THE MADISON EAST YMCA CLUB PRESENTS THE

## OCTOPI SPLASH

January 15-17, 2010

A+BB+B+C 25 Yards

Approval #: 2010-107WI

**Location:** Waunakee High School Pool

100 School Drive Waunakee, WI 53597

**Facility:** Eight lanes, 25 yards flush deck, non-turbulence lane dividers and backstroke flags, with 18" height starting

blocks. Pool is 7 ½ feet deep at starting blocks and 3 ½ feet at the shallow end. Please be advised that due to the depth of the non-starting end of the pool, the  $2^{nd}$  and  $4^{th}$  leg of the 100 yard relays will start in the

water. The Competition course has not been certified in accordance with 104.2.2(C).

**Timing:** Colorado System with backup watches. All events are timed final. Computerized scoreboard for all lanes.

Officials: Meet Referee: Rodrigo Tarté. There will be a minimum of 3 USA certified officials present.

**Official Rules:** YMCA and/or USA swimming registered swimmers are invited to participate. Official 2010 Short Course

USA Rules shall prevail for this meet. This meet will use fly-over starts.

**Warm-up:** Friday, **Session One**: Warm-ups 4:30-5:30 pm. Competition begins at 5:35 pm.

Saturday, Session Two: Warm-ups 7:00-8:00 am. Competition begins at 8:05 am.

Saturday, Session Three: 30 minutes for warm-ups before Session Three. Earliest possible start time for

warm-ups will be sent to coaches the week before meet.

Saturday, Session Four: 45 minutes for warm-ups before Session Four. Earliest possible start time for

warm-ups will be sent to coaches the week before meet.

Sunday, **Session Five**: Warm-ups 7:00-8:00 am. Competition begins at 8:05 am.

Sunday, Session Six: 45 minutes for warm-ups before Session Six. Earliest possible start time for warm-

ups will be sent to coaches the week before meet.

Warm-up procedures for all sessions besides **Session Three**: the first half is circle swimming with no racing starts. The second half, sprint lanes will be opened as needed. **Session Three** will be all circle swimming with no racing starts. <u>FEET FIRST THREE-POINT ENTRY ONLY FROM THE STARTING END OF THE POOL</u>, unless performing one way starts. Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualifications. Lane assignments will be available in the coach's packets.

Entry Chair: Robin Berg

Madison East YMCA 711 Cottage Grove Road Madison, WI 53716

E-Mail: robin.berg@ymcadanecounty.org

Phone: 608-221-1571

Meet Director: David Ruhde

E-Mail: meyomeet@gmail.com

Phone: 608-335-2678

**Entry Limit:** Swimmers may swim three (3) individual events per day or a maximum of seven (7) events for the meet,

plus relays.

Fees: Individual events \$4.00 per event and \$12 per relay. \$3 LSC surcharge per swimmer. Entry fees must

accompany the official entry forms and are not refundable. All fees must accompany entries. Checks should be made payable to the Madison East YMCA. Note: Please be sure the waiver is signed. We

cannot accept entries without a waiver.

**Deck Entries:** The entry fee for deck entries will be \$5.00 per individual event (\$14.00 for relays). Deck entries will be

allowed to fill open lanes (additional heats will not be added). Deck entries close 30 minutes prior to the

start of the session.

Entry Deadline: Completed entry form, waiver, and fees must be received no later than January 04, 2010 by the entry chair.

> No phone entries will be accepted. This meet is being run with Hy-Tek swim software. Teams wishing to submit their entries via disk are encouraged to do so. No seed times will be changed once the entry chair

has seeded the meet.

Clerk of Course: All 8 and Unders will be required to be staged through the Clerk of Course and will be escorted into the

pool area.

Positive Check-In: Positive check-in will be required for the following events: 500 freestyle, 1000 freestyle, 1650 freestyle,

> and 400 IM. Swimmers not checked in 15 minutes after the start of the session warm-ups will be scratched from the event. These events may be limited to the top 40 swimmers (combined total for event) and will be swum fastest to slowest. Positive check-in station will be located at the admissions table. Seeding for these events will be posted in the pool area and a copy given to each coach. Any swimmer unable to compete due to the limitation will be refunded the entry fee for this event or may deck enter for an event

that has open lanes (additional heats will not be added).

