

Fond du Lac Swim Club
IMX CHALLENGE
FRIDAY & SATURDAY, January 14 & 15, 2012
Fond du Lac Community Aquatic Center

APPROVAL #: WI 2012-125A

In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

HOST : Fond du Lac Swim Club (FSC)

LOCATION: Fond du Lac Community Aquatic Center
100 W. 9th St.
Fond du Lac, WI 54935 (920) 929-3536

AGE DIVISION: AM Sessions: 9 - 10, 10 & U, 11 - 12
PM Sessions: 8 & U, 13 – 14, 15 – 18, Open

MEET DIRECTOR: Sheri Dowidat
huntmad@gmail.com
10-15 minute breaks may be added at the discretion of the Meet Director. Please email as you submit your entries as to which of your athletes are taking part in the IMX challenge to insure they are eligible to compete in the challenge.

ENTRY CHAIR Nate Zabel
fscmeets@gmail.com
920-948-8498

FACILITY: Eight 7-foot lanes, 25 yard pool with non-turbulent lane dividers and backstroke flags, recessed deck, 30-inch high fixed starting blocks, 4'9" to 5' pool depth at the starting end. Non-starting end of the pool is 4'. Balcony seating for 320 spectators. This competition course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4). All events will start at the starting end, including 8 & Under events.

TIMING: Colorado electric timing system with touch pads and manual back-up buttons and horn start. Each lane has two timers with electronic stopwatches.

- RULES:** Official USA-S Rules shall prevail for this meet. Age is as of January 14, 2012.
- TIME:** Warm ups to start at 7:00am-8:00am both days. The meet starts at 8:05am. The PM warm ups start immediately following the end of the AM Session (but not before 11am) and will last 45 minutes. General warm-ups/circle swimming will be in all lanes for each warm-up session. Push-pace and sprint lines will be opened and closed as necessary by the Meet Director and Meet Marshals. Sit and slide or 3 point entry will be enforced during general warm-ups
- OFFICIALS:** Meet Referee: Scott Krueger Additional officials: Chad Behling; Officials from other teams are welcome and should contact Chad Behling to volunteer. (behling4@scbglobal.net)
- SEEDING:** This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of his/her events. **All 8 & under events will be staged.** Please have all your 8 & Under swimmers report to the designated staging area for their events. **Positive check in required of all 400 IM's, 500 Frees and 1000's Free events.**
- ENTRIES** Individuals may enter 4 individual events on Saturday plus relays, and 4 individual events on Sunday, plus relays. A team may enter an unlimited number of relays in any relay events. Ages are as of January 14, 2012. Swimmers with special needs should be noted on your entry form. Your coach is responsible for notifying the head official during warm-ups of any special needs of your swimmers.
- Deck registrations will not be accepted. Deck entries may be accepted to fill open lanes in existing heats only at \$5.00 per individual event and \$14.00 per relay. Deck Entries will close 30 minutes prior to the beginning of each session. Plus \$2.00 splash fee, if necessary. No deck entries will be accepted without a current USA Swimming registration being shown to the meet director.
- ENTRIES & DEADLINE** **Meet entries due by December 30, 2011.** Signed waiver/paperwork and payment due by January 3, 2012. No phone entries will be accepted. All entries must be accompanied with a check covering all team entries. Entries must be sent via Hytek Team manager provided that the Team Manager Event #'s associate with the Meet manager event #'s and a hard copy of the Team manager entry is included. Name the meet in Team Manager "FSC JANUARY 2012". Please check that all swimmers have USA-S memberships and are submitted to the LSC registration chair before the entry deadline.
- ENTRY FEES:** \$4.00 per individual events, \$12.00 per relay, splash fee of \$2.00 per Individual.

- ADMISSIONS: \$3.00 per spectator over 12 years of age. Heat sheet \$3.00 per session.
- AWARDS: Medals 1st-3rd, Ribbons 4th-12th place.
Relays will be awarded 1st-6th place ribbons.
Heat Awards will in all 8 & Under Events
High Point Awards: Trophies 1st-3rd place, Medals 4th – 12th place.
High Point Awards will be awarded to those swimmers who **legally** complete ALL REQUIRED IMX EVENTS for their age group (10 & U, 11-12, 13-14, 15-18). Swimmers that deck seed into an IMX event or are designated to Sheri Dowidat by the entry deadline will not be eligible for a High Point Award. High Point Awards will be calculated using the standard 16 place scoring method. Points from non-IMX events will not count toward the High Point Award. No Team High Point Trophies are being awarded.
- FINAL RESULTS: One copy of the meet's results will be sent to each team. A meet back-up will be posted at www.wisconsinswimming.org The swimmers IMX Score / Ranking can be obtained on the USA Swimming website after the final results of this meet have been posted /submitted to SWIMS.
- FOOD: Concessions will be provided throughout the meet.
- CONDUCT: Each team is responsible for the behavior of their swimmers. The meet director or meet marshal may remove any swimmers from the competition for disruptive or disorderly behavior.
In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.
Any swimmer entered in the meet be certified by a USA Swimming member coach as being proficient in performing a racing start each race from within the water, When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

TO COMPLETE THE IMX CHALLENGE, A SWIMMER WILL NEED TO SWIM THE FOLLOWING EVENTS:

Age Groups and Events

The following single age groups and event combinations are used by USA Swimming in tabulating and scoring a swimmer's IMX ranking:

10 & Under:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-12 year old:

200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13 – 14; 15 – 18 year old:

200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

Please email huntmad@gmail.com before the entry deadline as to which of your athletes are taking part in the IMX challenge to insure they are eligible to compete for the High Point Award.

