

MENOMONEE FALLS SWIM CLUB – SUMMER SPLASH

SANCTION NUMBER #WI2010-249S

Saturday June 5, 2010 – Sunday June 6, 2010

LOCATION: Menomonee Falls High School, W142 N8101 Merrimac Drive, Menomonee Falls, WI 53051

**SPONSOR/
FACILITY
SUPPORT** Menomonee Falls Swim Club
Menomonee Falls Recreation Department

FACILITY: 25 yard pool with 6 lanes, non-turbulence lane markers and backstroke flags. Pool depth: 3'6" at non-starting end and 5' at starting end. 30" slanted starting blocks into 5' pool depth and Colorado automatic timing system. Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of all 100-Yard relays will start in the water. The Competition course has been certified in accordance with 104.2.2(c)(4).

**MEET DIRECTOR/
ENTRY CHAIR:** Jim Fischer E-mail: ljfishr@mac.com
1365 Windy Knoll Drive
Hubertus, WI 53033 H: (262) 628-0556 C: (262) 573-8332

TIMELINE: Saturday AM Session: Warm-ups 7:30 a.m. Meet Starts: 8:30 a.m.
Saturday PM Session: Warm-ups begin at the end of the AM session.
The meet will begin one hour after warm-ups begin.
Sunday AM Session: Warm-ups 7:30 a.m. Meet Starts: 8:30 a.m.
Sunday PM Session: Warm-ups begin at the end of the AM session.
The meet will begin one hour after warm-ups begin.
Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

TIMING: Events will be timed and judged by Colorado automatic timing system and judging equipment. Colorado horn starting system. Two back-up timers per lane will be provided.

ENTRIES: **EACH SWIMMER WILL BE LIMITED TO FOUR(4) INDIVIDUAL EVENTS, PLUS RELAYS PER DAY.** Swimmer's age as of June 5, 2010 will determine his/her age group. **Deck entries will be accepted if open lanes are available and number of entries permit.** Parents/Coaches should come to the pool office to complete the forms. Distance events (1000 free, 500 free and 400 IM) will be positive check in, which will close at the end of session warm-ups.

ENTRY DEADLINE: Completed individual and relay entry forms, waiver and fees must be received no later than **May 21, 2010**. All entries should be submitted either on the enclosed entry form or on a Hy-tek Team Manager file. Submit all seed times in yard cutoff times. Be sure to indicate any UNATTACHED swimmers. **Hytek entries will be accepted and are preferred.** Please include a hard copy with all file entries.

ENTRY FEES: \$4.00 per individual event, \$12.00 per relay team and \$3.00 splash fee per swimmer. Entry fees must accompany entry forms. Recap statement must be complete and the waiver form signed. Money used for reservations is nonrefundable and cannot be used to offset cost of relays, deck seeding or splash fees. The entry fee for deck entries will be \$5.00 for individual and \$12.00 for relay. Checks should be made payable to MENOMONEE FALLS SWIM CLUB.

WARM-UPS: **FEET FIRST THREE POINT ENTRY ONLY FROM THE STARTING END OF THE POOL.**
The morning and afternoon warm-up sessions will be 1 hour long.
Warm-up procedures as follows:
AM Session: First 30 min. Last 30 min.
Lanes 6 (8&U only) Circle swim Starts/Sprints

Lanes 4&5	Circle swim	Circle swim
Lanes 2-3	Circle swim	Starts/Sprints
Lane 1	Circle swim	Pace
PM Session:	<u>First 30 min.</u>	<u>Last 30 min.</u>
Lanes 1-2	Circle swim	Circle swim
Lanes 3-4-5	Circle swim	Starts/Sprints
Lane 6	Circle swim	Pace

Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualification.

- SEEDING:** All age groups will be pre-seeded.
- ELIGIBILITY:** All swimmers must be currently registered with United States Swimming and the USA numbers must appear on the entry form/disk. Out of state entrants must bring their USA swimming cards and be prepared to show them to Meet Director. Swimmers wishing to deck enter must have their current USA Swimming ID card available.
- AWARDS:** Ribbons – 1st-12th ; Relay Events Ribbons: 1st-6th Heat winner awards will be given for all events for 10 and under age groups. High Point Awards 1st-3rd by age groups 8&U, 9-10, 11-12 for individual event scores. Senior/Open events do not count towards High Point awards. High Point awards will be presented to the individual winners at the conclusion of the meet. All ribbons and trophies will be available for pick-up during the meet. No awards will be mailed.
- ADMISSION:** \$3.00 for 12 years old and up, plus \$3.00 for heat sheet
- COACHES PACKETS:** Coaches may pick up their packets in the pool office. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA Swimming coaches card at the time you pick up your team packet. Coach's cards must be visible at all times on deck.
- OFFICIAL RULES:** 2010 USS Wisconsin Swimming Rules shall govern this meet. 500 and 1000 swimmers will need to provide their own counters.
- OFFICIALS:** Meet Referee: Jeff Sawatzke; Meet Officials: TBA
- DISABLED SWIMMERS:** Please notify meet officials of any disabled swimmers upon arriving at meet.
- FOOD:** A concession stand will offer a wide selection of food and beverage available outside the pool area. **No** food or coolers will be allowed in pool area.
- CONDUCT:** All teams will be responsible for the conduct of their own swimmers. The Meet Marshall, Meet Director, and Meet Referee shall have authority to disqualify swimmers for misconduct. **NO RECORDING DEVICES ARE PERMITTED IN LOCKER ROOMS.**
- FIRST AID:** A First Aid kit will be available in the pool office.
- LOST&FOUND:** Located in the pool office. After the meet, please contact the meet director. Lost & found will only be held for two weeks after the meet. Any remaining items will then be donated to charity.
- FINAL RESULTS:** Will be posted on the Wisconsin Swimming website and e-mailed to participating teams. They will also be posted in the pool lobby during the meet.
- REST AREA:** The rest area will be restricted to the pool and the hallways adjacent to the pool. Swimmers will not be allowed in other areas of the school.
- SMOKING:** Per USA Swimming rules, smoking is NOT permitted in areas designated for swimmers, including the rest areas and pool. Menomonee Falls High School is a SMOKE and DRUG FREE ZONE.

