Fond du Lac Swim Club

"SOS"

SAVE OUR SWIM HOLE MEET FRIDAY & SATURDAY, June 17 & 18, 2011 Fond du Lac Taylor Park Pool

APPROVAL #: W12011-244A

In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. This being an approved meet, we welcome YMCA

swimmers.

HOST: Fond du Lac Swim Club (FSC)

LOCATION: Fond du Lac's, 50 meter, Taylor Park Pool*

104 Mary's Avenue Fond du Lac, WI 54935

Weather Delay: If weather delays are necessary we will make every attempt to complete all events. If it is necessary to cancel

events, entry fees will not be refunded.

AGE DIVISION: Friday: 12-U, Open

AM Sessions: 8 & U, 13 - 14, Open

PM Sessions: 9-10, 11-12

MEET DIRECTOR: Sheri Dowidat

huntmad@gmail.com

10-15 minute breaks may be added at the discretion of the Meet

Director.

ENTRY CHAIR Nate Zabel

fscmeets@gmail.com

920-948-8498

FACILITY: Six lane, 50 meter pool. Pool depth is 12 feet at the start end and 3

feet at turn end. Blocks are 29.5 inches high. This competition course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4). Please be advised that due to the depth of the

non-starting end of the pool, the 2nd and 4th leg of all 200-

Yard/Meter relays will start in the water.

TIMING:

Colorado System 6 timing system with touch pads at both ends and horn start. Each lane has two timers with electronic stopwatches.

RULES:

Official Long Course USA-S Rules shall prevail for this meet. Swimmers must be registered USA Swimmer. Age is as of June 17, 2011.

TIME:

Friday warm ups to start 4:00pm - 5:00pm. The meet starts at 5:05pm.

Saturday warm ups to start at 7:00am-8:00am. The meet starts at 8:05am. The PM warm ups start immediately following the end of the AM Session and will last 1 hour. General warm-ups/circle swimming will be in all lanes for each warm-up session. Push-pace and sprint lines will be opened and closed as necessary by the Meet Director and Meet Marshals. Sit and slide or 3 point entry will be enforced during general warm-ups

OFFICIALS:

Meet Referee: Scott Krueger Additional officials: Chad Behling; Officials from other teams are welcome and should contact Chad Behling to volunteer. (behling4@scbglobal.net)

SEEDING:

This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of his/her events. All 8 & under events will be staged. Please have all your 8 & Under swimmers report to the designated staging area for their events.

ENTRIES

Individuals may enter 2 individual events on Friday plus relays, and 4 individual events on Saturday, plus relays. A team may enter an unlimited number of relays in any relay events. All swimmers must be registered USA-S. Ages are as of June 17, 2011. Swimmers with special needs should be noted on your entry form. Your coach is responsible for notifying the head official during warm-ups of any special needs of your swimmers.

Deck registrations will not be accepted. Deck entries may be accepted to fill open lanes in existing heats only at \$5.00 per individual event and \$14.00 per relay. Deck Entries will close 30 minutes prior to the beginning of each session. Plus \$2.00 splash fee, if necessary. No deck entries will be accepted without a current USA Swimming registration being shown to the meet director.

ENTRIES & DEADLINE

Meet entries due by June 8, 2011. Signed waiver/paperwork and payment due by June 13, 2011. No phone entries will be accepted. All entries must be accompanied with a check covering all team entries. Entries must be sent via Hy-tek Team manager provided that the Team Manager event #'s associate with the Meet manager event #'s and a hard copy of the Team manager entry is included. Name the meet in Team Manager "FSC JUNE 2011". Please check that all swimmers have USA-S memberships and are submitted to the LSC registration chair before the entry deadline.

ENTRY FEES: \$4.00 per individual events, \$12.00 per relay, splash fee of \$2.00

per Individual.

ADMISSIONS: \$3.00 per spectator over 12 years of age. Heat sheet \$3.00 per

session.

AWARDS: Seniors- None: – 14& Under ribbons will be awarded 1st-12th place.

Relays will be awarded 1st-6th place ribbons.

