



Wisconsin SwimFest
Presented by
The Lake Forest Swim Club
July 2-3, 2010



The **Wisconsin SwimFest** is sanctioned by USA Swimming and Wisconsin Swimming, Sanction No. WI2010-229S. All USA Swimming and WSI rules apply including safety rules that will be strictly enforced. Age as of the first day of the meet shall determine age for the entire meet.

LOCATION	Lakeview Rec-Plex, 9900 Terwall Terrace, Pleasant Prairie, WI 53158		
HOST CLUB	Lake Forest Swim Club 555 N. Sheridan Rd Lake Forest, IL 60045	847.295 8343 LFSC@sbcglobal.net www.swimlfsc.org	
MEET DIRECTOR	Iain Campbell	847 295 8343	
ENTRIES	Michael Lawrence	847 295 8343	
MEET REFEREE	Elaine Gilbert		
FACILITY	10-lane 50 meter course with permanently affixed starting blocks (7 foot minimum depth throughout the course), Colorado timing system. The course has not been certified in accordance with USA Swimming Rule 104.2.2(c).		
MEET SCHEDULE	Friday session Morning session Afternoon session	Warm-ups: 2:00pm Warm-ups: 7:00am Warm-ups: 1:00pm	Meet: 3:00pm Meet: 8:00am Meet: 2:00pm
	Warm-up for the afternoon session will begin immediately following the conclusion of the morning session. Events will begin 60 minutes after the start of the warm-up period. Please visit the LFSC website (www.swimlfsc.org) after June 23, 2010, for the afternoon warm-up schedule and to check seeding for heat limited events.		
COACHES MEETING	There will be a coach's meeting 15 minutes prior to the start of each session if determined necessary by the Meet Referee.		
ELIGIBILITY	All swimmers must be current (2010) members of USA Swimming.		
EVENTS	All events will be timed final events. An event schedule for this meet is included with this meet announcement. Events will be offered in the following age categories: 8 & under, 9/10, 11/12, and Senior. Events 37/38, 55/56 and 57/58 may be limited to three heats based on submitted entry times. Please review the event list to verify heat limitations. Heats will be swum fastest to slowest seeded heats. To check seeding for heat-limited events visit the LFSC website (www.swimlfsc.org) after June 23, 2010.		
EVENT LIMITATIONS	Swimmers may enter and swim four (4) individual events plus relays each day.		
ENTRY FEES	\$4.50 per individual event. Deck entries will be accepted if open lanes are available, entry fee is \$6.00. A swimmer surcharge of \$3.00 per swimmer entered in individual events must be included with entry. Make checks payable to "Lake Forest Swim Club".		
ENTRY DEADLINE	All entries must be received at the swim club office by Tuesday, June 22, 2010, 5:00pm. Please submit all entries <i>via</i> E-mail to LFSCentries@sbcglobal.net . Send forms, waiver and fees to Lake Forest Swim Club, Lake Forest College-Sports Center, 555 N. Sheridan Rd., Lake Forest, IL 60045		



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ENTRIES

Please submit long course meter entry times. All entry times must be achieved in accordance with USA Swimming rules prior to the entry deadline. All entries must be submitted on the entry forms attached or facsimiles thereof. The attached summary form, release and hold harmless statement, and all entry fees must accompany all entries. Failure to comply with any entry requirement will be sufficient cause to refuse entry.

Submit all entries in Hy Tek® file format. A printed copy of the entry, all forms, waivers, and summaries, and a check for entry fees must be received within 96 hours of receipt of entry. The host club accepts no responsibility for receipt of e-mail entries. Confirmation of receipt is the sole responsibility of the sender.

SEEDING

All swimmers are required to check-in and positively declare their intent to swim for each event. Swimmer who do not check-in will be scratched from that event. **Special seeding procedures will be used for disability athletes (see USA Rule 202.2.13).**

Coaches are encouraged to notify the meet host of scratches in advance of the meet *via* FAX (847 295 8348) and e-mail LFSCEntries@sbcglobal.net.

AWARDS

All swimmers will receive awards for 1st - 8th place in individual events for 8 & under, 9/10, 11/12, 13/14 and Sr. age categories.

Heat winner prizes will also be awarded.

DECK ACCESS AND CREDENTIALS

Only contestants, coaches, and working meet officials will be granted access to the competitive area. Current USA Swimming membership card must be continuously displayed while on deck. Coach's information packets will be available at the meet.

