

2010 FDL HIGH POINT CLASSIC MEET
FOND DU LAC COMMUNITY AQUATIC CENTER
25 YARD POOL
Saturday, October 9, 2010
Sunday, October 10, 2010
APPROVED MEET
Sanction # 2010-306A

HOSTS: Fond du Lac Swim Club
West Bend Swim Club

LOCATION: Fond du Lac Community Aquatic Center
100 West 9th Street
Fond du Lac, WI 54935 (920) 929-3536

MEET DIRECTOR Kris Engstrom
3931 Victoria Drive
West Bend, WI 53090 (262) 338-6114

MEET ENTRY CHAIR Troy Engstrom
3931 Victoria Drive
West Bend, WI 53090 (262) 689-2445 cell
Engstrom6@charter.net

FACILITY: Eight 7-foot lanes, 25-yard pool with non-turbulence lane markers and backstroke flags, recessed deck, 30-inch high fixed starting blocks, 4'9 to 5'0 pool depth at starting end. 4' pool depth at the non starting end. The competition course has not been certified in accordance with 104.2.2C(4). Balcony seating for 320.

All events will start at the starting end, including 8 & under events. The 2nd and 4th swimmers in 8 & under relay events will start in the water from the non –starting block end.

TIMING: Colorado electronic timing system with touch pads and manual back-up buttons and horn start. Each lane will have two timers with electronic stop watches.

RULES: Official 2010 Short Course USA-S Rules shall prevail for this meet. Age is as of October 9, 2010.

SCHEDULE: General warm-up 8:00 to 9:00 a.m. as follows: 8:00-8:35 circle swim all lanes with NO DIVING. (**Lane 1 is to be used for 6 & U and 8 & U swimmers only each morning.**) 8:35 - 9:00 one-way sprints with dive in lanes 4 - 6, circle swim in all other lanes. The afternoon session warm-ups will begin immediately following the morning session. They will not begin before 11:00 a.m. with the afternoon session not beginning before NOON. The morning warm-up procedure will be followed for the afternoon session. Feet first three-point entries from the starting end of the pool during warm-ups will be enforced.

OFFICIALS: Michael Patton, Scott Krueger, Ted Drewsen, Lori Koeckenberg

SEEDING: This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of his/her events. Staging assistance will be provided for 6 & U and 8 & U events.

- ENTRIES & ELIGIBILITY:** Individuals may enter 4 individual events per day plus one relay. Swimmers may enter only one relay per day. A team may enter an unlimited number of relays in any relay event. The meet is open to registered and non-registered swimmers. *Swimmers with special needs should be noted on your entry form. Your coach is also responsible for notifying the head official during warm-ups of any special needs of your swimmers.* Deck registrations will be accepted. Deck entries may be accepted to fill open lanes in existing heats only at \$5 per Individual Event and \$15 per relay, plus \$3.00 Splash fee if necessary.
- *** An approximate TIMELINE will be posted on the WBSC website by Tuesday October 5th ***
- ENTRY DEADLINE** Entries should be received by the Meet Entry Chair by Thursday, September 30, 2010. No phone entries will be accepted. All entries must be accompanied with a check covering all team entries. Entries MUST be prepared on the enclosed entry form or generated from Hy-Tek Team Manager provided that the TM event #'s associate with the MM event #'s
Name the meet in TM: 2010 FDL Fall Classic
Entries may be sent via e mail to engstrom6@charter.net . A hard copy must be sent through the mail or email also so all entries can be double checked.
- The meet is open to USA and Non USA members. US ID Numbers are entered in the meet only for those swimmers who are USA members. This is an early meet so please make sure your USA memberships are up to date if applicable.
- ENTRY FEES:** \$4.00 per Individual Events, \$12.00 per Relay. Splash fee of \$3.00 per individual.
- ADMISSIONS:** \$3.00 per spectator over 12. Heat sheets \$3.00.
- AWARDS:**
- | | |
|--------------|--|
| Relays | Ribbons 1 st - 6 th Place |
| Individuals: | Ribbons 1 st - 12 th |
| High Point: | Trophies 1 st - 3 rd for ages 6 &U, 7 &8, 9 &10, 11&12, 13 &14 & Sr. Medals 4 th - 12 th for same age groupings |
| Teams: | Trophies 1 st -3 rd |
- SCORING:** Standard scoring will apply to 16th place. Relays will have doubled score values.
20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
- FINAL RESULTS:** Results will be sent via e-mail shortly after the meet. One copy of the meet results will also be sent to each team if requested. Additional copies may be ordered for \$10.00 at the Admissions table.
- FOOD:** A variety of food items and drinks will be available in the East lobby of the Gym

CONDUCT:

Each team is responsible for the behavior of their swimmers. In accordance with The Federal Voyeurism Prevention Act of 2004, the use of camera phones or video recording devices in locker rooms is prohibited.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

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ORDER OF EVENTS

MORNING SESSION:

Warm-ups 8:00 a.m.; Meet starts 9:05 a.m.

