

Central Zone Championship Meet
Pool Events
Wichita, Kansas
August 9-11, 2002

SANCTION:

Sanctioned by Missouri Valley Swimming, on behalf of USA Swimming.
Sanction Number MV-02-46

RULES:

Current USA Swimming long course rules will govern the Meet.

PARTICIPATING TEAMS:

Arkansas, Illinois, Lake Erie, Missouri Valley, Ohio, Oklahoma, Wisconsin,

SPONSORS:

USA Swimming and USA Swimming Central Zone Committee

HOST:

Wichita Swim Club and Missouri Valley Swimming

MEET SITE:

Garvey Aquatic Center
8323 East Douglas
Wichita, KS 67207

FACILITY:

Competition pool is eight-lane 50 meter indoor pool. Lanes are nine feet wide with Kiefer non-turbulent lane lines. Pool is eight-feet deep at start end and 4-feet deep at turn end. Colorado Electronic Timing System with touch pads, horn start and 8 display scoreboard will be used. Additional lesson pool will be available for warm up/warm down.

MEET SCHEDULE:

Prelims for 13-14 and 15-18: Warm-up 7:00 a.m., Start 8:40 a.m.

Finals for 13-14 and 15-18: Warm-up 4:00 p.m., Start 5:00 p.m.

Warm-up for finals will start as indicated or at conclusion of 12 & Under session. Finals will start one hour after the start of warm-up.

Timed Finals for 10 & Under, 11-12: Warm-up at the conclusion of the a.m. session. Start one hour later. Warm-ups for 12 & Under events may be split. Note: Start times for the 12 & Under sessions will be posted on the host website www.centralzones.org by 6:00 p.m. Wednesday and at the venue.

At the discretion of the Referee, at least 15 minutes will occur between swims for the same individual.

REGISTRATION:

Registration will be held at the Garvey Aquatic Center, Thursday from 1:00 p.m. to 7:00 p.m. All teams should schedule their arrival to register during these hours.

GENERAL MEETING:

A Pre-Meet general meeting is scheduled for Thursday at 7:00 p.m. at the Garvey Aquatic Center for all coaches and LSC representatives. Meet procedures and Meet information will be discussed. Members of the Meet Committee will be identified. No deviation from the Meet information may occur without unanimous agreement by all designated LSC representatives. Warm-up lanes and times will be assigned at this meeting.

OFFICIALS' MEETING:

National certification for officials will be available for this Meet. An officials' meeting will convene one hour prior to the start of each session.

SAFETY PROCEDURES:

Safety procedures will be followed during the meet, including Thursday warm-up session. Coaches must be in control of their swimmers during the warm-up periods. The designated safety officer will address all coaches and officials prior to the start of the first session each day regarding the pool safety equipment and procedures.

LSC REPRESENTATIVE:

Each LSC must have a representative to act as a liaison between the LSC and the Meet Director. It is recommended that this person NOT be the LSC's Head Coach. This designated person must be identified to the Meet Director either with the meet entries or at the Pre-Meet meeting on the Thursday prior to the start of the Meet.

ATHLETE ATTITUDE:

CODE OF CONDUCT and MEDICAL RELEASE sample forms are included with this Meet Information. If the LSC does not have its own form, these may be duplicated and signed by each athlete and his/her parent(s). Each LSC representative must have these documents at the Meet each day. The Code of Conduct will be enforced.

ELIGIBILITY:

- A. Regular (not seasonal) USA Swimming members with the LSC they represent, who have a National Long Course AAA time achieved between the first day of the first Central Zone Championship Meet the previous year, and the entry deadline for the present Central Zone Championship Meet are eligible, except as noted in D below or as listed in Additional Provisions.
- B. Qualifying time standards for the 15-18 age group will be the National 15-16 or 17-18 AAA times, whichever is the slower of the two standards.
- C. Swimmers who have achieved the short course National AAA time but not the long course time during the qualification period must enter with the times actually achieved, annotating them as short course yards (SCY) or short course meters (SCM) times (See SEEDING below).
- D. Each LSC may enter two (2) 12 & Under and two (2) 13-18 swimmers with a disability. These swimmers with a disability will not be required to have achieved the qualifying time standards for their age groups/events.
- E. The swimmer's age shall be as of August 9, 2002.

ENTRY LIMITS:

- A. 12 & Under swimmers may enter no more than six (6) individual events of which no more than five (5) may occur on any given day.
- B. 13 & Over swimmers may enter no more than five (5) individual events of which no more than three (3) may occur on any given day.
- C. Each LSC may enter two (2) relays per relay event.
- D. No limit exists on the number of swimmers that an LSC may enter in an individual event.

