



2010 LONG Course Season
Voting Ballot for coaches and swimmers of the year

Age Group Coach of the Year:

MICHAEL HAMM – WEST

Michael did a great job coaching the 12 and Unders at the State and Zone Meets this summer. He had numerous State Champions and finalists at the Zone C Meet. Coached 3 State record swims this summer. He is developing into an outstanding coach! He does an excellent job balancing training and stroke technique with the swimmers, and works well with all levels of athletes.

BRETT WILSON – DFAC

Brett's athletes have done a great job. His enthusiasm is great on the pool deck

MARK GWIDT – OZ

Produced an outstanding group of 11-12 girls this past summer. The group went on to break many Relay State records and win many individual events.

Mark Gwidt continually puts age group swimmers on the podium at the state meet. His teams have scored more points than any of his previous teams at the LSC State Championships. This year he assembled one of the fastest 11&12 girls teams. His swimmers and relays broke many state records on their way to the State Championship.

STU SCHAFFER – MSS

MSS long course state total 557 in 2010 vs. 239 in 2009. 12 7 Under Division 2 champions

MARK SCHRANK – SWAT

For outstanding achievement coaching SWAT. It is Mark's last year as a USA coach and we will miss him.

Mark's 13-14 swimmers helped SWAT to a 2nd place finish at 13 & Over state and he also coached Team Wisconsin at Zones.

BOB JENKYNs – LAKE

Once again put together stellar age group team which placed 3rd. Primary coach of Holly Stoll (1st High Point) Jasmine Hellmer(2nd Place H.P.) State champion Kelly Jacob. ALL of coach Jenkyns underwent significant time drops during season due to his commitment to stroke improvement and innovative practices ideas. Swimmers under him feel apart of a special team and have a great bond. He is dedicated to his swimmers and produces champions year after year.

NICKI TEW – NBSC

Nicki lead NBSC to a 2nd place Division 2 finish. Her swimmer Madison Tew set the state record and she had numerous top 8 swims and zone qualifier. She was a great Team Wisconsin Coach.

SENIOR Coach of the Year:

DAVE ANDERSON – SSTY

Dave had a 4x100m free relay win at Sr. nationals. 5th place 4x100m medley relay, 12th place mens team at Senior Nationals. Very good team performance at Speedo Sectional.

FREDERICK RUSSEL – EBSC

1500 LCM – Kelsey Hojan-Clark (16:46.53 4th USA Junior Nationals), Kayla Dlugopolski (17:13.51), Sara Brzozowski (17:41.27) 800 LCM – Kelsey Hojan-Clark (8:49.70 2012 Trials Standard), Kayla Dlugopolski (9:04.48), Sara Brzozowski (9:19.23) Wisconsin LC Championships – 13&14 Boys 2nd, 15&16 Girls 2nd, 4th Combined (Large Team Division)

Coach Russell trained Kelsey Hojan-Clark to a 4th place finish in the 1500 at the Junior National Meet in Irvine

Fred Russel has been a part of Wisconsin Swimming for a long time. He has produced many incredible swimmers, his most recent one, Kelsy Hogen-Clark. He coached Kelsy to a top 4 finish in the Women's mile, the highest placed of all Wisconsin Swimming athletes at this year's Junior Championships. This award for him is long overdue.

BLAINE CARLSON – WEST

Lead Waukesha Express to a dominate 13&Over state meet. His group of senior swimmers are always placing in the top 8 and top 16 as well as producing several top end swimmers. One of which earned an Olympic time standard as well as two top 16 placements at the Speedo Junior National. He also produced a top 6 swim at the highly competitive Speedo Junior National meet.

WEST had a dominant team performance at LC state (13 & Over) and represented WI well at Jr's.

Outstanding WEST's performance at 13 & Over state scoring 3,916.5 points and winning by 2,398.5 buy second place.