FINAL RESULTS: A meet back-up will be posted at www.wisconsinswimming.org

FOOD: Concessions will be provided throughout the meet.

CONDUCT: Each team is responsible for the behavior of their swimmers. The

meet director or meet marshal may remove any swimmers from the

competition for disruptive or disorderly behavior.

In accordance with the Federal Video Voyeurism Prevention
Act of 2004 – the use of camera phones or video recording

devices in the locker rooms is prohibited.

Any swimmer entered in the meet be certified by a USA Swimming member coach as being proficient in performing a racing start each race from within the water, When unaccompanied by a membercoach, it is the responsibility of the swimmer or the swimmer's legal

guardian to ensure compliance with this requirement

FOND DU LAC SWIM CLUB SOS FRIDAY, June17, 2011

AFTERNOON SESSION

<u>Event</u>	<u>Boys</u>
Open 400 Free Relay	2
12 & Under 400 Free Relay	4
Open 200 Fly	6
12 & Under 100 Fly	8
Open 200 Breast	10
12 & Under 100 Breast	12
Open 400 Medley Relay	14
12 & Under 400 Medley Relay	16
Open 400 IM	18
12 & Under 200 IM	20
10 Minute in water break	
Open 400 Free	22
	Open 400 Free Relay 12 & Under 400 Free Relay Open 200 Fly 12 & Under 100 Fly Open 200 Breast 12 & Under 100 Breast Open 400 Medley Relay 12 & Under 400 Medley Relay Open 400 IM 12 & Under 200 IM 10 Minute in water break

FOND DU LAC SWIM CLUB SOS SATURDAY, June18, 2011

SATURDAY MORNING

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
23	8 & under 200 Medley relay	24
25	13 & 14 400 Medley Relay	26
27	8 & Under 50 Free	28
29	13 & 14 50 Free	30
31	Open 50 Free	32
33	8 & Under 100 Free	34
35	13 & 14 200 IM	36
37	Open 200 IM	38
39	8 & Under 50 Fly	40
41	13 & 14 100 Fly	42
43	Open 100 Fly	44
45	8 & Under 50 Back	46
47	13 & 14 100 Back	48
49	Open 100 Back	50
51	8 & Under 50 Breast	52
53	13 & 14 100 Breast	54
55	Open 100 Breast	56
57	8 & Under 200 Free Relay	58
59	Open 200 Free	60
	10 Minute in water break	
61	Open 400 Free Relay	62

SATURDAY AFTERNOON

Girls 63 65 67 69 71 73 75 77 79 81 83	Event 9 & 10 200 Medley Relay 11 & 12 200 Medley Relay 9 & 10 50 Free 11 & 12 50 Free 9 & 10 50 Breast 11 & 12 50 Breast 9 & 10 50 Fly 11 & 12 50 Fly 9 & 10 50 Back 11 & 12 50 Back 9 & 10 200 Free	Boys 64 66 68 70 72 74 76 78 80 82 84

¹⁰⁻¹⁵ minute breaks may be added at the discretion of the Meet Director.

WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrator and assign, waive and release any and all claims against United States Swimming (USS), Wisconsin Swimming, Inc., City of Fond du Lac Taylor Park Pool, Fond du Lac Swim Club and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet. I/we are bona-fide eligible USS swimmers and eligible to compete in all events I/we have entered.

CLUB NAME:	CLUB ALPHA CODE:
Signature of club official, parent/guardian, co	pach:
Mailing address for final results:	
Name:	
Address:	
City/State: Zip Code:	
Name of USS Registered Coaches represen	
Name:	Phone:
Name:	Phone:
Name, Phone number and E-mail of person	to contact regarding this entry form:
Name:	Phone:
E-mail:	
ENTRY RECAP:	
Number of Total Individual Events:	X \$4.00 ea. = \$
Total # of Relays in Meet	X \$12.00 ea. = \$
Number of Individual Swimmers entered:	X \$2.00 ea. = \$
Total Entry Fee: \$	Check #
Make checks payable to Fond du Lac Swim	Club and mail with waiver & entry form to:
FSC P.O. Box 731	

Fond du Lac, WI 54936