SANCTION NUMBER #2009-117WI Saturday June 20, 2009 - Sunday June 21, 2009

LOCATION: Menomonee Falls High School, W142 N8101 Merrimac Drive, Menomonee Falls,

WI 53051

SPONSOR/

Menomonee Falls Swim Club

FACILITY SUPPORT Menomonee Falls Recreation Department

FACILITY: 25 yard pool with 6 lanes, non-turbulence lane markers and backstroke flags.

> Pool depth: 3'6" at non-starting end and 5' at starting end. 30" slanted starting blocks into 5' pool depth and Colorado automatic timing system. Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of all 100-Yard/Meter relays will start in the water. The Competition course

has been certified in accordance with 104.2.2(C).

MEET DIRECTOR/

Jim Fischer E-mail: lifishr@mac.com

ENTRY CHAIR: 1365 Windy Knoll Drive

> Hubertus, WI 53033 H: (262) 628-0556 C: (262) 573-8332

TIMELINE: Saturday AM Session: Warm-ups 7:30 a.m. Meet Starts: 8:30 a.m.

> Saturday PM Session: Warm-ups begin at the end of the AM session.

The meet will begin one hour after warm-ups begin.

Sunday AM Session: Warm-ups 7:30 a.m. Meet Starts: 8:30 a.m. Sunday PM Session: Warm-ups begin at the end of the AM session.

The meet will begin one hour after warm-ups begin.

Sit and Slide entries from the starting end of the pool during general warm-ups

will be enforced for all sanctioned/approved competition.

TIMING: Events will be timed and judged by Colorado automatic timing system and

judging equipment. Colorado horn starting system. Two back-up timers per lane

will be provided.

ENTRIES: EACH SWIMMER WILL BE LIMITED TO THREE (3) INDIVIDUAL EVENTS,

PLUS ONE (1) DISTANCE EVENT, PLUS RELAYS PER DAY. Swimmer's age as of June 20, 2009 will determine his/her age group. Deck entries will be accepted if open lanes are available and number of entries permit. Parents should come to the pool office to complete the forms. Distance events will be

positive check in, which will close at the end of session warm-ups.

ENTRY DEADLINE: Completed individual and relay entry forms, waiver and fees must be received

no later than June 5, 2009. All entries should be submitted either

on the enclosed entry form or on a Hy-tek Team Manager file. Submit all seed times in vard cutoff times. Be sure to indicate any UNATTACHED swimmers. Hytek entries will be accepted and are preferred. Please include a hard copy

with all file entries.

ENTRY FEES: \$4.00 per individual event, \$12.00 per relay team and \$3.00 splash fee per

swimmer. Entry fees must accompany entry forms. Recap statement must be complete and the waiver form signed. Money used for reservations is nonrefundable and cannot be used to offset cost of relays, deck seeding or splash fees. The entry fee for deck entries will be \$5.00 for individual and \$12.00 for relay. Checks should be made payable to MENOMONEE FALLS

SWIM CLUB.

WARM-UPS: SIT-N-SLIDE ENTRY ONLY FROM THE STARTING END OF THE POOL.

The morning and afternoon warm-up sessions will be 1 hour long.

Warm-up procedures as follows:

AM Session: First 30 min.

Last 30 min. Lanes 6 (8&U only) Circle swim Starts/Sprints Lanes 4&5 Circle swim Circle swim
Lanes 2-3 Circle swim Starts/Sprints

Lane 1 Circle swim Pace

PM Session: First 30 min.
Lanes 1-2 Circle swim Circle swim
Lanes 3-4-5 Circle swim Starts/Sprints

Lane 6 Circle swim Pace

Violators of the Wisconsin Swimming warm-up procedures may be subject to

disqualification.

SEEDING: All age groups will be pre-seeded.

ELIGIBILITY: All swimmers must be currently registered with United States Swimming and the

USA numbers must appear on the entry form/disk. Out of state entrants must bring their USA swimming cards and be prepared to show them to Meet Director. Swimmers wishing to deck enter must have their current USA Swimming ID card

available.