Consolidation: To expedite the meet and provide the best competition forum for swimmers, within each session, the

> following events will be seeded and combined without regard to age or gender and swum fastest to slowest: 500 freestyle, 1000 freestyle, 1650 freestyle, and 400 IM. Entries for 400 yard events or longer should be submitted with an estimated swim time, even for NT swimmers, to allow meet management to

seed swimmers appropriately.

Swimmer with

If you have any swimmers with special needs, please notify the Meet Director by e-mail or

Disabilities: phone no later than Friday, January 8, 2010.

Admissions: Friday, Spectators over 13 year of age are \$1.00 and the heat sheets \$1.00. Saturday/Sunday, Spectators

over 13 years of age are \$3. Heat sheets are \$3.

Final Results: One copy of final results will be sent to each team represented. Teams will be responsible to pick up their

commlinked disk following the completion of the meet. No awards or disks will be mailed with the final

results.

Rest Area: The commons/lunchroom area will be used as a rest area for swimmers. Please inform your swimmers that

no running, throwing or rough play will be tolerated for safety reasons. Teams are responsible for cleaning

up their areas at the end of the meet.

Concessions: A concession stand with a wide and delicious variety of food and beverages will be available on Saturday

and Sunday, with limited concessions on Friday night.

Conduct: All coaches are responsible for the conduct of their swimmers and will see that their club has proper

supervision at all times. Meet Marshals shall have the authority to remove any swimmer(s) from the meet

for any violation such as improper behavior, damage to property, etc. Such teams are responsible financially for damage of property. Cell phones and other recording devices are not allowed in the locker

rooms. There shall be No Smoking permitted at any time on the premises. Please make sure your team's

area on deck and rest area is picked up at the end of each session.

Awards:

The awards will be handed out at the meet and must be picked up. No awards will be mailed.

Awards will be given for individual events as follows:

A Class: 1<sup>st</sup> place – Medal / 2<sup>nd</sup> – 6<sup>th</sup> place Ribbons

BB Class:  $1^{st}$  place and Overachievers – Medals /  $2^{nd}$  –  $6^{th}$  place Ribbons B Class: 1<sup>st</sup> place and Overachievers – Medals / 2<sup>nd</sup> – 8<sup>th</sup> place Ribbons C Class: 1<sup>st</sup> place and Overachievers – Medals / 2<sup>nd</sup> – 8<sup>th</sup> place Ribbons 8 & Under: 1<sup>st</sup> – 3<sup>rd</sup> place Medals / 4<sup>th</sup> – 16<sup>th</sup> place Ribbons.

Open: 1<sup>st</sup> – 3<sup>rd</sup> place Medals / 4<sup>th</sup> - 12<sup>th</sup> place Ribbons

Awards will be given for relay events as follows:

1<sup>st</sup> – 3<sup>h</sup> Ribbons

All classes swim together. Each class will be awarded separately with achievers receiving medals.

Swimmers are placed in the appropriate class based upon their entry times.

Relay Cards: Relay cards will be in the coach's packet. Cards must list the swimmers' last and first names (names must

be listed in order of swim) and the ages of the swimmers.

Coaches Packet: Coaches may pick up their packets at the Admissions Table. Any monies owed must be paid before you

> can obtain your packet. Please be prepared to show your U.S.A. coach's card at the time you pick up your team packet. Coach's cards must be visible at all times on deck. Coaches and officials will have access to a hospitality room with food, snacks and beverages. Deck seeding slips will be placed in the coaches

packets or available in the office and should be filled out completely

First Aid: Injuries must be reported to the Lifeguard AND to the Meet Director. A first aid kit will be located at the

Lifeguard station.

Lost & Found: An area for lost and found will be designated at the meet. After the meet contact Robin Berg, Aquatics

Director, at 608-221-1571.

Swim Supplies: Simply Swimming will be on site Saturday-Sunday to provide swim accessories and supplies.

