

**2007 12 & Under Wisconsin Long Course State Championships**  
**Hosted by Lake Country Swim Team**  
**WI Sanction # 2007-093WI**

DATE: July 27 - 29, 2007

LOCATION: Schroeder YMCA  
9250 N. Green Bay Road  
Brown Deer, WI 53209-1104

FACILITY: The Schroeder Aquatic Center is an eight lane, 50 meter pool with non-turbulent lane markers and backstroke flags. Pool depth at starting end is 7' and 17'. Block height is 29.5".

CLASSIFICATION: Wisconsin State Championship Time Standards, LSC dictated.

TIME SCHEDULE: Warm-up and Meet start times are shown below. Afternoon warm-up will start approximately 30 minutes after the conclusion of the morning session. Warm-up and start times will be posted on [www.wisconsinsswimming.org](http://www.wisconsinsswimming.org) after all entries have been received. All breaks will be determined after the timeline has been generated, and are at the meet management's discretion.

Friday evening:

Warm-ups	3:00-4:10 PM
Meet start	4:15 PM

Saturday & Sunday morning:

Warm-ups	8:30-9:40 AM
Meet start	9:45 AM

Saturday & Sunday afternoon:

Warm-ups	~30 minutes after AM session, 70 minutes long
Meet start	5 minutes after the conclusion of warm-up

WARM-UP PROCEDURE: Teams will be assigned lanes and times for the first 50 minutes of warm-up (25 minute time periods). The final 20 minutes will be: circle swim, push pace, and sprint lanes designated as needed. At least one lane of the 25 yard YMCA pool will be available for warm down and warm-up during the meet.

MEET MANAGEMENT: Meet Director and Entries Chair (send entries and all pre-meet inquiries):

Mark Kohnhorst (Meet Director) or Darsi Kohnhorst (Entry Chair)  
PO Box 181  
Hartland, WI 53029  
Phone: 262-367-7657  
E-mail: [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net)

OFFICIALS: Starter/Referee will be appointed by Wisconsin LSC.  
Officials coordinator: George Geanon

ENTRY DEADLINE: Entries (Email, disk or handwritten) must be received by **Noon, Tuesday July 17<sup>th</sup>, 2007**. Waiver, hard copy of entry forms and non-refundable fees must be received by the entry chair no later than **Friday, July 20<sup>th</sup>, 2007**. No phone entries will be accepted. All express mail must be pre-signed so it will not require a signature for delivery. Teams are strongly encouraged to submit their entries via a Hy-Tek disk or e-mail file.

NEW CUT DEADLINE: Additional entries will be accepted up until **Noon, Monday, July 23<sup>rd</sup>, 2007**, for first time cuts only, and only for cuts made after the initial entry deadline. Additional relays will also be accepted if there are additional new swimmers who qualified at a meet after the initial entry deadline. THERE WILL BE NO UPDATING OF PREVIOUSLY ENTERED TIMES. Swimmers entered in seven events by the initial deadline who make an additional cut at a subsequent meet may substitute the event in which the new cut was achieved for an event already entered. All additional entries will be accepted from the team's entry person only. These additional entries must be emailed to [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net). No phone entries will be accepted.

Any corrections(s) to team entries must be made by **Noon, Monday, July 23<sup>rd</sup>, 2007**

A psyche sheet will be posted on **Tuesday, July 24<sup>th</sup>, 2007**.

INDIVIDUAL ENTRIES: Swimmers may compete in **FIVE** individual events per day plus relays up to a maximum of **SEVEN** individual events for the meet.