PAULA CAUCUTT – ECY

Paula is expert in the area of technique and it shows with 4 of her swimmers becoming state champions, Austin Byrd, Alex and Paul Delakis and Lea Pronchinski. Paula is dedicated to her swimmers and is constantly working and learning of new ways to help swimmers achieve their goals. Paula is also very supportive of her fellow WI LSC coaches and is supportive and always there to share tips to help others. Both Alex and Leah are Junior National qualifiers. She produces champions in a small club environment.

Age Group MALE Swimmer of the year

MICHAEL DRAVES – BAC

If you don't want to vote for a ten year old, thats fine, but Mik had a great summer. He won all 7 events at long course state, all team records. He was also a part of the state-record setting 200 MR. At Zones he was top 5 in all his races, including wins in the 100 free, 200 IM, and 200 free, which set a new zone record.

Many state records and victories as well as a great performance at the ZONE meet

2nd place High Point at zones. 1st place 100 free at zones, 1st 200 free and zone record, 1st in the 200am at zones

NICK PETERSEN – OZ

Broke long standing state and Central Zone records and ranked number 2 nationally in 100m fly, 200 IM state record last set in 1993. Swept all events entered in L.C. State and Zone Central meets. Real Team leader

1st place 100 free, 1st place 100 back, 1st place at 100 fly(zone record -1987), at zones. Fast relay splits! 1st at High Point at 13 & O.L.C. State

Nick Petersen had an outstand LC season setting the State Records in both the 100m fly and 200 m IM. He won every race with ease and is ranked nationally in all of his main events. To show is versatility, he won the State Open Water Championships for his age-group. Nick is truly a special athlete.

Zone-state champion-state record

NICHOLAS POTTER – DFAC

13 year old state champion of 13-14 400 IM. Highest IMX ranking in state. Nationally ranked #13 in 13 year old 1500 free

RYAN SCRIPP – GBY

High Point winner at 2010 WI LC state meet. Won all 7 events. High point at 2010 Central Zone Meet in Kenosha. Won the Open water race also.

Age Group FEMALE Swimmer of the year

DOROTHY HALMY – WEST

Dorothy broke 3 state records this summer in the 200 m Fly (2:28.89); 400 m Free (4:38.62); and 1500 m Free (18:23.76). She also missed 3 more state records in the 200 m free (2:12.62) by less than a second; in the 800 m Free (9:38.36) by .50; and in the 400 m IM (5:23.23) by .50. Dorothy swam to three 2nd place finishes at the Zone C Meet in the 200 m Free, 400 m Free, and 200 m Fly. She was state champion this summer in three events (200 m Free, 800 m Free, and 200 m Fly).

State records in 3 individual events: 200 FLY, 400/1500 Free and nearly missed the state record in the 800 free

ALEX MEYERS – SSTY

Junior qualifier in 100m free and a new state record 27.24, 58.1, 2:06.70, 4:28.75

HOLLY STOLL – LAKE

WI state and Central Zone High Point Champion.

Won every event she entered at state, zone/state open water champ, zone H. Point / state champion

10 & Under Girls High Point L.C. state champion. Established 8 new Lake Country team records. 10 & under Girls H. Point champion at Zones C. 1st place in 3 individual events at zones. Zone C 10 & under Girls open water champion. 1st place in 7 individual events L.C. State. Over all a great trainer, competitor with tremendous attitude.

BEATA NELSON – MWY

3rd place high point at Zones as an 11yr old.

BRIANA KRUPSKY – MSS

Briana won the 100 fly and 400 IM (in a state record). 2nd in 200 fly (also a state record) and 800. Incredibly positive and friendly at all meets.

KATIE DRABOT – OZ

Won the high point for best overall 11-12 Girl in one of the most talented field in years. State record in 200 IM and all 11-12 girls relays.

Senior MALE Swimmer of the year

CHRIS MEYERS – SSTY

Jr. qualifier in 100m breast, very close to jr. cuts in 200IM, 200 Breast and had a break through summer.

