LOCATION: Menomonee Falls High School, W142 N8101 Merrimac Drive, Menomonee Falls, WI 53051

SPONSOR/Menomonee Falls Swim ClubFACILITYMenomonee Falls Recreation DepartmentSUPPORT

FACILITY: 25 yard pool with 6 lanes, non-turbulence lane markers and backstroke flags. Pool depth: 3'6" at non-starting end and 5' at starting end. 30" slanted starting blocks into 5' pool depth and Colorado automatic timing system. Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of all 100-Yard relays will start in the water. The Competition course has been certified in accordance with 104.2.2(c)(4).

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

MEET DIRECTOR/ ENTRY CHAIR:	Jim Fischer 1365 Windy Knoll Drive			
	Hubertus, WI 53033	H: (262) 628-0556 C: (262) 573-8332		
TIMELINE:	Saturday PM Session: The meet will begin one Sunday AM Session: Sunday PM Session: The meet will begin one Feet first three point ent	Warm-ups 7:30 a.m. Meet Starts: 8:30 a.m. Warm-ups begin at the end of the AM session. hour after warm-ups begin. Warm-ups 7:30 a.m. Meet Starts: 8:30 a.m. Warm-ups begin at the end of the AM session. hour after warm-ups begin. ry from the starting end of the pool during general warm- all sanctioned/approved competition.		
TIMING:	Events will be timed and	l judged by Colorado automatic timing system and		

FIMING: Events will be timed and judged by Colorado automatic timing system and judging equipment. Colorado horn starting system. Two back-up timers per lane will be provided.

ENTRIES: EACH SWIMMER WILL BE LIMITED TO FOUR(4) INDIVIDUAL EVENTS, PLUS RELAYS PER DAY. Swimmer's age as of June 4, 2011 will determine his/her age group. Deck entries will be accepted if open lanes are available and number of entries permit. Parents/Coaches should come to the pool office to complete the forms. Distance events (1000 free, 500 free and 400 IM) will be positive check in, which will close at the end of session warm-ups.

- ENTRY Completed individual and relay entry forms, waiver and fees must be received DEADLINE: Completed individual and relay entry forms, waiver and fees must be received no later than May 20, 2011. All entries should be submitted either on the enclosed entry form or on a Hy-tek Team Manager file. Submit all seed times in yard cutoff times. Be sure to indicate any UNATTACHED swimmers. Hytek entries will be accepted and are preferred. Please include a hard copy with all file entries.
- **ENTRY FEES:** \$4.00 per individual event, \$12.00 per relay team and \$2.00 splash fee per swimmer. Entry fees must accompany entry forms. Recap statement must be complete and the waiver form signed. Money used for reservations is nonrefundable and cannot be used to offset cost of relays, deck seeding or splash fees. The entry fee for deck entries will be \$5.00 for individual and \$12.00 for relay. Checks should be made payable to MENOMONEE FALLS SWIM CLUB.

WARM-UPS:	FEET FIRST THREE POINT ENTRY ONLY FROM THE STARTING END OF THE POOL. The morning and afternoon warm-up sessions will be 1 hour long. Warm-up procedures as follows:					
	AM Session:	<u>First 30 min.</u>	Last 30 min.			
	Lanes 6	Circle swim	Pace			
	Lanes 4&5	Circle swim	Circle swim			
	Lanes 2-3	Circle swim	Starts/Sprints			
	Lane 1	Circle swim	Pace			
	PM Session:	First 30 min.	Last 30 min.			
	Lanes 1-2	Circle swim	Circle swim			
	Lanes 3-4-5	Circle swim	Starts/Sprints			
	Lane 6(8&U only)	Circle swim	Starts/Sprints			
	· · · · · · · · · · · · · · · · · · ·	nming warm-up procedures may l	•			
	disqualification.					
SEEDING:	All age groups will be pre-seede	ed.				
ELIGIBILITY:	USA numbers must appear on t bring their USA swimming cards	registered with United States Sw he entry form/disk. Out of state es and be prepared to show them r must have their current USA Sw	entrants must to Meet Director.			
AWARDS:	given for all events for 10 and u age groups 8&U, 9-10, 11-12 fo not count towards High Point av individual winners at the conclus	ts Ribbons: 1 st -6 th Heat winner a nder age groups. High Point Awa r individual event scores. Senior/ vards. High Point awards will be sion of the meet. All ribbons will of the meet. No awards will be m	ards 1 st -3 rd by Open events do presented to the be bagged and			
ADMISSION:	\$3.00 for 12 years old and up, p	lus \$3.00 for heat sheet				
COACHES PACKETS:	Coaches may pick up their packets in the pool office. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA Swimming coaches card at the time you pick up your team packet. Coach's cards must be visible at all times on deck.					
OFFICIAL RULES:	2011 USS Wisconsin Swimming Rules shall govern this meet. 500 and 1000 swimmers will need to provide their own counters.					
OFFICIALS:	Meet Referee: Jeff Sawatzke;	Meet Officials: TBA				
DISABLED SWIMMERS:	Please notify meet officials of an	ny disabled swimmers upon arrivi	ing at meet.			
FOOD:		wide selection of food and bevera or coolers will be allowed in pool				
CONDUCT:	All teams will be responsible for the conduct of their own swimmers. The Meet Marshall, Meet Director, and Meet Referee shall have authority to disqualify swimmers for misconduct. NO RECORDING DEVICES ARE PERMITTED IN LOCKER ROOMS.					
FIRST AID:	A First Aid kit will be available in	n the pool office.				
LOST&FOUND:	Located in the pool office. After the meet, please contact the meet director. Lost & found will only be held for <u>two weeks</u> after the meet. Any remaining items will then be donated to charity.					
FINAL RESULTS:	Will be posted on the Wisconsin Swimming website and e-mailed to participating teams. They will also be posted in the pool lobby during the meet.					