ENTRY FEES:

\$5.00 per individual event

\$10.00 per relay

Make check payable to **Wichita Swim Club**

ENTRY CHAIRMAN:

Send entries to Scott Berry
 8323 East Douglas
 Wichita, KS 67207
 316-683-1491
 scott@wichitaswimclub.org

ADDITIONAL PROVISIONS:

- A. If the LSC has no qualifiers in an event for the 10 & Under and 11-12 age groups, the LSC may enter one swimmer in that event. If an LSC has fewer than two qualifiers in an event for the 13-14 or 15-18 age groups, the LSC may enter up to two swimmers maximum in that event. Non-qualifiers must be entered at no time (NT). These entries must be submitted with the original entry.

Age Group	# of Qualifiers Entered by an LSC	# of Additional Entries an LSC is Permitted for Non-Qualifiers
10 & Under	0	1
10 & Under	1	0
11-12	0	1
11-12	1	0
13-14	0	2
13-14	1	1
13-14	2	0
15-18	0	2
15-18	1	1
15-18	2	0

- B. The non-qualifying entries shall be entered at no time (NT).
- C. The LSC must coordinate relay entries. Determination of the swimmers composing the relays is at the discretion of the LSC.
- D. Swimmers who achieve or exceed an individual event cut for the USA Swimming National Championship Meet prior to the National Championship entry deadline may not enter or participate in that event or swim that stroke in a relay at the Zone Championship Meet. This applies to times achieved during the Zone Championship Meet qualification time period. Entries for swimmers who achieved a National Championship qualifying time AFTER the entry deadline for that Meet must include the date the National Championship qualifying time was achieved.

ENTRY PROCEDURES:

- A. The LSC must submit its entries as one team. All individual and relay entries shall be consolidated and submitted as one entry. No Club entries are acceptable.
- B. Each LSC must identify, on the official form, the name of the LSC and the name, address and telephone number of the person in charge of entries for that LSC.
- C. Each swimmer entry must include first and last name, age as of the first day of the Meet, home club codes, and complete USA Swimming registration number. Relay-only swimmers must be included on the entry form with all information required for individual event swimmers.
- D. Entries shall be submitted to the host entry chairperson electronically using SDIF compatible file by noon Tuesday preceding the meet. The hard copy of the meet entries and meet information shall be received by 6:00 p.m. Wednesday preceding the meet.
- E. No phone entries are acceptable. No deck entries are acceptable. E-mail entries are accepted and encouraged. Each LSC is responsible for following up with a phone call to the meet host to make certain that the entries were received.

ENTRY DEADLINE:

Entries must be received electronically by noon Tuesday, August 6, 2002 and the hard copy by 6:00 p.m. Wednesday, August 7, 2002.

ENTRY PROTEST:

Entry protests shall follow the guidelines of Section 207.5 of the USA Swimming Rules and Regulations book.

SEEDING:

- A. Individual Events:
 - 13-14 and 15-18 – Preliminary/Finals format except for 800 and 1500 Free. Prelim/Final events will have two (2) final heats (championship final heat and consolation final heat).
 - 10 & Under and 11-12 – Timed Finals.
- B. The events shall be seeded:
 - First – Conforming times (LCM)
 - Second – Non-conforming times (SCM then SCY)
 - Third – Non-qualifying times (NT)

- C. 800 and 1500 Free shall be Timed Finals with the fastest seeded heat of women and fastest seeded heat of men swimming in Finals. All other 800 and 1500 heats shall be swum as preliminary heats, swimming fastest to slowest, alternating women and men.
- D. Swimmers 13-18 shall be combined for swimming and scored separately as 13-14 and 15-18 for the 800 and 1500 Free event.
13-14 and 15-18 relays will be Timed Finals, swum during the Finals of Friday and Saturday and in the preliminary session on Sunday.
10 & Under and 11-12 relays will be Timed Finals, swum during the afternoon sessions.

SCRATCHES:

- A. If a swimmer wishes to scratch from a preliminary or timed final event (except for the 800 or 1500 Free), a “scratch box” will be available until the start of the Pre-Meet Thursday evening meeting. No penalty exists for failure to scratch.
- B. A positive check-in is required for the 800 and 1500 Free on the day of the event. No penalty exists for failure to check-in. However, once checked-in, the swimmer must compete or be barred from the next individual event in which the swimmer is entered. The “next individual event” shall mean the next individual event in which the swimmer is entered either that day or the next Meet day.
- C. A positive check-in is required for all relay events on the day of the event. Relay cards designating the swimmers’ names and meet ID numbers shall be submitted to the meet management of the day of the relay. Scratches must be declared, with no penalty for failure to scratch.
- D. If a swimmer wishes to scratch from the finals or consolation finals of a prelim/finals event, the swimmer must declare that he/she may not intend to compete within thirty (30) minutes of the posting of the preliminary results. The swimmer must further declare his/her final intention(s) within thirty (30) minutes following his/her last individual preliminary heat for that session. Failure to compete in a consolation or championship final event shall result in the swimmer being barred from his/her next individual event.
- E. First and second alternates shall be announced along with the Finals qualifiers. These alternates shall not be penalized if unavailable to compete in the Finals.