BYRON BUTLER – WEST

Winner of the 100/200 Fly 100/200 back and 200 IM at the state meet. He continues to improve each year and widen his abilities to many other events.

T.J. THOMPSON – WBSC

Won 5 freestyle events at L.C. State in addition to a High Point Award.

5 time state champion in impressive format. Consistently getting faster each year.

KEVIN BASEHEART – SSTY

Member of Men's 4 x 100 free relay NATIONAL CHAMPIONS
Member of Men's 4 x 100 Medley Relay 5th place at nationals (54.44 100 fly split)
Sectionals - 50 fr 24.03 - 200 fr 1:55.70 - 100 fly 54.75
USA NATS - 4free relay leadoff 51.50 - 2fly 2:02.26

Senior FEMALE Swimmer of the year

ANNA MEINHOLZ – WEST

Anna missed qualifying for the top 8 at Jr. Nationals in the 200m Breast by .01. Her time in the 200m Breaststroke of 2:34.97 made the 2012 Olympic Trial Qualifying time by more than a second (13th place finish). She also just missed making the Olympic Trial Qualifying time in the 100m breast by .19.

Two top 16 placements at the Speedo Junior National meet, 100 and 200 breaststroke. She earned the Olympic Trials time standard in the 200 breast and nearly missed the same standard in the 100 breast.

SIERRA KUHN – VAC

Great summer at all of season ending meets

High point at 13 & over state, Junior Nats cut.

6 time state champion and then went to swim at nationals.

KELSEY HOJAN-CLARK – EBSC

1500 LCM Freestyle – (16:46.53)

4th USA Junior Nationals

Breaking previous WI Swimming 17&18 Girls State Record of 17:01.20

800 LCM Freestyle – (8:49.70) - 2012 Olympic Trials Standard

Breaking previous WI Swimming 17&18 Girls State Record of 8:58.11

200 LCM Butterfly–(2:18.34)Breaking WI Swimming 17&18 Girls State Record of 2:18.62

400 LCM Individual Medley - (4:57.44) - Breaking WI Swimming 17&18 Girls State Record of 4:58.19

*Records based on 05/01/10 update

400 IM – 2010 LCM Speedo Champion

200 BK/400 IM – 2010 LCM Wisconsin Swimming State Champion

4th place finish in the 1500 at the Junior National Meet in Irvine

Highest place for WI swimmers at Jr. Nats, 4th place in 1500 free

After completing a successful LC Season, Kelsy went to Irvine, CA and had the highest individual place of any Wisconsin athlete at our National Championships. Her time in the 1500m Free ranks her first nationally for her age group and shattered the state record.

JESSICA WOLF – WEST

Jessica swam to a 6th place finish in the 1500m Freestyle at the Summer Jr. National Championships. Her time of 16:54.56 broke the 15-16 girls State Record by 3 seconds. She also swam a great 800m Free with a time of 8:58.49

AJA VAN HOUT - BAC





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Please return your votes to Carol Graham by **Monday, November 1st** – cagraham@wi.rr.com or Wisconsin Swimming - Carol Graham - 1716 Thrush Lane Mequon, WI 53092 – Thank you!

*Name of coach nominating: _____ *Team: _____ USA Registration #: _____

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<i>MARK GWIDT – OZ</i> _____	<i>STU SCHAFFER – MSS</i> _____
<i>MARK SCHRANK – SWAT</i> _____	<i>BOB JENKINS – LAKE</i> _____
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SENIOR Coach of the Year:

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<i>BLAINE CARLSON – WEST</i> _____	<i>PAULA CAUCUTT – EGY</i> _____

Age Group MALE Swimmer of the year

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<i>HOLLY STOLL – LAKE</i> _____	<i>BEATA NELSON – MWY</i> _____
<i>BRIANA KRUPSKY – MSS</i> _____	<i>KATIE DRABOT – OZ</i> _____

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