South Eastern Aquatics Racine Family YMCA Swim Team (SEAY) October 11, 2009 Pentathlon

USA Sanction #2009-242 WI

Meet Director: Mark Purath (262-909-8602)

5244 Zachary Drive Racine, WI 53403

Email: mpurath@sbcglobal.net

Entry Chairperson: Pat Lewno (262-637-2913)

5330 Linden Circle Racine, WI 53406

Email: lewno@wi.rr.com

Location: Waukesha South HS Pool

401 E. Roberta Drive Waukesha, WI 53186

Eligibility: All swimmers must be currently registered with USA Swimming. USA Swimming deck registrations will

not be accepted.

Class of Meet: Session 1 is a Pentathlon age group meet: 8 & Under, 10 & Under, 11-12, 13-14, and 15 & Over.

Session 2 is a Senior event meet.

Facility: Indoor, 25 yard pool with 8 lanes (9 or 10 lanes if needed). Pool depth is 13 feet at the start and 5'10" at

the bulkhead (turn end) with 30" starting blocks. The Competition course has not been certified in

accordance with 104.2.2(C).

Schedule/Warm-ups: 7:30 am warm-ups

8:35 am meet start

There will be a 15 minute warm up between Session 1 and Session 2.

Estimated meet timeline will be available on the SEAY website www.sea-y.org

Wisconsin Swimming warm-up procedures will be in effect. Warm-up session will begin with 30 minutes of circle swimming in all lanes. Swimmers must enter the pool from the starting end using a three point entry for warm-up. Sprint lanes will be opened as needed during the second 30 minutes. Violators of the

Wisconsin Swimming warm-up procedures are subject to disqualifications.

Timing System: A fully automatic Colorado timing system with 2 manual back-up buttons and two back-up timers for each

lane will be used. If the automatic system fails, a gun or horn start will be used.

General Rules: Official 2009 USA Swimming and WI LSC rules shall prevail at this meet. Age as of October 11, 2009.

Entry Deadline: Team entries on Hy-Tek disk, hard copy, waiver, and fees must be received by the Entry Chair **no later**

than 6:00 PM, October 1, 2009. If you submit entries via email, the hard copy, waiver, and fees must be received no later than 6:00 pm, October 1, 2009. Please do not submit more entries than you have

reserved unless you have checked with the Meet Director.

Entry Fees: \$4.00 per individual events, and \$3.00 WI LSC Splash Fee for each swimmer entered in the meet. All fees

must accompany entries. Checks should be made payable to "SEAY". NOTE: Please be sure that the

waiver is signed. We cannot accept entries without a waiver.

Entry Limit: Participation is limited to a maximum of five (5) individual events. Swimmers must swim all five events

included in the pentathlon for their age group to be eligible for high point. Swimmers may enter only one set of Pentathlon events. (Pentathlon events per age group are listed in "Format" section.) Swimmers not wishing to participate in all five pentathlon events can still swim in the appropriate age group events they

desire.

Disabled Swimmers: Coaches are encouraged to inform Officials and the Meet Director of any disabled swimmer's needs prior

to warm-ups.

Deck Entries: Deck entries will be accepted to fill open lanes. No additional heats will be added. \$6.00 per individual

event. Plus WI LSC Splash fee of \$3.00 if the swimmer is not already entered in the meet. Deck Entries

will close 30 minutes prior to the beginning of each session.

Format: All events will be pre-seeded with the exception of the Senior 400 IM and Senior 500 Free. These events

will be positive check in events and deck seeded.

Swimmers may enter only one set of Pentathlon events. Pentathlon events will consist of the following:

8 & Under—25 free, 25 back, 25 breast, 25 fly, and 100 IM; 10 & U—50 free, 50 back, 50 breast, 50 fly, and 100 IM; 11-12—50 free, 50 back, 50 breast, 50 fly, and 100 IM 13-14—100 free, 100 back, 100 breast, 100 fly, and 200 IM 15 & Over—100 free, 100 back, 100 breast, 100 fly, and 200 IM

The following age group events will be swum as combined and then separated for awards:

10 & U and 11-12, 13-14 and 15 & O, plus the 11-12,10 & U, and 8 & U 100 IM

Fly over starts may be used. 8 & Under individual events will be staged. <u>Please note:</u> Heats/events may be combined due to time constraints, but will be awarded as separate age groups.

Deck Seeded Events: The Senior 400 IM and Senior 500 Free will be positive check in events and deck seeded. Positive check in

for these events will close 30 minutes before the start of the session.