Hotel Info: Country Inn and Suites

904 E. MAIN ST.

WAUNAKEE, WI 53597

(608) 849-6900

#### WAIVER

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assigns, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of the United States Swimming, the Madison East YMCA Swim Club, the Swim Parents Association, the Waunakee High School and their staffs for the injuries and/or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Club Name:			_ Initials:	
Signature of Club Official, Parent or	Guardian (final results will be mailed to t	this addre	ss)	
Name:		_ Phone	e:	
Address:		_ E-Ma		
City, State, Zip:		_		
Name of coach(es) or team represent	tative(s) at meet:			
Name and address for sending final	results			
Name:			-	
Street:			-	
City:	State: Zip:			
Entry Fee Recap:	Individual Events x \$4.00 = Relay Teams x \$12 =	\$		
	_ Relay Teams x \$12	Φ		<u></u>
	TOTAL EVENT FEES =			
	LESS RESERVATION =	- \$		
	A: ADDITIONAL OWED	A:	\$	*
	*If reservation amount is more	than the e	event fees, writ	te zero (0) on line A.
	_ LSC Surcharge x \$3 =	B:	\$	
	TOTAL OF LINES A & B	=	\$	
Entry Deadline: Monday, January 4	, 2010			

Email Entries to: <a href="mailto:robin.berg@ymcadanecounty.org">robin.berg@ymcadanecounty.org</a>

Make checks payable to: Madison East YMCA

Mail entries to: Robin Berg

Madison East YMCA 711 Cottage Grove Road Madison, WI 53716

Women's Event #	FRIDAY (Session 1)	Men's Event #
	ORDER OF EVENTS	
1	Open Mixed 400 Yd IM	2
	**Optional 15 minute break**	
3	10&Under 200 Yd IM	4
5	11-12 200 Yd IM	6
	**Optional 15 minute break**	
7	Open Mixed 1650 Yd Freestyle*	8
	*May be limited to 5 Heats	

<sup>\*\*</sup> Breaks with open pool may be provided before the 500, 1000, 1650 and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in the 500, 1000, 1650 events need to provide their own counters. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. These events may be limited to top 40 swimmers (combined total for event) and will be swum fastest to slowest. Any swimmer unable to compete due to the limitation, will be refunded the entry fee for this event or may deck enter where lanes are available (additional heats will not be added).

Women's Event #	SATURDAY (Session 2)	Men's Event #
	AM ORDER OF EVENTS	
9	8 & Under 100 Yd Medley Relay	10
11	13-14 200 Yd Medley Relay	12
13	Open 200 Yd Medley Relay	14
	**Optional 5 minute break**	
15	13-14 200 Yd Backstroke	16
17	Open 200 Yd Backstroke	18
19	8&Under 25 Yd Backstroke	20
21	13-14 50 Yd Freestyle	22
23	Open 50 Yd Freestyle	24
25	8&U 50 Yd Freestyle	26
27	13-14 100 Yd Breaststroke	28
29	Open 100 Yd Breaststroke	30
31	8&Under 25 Yd Breaststroke	32
33	13-14 200 Yd Freestyle	34
35	Open 200 Yd Freestyle	36
37	8&Under 50 Yd Butterfly	38
39	13-14 100 Yd Butterfly	40
41	Open 100 Yd Butterfly	42
43	8&Under 100 Yd IM	44
45	13-14 200 Yd IM	46
47	Open 200 Yd IM	48

Women's Event #	SATURDAY (Session 3)	Men's Event #
	ORDER OF EVENTS	
49	Open Mixed 1000 Yd Freestyle*	50
	*May be limited to 5 Heats	

<sup>\*\*</sup> Breaks with open pool may be provided before the 500, 1000, 1650 and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in the 500, 1000, 1650 events need to provide their own counters. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. These events may be limited to top 40 swimmers (combined total for event) and will be swum fastest to slowest. Any swimmer unable to compete due to the limitation, will be refunded the entry fee for this event or may deck enter where lanes are available (additional heats will not be added).