SWIMMER SUPERVISION

Each team or coach is responsible for the supervision of his or her swimmers. Swimmers and their families are allowed access to the pool area, concession areas, and designated rest areas, subject to USA Swimming and Wisconsin Swimming rules. The locker rooms are for changing purposes only: no lockers will be available for swimmers participating in the meet. The meet and/or facility host reserves the right to remove from the meet any swimmer entering an unauthorized area.

In accordance with the Federal Video Voyeurism Prevention Act of 2004, the use of camera phones or video recording devices in the locker rooms is prohibited.

OFFICIALS

Certified officials (stroke and turn judges, starters, or referees) are asked to volunteer by contacting Elaine Gilbert, ptgilbert1@comcast.net or LFSCEntries@sbcglobal.net

ADMISSION

Adults	\$6.00/day
10 & under	No charge
Heat Sheets	\$2.00/session

CONCESSIONS/VENDORS

Food concessions and swimming product vendors will be available during the meet.

MEET RESULTS

Meet results will be posted online at www.swimlfsc.org

PARKING

Parking is available at the RecPlex facility.

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Friday, July 2

Warm-up: 2:00 pm

Meet Starts: 3:00pm

WOMEN'S EVENT		MEN'S EVENT	
1	11/12 50 Free	2	11/12 50 Free
3	Sr 50 Free	4	Sr 100 Free
5	11/12 50 Breast	6	11/12 50 Breast
7	Sr 100 Breast	8	Sr 200 Breast
9	11/12 50 Fly	10	11/12 50 Fly
11	Sr 100 Fly	12	Sr 200 Fly
13	11/12 50 back	14	11/12 50 Back
15	Sr 200 Back	16	Sr 100 Back
17	11/12 200 IM	18	11/12 200 IM
19	Sr 200 IM	20	Sr 200 IM

Saturday, July 3

Warm-up: 7:00am

Meet Starts: 8:00am

WOMEN'S EVENT		MEN'S EVENT	
21	Sr 100 Free	22	Sr 50 Free
23	8&un 50 Free	24	8&un 50 Free
25	Sr 200 Breast	26	Sr 100 Breast
27	8&un 50 Breast	28	8&un 50 Breast
29	Sr 200 Fly	30	Sr 100 Fly
31	8&un 50 Fly	32	8&un 50 Fly
33	Sr 100 Back	34	Sr 200 Back
35	8&un 50 Back	36	8&un 50 Back
37	Sr 400 Free	38	Sr 400 Free

Saturday, July 3

Warm-up: 1:00pm

Meet Starts: 2:00pm

WOMEN'S EVENT		MEN'S EVENT	
39	11/12 50 Free	40	11/12 50 Free
41	9-10 50 Free	42	9-10 50 Free
43	11/12 100 Breast	44	11/12 100 Breast
45	9/10 50 Breast	46	9/10 50 Breast
47	11/12 100 Back	48	11/12 100 Back
49	9/10 50 Back	50	9/10 50 Back
51	11/12 100 Fly	52	11/12 100 Fly
53	9/10 50 Fly	54	9/10 50 Fly
55	9-12 100 Free	56	9-12 100 Free
57	9-12 200 Free	58	9-12 200 Free
57	9-12 400 Free	58	9-12 400 Free



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SUMMARY OF ENTRIES

8 & under	_____	Women	_____	events X \$4.50 =	\$ _____
	_____	Men	_____	events X \$4.50 =	\$ _____
9/10	_____	Women	_____	events X \$4.50 =	\$ _____
	_____	Men	_____	events X \$4.50 =	\$ _____
11/12	_____	Women	_____	events X \$4.50 =	\$ _____
	_____	Men	_____	events X \$4.50 =	\$ _____
13/14	_____	Women	_____	events X \$4.50 =	\$ _____
	_____	Men	_____	events X \$4.50 =	\$ _____
Senior	_____	Women	_____	events X \$4.50 =	\$ _____
	_____	Men	_____	events X \$4.50 =	\$ _____
TOTAL INDIVIDUAL EVENTS					\$ _____
SWIMMER	_____	Women		x \$3.00 =	\$ _____
SURCHARGE	_____	Men		x \$3.00 =	\$ _____
TOTAL MEET FEES					\$ _____

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Club _____ Code _____

Coaches attending _____

Mailing address _____

Contact for entries _____

Phone Day () _____

Eve () _____

In consideration of the acceptance of this entry, I, intending to be legally bound, do hereby consign, waive, and release any and all rights and claims which may accrue against USA Swimming, Wisconsin Swimming, the Lake Forest Swim Club, the Lakeview RecPlex, their representatives, employees, directors, officers, successors, for any and all injuries suffered by me or any contestant or representative of my club. I attest that all athletes listed on this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

SIGNATURE (Club Representative) _____ DATE _____