AWARDS: Ribbons – 1st-12th; Relay Events Ribbons: 1st-6th Heat winner awards will be

given for all events for 10 and under age groups. High Point Awards 1st-3rd by age groups 8&U, 9-10, 11-12 for individual event scores. Senior/Open events do not count towards High Point awards. High Point awards will be presented to the individual winners at the conclusion of the meet. All ribbons and trophies will be

available for pick-up during the meet. No awards will be mailed.

ADMISSION: \$3.00 for 12 years old and up, plus \$3.00 for heat sheet

COACHESCoaches may pick up their packets in the pool office. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your

be paid before you can obtain your packet. Please be prepared to show your USA Swimming coaches card at the time you pick up your team packet. Coach's

cards must be visible at all times on deck.

OFFICIAL RULES: 2009 USS Wisconsin Swimming Rules shall govern this meet. 500 and 1000

swimmers will need to provide their own counters.

OFFICIALS: Meet Referee: Jeff Sawatzke; Meet Officials: TBA

DISABLED Please notify meet officials of any disabled swimmers upon arriving at meet.

SWIMMERS:

FOOD: A concession stand will offer a wide selection of food and beverage available

outside the pool area. **No** food or coolers will be allowed in pool area.

CONDUCT: All teams will be responsible for the conduct of their own swimmers. The Meet

Marshall and Meet Director shall have authority to disqualify swimmers for misconduct. NO RECORDING DEVICES ARE PERMITTED IN LOCKER ROOMS.

FIRST AID: A First Aid kit will be available in the pool office.

LOST&FOUND: Located in the pool office. After the meet, please contact the meet director. Lost

& found will only be held for two weeks after the meet. Any remaining items will

then be donated to charity.

FINAL RESULTS: Will be posted on the Wisconsin Swimming website and e-mailed to participating

teams. They will also be posted in the pool lobby during the meet.

REST AREA: The rest area will be restricted to the pool and the hallways adjacent to the pool.

Swimmers will not be allowed in other areas of the school.

SMOKING: Per USA Swimming rules, smoking is NOT permitted in areas designated for

swimmers, including the rest areas and pool.

Menomonee Falls High School is a SMOKE and DRUG FREE ZONE.

