



HOWARD SUAMICO STORM BREAKERS

SUMMER MEET 2011

A-BB-B-C

Saturday, June 4th & Sunday, June 5th, 2011

Hosted by the **Howard-Suamico Storm Breakers**

1. Sanction: # WI2011-241S
2. Location: Howard-Suamico Pool
Lineville Intermediate School
2700 Lineville Road
Green Bay, WI 54313
3. Facility: Indoor 25 yard pool with 6 lanes, non-turbulent lane markers, backstroke flags. The pool depth is 9 feet at starting end and 3.5 at turn end. Block height is 30 inches. The 2nd and 4th leg of all 100-yard relays must start in the water from a push-start due to pool depth.
The Competition course has not been certified in accordance with 104.2.2C(4)
4. Timing/Judging: All events will be timed finals. Colorado timing system with touchpads will be used, with two manual watches per lane.
5. Official Rules: Current USA-S and Wisconsin Swimming rules shall govern the conduct of this meet. The no recall start rule will be in effect.
6. Meet Schedule: Saturday
Morning Sessions: Warm ups 8:00am
Timers meeting 8:50am
Coaches meeting 8:50am
Meet begins 9:05am
Afternoon session: Warm ups will begin after morning session ends, for 60 minutes, not before 11:30am, meet will begin immediately after warm ups.
***In an effort to keep the Sunday session running smoothly, we will be using fly-over starts. Please advise your swimmers of this.**
- Sunday
Warm ups begin 7:30am
Coaches meeting 8:50am
Timers meeting 8:50am
Meet begins 9:05am
7. Warm-up: First 20 minutes – Circle swim all lanes 1-6



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Next 40 minutes – Lanes 1 & 6 Sprints
Lanes 2,3,4,5 Circle swim

Other sprint lanes will be opened as needed.

Three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

8. Eligibility: All swimmers must be registered USA-S swimmers and their USA-S number must be listed on the entry form. No “applied for” entries will be accepted. All out-of-state swimmers must be prepared to show their USA-Swimming cards at the request of the meet director. Age is as of June 4th, 2011.

9. Entry Deadline: All entries must be received no later than Friday, 05/27/2011. Please submit entries on HyTek e-mail or CD if possible. Deck entries will be accepted from the coach the day of the meet (provided they do not result in a new heat) up to one half hour prior to the start of each session and will cost \$5.00 per entry.

Mail (or email) entries to:

Jim Laughlin
3351 Oak Forest Drive
Green Bay, WI 54313
jlaughlin@new.rr.com

10. Entry Limit: Swimmers may compete in a maximum of 4 individual events on Saturday and 3 individual events on Sunday. (7 total for the Meet)

11. Entry Fees: LSC Splash Fee \$2.00 per swimmer
Individual Events \$4.00
Relays \$12.00
Deck Seeds \$5.00

12. Meet Director: Jim Laughlin 920-217-8020 (Cell), 920-434-6180 (Home)

13. Final Results: One copy of the final results will be mailed to all participating Clubs.

14. Awards: Awards will consist of medals for 1st-3rd place and ribbons for 4th-16th place for individual events, and ribbons for 1st-5th place for Relays. Heat winners will receive awards. ** Please note that the 400 IM, 1000 Free Events (65, 66, 95, & 96) will be awarded as either 12 & Under OR 13 & Older.



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15. Admission: Admission \$4 for 13 & older and \$2 for senior citizens. A heat sheet will be sold for \$5.00 at the door. We will have limited heat sheets for sale at the meet. **Heat sheets will be available for free online at www.hssb-wi.org the day before the meet for all attendees to print out.**
16. Coaches Note: All coaches must pick up their coaches packets in person and must show their current USA-S coaches card. If a coach does not present a USA-S card they will not be allowed on deck and the swimmers from that team will be assigned a USA-S certified coach for warm-ups. **Positive check-in of swimmers required for the 400 IM, 1000 Free Events (65, 66, 95, and 96)**
17. Concessions: Food and beverages will be sold during the meet and must be consumed in designated areas.
18. Conduct: Each club is responsible for the conduct of its swimmers. All teams please keep your area as clean as possible. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. **Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**
19. Disabled Swimmers: If you have a disabled swimmer, please note on entry form.
20. Lead Official: Judy Felts - Meet Referee.
21. Seating: **Due to crowding in the pool area we request that all swimmers avoid staying in the bleacher area.**



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SUMMER MEET 2011

June 4th & 5th, 2011

Lineville Pool 25 yard

Saturday Morning – (Session #1) - Warm-ups: 8:00 a.m.

