

EXPRESS DISTANCE CHALLENGE

Hosted by: Waukesha Express Swim Team

Sunday, June 8, 2008

Sanction #2008-120WI

Location: Waukesha South High School
401 E. Roberta Drive
Waukesha WI, 53186

Meet Director: Laurie Carlson
P.O. Box 1874
Waukesha WI, 53187
(262) 970-0641

Meet Entry Chair: Laurie Carlson
P.O. Box 1874
Waukesha, WI 53187
(262) 970-0641
laurie@waukeshaexpress.org

Facility: Eight or ten lane, 25 yard pool. Pool depth is 13 feet at the start end and 5' 10" feet at bulkhead (turn end). Blocks are 30 inches high. The pool features a 12 ½ by 14 ½ foot full color, digital display scoreboard. Concessions will be available. No food or beverage is allowed in the pool area.

Timing: Colorado System 6 timing system with aqua grip touch pads.

Rules: Official 2008 Short Course USA Swimming Rules and Wisconsin Swimming Rules shall govern the conduct of this meet. Swimmers must be registered Wisconsin USA swimmers. Age is as of June 8, 2008. Coaches must display their Coaches Card while on deck.

Schedule: Saturday
Warm-ups: 8:00 AM
Meet begins: 9:05 AM
Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.
The meet director will notify each club as to the approximate time for all sessions once all meet entries have been received.

Officials: Meet Referee: John Borja

Entries & Eligibility: All entries will be taken when accompanied by full payment. Swimmers may compete in two events. Deck entries will only be allowed if there are open lanes available. All deck entries are \$8.00 per event.

All swimmers must be registered USA-Swimming swimmers and their USA Swimming number MUST be listed on the official entry form. This includes relay only swimmers. Submit current yard times.

Completed entry form, signed waiver, and fees must be received no later than Wednesday, May 28, 2008. Any Questions concerning entries should be directed to Laurie Carlson, Meet Manager at 262-970-0641.

(THIS MEET IS BEING RUN ON HY-TEK SOFTWARE. PLEASE SUBMIT ENTRIES ON A 3.5 DISK AND INCLUDE A PRINTED COPY OF THE ENTRIES.)

Mail

Entries: Mail forms, signed waiver and fees (payable to WEST) to:

Waukesha Express Swim Team

P.O. Box 1874

Waukesha WI, 53187

All entries must be received by Wednesday, May 28, 2008.

Entry Fees: \$6.00 per individual event
\$2.00 per swimmer in an individual event for LSC tax (splash fee)
Entry fees must accompany the official entry forms and are not refundable.

Admissions: Admission: \$2.00
Heat sheets: \$2.00

Final

Results: Final results will be mailed to all competing teams. Extra copies may be ordered for \$8.00 each.

Seeding: All events will be positive check-in.

Conduct: Each team is responsible for the behavior of their swimmers. ***The Meet Director or Meet Marshall may remove any swimmer from competition for disruptive or disorderly behavior.***
In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.

Coaches: All coaches must pick up their coach’s packets in person and must show their coach’s card. If a coach does not present an USA-S card, they will not be allowed on deck and the swimmers for the team will be assigned to an USA-S certified coach for warm-ups.

Medical: Please indicate any special needs your swimmers may have on the entry form. We will do everything possible to accommodate them. This should include any existing conditions that may require meet management to activate the emergency response plan. Building personnel are trained in procedures required by Blood Borne Pathogens laws and will be responsible for any clean up required.

**EXPRESS DISTANCE CHALLENGE
ORDER OF EVENTS**

SINGLE SESSION		
1	OPEN 200 YD FREESTYLE	2
3	OPEN 400 YD IM	4
5	OPEN 200 YD BACKSTROKE	6
7	OPEN 500 FREESTYLE	8
9	OPEN 200 YD BREASTSTROKE	10
11	OPEN 200 YD BUTTERFLY	12
13	OPEN 200 YD IM	14
15	OPEN 1650 FREESTYLE	16

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WAIVER FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims, against the Waukesha School District, USA Swimming, Wisconsin Swimming, Inc., the Waukesha Express Swim Team and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona-fide amateur athletes and eligible to compete in all the events I/we have entered. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. All swimmers entered are current members of WI/USA Swimming Inc.

Club Name: _____ Initials (Four only) _____

Signature of Club Official, Parent or Guardian

Name: _____ Phone: _____

Title: _____ Email: _____

Address: _____

Entry Fee Recap: _____ Individual Events x \$6.00= \$ _____

Minus Reservation Paid = \$ _____

Bal. Due for Ind. Swims = \$ _____

PLUS: _____ LSC Surcharge x 2.00 = \$ _____
(# of swimmers in Individual Events)

Total Entry Fee Due = \$ _____

Name of coach or team representative at meet:

Name: _____ Phone: _____

Email: _____

Name and address for mailing of final results:

Name: _____

Address: _____

City, State, Zip: _____

Make checks payable to:

Mail Entries to:

Waukesha Express Swim Team

Laurie Carlson

Waukesha Express Swim Team

P.O. Box 1874

Waukesha, WI 53187