MENOMONEE FALLS SWIM CLUB – SUMMER SPLASH SANCTION NUMBER #2009-117WI

Saturday June 20, 2009 - Sunday June 21, 2009

	ORDER OF EV	/ENTS - SATURDAY A.M. S	ession
GIRLS	AGE	EVENT	BOYS
1	8&U	100 yd Medley Relay	2
3	10&U	200 yd Medley Relay	4
5	8&U	25 yd Breaststroke	6
7	9-10	50 yd Breaststroke	8
9	8&U	50 yd Freestyle	10
11	9-10	50 yd Freestyle	12
13	8&U	50 yd Butterfly	14
15 17	9-10	100 yd Butterfly	16
17 19	8&U 9-10	25 yd Backstroke 50 yd Backstroke	18 20
21	9-10 8&U	100 yd Freestyle	20
23	9-10	200 yd Freestyle	24
		/ENTS - SATURDAY P.M. S	ession
25	11-12	200 yd Medley Relay	26
27	Senior	200 yd Medley Relay	28
29	11-12	200 yd Freestyle	30
31	13-14	200 yd Freestyle	32
33	Senior	200 yd Freestyle	34
35	11-12	100 yd Breaststroke	36
37	13-14	100 yd Breaststroke	38
39	Senior	100 yd Breaststroke	40
41 43	11-12	200 yd Backstroke	42 44
45 45	13-14 Senior	200 yd Backstroke 200 yd Backstroke	44 46
47	11-12	100 yd Butterfly	48
49	13-14	100 yd Butterfly	50
51	Senior	100 yd Butterfly	52
53	11-12	200 yd IM	54
55	13-14	200 yd IM	56
57	Senior	200 yd IM	58
	Optional 10 m	ninute in water break	
59	Senior	1000 yd Freestyle	60
		1000 ya 1 1000tylo	
	ORDER OF E	EVENTS – SUNDAY A.M. Se	ssion
<u>GIRLS</u>	ORDER OF E	EVENTS – SUNDAY A.M. Ses EVENT	ssion <u>BOYS</u>
61		EVENTS – SUNDAY A.M. Se	
61 63	AGE 8&U 10&U	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay	BOYS 62 64
61 63 65	AGE 8&U 10&U 8&U	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke	BOYS 62 64 66
61 63 65 67	AGE 8&U 10&U 8&U 9-10	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke	BOYS 62 64 66 68
61 63 65 67 69	AGE 8&U 10&U 8&U 9-10 8&U	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle	62 64 66 68 70
61 63 65 67 69 71	AGE 8&U 10&U 8&U 9-10 8&U 9-10	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle	BOYS 62 64 66 68 70 72
61 63 65 67 69 71 73	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle 50 yd Breaststroke	BOYS 62 64 66 68 70 72 74
61 63 65 67 69 71 73	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle 50 yd Breaststroke 100 yd Breaststroke	80YS 62 64 66 68 70 72 74 76
61 63 65 67 69 71 73 75	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10 8&U	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle 50 yd Breaststroke 100 yd Breaststroke 25 yd Butterfly	62 64 66 68 70 72 74 76 78
61 63 65 67 69 71 73 75 77	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle 50 yd Breaststroke 100 yd Breaststroke 25 yd Butterfly 50 yd Butterfly	80YS 62 64 66 68 70 72 74 76
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61 63 65 67 69 71 73 75 77 79	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle 50 yd Breaststroke 100 yd Breaststroke 25 yd Butterfly 50 yd Butterfly 100 yd IM 200 yd IM	62 64 66 68 70 72 74 76 78 80 82 84
61 63 65 67 69 71 73 75 77 79 81 83	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle 50 yd Breaststroke 100 yd Breaststroke 100 yd Breaststroke 25 yd Butterfly 50 yd Butterfly 100 yd IM 200 yd IM	80YS 62 64 66 68 70 72 74 76 78 80 82 84
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61 63 65 67 69 71 73 75 77 79 81 83	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10 9-10 ORDER OF E 11-12 Senior	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle 50 yd Breaststroke 100 yd Breaststroke 25 yd Butterfly 50 yd Butterfly 100 yd IM 200 yd IM EVENTS – SUNDAY P.M. Se 200 yd Free Relay 200 yd Free Relay	80 PS
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61 63 65 67 69 71 73 75 77 79 81 83 85 87 89 91 93 95 97 99 101 103 105	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10 ORDER OF E 11-12 Senior 11-12 13-14 Senior 11-12 13-14 Senior 11-12	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Freestyle 50 yd Breaststroke 100 yd Breaststroke 25 yd Butterfly 50 yd Butterfly 50 yd Butterfly 100 yd IM 200 yd IM 200 yd Free Relay 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke 100 yd Backstroke 100 yd Backstroke 200 yd Breaststroke 100 yd Freestyle 100 yd Freestyle 100 yd Freestyle	80 62 64 66 68 70 72 74 76 78 80 82 84 85ion 86 88 90 92 94 96 98 100 102 104 106
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61 63 65 67 69 71 73 75 77 79 81 83 85 87 89 91 93 95 97 99 101 103 105 107 109 111	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10 ORDER OF E 11-12 Senior 11-12 13-14 Senior 11-12 13-14 Senior 11-12 13-14 Senior 11-12 13-14 Senior 11-12	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Breaststroke 100 yd Breaststroke 100 yd Breaststroke 25 yd Butterfly 50 yd Butterfly 100 yd IM 200 yd IM 200 yd Free Relay 200 yd Free Relay 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke 100 yd Backstroke 100 yd Backstroke 200 yd Breaststroke 200 yd Freestyle 100 yd Freestyle 100 yd Freestyle 100 yd Butterfly 200 yd Butterfly	86 88 90 92 94 96 98 100 102 104 106 108 110 112
61 63 65 67 69 71 73 75 77 79 81 83 85 87 89 91 93 95 97 99 101 103 105 107 109	AGE 8&U 10&U 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10 8&U 9-10 ORDER OF E 11-12 Senior 11-12 13-14 Senior 11-12 13-14 Senior 11-12 13-14 Senior 11-12 13-14 Senior	EVENTS – SUNDAY A.M. Ses EVENT 100 yd Free Relay 200 yd Free Relay 50 yd Backstroke 100 yd Backstroke 25 yd Freestyle 100 yd Breaststroke 100 yd Breaststroke 25 yd Butterfly 50 yd Butterfly 50 yd Butterfly 100 yd IM 200 yd IM 200 yd Free Relay 200 yd Free Relay 200 yd Free Relay 200 yd Free Relay 100 yd Backstroke 100 yd Backstroke 100 yd Backstroke 200 yd Breaststroke 200 yd Breaststroke 200 yd Breaststroke 200 yd Breaststroke 100 yd Breaststroke 100 yd Freestyle 100 yd Freestyle 100 yd Freestyle 100 yd Butterfly 200 yd Butterfly 200 yd Butterfly 200 yd Butterfly	86 88 90 92 94 96 98 100 102 104 106 108 110