REST AREA: The rest area will be restricted to the pool and the hallways adjacent to the pool. Swimmers will not be allowed in other areas of the school.

 SMOKING: Per USA Swimming rules, smoking is NOT permitted in areas designated for swimmers, including the rest areas and pool. Menomonee Falls High School is a SMOKE and DRUG FREE ZONE.

	ORDER OF E	/ENTS – SATURDAY A.M. S	ession
GIRLS	AGE	EVENT	BOYS
1	10&U	200 yd Medley Relay	2
3	11-12	200 yd Medley Relay	4
5	9-10	50 yd Breaststroke	6
7	11-12	100 yd Breaststroke	8
9	9-10	50 yd Freestyle	10
11	11-12	50 yd Freestyle	12
13	9-10	100 yd Butterfly	14
15	11-12 9-10	200 yd Butterfly	16
17 19	9-10 11-12	50 yd Backstroke	18 20
21	9-10	100 yd Backstroke	20
23	11-12	200 yd Freestyle 200 yd Freestyle	22
23		/ENTS – SATURDAY P.M. S	
25	8&U	100 yd Medley Relay	26
27	Senior	200 yd Medley Relay	28
29	8&U	50 yd Freestyle	30
31	13-14	200 yd Freestyle	32
33	Senior	200 yd Freestyle	34
35	8&U	25 vd Breaststroke	36
37	13-14	100 yd Breaststroke	38
39	Senior	100 yd Breaststroke	40
41	8&U	50 yd Backstroke	42
43	13-14	200 yd Backstroke	44
45	Senior	200 yd Backstroke	46
47	8&U	25 yd Butterfly	48
49	13-14	100 yd Butterfly	50
51	Senior	100 yd Butterfly	52
53	8&U	100 yd IM	54
55	13-14	200 yd IM	56
57	Senior	200 yd IM	58
50	•	ninute in water break	00
59	Senior	1000 yd Freestyle	60
		EVENTS - SUNDAY A.M. Se	
GIRLS	AGE	EVENT	BOYS
61	<u>AGE</u> 10&U	<u>EVENT</u> 200 yd Free Relay	<u>BOYS</u> 62
61 63	<u>AGE</u> 10&U 11-12	<u>EVENT</u> 200 yd Free Relay 200 yd Free Relay	<u>BOYS</u> 62 64
61 63 65	<u>AGE</u> 10&U 11-12 9-10	<u>EVENT</u> 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke	<u>BOYS</u> 62 64 66
61 63	<u>AGE</u> 10&U 11-12	<u>EVENT</u> 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke 200 yd Backstroke	<u>BOYS</u> 62 64
61 63 65 67	<u>AGE</u> 10&U 11-12 9-10 11-12	<u>EVENT</u> 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke	<u>BOYS</u> 62 64 66 68
61 63 65 67 69	<u>AGE</u> 10&U 11-12 9-10 11-12 9-10	<u>EVENT</u> 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke 200 yd Backstroke 100 yd Freestyle	<u>BOYS</u> 62 64 66 68 70
61 63 65 67 69 71	<u>AGE</u> 10&U 11-12 9-10 11-12 9-10 11-12	EVENT 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke 200 yd Backstroke 100 yd Freestyle 100 yd Freestyle	BOYS 62 64 66 68 70 72
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61 63 65 67 69 71 73 75 77 79	AGE 10&U 11-12 9-10 11-12 9-10 11-12 9-10 11-12 9-10 11-12 9-10 11-12 9-10 11-12	EVENT 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke 200 yd Backstroke 100 yd Freestyle 100 yd Freestyle 100 yd Breaststroke 200 yd Breaststroke 50 yd Butterfly 100 yd Butterfly 200 yd IM 200 yd IM	BOYS 62 64 66 68 70 72 74 74 76 78 80
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61 63 65 67 69 71 73 75 77 79 81 83 85 85 87 89 91 93 95 97 99	AGE 10&U 11-12 9-10 11-12 9-10 11-12 9-10 11-12 9-10 11-12 9-10 11-12 9-10 11-12 0ptional 10 n 11-12 Optional 10 n 11-12 Optional 10 n 11-12 Senior 8&U 13-14 Senior 8&U 13-14	EVENT 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke 200 yd Backstroke 100 yd Freestyle 100 yd Freestyle 100 yd Breaststroke 200 yd Breaststroke 200 yd Butterfly 100 yd Butterfly 200 yd IM 200 yd IM 200 yd IM 200 yd IM 200 yd Free EVENTS – SUNDAY P.M. Se 100 yd Free Relay 200 yd Free Relay 200 yd Free Relay 200 yd Free Relay 25 yd Backstroke 100 yd Backstroke 100 yd Breaststroke 200 yd Breaststr	BOYS 62 64 66 68 70 72 74 76 78 80 82 84 86 ssion 88 90 92 94 96 98 100
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WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USA-S), the Wisconsin Local Swimming Committee of the USA-S, Menomonee Falls Swim Club, Menomonee Falls High School, their Board of Directors and all other staff for injuries and/or expenses incurred by me/us at the meet or while on the road to and from the meet. I/We are bonafide amateur athletes and eligible to compete in all events I/we have entered. I/We also understand that my/our club will be responsible financially for any damage done to the facility by my/our athletes during the meet. I/We will be responsible for making my/our athletes/parents/coaches/club administrators aware of the waiver requirements of participation in this event.