The IMX Challenge is tabulated annually for both short course and long course performances.

**FOND DU LAC SWIM CLUB
IMX CHALLENGE
SATURDAY, January 14, 2012**

MORNING SESSION
Warm ups 7:00 am, Meet start 8:05 am

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|-----------------------------|-------------|
| 1 | 11-12 200 Medley Relay | 2 |
| 3 | 10 & Under 200 Medley Relay | 4 |
| 5 | 11-12 200 Free | 6 |
| 7 | *10 & Under 100 Breast | 8 |
| 9 | *11 & 12 100 Breast | 10 |
| 11 | 9-10 50 Free | 12 |
| 13 | 11-12 50 Free | 14 |
| 15 | *10 & Under 100 Back | 16 |
| 17 | *11-12 100 Back | 18 |
| 19 | 10 & Under 50 Fly | 20 |
| 21 | 11-12 50 Fly | 22 |
| 23 | *10 & Under 200 IM | 24 |
| 25 | *11 – 12 200 IM | 26 |

AFTERNOON SESSION
Warm-ups after morning session ends, but no earlier than 11 am

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|-----------------------|-------------|
| 27 | Open 200 Medley Relay | 28 |
| 29 | 13-14 200 Back | 30 |
| 31 | Open 100 Back | 32 |
| 33 | 8 & Under 100 IM | 34 |
| 35 | *13-14 200 IM | 36 |
| 37 | *15-18 200 IM | 38 |
| 39 | Open 200 IM | 40 |
| 41 | 8 & Under 50 Free | 42 |
| 43 | 13-14 50 Free | 44 |
| 45 | Open 50 Free | 46 |
| 47 | *13-14 200 Breast | 48 |
| 49 | *15-18 200 Breast | 50 |
| 51 | Open 200 Breast | 52 |
| 53 | 8 & Under 25 Fly | 54 |
| 55 | 13-14 100 Fly | 56 |
| 57 | Open 100 Fly | 58 |
| 59 | *13-14 500 Free*** | 60 |
| 61 | *15-18 500 Free*** | 62 |
| 63 | *Open 500 Free*** | 64 |

*IMX Event
Positive Check In Required***

**FOND DU LAC SWIM CLUB
IMX CHALLENGE
SUNDAY, January 15, 2012**

MORNING SESSION

Warm-ups 7:00 am, Meet start 8:05 am

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|---------------------------|-------------|
| 65 | 10 & Under 200 Free Relay | 66 |
| 67 | 11-12 200 Free Relay | 68 |
| 69 | 10 & Under 25 Breast | 70 |
| 71 | 11-12 50 Breast | 72 |
| 73 | *10 & Under 100 Fly | 74 |
| 75 | *11-12 100 Fly | 76 |
| 77 | 10 & Under 100 Free | 78 |
| 79 | 11-12 100 Free | 80 |
| 81 | 10 & Under 50 Back | 82 |
| 83 | 11-12 50 Back | 84 |
| 85 | *10 & Under 200 Free | 86 |
| 87 | *11-12 500 Free*** | 88 |

AFTERNOON SESSION

Warm-ups after morning session ends, but no earlier than 11 am

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|---------------------|-------------|
| 89 | Open 200 Free Relay | 90 |
| 91 | *13-14 200 Fly | 92 |
| 93 | *15-18 200 Fly | 94 |
| 95 | Open 200 Fly | 96 |
| 97 | 8 & Under 25 Breast | 98 |
| 99 | 13-14 100 Breast | 100 |
| 101 | Open 100 Breast | 102 |
| 103 | 8 & Under 25 Back | 104 |
| 105 | *13-14 200 Back | 106 |
| 107 | *15-18 200 Back | 108 |
| 109 | Open 200 Back | 110 |
| 111 | 13-14 100 Free | 112 |
| 113 | 8 & Under 25 Free | 114 |
| 115 | Open 100 Free | 116 |
| 117 | *13-14 400 IM*** | 118 |
| 119 | *15-18 400 IM*** | 120 |
| 121 | Open 400 IM*** | 122 |
| 123 | Open 400 Free Relay | 124 |
| 125 | Open 1000 Free*** | 126 |

*IMX Event

Positive Check In Required***

WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrator and assign, waive and release any and all claims against United States Swimming (USS), Wisconsin Swimming, Inc., City of Fond du Lac Taylor Park Pool, Fond du Lac Swim Club and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet. I/we are bona-fide eligible USS swimmers and eligible to compete in all events I/we have entered.

CLUB NAME: _____ CLUB ALPHA CODE: _____

Signature of club official, parent/guardian, coach: _____

Mailing address for final results:

Name: _____

Address: _____

City/State: _____

Zip Code: _____

Name of USS Registered Coaches representing your team at the meet:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name, Phone number and E-mail of person to contact regarding this entry form:

Name: _____ Phone: _____

E-mail: _____

ENTRY RECAP:

Number of Total Individual Events: _____ X \$4.00 ea. = \$ _____

Total # of Relays in Meet _____ X \$12.00 ea. = \$ _____

Number of Individual Swimmers entered: _____ X \$2.00 ea. = \$ _____

Total Entry Fee: \$ _____ Check # _____

Make checks payable to Fond du Lac Swim Club and mail with waiver & entry form to:

FSC
P.O. Box 731
Fond du Lac, WI 54936