SANCTION NUMBER #2009-117WI

Saturday June 20, 2009 - Sunday June 21, 2009

WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USA-S), the Wisconsin Local Swimming Committee of the USA-S, Menomonee Falls Swim Club, Menomonee Falls High School, their Board of Directors and all other staff for injuries and/or expenses incurred by me/us at the meet or while on the road to and from the meet. I/We are bonafide amateur athletes and eligible to compete in all events I/we have entered. I/We also understand that my/our club will be responsible financially for any damage done to the facility by my/our athletes during the meet. I/We will be responsible for making my/our athletes/parents/coaches/club administrators aware of the waiver requirements of participation in this event.

Team Name:			Abbrev	riation:	_		
Signature of Club	Official Parent or Guardian						
Coach or Team R	epresentative at Meet	Name:					
Person to Contact in Case of Entry Problems		Name:					
Name and Addres Final Results	s for Mailing	Address:					
Entry Fee Summa	гу:	Individual Event	s x \$4.00 = \$				
	Am		th Reservation	\$	(Subtract)		
			Additional Swims	\$	(Enter zero if less		
		Excess reservation may not be applied toward relay and splash fees.					
		Relay Teams	x \$12.00 =	\$			
		Swimmers	x \$3.00 =	\$	Splash Fee		
		Entry Fee Due		\$			
Make checks paya	able to: Menomonee Falls Sw	im Club	Check	#			
Mail Entries to:	Jim Fischer 1365 Windy Knoll Drive Hubertus, WI 53033 H: (262) 628-0556	E-mail C: (262) 573-833	: ljfishr@mac.com				

Entries must be received by June 5, 2009.

SANCTION NUMBER #2009-117WI Saturday June 20, 2009 – Sunday June 21, 2009

INDIVIDUAL EVENT ENTRY FORM

eam Name:						
lease enter in age order	. Use separate sheets f	for Girls &	Boys.			
	7					
Name / USA-S # / Age						
	Event #					
	Distance/Stroke					
	Seed Time					
	Event #			1		1
	Distance/Stroke					
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	Distance/Stroke					
	Seed Time					

SANCTION NUMBER #2009-117WI Saturday June 20, 2009 - Sunday June 21, 2009

RELAY ENTRY FORM

Team Name:

Event #	Age	Group	Relay	Team A	Team B	Team C	Team D	Team E
1	8&U	Girls	100 yd Medley Relay					
1	8&0	GILIS	100 yu Wedicy Kelay					
2	8&U	Boys	100 yd Medley Relay					
	10077	a: 1			1		1	
3	10&U	Girls	200 yd Medley Relay					
4	10&U	Boys	200 yd Medley Relay					
27	11-12	Girls	200 yd Medley Relay					
28	11-12	Boys	200 yd Medley Relay					
		,-						
29	Senior	Girls	200 yd Medley Relay					
30	Senior	Boys	200 yd Medley Relay				1	
30	Semoi	Doys	200 yu Wedley Kelay					
63	8&U	Girls	100 yd Freestyle Relay					
64	8&U	Boys	100 yd Freestyle Relay					
65	10&U	Girls	200 yd Freestyle Relay					
	1000	GILIS	200 ya i reestyle renay					
66	10&U	Boys	200 yd Freestyle Relay					
90	11 12	C:-1-	200 1 E 1 - D -1				Ī	
89	11-12	Girls	200 yd Freestyle Relay					
90	11-12	Boys	200 yd Freestyle Relay					
	1				1	1	1	
91	Senior	Girls	200 yd Freestyle Relay					
92	Senior	Boys	200 yd Freestyle Relay					
	Jemoi	20,5	200 Juli reest, ie reelay		<u> </u>			