SCORING:

- A. Individual events:
20, 17, 16, 15, 14, 13, 12, 11, 9, 8, 7, 6, 5, 4, 3, 2, 1
- B. Relay events:
40, 34, 32, 30, 28, 26, 24, 22

AWARDS:

- A. Individual events:
1st-8th place: Medals with neck ribbons
9th-16th place: Ribbons for 12 and Under swimmers only.

- B. Relay events: 1st-3rd place: Medals with neck ribbons.
- C. High Point Award: 1st-3rd for boys and girls in each age group.
- D. Team Awards: 1st-3rd combined points
- E. Awards ceremony: The awards ceremony for 12 & Under events will take place following each event cycle. The awards ceremony for 13 & Over events will take place following each Finals event cycle. 12 & Under individual high point awards will be given at the conclusion of Sunday's Timed Finals session. 13 & Over individual high point awards and team awards will be given at the conclusion of Sunday's Finals session.

DECK PASSES:

Deck Passes for LSC coaches and team managers shall be issued to the representative of each LSC according to the list submitted with the entry form, not to exceed one (1) per ten (10) swimmers, with a minimum of five (5) passes.

GENERAL ADMISSION TICKETS:

The Meet host shall provide each LSC with six (6) complimentary admission tickets and programs per session. These are not deck passes or hospitality passes – strictly an admission pass. A suggested use would be for “club” coaches who are not part of the LSC Zone Team.

MEET WARM-UP PROCEDURES:

- A. Warm-ups shall be split for the preliminary sessions (two 40-minute sessions, with an additional 15-minute session for starts and pace work only). The times and lane assignments for the 40-minute sessions will be announced at the Pre-Meet meeting Thursday evening. Lanes will be assigned according to LSC team size and alternating early-late time assignments. The time and lane specifications for the starts and pace sessions will be announced. During the 40-minute sessions, the coach shall have charge of the assigned lane.
- B. During warm-up for the 12 & Under sessions and the Finals sessions there will be a 40-minute general warm-up with circle swimming. This will be followed by 15 minutes of sprint lanes (with starts off the blocks) and pace lanes, at the discretion of the Meet Referee.
- C. Swimmers may not dive into the pool during general warm-up. Any swimmer diving into the pool may be disqualified from one or more events at the discretion of the Meet Referee.

MEET PROGRAM/FINAL RESULTS:

- A. Meet Programs will be available for \$10.00. Finals Heat Sheets will be available for \$1.00 per session. Final Results may be ordered for \$10.00.
- B. The Meet Host shall send complimentary Final Results to Zone Directors, Age Group Coordinator, Assistant Age Group Coordinator, Zone Records Coordinator, Zone Secretary, and to each participating LSC's General Chairman, Age Group Chairman, Senior Chairman, Zone Manager, Secretary or Permanent Office staff, and OVC/Records Chairman.

VOLUNTEERS:

Timers and officials from visiting LSCs are encouraged and welcome. Please indicate the names of interested persons when entries are submitted or identify volunteers at the meet.

MEET DIRECTORS:

Eric Nelson; Scott Berry
 8323 E. Douglas
 Wichita, KS 67207
 316-683-1491
enelson@wichitaswimclub.org; scott@wichitaswimclub.org

OFFICIALS:

Referee: Jim Devine
 Marshall: Rob Knapp

REFRESHMENTS:

A large selection of healthy items will be available at the concession stand.

TEAM PICTURES:

Team pictures will be taken in the Independent Middle School gymnasium. The cost of the pictures will be \$12.00. Checks should be made payable to **Stephens Photography**. See schedule below for picture time.

LODGING/CAMPING:

Please see enclosed sheet for lodging options.

SCHEDULE FOR THURSDAY REGISTRATION/TEAM PICTURES AND WARM-UP:

Team	Registration/Team Picture	Warm-up
Missouri Valley	12:30 p.m.-1:00 p.m.	1:00 p.m.-2:00 p.m.
Oklahoma	1:30 p.m.-2:00 p.m.	2:00 p.m.-3:00 p.m.
Arkansas	1:30 p.m.-2:00 p.m.	2:00 p.m.-3:00 p.m.
Illinois	2:30 p.m.-3:00 p.m.	3:00 p.m.-4:00 p.m.
Wisconsin	3:30 p.m.-4:00 p.m.	4:00 p.m.-5:00 p.m.
Ohio	4:30 p.m.-5:00 p.m.	5:00 p.m.-6:00 p.m.
Lake Erie	5:30 p.m.-6:00 p.m.	6:00 p.m.-7:00 p.m.