

Dolphin/FCYST Winter Invite

- Date:** February 11, 12, 13, & 14, 2010 **Approval#** 2010-148WI
- Location:** Oshkosh YMCA
3303 W. 20th Avenue
Oshkosh, WI 54904
- Hosted by:** Oshkosh YMCA Dolphins / Fox Cities YMCA
- Facility:** 8 lane, 25 yard pool with 7' wide lanes and non turbulent lane dividers, back stroke flags, 30" high starting blocks, 9' depth at the starting blocks and 3'6" depth at the shallow end. The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2(c).
- Timing:** All events will be timed final events. Electronic timing and backup timers with manual watches will be used in each lane.
- Eligibility:** YMCA and/or USA Swimming registered swimmers are invited to participate. Swimmer's age as of February 11, 2010 shall determine age group.
- Rules:** USA Swimming rules prevail for the meet. In the 100 yard relay, the 2nd and 4th swimmer must start in the water. Swimmers should be prepared to use fly over starts. Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.
- Entries:** Swimmers may compete in a maximum of one (1) event per day on Thursday and Friday, three (3) individual events per day on Saturday and Sunday plus relays. Entries will be limited to control the length of the meet so sessions do not exceed the 4-hour rule.
- 10 + Under Awards:** Relays: Medals 1st-3rd, Ribbons 4th-8th.
Individual events: Medals 1st-8th, Ribbons 9th-16th
- 11 + Over Awards:** Relays: Ribbons 1st-8th.
Individual events: Ribbons 1st-16th
- Seeding:** 8&U and 10&U swimmers will be seeded by age group. 11& Over swimmers will be seeded together in Open individual events, but

awarded by age group 11-12, 13-14 & 15+Over. Open relays are awarded only as Open, not in separate age groups.

- Meet Director:** Mark Van Hout: Phone # (920) 205-5926
- Heat Sheets:** Heat Sheets will be available for sale for \$5 on site. Heat sheets will not be made available ahead of the meet.
- Officials:** Michael Patton-Head Referee
- Entry Deadline:** Entries must be received no later than Thursday, February 3, 2010. Phone entries will not be accepted. Teams with reservations will be entered first according to swims reserved and in compliance with the maximum entries allowed; other teams will be entered as they are received.
- Submitting entries:** Email entries to amonty@ymcafoxcities.org by the entry deadline. Bring your check for entry fees the day of the meet.
- Entry Fees:** \$3.00 per swimmer splash fee, plus \$4.25 per individual event and \$16.00 per relay. Checks should be payable to: Fox Cities YMCA Swim Team.
- Event Staging:** There will be an 8 & under seeding area for all individual events except the 100 IM on Friday PM. In all other events, swimmers should report to their assigned lanes.
- Disabled Swimmers:** Coaches are encouraged to inform officials or the meet director of any special needs for a swimmer during warm-up or on meet entries. This information will help meet planners and officials prepare.
- Deck Entries:** Will be allowed subject to Meet Director approval (if empty lanes are available). All Deck entries must be accompanied by a cash payment of \$5.00 per individual event and \$18 per relay.
- Conduct:** All clubs will be responsible for the conduct of their own swimmers. The Meet Director has the authority to disqualify swimmers found misbehaving. Only coaches, swimmers, officials and meet workers are allowed on deck. Coaches must display YMCA or USS credentials at all times while on deck.
- Concessions:** An outstanding menu of food and drink will be available in the lobby/commons area on Friday, Saturday, and Sunday. There will not be concessions on Thursday.

Conduct:

In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.

Time Schedule:

Thursday: Warmup 5:30-6:25 P.M. Meet starts at 6:30 P.M.

Friday: General Warm-up 4:45-5:45 P.M. Meet Starts at 5:50 P.M.

Saturday and Sunday: General Warm-up 7-7:50 A.M. Meet starts at 8:00 A.M. The afternoon warm-ups will start as soon as the morning session has been completed (but not before 11 A.M.).

