## WHEN:

June 25 - 27, 2010

## WHERE

Erb Park Pool, 1800 N. Morrison St, Appleton

## Registration:

Team entries will be accepted. Please submit team entries in meet manager file via email to sbryson@ymcafoxcities.org

Individual entries: Interested swimmers not currently registered on a recognized swim team should contact Silvia Bryson at sbryson@ymcafoxcities.org or by phone at 920-954-7627 to register for the meet
*NOTE: There Is No On-Site Registration!*
DEADLINES : June $1^{\text {st }} 2010$

## Fees:

$\$ 20$ per day or $\$ 55$ for the full three day meet

## FACILITY

50 meter heated outdoor pool with eight $9^{\prime}$ wide lanes, non turbulent lane dividers, 11' starting depth and $3^{\prime} 3^{\prime \prime}$ depth at the shallow end.
The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2(c).

Meet Approval: WI2010-223A

SCHEDULE (Schedule subject to change, check this page for future updates.)

## Check-in:

Friday: Warm-up 12:00 am meet starts at 1:05 pm
Saturday \& Sunday: Warm-up 8:00 am meet starts at 9:05 am
Note: there will be a short warm-up prior to the 1500 freestyle on Saturday with timing announced at the venue.

## Start Time:

Friday - $1: 05$ pm
Saturday - 9:05 am
Sunday - 9:05 am

## Warm-Ups

First 30 minutes: Circle swim all lanes.
Last 30 minutes: Circle swim \& Sprints
Feet first entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition

## Running Order:

*Heat sheets will be available for purchase each day (\$5).

| Friday |  |  |  |
| :---: | :---: | :---: | :---: |
| Girls | Age Group | Event | Boys |
| 1 | $10 \& U$ | 200 Freestyle | 2 |
| 3 | $11-12$ | 200 Freestyle | 4 |
| 5 | $13-14$ | 200 Freestyle | 6 |
| 7 | $15-18$ | 200 Freestyle | 8 |
| 9 | $8 \& U$ | 50 Breast | 10 |
| 11 | $9-10$ | 50 Breast | 12 |


| 13 | $11-12$ | 50 Breast | 14 |
| :---: | :---: | :---: | :---: |
| 15 | $13-14$ | 100 Breast | 16 |
| 17 | $15-18$ | 100 Breast | 18 |
| 19 | $8 \& U$ | 50 Fly | 20 |
| 21 | $9-10$ | 50 Fly | 22 |
| 23 | $11-12$ | 50 Fly | 24 |
| 25 | $13-14$ | 100 Fly | 26 |
| 27 | $15-18$ | 100 Fly | 28 |
| 29 | $8 \& U$ | 200 IM | 30 |
| 31 | $9-10$ | 200 IM | 32 |


| Saturday |  |  |  |
| :---: | :---: | :---: | :---: |
| Girls | Age Group | Event | Boys |
| 33 | $11-12$ | 200 IM | 34 |
| 35 | $13-14$ | 200 IM | 36 |
| 37 | $15-18$ | 200 IM | 38 |
| 39 | $8 \& U$ | 50 Freestyle | 40 |
| 41 | $9-10$ | 50 Freestyle | 42 |
| 43 | $11-12$ | 50 Freestyle | 44 |
| 45 | $13-14$ | 50 Freestyle | 46 |
| 47 | $15-18$ | 50 Freestyle | 48 |
| 49 | $10 \& U$ | 100 Breast | 50 |
| 51 | $11-12$ | 100 Breast | 52 |
| 53 | $13-14$ | 200 Breast | 54 |
| 55 | $15-18$ | 200 Breast | 56 |
| 57 | $8 \& U$ | 50 Back | 58 |
| 59 | $9-10$ | 50 Back | 60 |
| 61 | $11-12$ | 50 Back | 62 |
| 63 | $13-14$ | 100 Back | 64 |
| 65 | $15-18$ | 100 Back | 66 |
| 67 | $11-12$ | 1500 Free* | 68 |
| 69 | $13-14$ | 1500 Free* | 70 |
| 71 | $15-18$ | 1500 Free* | 72 |


| Sunday |  |  |  |
| :---: | :---: | :---: | :---: |
| Girls | Age Group | Event | Boys |
| 73 | $8 \& U$ | 100 Freestyle | 74 |
| 75 | $9-10$ | 100 Freestyle | 76 |
| 77 | $11-12$ | 100 Freestyle | 78 |
| 79 | $13-14$ | 100 Freestyle | 80 |
| 81 | $15-18$ | 100 Freestyle | 82 |
| 83 | $10 \& U$ | 100 Back | 84 |
| 85 | $11-12$ | 100 Back | 86 |
| 87 | $13-14$ | 200 Back | 88 |
| 89 | $15-18$ | 200 Back | 90 |
| 91 | $10 \& U$ | 100 Fly | 92 |


| 93 | $11-12$ | 100 Fly | 94 |
| :---: | :---: | :---: | :---: |
| 95 | $13-14$ | 200 Fly | 96 |
| 97 | $15-18$ | 200 y | 98 |

*1500 Freestyle swimmers must provide own timers and lap counters.
** Sunday event entries may need to be limited based to fit time available to complete session. Sunday session must be completed by noon.

## Timing System:

All events will be timed finals. Colorado timing system (pads at both ends) and HyTEK software will be used in addition to manual stopwatches using two timers per lane.

## Rules:

USA Swimming \& Wisconsin long course rules prevail for the meet. Fly over starts will be used.

## Entries:

Swimmers may compete in a maximum of three (3) events per day. WISCONSIN RESIDENTS ONLY. Deck entries will not be allowed.

## COMPETITION

Seed Times: Submit most current achieved LONG COURSE METER or converted short course yard and meter times to ensure appropriate swimmer seeding and maximum meet efficiency. Converted results will be accepted and are encouraged. If you do not have a seed time for an event, enter 99999. Do not call with updated times after your entry has been submitted.

Divisions: (Age determined as of June 25, 2010) Medals awards first three swimmers in each event.

Ages 8 \& Under
Ages 9-10
Ages 11-12
Ages 13-14
Ages 15-18
General Rules:
In accordance with the Federal Video Voyeurism Prevention Act of 2004 - the use of camera phones or video recording devices in the locker rooms is prohibited.

## Governing Body:

USA Swimming approved meet.
USA Swimming membership not required.

## COMMISSIONERS

Mark Van Hout; 920-205-5926

## ADDITIONAL INFORMATION

Wisconsin Sports Development Corporation
608-226-4780

