

**Green Bay Swim Club  
SubZero 2011  
Friday & Saturday  
January 14th and 15th, 2011**

APPROVED MEET  
Sanction# WI2011-126A

Host: Green Bay Swim Club

Date: Friday & Saturday, January 14th and 15<sup>th</sup>, 2011

Place: Southwest High School  
1331 Packerland Dr.  
Green Bay, WI 54313

Facility: Six (6) Lane, 25 Yard, Back Stroke Flags, Non-Turbulence Lane Dividers

Water Depth: Minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 00 inches at the start end and 3 feet, 06 inches at the turn end.”  
Starting Depth – 6 feet with 34” blocks  
Turn side depth 3’6”

Colorado Timing System with Back-up Stop Watches – two per lane  
The Competition course has not been certified in accordance with 104.2.2C(4). Please be advised that due to the depth of the non-starting end of the pool, the 2<sup>nd</sup> and 4<sup>th</sup> leg of all 100-Yard/Meter relays will start in the water.

Meet Director: Jennifer Steffel (920) 433-0930

Entry Fees: \$2.00 per Swimmer “Splash Fee”  
\$4.00 per Individual Event  
\$10.00 per Relay

Entry Limits: Swimmers are limited to 2 individual events on Friday and 4 individual events on Saturday. The number of heats of the 500 Free on Friday night may be limited if time becomes a factor.  
Meet entries are limited to 1200 per day.  
Swimmer age the day of the meet will determine age group.  
Deck entries will be accepted in open lanes only, and must be made no later than 30minutes prior to the start of the respective session. There will be no deck registrations.

HY-TEK File: A Hy-tek events file can be emailed to you by request or downloaded from the WI Swimming website.

Meet Entries: Meet Entries on **Hy-tek** with a hard copy back-up if available to:  
Dan Teske  
Email: [dteske@new.rr.com](mailto:dteske@new.rr.com)

Mail Entries/Fees: Green Bay Swim Club  
Jennifer Steffel - Meet Director  
P.O. Box 127  
Green Bay, WI 54305-0127  
Email: [jjsteffel@sbcglobal.net](mailto:jjsteffel@sbcglobal.net)

Deadline: Entry Forms, Waiver, and check must be received by Jennifer Steffel no later than **Wednesday January 5th, 2011**

Checks should be made payable to: **Green Bay Swim Club**

Lost and Found: Swimmers are responsible for their own belongings. Lost and Found articles will be located at the awards table during the meet. After the meet call 920 433-0930.

First Aid Kit: Available during the meet in the pool office.

Schedule: **Friday**  
5:30 – 6:30 PM Warm-Ups  
6:00 PM Timers Meeting and Coaches Meeting  
6:35 PM Meet Begins

**Saturday**  
7:00 – 8:00 AM Morning Session Warm-Ups  
7:30 AM Timers Meeting and Coaches Meeting  
8:05 AM Morning Session Begins

Afternoon Warm-ups will not begin before 11:30 AM and will last 1 hour.  
Afternoon Session begins 12:30 (approximate)

Lead Official: Judy Felts, Meet Referee

Warm-Ups: First 20 minutes circle swim all lanes  
Next 20 minutes sprint lanes 3, 4, and 5. Circle swim lanes 1, 2 and 6.  
Last 20 minutes sprint lanes 2, 3, 4, and 5. Circle swim lanes 1 and 6.

Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

- Admission:** \$3.00 Adults (Under 12 – No Charge)  
\$3.00 Heat Sheet
- Meet Format:** Meet will be pre-seeded. 8 & Under swimmers will be seeded in the pool hall. All other swimmers report to the blocks prior to the event.
- Awards:** Individual Events: Medals 1st – 3rd, Ribbons 4th – 12th  
Relays Ribbons 1st – 3rd  
Awards must be picked up the days of the meet; no awards will be mailed.
- Final Results:** Each team in the meet will receive a copy of the final results.
- Disabled Swimmers:** Complete and submit with the appropriate WI Disabled Swimmer Form.
- Unaccompanied Swimmers:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Food:** A variety of food and ice cold refreshments are available for purchase in the concession area. All food and drinks must be consumed outside the pool area.
- CONDUCT:** In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.