- BONUS EVENT:** A bonus event is allowed for swimmers who do not have the maximum number of events allowed for the meet. Swimmers should enter their bonus event at their best time or NT (if no seed time in that event). Swimmers are only allowed ONE bonus event! \*\*\*Please note: bonus events should be included in your Hy-Tek file and tagged as a bonus event.
- TIME STANDARDS:** Swimmers must meet 12 & Under State Championship qualifying times as set by Wisconsin Swimming, available at [www.wisconsinswimming.org](http://www.wisconsinswimming.org).
- RELAY ENTRIES:** Teams may enter an "A" relay regardless of athlete count. In order for a team to enter a "B" relay, the team must have at least five individual qualifiers in that age group/gender. For example: your team has five 10 & under boys qualified for the meet, your team is allowed an A and B relay for all 10 & under boy relays. If you have nine athletes, in that age group/gender then you can add a "C" relay, and so on.
- ENTRY TIMES** DO NOT CONVERT. Swimmers must be entered at their best time. All courses may be used for entry. Non-conforming times will be seeded after LCM times. The order used for seeding will be LCM-SCM-SCY.
- ENTRY FEES:** \$3.00 LSC splash fee per swimmer  
\$5.00 per individual events  
\$16.00 per relay  
Please note: Relay-only swimmers MUST also pay the \$3.00 LSC splash fee.
- PROOF OF TIME:** Swimmers whose entry times are not verified in the SWIMS database and fail to achieve the time standard at the meet must prove they have achieved the time standard with a printed meet result or pay a \$50.00 fine. Proof must be provided before swimming their next event or before the swimmer's team competes in any further relays. All swimmers disqualifying in individual events must also prove their times. The Proof-of-time table will be located outside of the pool office. Time trials from this meet will not be accepted as a proof of time.
- POSITIVE CHECK-IN:** Positive check-in will be required for all events that are 400 meters and longer (including the 400 meter relays). Check-in will close no more than 30 minutes prior to the start of the session in which the event is contested.
- 800 AND 400 FREE:** The 800 and 400 meter freestyle events will be run fast-to-low, alternating girls and boys
- SCRATCH RULES:** Wisconsin Swimming scratch rule applies to this meet.
- Individual Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, who has checked in for the event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer is entered on that day or the next meet day, whichever is first. Events seeded on the deck shall be closed for seeding no earlier than (30) minutes prior to the start of the session in which the event is scheduled.*
- Relay Events Seeded on the Deck - Any relay entered in a relay event that is seeded at the meet, that has been checked in and the swimmers' names declared for that event, must swim the event unless the clerk of course is notified before the seeding for that event is begun that the relay team wishes to scratch. A relay team member failing to appear ready to swim for the relay event shall be barred from the next individual event in which the swimmer is entered, either that or the next meet day. The relay team members who do appear ready to swim shall not be penalized for failure of the other relay team members to appear. Exceptions-Relay teams or team members who give acceptable notification to the referee of illness, injury, or that failure to compete caused by circumstances beyond the control of the swimmer(s) shall not be penalized. Finals shall include those relay events deck seeded but swum as timed finals in prelim-finals competition.*
- DECK SEEDING:** Deck entries will not be accepted. Relay only swimmers can deck enter up until the end of the warm-up session in which they will swim. Deck registrations will not be accepted.
- DISABLED SWIMMERS:** Please indicate on the entries form any special needs for those athletes requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.
- AWARDS:** MEDALS: Individual Events 1-8 Relays 1-3  
RIBBONS: Individuals Events 9-16 Relays 4-16  
INDIVIDUAL HIGH POINT AWARDS: 1-3 per age group  
AGE GROUP TEAM AWARDS 1-3

- AWARDS (cont.)** Breaks for awards presentations will be determined once a meet timeline has been generated. The meet timeline will be posted online as soon as it is determined.
- State Championship T-shirts will be awarded to the winner of each event including relays (limit one per swimmer).
- SCORING:** This meet will be scored through 16<sup>th</sup> place: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1  
Points are doubled for relays
- COACHES:** Meet packets can be picked up outside of the pool office. There will be a brief coaches' meeting before the start of the meet and throughout the meet as necessary. Meeting location will be announced during warm-ups.
- MEET CONDUCT:** Only coaches, swimmers, and meet workers are allowed on deck and in the lower bleachers. Teams are asked that following each session of the meet they pick up any garbage in their immediate team area. By order of the Brown Deer Fire Department, there will be no videotaping, watching the meet, or picture taking allowed in any area of the stairwells or upper stair well landing areas. No coolers or large bags will be allowed in the spectator area. Anyone violating these rules may be removed from that area. Please exercise consideration for your fellow spectators at all times to make for an enjoyable meet for everyone. Swimmers (and their bags) should sit in their team's area in the lower bleachers, not in the spectator stands. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property will be required to leave the competition.
- ADMISSIONS:** Five dollars admission will be charged during each session for all spectators, 12 and over. Session heat sheets will be available for purchase for two dollars. Discounted admission will be available for spectators attending multiple sessions.
- PARKING:** Limited parking will be located in the west parking lot. Additional parking is available on the nearby streets and in the Park and Ride lot south of Applebee's Restaurant.
- FINAL RESULTS:** Each participating club shall receive one copy of final meet results. Additional copies of final results can be ordered for \$15.00.
- LOST & FOUND:** There will be a lost and found area set up near the glass office. It is recommended that athletes do not bring expensive or valuable items to the meet. LAKE and the Schroeder YMCA are not responsible for lost items. Please check the lost and found area during the meet. Items not picked-up by the end of the meet will be discarded or donated to charity.
- CONCESSIONS:** According to the Brown Deer Health department, there will be no food or beverages allowed to be brought into the Schroeder Aquatic Center by parents or spectators. This includes the cafeteria area. Athletes are allowed to bring refreshments (liquids) but NO GLASS is allowed. There will be a superb selection of food and beverages available at the meet.