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ORDER OF EVENTS – SATURDAY A.M. Session

<u>GIRLS</u>	<u>AGE</u>	<u>EVENT</u>	<u>BOYS</u>
1	8&U	100 yd Medley Relay	2
3	10&U	200 yd Medley Relay	4
5	8&U	25 yd Breaststroke	6
7	9-10	50 yd Breaststroke	8
9	8&U	50 yd Freestyle	10
11	9-10	50 yd Freestyle	12
13	8&U	50 yd Butterfly	14
15	9-10	100 yd Butterfly	16
17	8&U	25 yd Backstroke	18
19	9-10	50 yd Backstroke	20
21	8&U	100 yd Freestyle	22
23	9-10	200 yd Freestyle	24

ORDER OF EVENTS – SATURDAY P.M. Session

25	11-12	200 yd Medley Relay	26
27	Senior	200 yd Medley Relay	28
29	11-12	200 yd Freestyle	30
31	13-14	200 yd Freestyle	32
33	Senior	200 yd Freestyle	34
35	11-12	100 yd Breaststroke	36
37	13-14	100 yd Breaststroke	38
39	Senior	100 yd Breaststroke	40
41	11-12	200 yd Backstroke	42
43	13-14	200 yd Backstroke	44
45	Senior	200 yd Backstroke	46
47	11-12	100 yd Butterfly	48
49	13-14	100 yd Butterfly	50
51	Senior	100 yd Butterfly	52
53	11-12	200 yd IM	54
55	13-14	200 yd IM	56
57	Senior	200 yd IM	58
		Optional 10 minute in water break	
59	Senior	1000 yd Freestyle	60

ORDER OF EVENTS – SUNDAY A.M. Session

<u>GIRLS</u>	<u>AGE</u>	<u>EVENT</u>	<u>BOYS</u>
61	8&U	100 yd Free Relay	62
63	10&U	200 yd Free Relay	64
65	8&U	50 yd Backstroke	66
67	9-10	100 yd Backstroke	68
69	8&U	25 yd Freestyle	70
71	9-10	100 yd Freestyle	72
73	8&U	50 yd Breaststroke	74
75	9-10	100 yd Breaststroke	76
77	8&U	25 yd Butterfly	78
79	9-10	50 yd Butterfly	80
81	8&U	100 yd IM	82
83	9-10	200 yd IM	84

ORDER OF EVENTS – SUNDAY P.M. Session

85	11-12	200 yd Free Relay	86
87	Senior	200 yd Free Relay	88
89	11-12	100 yd Backstroke	90
91	13-14	100 yd Backstroke	92
93	Senior	100 yd Backstroke	94
95	11-12	200 yd Breaststroke	96
97	13-14	200 yd Breaststroke	98
99	Senior	200 yd Breaststroke	100
101	11-12	100 yd Freestyle	102
103	13-14	100 yd Freestyle	104
105	Senior	100 yd Freestyle	106
107	11-12	200 yd Butterfly	108
109	13-14	200 yd Butterfly	110
111	Senior	200 yd Butterfly	112
		Optional 10 minute in water break	
113	11-12	500 Free	114
115	Senior	400 IM	116

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INDIVIDUAL EVENT ENTRY FORM

Team Name: _____

Please enter in age order. Use separate sheets for Girls & Boys.

Name / USA-S # / Age

	Event #						
	Distance/Stroke						
	Seed Time						

	Event #						
	Distance/Stroke						
	Seed Time						

	Event #						
	Distance/Stroke						
	Seed Time						

	Event #						
	Distance/Stroke						
	Seed Time						

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RELAY ENTRY FORM

Team Name: _____

Event #	Age	Group	Relay	Team A	Team B	Team C	Team D	Team E
1	8&U	Girls	100 yd Medley Relay					
2	8&U	Boys	100 yd Medley Relay					
3	10&U	Girls	200 yd Medley Relay					
4	10&U	Boys	200 yd Medley Relay					
27	11-12	Girls	200 yd Medley Relay					
28	11-12	Boys	200 yd Medley Relay					
29	Senior	Girls	200 yd Medley Relay					
30	Senior	Boys	200 yd Medley Relay					
63	8&U	Girls	100 yd Freestyle Relay					
64	8&U	Boys	100 yd Freestyle Relay					
65	10&U	Girls	200 yd Freestyle Relay					
66	10&U	Boys	200 yd Freestyle Relay					
89	11-12	Girls	200 yd Freestyle Relay					
90	11-12	Boys	200 yd Freestyle Relay					
91	Senior	Girls	200 yd Freestyle Relay					
92	Senior	Boys	200 yd Freestyle Relay					