

# 2006 MAY OPENER

Hosted by: Waukesha Express Swim Team

May 20 – 21, 2006

Sanction #2006-055WI

**Location:** Waukesha South High School  
401 E. Roberta Drive  
Waukesha WI, 53186

**Meet Director:** Jeff Wiesner  
P.O. Box 1874  
Waukesha WI, 53187  
(262) 970-0641

**Meet Entry Chair:** Laurie Carlson  
P.O. Box 1874  
Waukesha, WI 53187  
(262) 970-0641  
laurie@swim-express.com

**Facility:** Eight lane, 25 yard pool. Pool depth is 13 feet at the start end and 5' 10" feet at bulkhead (turn end). Blocks are 30 inches high. The pool features a 12 ½ by 14 ½ foot full color, digital display scoreboard. Concessions will be available. No food or beverage is allowed in the pool area.

**Timing:** Colorado System 6 timing system with aqua grip touch pads.

**Rules:** Official 2005 Short Course USS Rules and Wisconsin Swimming Rules shall govern the conduct of this meet. Swimmers must be registered Wisconsin USS swimmers. Age is as of May 20, 2006. Coaches must display their Coaches Card while on deck.

**Schedule:** Saturday & Sunday:  
AM Session Warm-ups: 7:00 – 8:00 AM  
AM Session (Prelims): 8:05 AM  
PM Session: Warm-ups will begin immediately at conclusion of AM session, and the meet will begin 65 minutes after the start of PM session warm-ups.  
Finals Warm-ups: 4:30 PM (estimated start time)  
Meet Begins: 5:30 PM (estimated start time)  
*The meet director will notify each club as to the approximate time for all sessions once all meet entries have been received.*

## WARM UP GUIDELINES

First 30 minutes:

All lanes circle swim

Last 30 minutes:

Sprint lanes in 1- 4

**Officials:** TBA

## Entries &

**Eligibility:** All entries will be taken when accompanied by full payment. Swimmers may compete in three events per day, plus relays. Deck entries will only be allowed if there are open lanes available. All deck entries are \$8.00 per event.

All swimmers must be registered USS swimmers and their USS number MUST be listed on the official entry form. This includes relay only swimmers. Submit current yard times.

**Completed entry form, signed waiver, and fees must be received no later than Tuesday, May 9, 2006.** Any Questions concerning entries should be directed to Laurie Carlson, Meet Manager at 262-970-0641.

**(THIS MEET IS BEING RUN ON HY-TEK SOFTWARE. PLEASE SUBMIT ENTRIES ON A 3.5 DISK AND INCLUDE A PRINTED COPY OF THE ENTRIES.)**

**Mail**

**Entries:** Mail forms, signed waiver and fees (payable to WEST) to:  
**Waukesha Express Swim Team**  
**P.O. Box 1874**  
**Waukesha WI, 53187**

**All entries must be received by Tuesday, May 9, 2006.**

**Entry Fees:** \$4.00 per individual event  
\$12.00 per relay event  
\$2.00 per swimmer in an individual event for LSC tax (splash fee)  
*Entry fees must accompany the official entry forms and are not refundable.*

**Admissions:** Admission is \$3.00 per spectator over the age of 12 and heat sheets are \$3.00.

**Awards:** Individual Events:  
1<sup>st</sup> – 8<sup>th</sup> place: Medals  
9<sup>th</sup> – 16<sup>th</sup> place: Ribbons  
  
Relay Events:  
1<sup>st</sup> – 8<sup>th</sup> place: Ribbons

**Scoring:** Sixteen place scoring will be used for individual events. Relay events scores will be doubled.

**Final**

**Results:** Final results will be mailed to all competing teams. Extra copies may be ordered for \$8.00 each.

**Seeding:** All individual events will be pre-seeded except for positive check-in for the 500 Freestyle. The 500 Freestyle will be timed finals and the top 8 swimmers in each age group will swim at night in the finals session. Swimmers must provide their own counter for the 500 Freestyle.

**Conduct:** Each team is responsible for the behavior of their swimmers. ***The Meet Director or Meet Marshall may remove any swimmer from competition for disruptive or disorderly behavior.***

**Coaches:** All coaches must pick up their coach's packets in person and must show their coach's card. If a coach does not present an USS card, they will not be allowed on deck and the swimmers for the team will be assigned to an USS certified coach for warm-ups.

**Medical:** Please indicate any special needs your swimmers may have on the entry form. We will do everything possible to accommodate them. This should include any existing conditions that may require meet management to activate the emergency response plan. Building personnel are trained in procedures required by Blood Borne Pathogens laws and will be responsible for any clean up required.