Women's Event #	SATURDAY (Session 4) PM ORDER OF EVENTS	Men's Event #
51	10 & Under 200 Yd Medley Relay	52
53	12 & Under 200 Yd Medley Relay	54
	**Optional 5 minute break**	
55	10&Under 50 Yd Backstroke	56
57	11-12 100 Yd Backstroke	58
59	10&Under 100 Yd Freestyle	60
61	11-12 50 Yd Freestyle	62
63	10&Under 50 Yd Breaststroke	64
65	11-12 200 Yd Breaststroke	66
67	10&Under 100 Yd Butterfly	68
69	11-12 50 Yd Butterfly	70
71	10&Under 200 Yd Freestyle	72
73	11-12 200 Yd Freestyle	74

<sup>\*\*</sup> Breaks with open pool may be provided before the 500, 1000, 1650 and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in the 500, 1000, 1650 events need to provide their own counters. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. These events may be limited to top 40 swimmers (combined total for event) and will be swum fastest to slowest. Any swimmer unable to compete due to the limitation, will be refunded the entry fee for this event or may deck enter where lanes are available (additional heats will not be added).

Women's Event #	SUNDAY (Session 5)	Men's Event #
	AM ORDER OF EVENTS	
75	8 & Under 100 Yd Free Relay	76
77	13-14 200 Yd Free Relay	78
79	Open 200 Yd Free Relay	80
	**Optional 15 minute break**	
81	8&Under 50 Yd Backstroke	82
83	13-14 100 Yd Backstroke	84
85	Open 100 Yd Backstroke	86
87	8&U 25 Yd Freestyle	88
89	13-14 200 Yd Breaststroke	90
91	Open 200 Yd Breaststroke	92
93	8&Under 50 Yd Breaststroke	94
95	13-14 100 Yd Freestyle	96
97	Open 100 Yd Freestyle	98
99	8&Under 25 Yd Butterfly	100
101	13-14 200 Yd Butterfly	102
103	Open 200 Yd Butterfly	104
105	8&Under 100 Yd Free	106
	**Optional 15 minute break**	
107	Open Mixed 500 Yd Freestyle*	108
	*May be limited to 5 Heats	

Women's Event #	SUNDAY (Session 6)	Men's Event #
	PM ORDER OF EVENTS	
109	10 & Under 200 Yd Free Relay	110
111	12 & Under 200 Yd Free Relay	112
	**Optional 5 minute break**	
113	10&Under 100 Yd Backstroke	114
115	11-12 50 Yd Backstroke	116
117	10&Under 50 Yd Freestyle	118
119	11-12 100 Yd Freestyle	120
121	10&Under 100 Yd Breaststroke	122
123	11-12 50 Yd Breaststroke	124
125	10&Under 50 Yd Butterfly	126
127	11-12 200 Yd Butterfly	128
129	10&Under 100 Yd IM	130
131	11-12 100 Yd IM	132
	**Optional 15 minute break**	
133	12&Under Mixed 500 Yd Free*	134
	*May be limited to 5 Heats	

<sup>\*\*</sup> Breaks with open pool may be provided before the 1650, 1000, 500 free and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in these events need to provide their own counters **and must check in at the heat sheet table** 30 minutes prior to the break.

A+BB+B+C

January 15-17, 2010

25 Yards

Team Name:	Team Code:
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LAST NAME		AGE	<b>EVENT</b>	EVENT	EVENT	EVENT	<b>EVENT</b>	<b>EVENT</b>	EVENT	EVENT
FIRST NAME	USS	F/M	TIME	TIME	TIME	TIME	TIME	TIME	TIME	TIME
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
10.										

1. 8&U 100 Yd. M.R.	A	В	С	26. 10&U 200 M.R.	A	В	С
2. Senior 200 Yd M.R.	A	В	С	27. 12&U 200 M.R.	A	В	С
49. 8&U 100 Yd. F.R.	A	В	С	71. 10&U 200 F.R.	A	В	С
50. Senior 200 Yd F.R.	A	В	С	72. 12&U 200 F.R.	A	В	С