# 2007 12 & Under Wisconsin Long Course State Championships Hosted by Lake Country Swim Team

## ORDER OF EVENTS

Please note that breaks will be added after we generate the meet timeline.  
Awards breaks will also be included.

SCY	SCM	LCM	Girls	FRIDAY	Boys	LCM	SCM	SCY
2:50.49	3:10.29	3:11.59	<b>1</b>	11/12 200 Butterfly	<b>2</b>	3:07.89	3:04.49	2:44.29
1:11.69	1:19.99	1:21.49	<b>3</b>	10/u 100 Freestyle	<b>4</b>	1:23.39	1:20.99	1:12.49
37.29	41.59	42.39	<b>5</b>	11/12 50 Breaststroke	<b>6</b>	45.19	43.89	39.79
43.69	48.19	49.09	<b>7</b>	10/u 50 Breaststroke	<b>8</b>	50.89	49.39	45.29
			<b>9*</b>	11/12 400 Medley Relay	<b>10*</b>			
6:53.49	6:01.79	6:09.19	<b>11*#</b>	10/u 400 Freestyle	<b>12*#</b>	6:06.79	5:54.69	6:45.29
6:06.59	5:20.69	5:27.29	<b>13*#</b>	11/12 400 Freestyle	<b>14*#</b>	5:29.69	5:18.79	6:04.29
				<b>SATURDAY AM</b>				
			<b>15</b>	11/12 200 Free Relay	<b>16</b>			
			<b>17</b>	10/u 200 Free Relay	<b>18</b>			
5:41.69	6:21.49	6:26.09	<b>19*</b>	11/12 400 IM	<b>20*</b>	6:47.69	6:35.89	5:54.69
1:34.59	1:45.49	1:48.69	<b>21</b>	10/u 100 Breaststroke	<b>22</b>	1:50.49	1:46.59	1:35.59
1:21.49	1:30.99	1:33.69	<b>23</b>	11/12 100 Breaststroke	<b>24</b>	1:37.99	1:34.59	1:24.79
32.39	35.09	36.79	<b>25</b>	10/u 50 Freestyle	<b>26</b>	37.29	36.19	32.39
28.49	31.79	32.39	<b>27</b>	11/12 50 Freestyle	<b>28</b>	33.39	32.39	29.09
				<b>SATURDAY PM</b>				
1:13.19	1:21.69	1:22.69	<b>29</b>	11/12 100 Backstroke	<b>30</b>	1:25.49	1:22.99	1:14.39
1:22.49	1:33.29	1:34.39	<b>31</b>	10/u 100 Backstroke	<b>32</b>	1:36.19	1:32.39	1:23.69
1:14.39	1:22.99	1:23.59	<b>33</b>	11/12 100 Butterfly	<b>34</b>	1:26.39	1:25.39	1:16.49
1:26.79	1:37.99	1:38.69	<b>35</b>	10/u 100 Butterfly	<b>36</b>	1:45.99	1:44.69	1:33.79
13:03.99	11:25.99	11:39.99	<b>37*#</b>	11/12 800 Freestyle	<b>38*#</b>	11:56.19	11:32.59	13:11.39
				<b>SUNDAY AM</b>				
			<b>39</b>	11/12 200 Medley Relay	<b>40</b>			
			<b>41</b>	10/u 200 Medley Relay	<b>42</b>			
2:38.49	2:56.89	2:59.09	<b>43</b>	11/12 200 Backstroke	<b>44</b>	3:05.89	3:00.49	2:41.69
1:01.09	1:09.19	1:10.49	<b>45</b>	11/12 100 Freestyle	<b>46</b>	1:12.69	1:10.59	1:03.29
2:59.99	3:20.89	3:24.59	<b>47</b>	10/u 200 IM	<b>48</b>	3:26.19	3:18.99	2:58.29
2:35.59	2:53.59	2:56.79	<b>49</b>	11/12 200 IM	<b>50</b>	3:01.99	2:55.59	2:37.39
39.19	43.29	44.09	<b>51</b>	10/u 50 Backstroke	<b>52</b>	44.09	42.79	39.19
33.69	36.89	37.99	<b>53</b>	11/12 50 Backstroke	<b>54</b>	38.69	36.89	34.29
				<b>SUNDAY PM</b>				
2:38.49	2:55.89	2:59.09	<b>55</b>	10/u 200 Freestyle	<b>56</b>	2:58.59	2:54.49	2:36.29
2:17.39	2:33.29	2:35.19	<b>57</b>	11/12 200 Freestyle	<b>58</b>	2:38.09	2:34.49	2:18.29
31.09	35.39	36.09	<b>59</b>	11/12 50 Butterfly	<b>60</b>	37.69	36.59	33.29
37.69	41.79	42.59	<b>61</b>	10/u 50 Butterfly	<b>62</b>	43.49	42.09	38.39
2:59.09	3:19.79	3:23.49	<b>63</b>	11/12 200 Breaststroke	<b>64</b>	3:28.99	3:21.69	3:00.79
			<b>65*</b>	11/12 400 Free Relay	<b>66*</b>			

