early Afternoon Session**

Girls	Event Description	Boys
1A	13-14 500 Free *	2A
1B	Senior 500 Free *	2B
3A	13-14 1000 Free*	4A
3B	Senior 1000 Free*	4B
5A	13-14 1650 Free*	6A
5B	Senior 1650 Free*	6B

**\*Positive Check In Events.**  
**Races will be run fastest to**  
**slowest, alternating girls**  
**and boys.**

**Sunday AM Session**

Girls	Event Description	Boys
31A	10 & U 100 Breast	32A
31B	11-12 100 Breast	32B
33A	10 & U 50 Free	34A
33B	11-12 50 Free	34B
35A	10& U 100 Back	36A
35B	11-12 100 Back	36B
37A	10 & U 50 Fly	38A
37B	11-12 50 Fly	38B

**Friday Late Afternoon Session**

Girls	Event Description	Boys
7A	10 & U 200 Free	8A
7B	11-12 200 Free	8B
7C	13-14 200 Free	8C
7D	Senior 200 Free	8D
9A	10 & U 200 IM	10A
9B	11-12 200 IM	10B

**Sunday PM Session**

Girls	Event Description	Boys
39A	13-14 200 Breast	40A
39B	Senior 200 Breast	40B
41A	13-14 100 Free	42A
41B	Senior 100 Free	42B
43A	13-14 400 IM	44A
43B	Senior 400 IM	44B
45A	13-14 200 Back	46A
45B	Senior 200 Back	46B
47A	13-14 100 Fly	48A
47B	Senior 100 Fly	48B

**Saturday AM Session**

Girls	Event Description	Boys
11A	10 & U 50 Breast	12A
11B	11-12 50 Breast	12B
13A	10 & U 100 Free	14A
13B	11-12 100 Free	14B
15A	10 & U 100 IM	16A
15B	11-12 100 IM	16B
17A	10 & U 50 Back	18A
17B	11-12 50 Back	18B
19A	10 & U 100 Fly	20A
19B	11-12 100 Fly	20B

**Saturday PM Session**

Girls	Event Description	Boys
21A	13-14 100 Breast	22A
21B	Senior 100 Breast	22B
23A	13-14 50 Free	24A
23B	Senior 50 Free	24B
25A	13-14 200 IM	26A
25B	Senior 200 IM	26B
27A	13-14 100 Back	28A
27B	Senior 100 Back	28B
29A	13-14 200 Fly	30A
29B	Senior 200 Fly	30B

**Waiver & Summary Entry Form**  
**(Entries will not be accepted without waiver form)**

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In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against South Eastern Aquatics – Racine Family YMCA Swim Team/Racine Family YMCA/RecPlex/WI Swimming/USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this meet. I/We are bona fide amateur athletes and eligible to compete in all events I/we have entered.

**Make (2) copies of the entry forms:**

1. Email or Mail one copy of completed entry form, Hy-Tek entry file, plus entry fees to the entry chair.
2. Retain one copy for coaches' records.

Club Name: \_\_\_\_\_ Abbr: \_\_\_\_\_

**Signature of Club Official, Parent, or Guardian**

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Entry Fee Recap:**

Total # of Individual Entries in Meet: \_\_\_\_\_ x Ind. Entry Fee @ \$4.00 = \$ \_\_\_\_\_

Number of Swimmers Entered in Meet \_\_\_\_\_ X \$3.00 ea (WI LSC Splash Fee) = \$ \_\_\_\_\_

**Make Checks Payable to: "SEAY"** Your Check Number Is \_\_\_\_\_ Total Entry Fee = \$ \_\_\_\_\_

**Name of coaches representing your team at meet:**

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Name: \_\_\_\_\_ Phone \_\_\_\_\_

**Contact information for team entry person (in case of entry problem):**

Name: \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Final Results will be posted on the WI Swimming Website. We will email results to each team also.**

Name: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