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|---------------------------|-------------|
| 1 | 8 & U 100 Free Relay | 2 |
| 3 | 10 & under 200 Free Relay | 4 |
| 5 | 6 & U 25 Breast | 6 |
| 7 | 7 & 8 50 Breast | 8 |
| 9 | 9 & 10 100 Breast | 10 |
| 11 | 6 & U 25 Fly | 12 |
| 13 | 7 & 8 25 Fly | 14 |
| 15 | 9 & 10 50 Fly | 16 |
| 17 | 6 & U 50 Back | 18 |
| 19 | 7 & 8 50 Back | 20 |
| 21 | 9 & 10 100 Back | 22 |
| 23 | 6 & U 25 Free | 24 |
| 25 | 7 & 8 25 Free | 26 |
| 27 | 9 & 10 50 Free | 28 |
| 29 | 7 & 8 100 I.M. | 30 |
| 31 | 9 & 10 200 I.M. | 32 |

AFTERNOON SESSION:

Warm-ups after morning session ends, but no earlier than 11:00 a.m.

| | | |
|----|---------------------------|----|
| 33 | 12 & under 200 Free Relay | 34 |
| 35 | Senior 200 Free Relay | 36 |
| 37 | 11 & 12 50 Free | 38 |
| 39 | 13 & 14 50 Free | 40 |
| 41 | Senior 50 Free | 42 |
| 43 | 11 & 12 200 Breast | 44 |
| 45 | 13 & 14 200 Breast | 46 |
| 47 | Senior 200 Breast | 48 |
| 49 | 11 & 12 50 Back | 50 |
| 51 | 13 & 14 100 Back | 52 |
| 53 | Senior 100 Back | 54 |
| 55 | 11 & 12 400 I.M. | 56 |
| 57 | 13 & 14 400 I.M. | 58 |
| 59 | Senior 400 I.M. | 60 |
| 61 | 11 & 12 200 Free | 62 |
| 63 | 13 & 14 200 Free | 64 |
| 65 | Senior 200 Free | 66 |

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| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|-------------------------|-------------|
| 67 | 8 & U 100 Medley Relay | 68 |
| 69 | 10 & U 200 Medley Relay | 70 |
| 71 | 6 & U 50 Free | 72 |
| 73 | 7 & 8 50 Free | 74 |
| 75 | 9 & 10 100 Free | 76 |
| 77 | 6 & U 25 Back | 78 |
| 79 | 7 & 8 25 Back | 80 |
| 81 | 9 & 10 50 Back | 82 |
| 83 | 7 & 8 50 Fly | 84 |
| 85 | 9 & 10 100 Fly | 86 |
| 87 | 7 & 8 25 Breast | 88 |
| 89 | 9 & 10 50 Breast | 90 |
| 91 | 6 & U 100 Free | 92 |
| 93 | 7 & 8 100 Free | 94 |
| 95 | 9 & 10 200 Free | 96 |

AFTERNOON SESSION:

Warm-ups after morning session ends, but no earlier than 11:00 a.m.

| | | |
|-----|-------------------------|-----|
| 97 | 12 & U 200 Medley Relay | 98 |
| 99 | Senior 200 Medley Relay | 100 |
| 101 | 11 & 12 100 Free | 102 |
| 103 | 13 & 14 100 Free | 104 |
| 105 | Senior 100 Free | 106 |
| 107 | 11 & 12 100 Fly | 108 |
| 109 | 13 & 14 200 Fly | 110 |
| 111 | Senior 200 Fly | 112 |
| 113 | 11 & 12 100 Back | 114 |
| 115 | 13 & 14 200 Back | 116 |
| 117 | Senior 200 Back | 118 |
| 119 | 11 & 12 50 Breast | 120 |
| 121 | 13 & 14 100 Breast | 122 |
| 123 | Senior 100 Breast | 124 |
| 125 | 11 & 12 500 Free | 126 |
| 127 | 13 & 14 500 Free | 128 |
| 129 | Senior 500 Free | 130 |

WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USA-S), Wisconsin Swimming Inc., Fond du Lac Community Aquatic Center, Fond du Lac Swim Club and the West Bend Swim Club and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet.

CLUB NAME: _____ CLUB ALPHA CODE: _____

Signature of club official, parent/guardian, coach: _____

Mailing address for final results:

Name: _____

Address: _____

City: _____

Zip Code: _____

E-mail: _____

Name of USS Registered Coaches representing your team at the meet:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name, Phone number and E-mail of person to contact regarding this entry form:

Name: _____ Phone: _____

E-mail: _____

ENTRY RECAP:

Number of Total Individual Events: _____ X \$4.00 ea. = \$_____

Number of Relay Entries: _____ X \$12.00. ea. =\$_____

Number of Individual Swimmers entered: _____ X \$3.00 ea. = \$_____

Total Entry Fee: Check # _____

Make checks payable to Fond du Lac Swim Club and mail with waiver & entry form to:

Kris Engstrom
3931 Victoria Drive
West Bend, WI 53090 (262) 338-6114
Engstrom6@charter.net

ENTRIES DUE: September 30, 2010