\* Positive Check-in Required.

# Run fast-to-slow alternating girls and boys.

**2007 12 & Under Wisconsin Long Course State Championships**  
**Time Trials**  
**Sanction #2007-094WI**

Time trials are only available to those swimmers entered in the 12 & Under State Championship meet.

**TIME SCHEDULE:** Time trials will be offered as time permits, at the discretion of the meet director.

**EVENTS:** See meet order of events.

**REGISTRATION:** Swimmer must register at the meet management table located outside of the pool office. Entry fee is \$8.00 for individual events and \$16.00 for relays. Entry deadlines will be posted once the timeline for the meet has been generated.

**PROCEDURES:** Swimmer must provide two timers, two watches, and counter (if needed). Meet host provides; officials, timing system operator, and meet management. It is the responsibility of the swimmer to be at the blocks and ready to swim at the start of time trials. Card must be turned in after completion of time trial regardless if swim achieves desired cut time. A meeting will be held for all time trial participants and their timers at the start of each time trial session. Heat and lane assignments will be handed out at that time. Entry limits must be followed, time trials are included. The maximum number of individual swims allowed per day is five.

**Waiver - Summary Entry Form**  
**(Entries will not be accepted without waiver form)**

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In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assignees, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of United States Swimming, Lake Country Swim Team, the Walter Schroeder Aquatic Center, and their staffs for the injuries and or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We also understand that it is our responsibility to ensure that all of our athletes and coaches are currently registered members of United States Swimming. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

**Make (2) copies of the entry forms:**

1. Mail one copy of entry form plus entry fees to the entry chair.
2. Retain one copy for coaches' records.

Club Name: \_\_\_\_\_ Abbr: \_\_\_\_\_

**Signature of Club Official, Parent, or Guardian**

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Entry Fee Recap:**

Total No. of Individual Events in Meet: \_\_\_\_\_ x Ind. Entry Fee @ \$5.00 = \$ \_\_\_\_\_

Total No. of Relays in Meet: \_\_\_\_\_ x Relay Entry Fee @ \$16.00 = \$ \_\_\_\_\_

\*\*Number of Swimmers Entered in Meet \_\_\_\_\_ X \$3.00 ea (WI LSC Splash Fee) = \$ \_\_\_\_\_

**(\*\*Be sure to include your "relay only" swimmers)**

**Make Checks Payable to: "LCST"** Your Check Number Is \_\_\_\_\_ Total Entry Fee = \$ \_\_\_\_\_

**Name of coaches representing your team at meet:**

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Name: \_\_\_\_\_ Phone \_\_\_\_\_

**Contact information for team entry person (in case of entry problem):**

Name: \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Name and address for mailing final results:**

Name: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

## 2007 Wisconsin 12 & Under LC State Championships

### Relay Entry Form

Team Name: \_\_\_\_\_ USA Team Code: \_\_\_\_\_

Entry Contact: \_\_\_\_\_ E-mail \_\_\_\_\_

Day Phone #: \_\_\_\_\_ Evening phone #: \_\_\_\_\_

**Please Write Legibly!**

Event Number-Description	A	B	C	D	E
#17 Girls 10-Un 200 Freestyle Relay					
#41 Girls 10-Un 200 Medley Relay					
#9 Girls 11-12 400 Medley Relay					
#15 Girls 11-12 200 Freestyle Relay					
#39 Girls 11-12 200 Medley Relay					
#65 Girls 11-12 400 Freestyle Relay					
#18 Boys 10-Un 200 Freestyle Relay					
#42 Boys 10-Un 200 Medley Relay					
#10 Boys 11-12 400 Medley Relay					
#16 Boys 11-12 200 Freestyle Relay					
#40 Boys 11-12 200 Medley Relay					
#66 Boys 11-12 400 Freestyle Relay					