Coaches Packet: Coaches may pick up their packets at the Scoring/Records Table. Any monies owed must be paid before

you can obtain your packet. Please be prepared to show your USA coach's card at the time you pick up

your team packet. Coach's cards must be visible at all times on deck.

Awards: Pentathlon awards: $1^{st} - 3^{rd}$ to individuals in each gender and age group with the highest total points

in the Pentathlon events.

<u>Individual events</u>: 1st-6th ribbons for all age groups

Awards must be picked up at the meet. Awards will not be mailed after the conclusion of the meet.

Heat Sheets: \$2.00—cash only

Admissions: \$4.00 per day for spectators over the age of 12—cash only.

Food: Food and beverages will be available during the meet. Coaches will show their USA Swimming Coaches

card to receive complimentary food and drink.

Conduct: All coaches are responsible for the conduct of their swimmers and will see that their club has proper

supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the

premises. Cell phones and other recording devices are not allowed in the locker rooms. Please encourage

your parents and swimmers to clean up after themselves.

First Aid: Report injuries to the Lifeguard and Meet Director. First aid kit is located at the Lifeguard stand.

Lost & Found: An area for lost and found will be designated at the meet. After the meet, please contact Mark Purath at

262-909-8602 prior to October 29, 2009.

Meet Results: A copy will be emailed to all participating teams. A copy will also be available at

www.wisconsinswimming.org.

Officials: Phil Eberle, Linda Eberle, Ara Molitor, Rich Bleser, and Dave Pennings.

Swim Supplies: All-American Aquatics may be on site.

SEAY Pentathlon

October 11, 2009

Session 1

Girls	Event	Boys
1a	15 & O 100 Free	2a
1b	13-14 100 Free	2b
3a	11-12 50 Free	4a
3b	10&U 50 Free	4b
4	8&U 25 Free	6
7a	15 & O 100 Back	8a
7b	13-14 100 Back	8b
9a	11-12 50 Back	10a
9b	10&U 50 Back	10b
11	8&U 25 Back	12
13a	15 & O 100 Breast	14a
13b	13-14 100 Breast	14b
15a	11-12 50 Breast	16a
15b	10&U 50 Breast	16b
17	8&U 25 Breast	18
19a	15 & O 100 Fly	20a
19b	13-14 100 Fly	20b
21a	11-12 50 Fly	22a
21b	10&U 50 Fly	22b
23	8&U 25 Fly	24
25a	15 & O 200 IM	26a
25b	13-14 200 IM	26b
27a	11-12 100 IM	28a
27b	10&U 100 IM	28b
27c	8&U 100 IM	28c

Session 2

29	Senior 200 Free	30
31	Senior 400 IM	32
33	Senior 500 Free	34

Waiver & Summary Entry Form (Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against South Eastern Aquatics – Racine Family YMCA Swim Team/Racine Family YMCA/Waukesha South High School/Waukesha Express Swim Team/WI Swimming/USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this meet. I/We are bona fide amateur athletes and eligible to compete in all events I/we have entered.

Make (2) copies of the entry forms:

- 1. Mail one copy of completed entry form, Hy-Tek entry disc, plus entry fees to the entry chair.
- 2. Retain one copy for coaches' records.

Club Name:		·	Abbr:
Signature of Club Official	, Parent, or Guardian		
Name:		Title:	
Address:			
City:	State:	Zip:	
Entry Fee Recap: Total # of Individual Event	s in Meet:		
(*NOTE: Teams who ove	Subtract Reser-reserved cannot use this	servation Fee Already Pa amount to offset relay fee	
	t:x Relay Entr	-	_
Number of Swimmers Ente	ered in Meet X \$3.	00 ea (WI LSC Splash Fee)) = \$
Make Checks Payable to:	"SEAY" Your Check Num	nber Is Total Entry	Fee = \$
Name of coaches represen	ting your team at meet:		
Name:		Phone	
Name:		Phone	
Name:		Phone	
Contact information for te	am entry person (in case of	entry problem):	
Name:	Phone	E-mail	
Name and address for emo	iling final results:		
Name:		_ E-mail Address:	
Address:			
	State:		

Individual Entry F	orm
Team Alpha Code	

PLEASE PRINT CLEARLY (complete one form for each age-group)

Age Group			Sunday	Sunday	Sunday	Sunday	Sunday	Sunday
Swimmer's full name	Date of Birth	Age as of Oct. 11, 2009	Event #/ Seed Time					