

Senior Committee Meeting – April 14, 2005

The Senior Committee has been charged with the task of creating a quality State Meet that promotes competition while at the same time allowing for a manageable meet for competitors, spectators, and meet management. The meet should be at the size that it can be hosted in any of the top facilities in the state. By creating too large of a meet we are limiting the number teams that can host the meets, as well as the number of sites that can accommodate the meet. The changes that were made were done to meet these needs.

The following is a summary of the decisions made at the Senior Committee meeting:

1. Acceptable proof of times will include a printout of the Star database (pending acceptance by the rules committee).
2. Meet format will follow guidelines set forth by USA Swimming.
 - A. The following Event order will be used for a three day meet.
 - Friday: 100 Breast, 200 Free, 100 Fly, 200 IM, 800 Free Relay (swum fastest to slowest in prelims, with top 8 returning for finals), 800 Free (swum fastest to slowest in prelims, with top 8 returning for finals). In finals the 800 free and 800 free relay event order switch.
 - Saturday: 200 Free Relay, 400 IM, 50 Free, 200 Breast, 100 Back, 400 Med Relay, 400 Free. In the finals the 400 free and 400 free relay events are switched. The 400 free and 400 free relay are swum fastest to slowest in the morning, and slowest to fastest in finals. The top 8 are always the final heat in finals.
 - Sunday: 200 Back, 100 Free, 200 Fly, 400 Free Relay, 1500. In finals the 1500 is the first event. The 1500's will be swum slowest to fastest, with the second fastest heat beginning one hour before the start of the final's session warm-ups.
3. The idea of separating 15-16's from Senior was addressed, but determined that in the Long Course season the numbers would not allow for quality racing. The winter time would be more appropriate for the 13-14, 15-16, Senior split.
4. Teams with 0-4 State qualifiers are allowed an "A" relay, teams are required to have 5-8 for a "B" relay, additional relays will be allowed every 4 participants.
5. Athletes are allowed a maximum of 5 events.
6. The 50 stroke events will be eliminated. The committee felt that we are moving towards the National event order. The 200 sprint relays are being kept, although they are not Nationally recognized, to allow athletes to have the opportunity to race 50's of strokes. Also, the inclusion of 13-14's into the meet would have required additional heats of the stroke thereby increasing the time line of the meet.

It was also suggested that the 50's are returning an "age group" mentality, and not promoting the best long term interest of a developing athlete.

7. The committee would like to see pace lanes established during warm-ups, and during 15 minute in water breaks.
8. Distance events:
 - All distance events including the 400's, are all timed final events.
 - Only the Top 8 returning for finals events as well.
 - 1500's will be run between sessions. This will allow the athletes a chance to come later in the session, plus there will be a greater number of spectators for the events.
 - The 800 and 1500 will be combined events with 13-14 and Seniors competing together, and separated out for awards.
9. Meet management must provide timers for distance swimmers if they are providing them for all prelims and finals swims.
10. There will be no Bonus Heats.
11. A consol and final heat of the 400 relays will be swum in the evening (Slowest to fastest), except for the 13-14 age group. 13-14's will have a final heat only.
12. There will be 5 min breaks before all relays and 15 min. breaks before distance events.
13. Award presentations will occur after every two events in finals. It is the team's responsibility to have the swimmer (or proxy) ready to receive his/her award.