<u>Order of events</u>					
<u>Girls</u>	<u>Thursday PM</u>	<u>Boys</u>			
	Warm up 5:30 PM		The host teams reserve the right to limit the number of heats or combine heats in the 1000, 500 free and 400 IM. The Thursday events will be limited to finish by 8:45 PM.		
1	Open 1650 free	2			
<u>Girls</u>	<u>Friday PM</u>	<u>Boys</u>			
	Warm up 4:45 PM		11 and older swimmers will be seeded together in Open events , but awarded as age groups (11-12, 13-14 & 15+O)		
3	8&U 100 IM	4			
5	10&U 200 IM	6			
7	Open 200 IM	8			
9	Open 500 free*	10			
<u>Girls</u>	<u>Saturday AM</u>	<u>Boys</u>	<u>Girls</u>	<u>Sunday AM</u>	<u>Boys</u>
	Warm up 7 AM			Warm up 7 AM	
11	10&U 200 MR	12	51	10&U 200 FR	52
13	8&U 100 MR	14	53	8&U 100 FR	54
15	10&U 100 IM	16	55	10&U 200 free	56
17	8&U 50 back	18	57	8&U 50 free	58
19	10&U 100 back	20	59	10&U 100 free	60
21	8&U 25 breast	22	61	8&U 25 fly	62
23	10&U 50 breast	24	63	10&U 50 fly	64
25	8&U 50 fly	26	65	8&U 50 Breast	66
27	10&U 100 fly	28	67	10&U 100 breast	68
29	8&U 25 free	30	69	8&U 25 back	70
31	10&U 50 free	32	71	10&U 50 back	72
33	10&U 500 free	34	73	Open 400 IM*	74
35	Open 1000 free*	36			
<u>Girls</u>	<u>Saturday PM</u>	<u>Boys</u>	<u>Girls</u>	<u>Sunday PM</u>	<u>Boys</u>
37	Open 200 MR	38	75	Open 200 FR	76
39	Open 200 fly	40	77	Open 200 breast	78
41	Open 100 back	42	79	Open 100 free	80
43	Open 50 breast	44	81	Open 50 fly	82
45	Open 200 free	46	83	Open 200 back	84
47	Open 50 back	48	85	Open 50 free	86
49	Open 100 breast	50	87	Open 100 fly	88

*Breaks with open pool will be provided before the 1650, 1000, 500 free and 400 IM events. These breaks will be about 30 minutes long and are intended to give swimmers a chance to warm up before swimming. Swimmers in these events need to provide timers and counters. Positive check in may be used for these events if the timeline warrants it. Heats will be swum fastest to slowest alternating girls and boys.

Dolphin /FCYST Winter Open – February 11-14, 2019
WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry form, I/we hereby, for myself/ourselves, my/theirs, administrators assigns, waive and release any and all claims against United States Swimming (USA), Wisconsin Swimming Inc., Oshkosh Community YMCA, Fox Cities YMCA and the Oshkosh YMCA Parent's Group and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet.
I/we are bona-fide eligible USA swimmers and eligible to compete in all events I/we have entered.

CLUB NAME: _____ **CLUB ALPHA CODE:** _____

Signature of club official, parent/guardian, coach: _____

Mailing address for final results:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Name and phone number of person to contact regarding this entry form:

Name: _____ Phone: _____

Email Address _____

ENTRY RECAP:

Number of total Individual Events: _____ X **\$3.50 ea.** = \$ _____

Number of Relay Entries: _____ X **\$12.00 ea.** = \$ _____

Number of Individual Swimmers _____ X **\$3.00 ea** = \$ _____

Total Entry Fee: Check # _____ \$ _____

Checks payable to: **Fox Cities YMCA Swim Team**

Mail to: Angela Monty
YMCA of the Fox Cities - Appleton
218 E Lawrence Street
Appleton, WI 54911

Entries due by February 3, 2010

Email: amonty@ymcafoxcities.org