Team Name:			Abbrev	viation:	_
Signature of Club	Official Parent or Guardian				
Coach or Team Ro	epresentative at Meet	Name:			
Person to Contact in Case of Entry Problems		DI			
Name and Addres Final Results	s for Mailing				
Entry Fee Summa	ry:		nts x \$4.00 = \$		
			ith Reservation r Additional Swims ion may not be applied	\$ \$ d toward relay and	(Subtract) (Enter zero if less) splash fees.
		-	x \$12.00 = x \$2.00 =	\$ \$ \$	Splash Fee
Make checks paya	able to: Menomonee Falls Sw	im Club	Check	#	
Mail Entries to:	Jim Fischer 1365 Windy Knoll Drive Hubertus, WI 53033 H: (262) 628-0556	E-ma C: (262) 573-83	il: ljfishr@mac.com 332		

Entries must be received by May 20, 2011.

INDIVIDUAL EVENT ENTRY FORM

Team Name:

Please enter in age order. Use separate sheets for Girls & Boys.

Name / USA-S # / Age

 	-	-		
Event #				
Distance/Stroke				
Seed Time				
U			1	1
Event #				
Distance/Stroke				
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 Event #				
Distance/Stroke				
Seed Time				

RELAY ENTRY FORM

Team Name: _____

Event #	Age	Group	Relay	Team A	Team B	Team C	Team D	Team E
25	8 & U	Girls	100 yd Medley Relay					
25	800	UIIIS	100 yu Wedley Kelay					
26	8 & U	Boys	100 yd Medley Relay					
1	10 & U	Girls	200 yd Medley Relay					
2	10 & U	Boys	200 yd Medley Relay					
3	11-12	Girls	200 yd Medley Relay				[
5		0.1.5						
4	11-12	Boys	200 yd Medley Relay					
27	G	0.1	200 110 11 10 1				[
27	Senior	Girls	200 yd Medley Relay					
28	Senior	Boys	200 yd Medley Relay					

87	8 & U	Girls	100 yd Freestyle Relay				
88	8 & U	Boys	100 yd Freestyle Relay				
					•		
61	10 & U	Girls	200 yd Freestyle Relay				
62	10 & U	Boys	200 yd Freestyle Relay				
63	11-12	Girls	200 yd Freestyle Relay				
64	11-12	Boys	200 yd Freestyle Relay				
89	Senior	Girls	200 yd Freestyle Relay				
-				•	•		
90	Senior	Boys	200 yd Freestyle Relay				