Session starts: 9:05 a.m.

<u>Girl's Event Number</u>		<u>Boy's Event Number</u>
1	OPEN 400 Free Relay	2
3	8 & U 100 Medley Relay	4
5	OPEN 200 IM	6
7	8 & U 100 IM	8
9	OPEN 100 Free	10
11	8 & U 100 Free	12
13	8 & U 25 Free	14
15	OPEN 200 Back	16
17	8 & U 25 Back	18
19	OPEN 100 Breast	20
21	8 & U 25 Breast	22
23	OPEN 200 Fly	24
25	8 & U 25 Fly	26
27	OPEN 200 Free	28
29	8 & U 100 Free Relay	30
31	OPEN 200 Free Relay	32

Saturday Afternoon – (Session #2)

Session starts: 60 minutes after end of Event 32

33	10 & U 200 Medley Relay	34
35	11-12 200 Medley Relay	36
37	10 & U 200 IM	38
39	11-12 200 IM	40
41	10 & U 100 Free	42
43	11-12 100 Free	44
45	10 & U 100 Back	46
47	11-12 50 Back	48
49	10 & U 50 Breast	50
51	11-12 50 Breast	52
53	10 & U 100 Fly	54
55	11-12 100 Fly	56
57	10 & U 200 Free	58
59	11-12 200 Free	60
61	10 & U 200 Free Relay	62
63	11-12 200 Free Relay	64



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Sunday Morning - (Session #3) -Warm-ups: 7:30 a.m.

Meet starts: 9:05 a.m.

Please Note: Fly-Over Starts used for this Session

<u>Girl's Event Number</u>		<u>Boy's Event Number</u>
65	OPEN 400 IM **	66
67	12 & U 400 Medley Relay	68
69	OPEN 400 Medley Relay	70
71	10 & U 50 Fly	72
73	11-12 50 Fly	74
75	OPEN 100 Fly	76
77	10 & U 50 Back	78
79	11-12 100 Back	80
81	OPEN 100 Back	82
83	10 & U 100 Breast	84
85	11-12 100 Breast	86
87	OPEN 200 Breast	88
89	10 & U 50 Free	90
91	11-12 50 Free	92
93	OPEN 50 Free	94
*****	10 Minute Break	*****
95	OPEN 1000 Free **	96

**** Event 65, 66, 95 & 96 will be awarded as 12 & Under OR 13 & Older**



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WAIVER

IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, I/WE HERBY FOR MYSELF/OURSELVES, MY/OUR HEIRS, ADMINISTRATORS AND ASSIGNS, WAIVE AND RELEASE ANY AND ALL CLAIMS AGAINST THE HOWARD-SUAMICO STORMBREAKERS, MEET OFFICIALS, USA SWIMMING AND WISCONSIN SWIMMING, INC FOR INJURIES AND/OR EXPENSES INCURRED BY ME/US AT THIS MEET OR WHILE ON THE ROAD TO AND FROM THIS MEET. I/WE ARE BONA FIDE AMATEUR ATHLETES AND ELIGIBLE TO COMPETE IN ALL THE EVENTS I/WE HAVE ENTERED

SIGNATURE OF CLUB OFFICIAL, PARENT OR GUARDIAN:

POSITION: _____ PHONE# _____

TEAM NAME AND ABBREVIATION: _____

TEAM COACH: _____ PHONE# _____

NAME AND ADDRESS FOR SENDING FINAL RESULTS:

NAME: _____

STREET: _____

CITY: _____ STATE _____ ZIP: _____

SPASH FEE-TOTAL# OF SWIMMERS: _____ X \$2.00 = _____

INDIVIDUAL EVENTS: _____ X \$4.00 = _____

RELAYS _____ X \$12.00 = _____

TOTAL _____

UNATTACHED SWIMMERS INCLUDED: _____

MAKE CHECKS PAYABLE TO: **HSSB**