**2006 MAY OPENER  
ORDER OF EVENTS**

<b>SATURDAY AM SESSION (PRELIMS)</b>		
1	11- 12 100 yd. Backstroke	2
3	13 – 14 100 yd. Backstroke	4
5	Senior 100 yd. Backstroke	6
7	11 – 12 200 yd. Breaststroke	8
9	13 – 14 200 yd. Breaststroke	10
11	Senior 200 yd. Breaststroke	12
13	11 – 12 100 yd. Butterfly	14
15	13 – 14 100 yd. Butterfly	16
17	Senior 100 yd. Butterfly	18
19	11 – 12 50 yd. Freestyle	20
21	13 – 14 50 yd. Freestyle	22
23	Senior 50 yd. Freestyle	24
25	11-12 200 yd. Freestyle Relay*	26
27	Senior 200 yd. Freestyle Relay*	28
29	11 – 12 500 yd. Freestyle**	30
31	13 – 14 500 yd. Freestyle**	32
33	Senior 500 yd. Freestyle**	34
<b>SATURDAY PM SESSION (TIMED FINALS)</b>		
35	10 & under 200 yd. Freestyle	36
37	8 & under 25 yd. Freestyle	38
39	6 & under 25 yd. Freestyle	40
41	10 & under 100 yd. Breaststroke	42
43	8 & under 25 yd. Breaststroke	44
45	6 & under 25 yd. Breaststroke	46
47	10 & under 50 yd. Backstroke	48
49	8 & under 100 yd. Free Relay	50
51	10 & under 200 yd. Free Relay	52
53	10 & under 50 yd. Butterfly	54
55	8 & under yd. 100 IM	56
57	10 & under yd. 100 IM	58
<b>SUNDAY AM SESSION (PRELIMS)</b>		
59	11 – 12 200 yd. IM	60
61	13 – 14 200 yd. IM	62
63	Senior 200 yd. IM	64
65	11 – 12 100 yd. Freestyle	66
67	13 - 14 100 yd. Freestyle	68
69	Senior 100 yd. Freestyle	70
71	11 – 12 200 yd. Backstroke	72
73	13 – 14 200 yd. Backstroke	74
75	Senior 200 yd. Backstroke	76
77	11 – 12 100 yd. Breaststroke	78
79	13 – 14 100 yd. Breaststroke	80
81	Senior 100 yd. Breaststroke	82
83	11 – 12 200 yd. Butterfly	84
85	13 – 14 200 yd. Butterfly	86
87	Senior 200 yd. Butterfly	88
89	11 – 12 200 yd. Medley Relay*	90

91	Senior 200 yd. Medley Relay*	92
<b>SUNDAY PM SESSION (TIMED FINALS)</b>		
93	10 & under 50 yd. Freestyle	94
95	10 & under 100 yd. Backstroke	96
97	8 & under 25 yd. Backstroke	98
99	6 & under 25 yd. Backstroke	100
101	10 & under 50 yd. Breaststroke	102
103	8 & under 100 Medley Relay	104
105	10 & under 200 Medley Relay	106
107	10 & under 100 yd. Butterfly	108
109	8 & under 25 yd. Butterfly	110
111	6 & under 25 yd. Butterfly	112
113	10 & under 200 yd. IM	114

\*The top 8 relays for the 11 – 12, 13 – 14, and Senior age groups will be swum at the beginning of the finals session on that day.

Relay events 25, 26, 27, 28 will be the first event of the finals session on Saturday.

Relay events 89, 90, 91, 92 will be the first event of the finals session on Sunday.

\*\*All swimmers entered in the 500 Freestyle will need to check – in for their race. When the timeline for the meet is published the check – in time will be included. The 500 Freestyle is a timed final event. The top 8 swimmers for Events 29, 30, 31, 32, 33, 34 will swim at night during finals session.

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**WAIVER FORM**

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims, against the Waukesha School District, USS, the Waukesha Express Swim Team and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona-fide amateur athletes and eligible to compete in all the events I/we have entered. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. All swimmers entered are current members of WI/USA Swimming Inc.

Club Name: \_\_\_\_\_ Initials (Four only) \_\_\_\_\_

Signature of Club Official, Parent or Guardian

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Title: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Entry Fee Recap: \_\_\_\_\_ Individual Events x \$4.00 = \$ \_\_\_\_\_

Minus Reservation Paid = \$ \_\_\_\_\_

Bal. Due for Ind. Swims = \$ \_\_\_\_\_

PLUS: \_\_\_\_\_ Relay Events x \$12.00 = \$ \_\_\_\_\_

\_\_\_\_\_ LSC Surcharge x 2.00 = \$ \_\_\_\_\_  
(# of swimmers in Individual Events)

Total Entry Fee Due = \$ \_\_\_\_\_

Name of coach or team representative at meet:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Name and address for mailing of final results:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

**Make checks payable to:**

**Waukesha Express Swim Team**

**Mail Entries to:**

**Laurie Carlson**

**Waukesha Express Swim Team**

**P.O. Box 1874**

**Waukesha, WI 53187**

