



HOWARD SUAMICO STORM BREAKERS

FALL MEET 2009

A-BB-B-C

Saturday, November 7 and Sunday, November 8, 2009

Hosted by the Howard-Suamico StormBreakers

1. Sanction: # 2009-237WI
2. Location: Howard-Suamico Pool
Lineville Intermediate School
2700 Lineville Road
Green Bay, WI 54313
3. Facility: Indoor 25 yard pool with 6 lanes, non-turbulent lane markers, backstroke flags. The pool depth is 9 feet at starting end and 3.5 at turn end. Block height is 30 inches. The 2nd and 4th leg of all 100-yard relays must start in the water from a push-start due to pool depth.

The Competition course has not been certified in accordance with 104.2.2(C)
4. Timing/Judging: All events will be timed finals. Colorado timing system with touchpads will be used, with two manual watches per lane.
5. Official Rules: Current USA-S and Wisconsin Swimming rules shall govern the conduct of this meet. The no recall start rule will be in effect.
6. Meet Schedule: Saturday and Sunday
Morning Sessions: Warm ups 7:00am
Timers meeting 7:50am
Coaches meeting 7:50am
Meet begins 8:05am
Afternoon sessions: Warm ups will begin after morning session ends, for 60 minutes, not before 11:00am, meet will begin immediately after warm ups.
POSITIVE CHECK-IN REQUIRED FOR 500 FREE
7. Warm-up: First 20 minutes – Circle swim all lanes 1-6
Next 40 minutes – Lanes 2,3,4,5 Circle swim
Other sprint lanes will be opened as needed.
Three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.



HOWARD SUAMICO STORM BREAKERS

8. Eligibility: All swimmers must be registered USA-S swimmers and their USA-S number must be listed on the entry form. No “applied for” entries will be accepted. All out-of-state swimmers must be prepared to show their USA-Swimming cards at the request of the meet director. Age is as of November 7, 2008.
9. Entry Deadline: All entries must be received no later than Friday, 10/16/2009. Please submit entries on HyTek e-mail or CD if possible. Deck entries will be accepted from the coach the day of the meet (provided they do not result in a new heat) up to one half hour prior to the start of each session and will cost \$5.00 per entry.
- Mail (or email) entries to:
- John Rathke
2451 Scenic Ridge Court
Green Bay, WI 54313
jrathke@new.rr.com
10. Entry Limit: Swimmers may compete in a maximum of 3 individual events per day.
11. Entry Fees: LSC Splash Fee \$3.00 per swimmer
Individual Events \$4.00
Relays \$10.00
Deck Seeds \$5.00
12. Meet Director: John Rathke
920-496-0500(day), 920-662-0620(evening)
13. Final Results: One copy of the final results will be mailed to all participating clubs.
14. Awards: Awards will consist of medals for 1st-3rd place and ribbons for 4th-16th place for individual events, and ribbons for 1st-5th place for relays. Heat winners will receive awards.
15. Admission: Admission of \$3 (12 and under free) and a heat sheet fee of \$4 will be charged.



HOWARD SUAMICO STORM BREAKERS

16. Coaches Note: All coaches must pick up their coaches packets in person and must show their current USA-S coaches card. If a coach does not present a USA-S card they will not be allowed on deck and the swimmers from that team will be assigned a USA-S certified coach for warm-ups.
17. Concessions: Food and beverages will be sold during the meet and must be consumed in designated areas.
18. Conduct: Each club is responsible for the conduct of its swimmers. All teams please keep your area as clean as possible.
In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.
19. Disabled Swimmers: If you have a disabled swimmer, please note on entry form.
20. Lead Official: Stacy Hakes
21. Seating: **Due to crowding in the pool area we request that all swimmers avoid staying in the bleacher area.**



HOWARD SUAMICO STORM BREAKERS

FALL MEET 2009 Events

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Saturday Warm-ups: 7:00 a.m.

Meet starts: 8:05 a.m.

Girl's Event Number

1	10&U 200 Medley Relay
3	8&U 100 Medley Relay
5	10&U 100 Free
7	8&U 50 Free
9	10&U 100 IM
11	10&U 50 Breast
13	8&U 25 Breast
15	10&U 100 Fly
17	8&U 50 Fly
19	10&U 50 Back
21	8&U 25 Back
23	10& U 500 Free

Boy's Event Number

2
4
6
8
10
12
14
16
18
20
22
24

Afternoon Session

25	11-12 200 Medley Relay	26
27	Open 200 Medley Relay	28
29	11-12 100 Free	30
31	Open 100 Free	32
33	11-12 200 IM	34
35	Open 200 IM	36
37	11-12 50 Breast	38
39	Open 200 Breast	40
41	11-12 100 Back	42
43	Open 100 Back	44
45	11-12 50 Fly	46
47	Open 200 Fly	48



HOWARD SUAMICO STORM BREAKERS

FALL MEET 2009 Events

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Sunday Warm Ups 7:00am

Meet Starts 8:05am

49	10&U 200 Free Relay	50
51	8&U 100 Free Relay	52
53	10&U 200 IM	54
55	8&U 100 IM	56
57	10&U 50 Free	58
59	8&U 25 Free	60
61	10&U 100 Back	62
63	8&U 50 Back	64
65	10&U 50 Fly	66
67	8&U 25 Fly	68
69	10&U 100 Breast	70
71	8&U 50 Breast	72
	10 Min. In Water Break	
73	Open 200 Free	74

Afternoon Session

75	11-12 200 Free Relay	76
77	Open 200 Free Relay	78
79	11-12 100 IM	80
81	Open 400 IM	82
83	11-12 50 Free	84
85	Open 50 Free	86
87	11-12 50 Back	88
89	Open 200 Back	90
91	11-12 100 Breast	92
93	Open 100 Breast	94
95	11-12 100 Fly	96
97	Open 100 Fly	98
99	Open 500 Free	100



HOWARD SUAMICO STORM BREAKERS

WAIVER

IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, I/WE HERBY FOR MYSELF/OUR SELVES, MY/OUR HEIRS, ADMINISTRATORS AND ASSIGNS, WAVE AND RELEASE ANY AND ALL CLAIMS AGAINST THE HOWARD-SUAMICO STORMBREAKERS, MEET OFFICALS, USA SWIMMING AND WISCONSIN SWIMMING, INC FOR INJURIES AND/OR EXPENSES INCURED BY ME/US AT THIS MEET OR WHILE ON THE ROAD TO AND FROM THIS MEET. I/WE ARE BONA FIDE AMATEUR ATHELETS AND ELIGIBLE TO COMPETE IN ALL THE EVENTS I/WE HAVE ENTERED

SIGNATURE OF CLUB OFFICIAL, PARRENT OR GUARDIAN:

POSITION: _____ PHONE# _____

TEAM NAME AND ABBREVIATION: _____

TEAM COACH: _____ PHONE# _____

NAME AND ADDRESS FOR SENDING FINAL RESULTS:

NAME: _____

STREET: _____

CITY: _____ STATE _____ ZIP: _____

SPASH FEE-TOTAL# OF SWIMMERS: _____ X \$3.00= _____

INDIVIDUAL EVENTS: _____ X \$4.00= _____

RELAYS _____ X \$10.00= _____

TOTAL _____

UNATTACHED SWIMMERS INCLUDED: _____

MAKE CHECKS PAYABLE TO: HSSB