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**Order of Events**

**Friday January 14<sup>th</sup>**

Warm-ups 5:30 – 6:30 PM Meet starts 6:35 PM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	Open 400 Free Relay	2
3	12 & Under 400 Free Relay	4
5	Open 200 Fly	6
7	12 & Under 100 Fly	8
9	Open 200 Breast	10
11	12 & Under 100 Breast	12
13	Open 400 Medley Relay	14
15	12 & Under 400 Medley Relay	16
17	Open 400 IM	18
19	12 & Under 200 IM	20
<b>10 Minute in water break</b>		
21	Open 500 Free	22

**Saturday, January 15th Morning Session**

Warm-ups 7:00 AM – 8:00 AM Meet will start at 8:05 AM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
23	8 & under 100 Medley relay	24
25	13 & 14 200 Medley Relay	26
27	Open 200 Medley Relay	28
29	8 & Under 25 Free	30
31	13 & 14 50 Free	32
33	Open 50 Free	34
35	8 & Under 100 IM	36
37	13 & 14 200 IM	38
39	Open 200 IM	40
41	8 & Under 25 Fly	42

43	13 & 14 100 Fly	44
45	Open 100 Fly	46
47	8 & Under 25 Back	48
49	13 & 14 100 Back	50
51	Open 100 Back	52
53	8 & Under 25 Breast	54
55	13 & 14 100 Breast	56
57	Open 100 Breast	58
59	8 & Under 50 Free	60
61	Open 200 Free	62
63	8 & Under 100 Free Relay	64
65	Open 200 Free Relay	66

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**Saturday January 15th - Afternoon Session**

Warm-ups will begin after Morning Session, but not before 11:30 AM and will last 1hour

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
67	9 & 10 200 Medley Relay	68
69	11 & 12 200 Medley Relay	70
71	9 & 10 50 Free	72
73	11 & 12 50 Free	74
75	9 & 10 100 IM	76
77	11 & 12 100 IM	78
79`	9 & 10 50 Fly	80
81	11 & 12 50 Fly	82
83	9 & 10 50 Back	84
85	11 & 12 50 Back	86
87	9 & 10 50 Breast	88
89	11 & 12 50 Breast	90
91	9 & 10 100 Free	92
93	11 & 12 100 Free	94
95	9 & 10 200 Free Relay	96
97	11 & 12 200 Free Relay	98

**Green Bay Swim Club  
2011 SubZero Swim Meet  
Friday January 14 and Saturday January 15, 2011**

**OFFICIAL ENTRY FORM-ALL MEET AND RELAY ENTRIES MUST BE SUBMITTED WITH THIS WAIVER.**

**NAME OF CLUB:** \_\_\_\_\_  
**USS ALPHA CODE:** \_\_\_\_\_  
**NUMBER OF SWIMMERS:** \_\_\_\_\_

_____	<b>SWIMMERS (SPLASH FEE) @ \$3.00</b>	<b>\$</b> _____
_____	<b>INDIVIDUAL EVENTS @\$4.00</b>	<b>\$</b> _____
_____	<b>RELAY EVENTS @\$10.00</b>	<b>\$</b> _____

**Make checks payable to “Green Bay Swim Club”**  
**TOTAL \$** \_\_\_\_\_

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USA-S, WI chapter of USA-S, Southwest High School, Green Bay Swim Club, and its Board of Directors and the meet officials, for injuries and/or expense incurred by me/us at the meet, or while on the road to and from the meet. I/we are bonafide amateur athlete(s) and eligible to compete in all events I/we have entered.

**Signature of Club Official:** \_\_\_\_\_ **Position:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_  
**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Contact person regarding this entry:** \_\_\_\_\_  
**E-Mail:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

Entries along with the signed waiver and fees must be received by **Wednesday January 5th, 2011.**

Please make checks payable to “**Green Bay Swim Club**”. See information sheet for entry limits and fee requirements.

Deck entries will only be done as long as they don’t result in additional heats. Fees will be refunded only if for unforeseen reasons this meet is cancelled.

**Mail all signed forms and fees to: Green Bay Swim Club  
P.O. Box 127  
Green Bay, WI 54305-0127**