

10 & Under Championships
Hosted by: Waukesha Express Swim Team
July 9, 2005
Sanction #2005 – 075WI

*All swimmers entered in individual events will receive a goody bag.
Upon check in at the meet each coach will receive the goody bags for their team.*

Location: Waukesha South High School
401 E. Roberta Drive
Waukesha WI, 53186

Meet Director: Jeff Wiesner
P.O. Box 1874
Waukesha WI, 53187
(262) 970-0641

Meet Entry Chair: Autumn Ryan
P.O. Box 1874
Waukesha, WI 53187
(262) 893-2979
aryan1@wi.rr.com

Facility: Eight lane, 25 yard pool. Pool depth is 13 feet at the start end and 5' 10" feet at bulkhead (turn end). Blocks are 30 inches high. The pool features a 9 ½ by 13 foot full color, digital display scoreboard. Concessions will be available. No food or beverage is allowed in the pool area.

Timing: Colorado System 6 timing system with aqua grip touch pads.

Rules: Official 2005 Short Course USS Rules and Wisconsin Swimming Rules shall govern the conduct of this meet. Swimmers must be registered Wisconsin USS swimmers. Age is as of July 9, 2005. Coaches must display their Coaches Card while on deck.

Schedule: Saturday:
AM Session Warm-ups: 8:00 AM
AM Session begins: 9:00 AM

There will be a 15 minute break after event #32.

WARM UP GUIDELINES

First 30 minutes:	All lanes circle swim
Last 30 minutes:	Sprint lanes in 1- 4

Officials: TBA

Entries & Eligibility: Swimmers may not enter any events in which they have state cuts. If a swimmer obtains the state time during the period of time in which they enter the meet and the date of the meet then they may swim that race.

All entries will be taken when accompanied by full payment. Swimmers may compete in four individual events per day, plus relays. Deck entries will only be allowed if there are open lanes available. All deck entries are \$6.00 per event.

All swimmers must be registered USS swimmers and their USS number MUST be listed on the official

entry form. This includes relay only swimmers. Submit current yard times.

Completed entry form, signed waiver, and fees must be received no later than Wednesday, June 29, 2005. Any questions concerning entries should be directed to Autumn Ryan, Meet Manager at 262-893-2979.

(THIS MEET IS BEING RUN ON HY-TEK SOFTWARE. PLEASE SUBMIT ENTRIES ON A 3.5 DISK AND INCLUDE A PRINTED COPY OF THE ENTRIES.)

Mail

Entries: Mail forms, signed waiver and fees (payable to WEST) to:
Waukesha Express Swim Team
P.O. Box 1874
Waukesha WI, 53187

All entries must be received by Wednesday, June 29, 2005.

Entry Fees: \$3.00 per individual event
\$10.00 per relay event
\$2.00 per swimmer in an individual event for LSC tax (splash fee)
Entry fees must accompany the official entry forms and are not refundable.

Admissions: Admission is \$3.00 per spectator over the age of 12 and heat sheets are \$3.00.

Awards: Individual Events:
1st – 8th place: Medals
9th – 16th place: Ribbons

Relay Events:
1st – 8th place: Ribbons

High Point Awards will be given for 1st, 2nd, and 3rd for each age.

Each event winner will be included in a parade of champions which will be held prior to the final relay.

Scoring: Sixteen place scoring will be used for individual events. Relay events scores will be doubled.

Final

Results: Final results will be mailed to all competing teams. Extra copies may be ordered for \$8.00 each.

Seeding: All events will be pre-seeded. 8 & under events will be staged.

Conduct: Each team is responsible for the behavior of their swimmers. ***The Meet Director or Meet Marshall may remove any swimmer from competition for disruptive or disorderly behavior.***

Coaches: All coaches must pick up their coach's packets in person and must show their coach's card. If a coach does not present an USS card, they will not be allowed on deck and the swimmers for the team will be assigned to an USS certified coach for warm-ups.

Medical: Please indicate any special needs your swimmers may have on the entry form. We will do everything possible to accommodate them. This should include any existing conditions that may require meet

management to activate the emergency response plan. Building personnel are trained in procedures required by Blood Borne Pathogens laws and will be responsible for any clean up required.

**10 & UNDER CHAMPIONSHIPS
ORDER OF EVENTS**

GIRLS	SATURDAY	BOYS
1	8 & under MIXED 100 yd. Medley Relay	1
2	9 – 10 MIXED 200 yd. Medley Relay	2
3	6 & under 50 yd. Freestyle	4
5	7 year old 50 yd. Freestyle	6
7	8 year old 50 yd. Freestyle	8
9	9 year old 100 yd. Freestyle	10
11	10 year old 100 yd. Freestyle	12
13	6 & under 25 yd. Backstroke	14
15	7 year old 25 yd. Backstroke	16
17	8 year old 25 yd. Backstroke	18
19	9 year old 50 yd. Backstroke	20
21	10 year old 50 yd. Backstroke	22
23	6 & under 25 yd. Butterfly	24
25	7 year old 25 yd. Butterfly	26
27	8 year old 25 yd. Butterfly	28
29	9 year old 100 yd. Butterfly	30
31	10 year old 100 yd. Butterfly	32
	15 MINUTE BREAK	
33	6 & under 25 yd. Freestyle	34
35	7 year old 25 yd. Freestyle	36
37	8 year old 25 yd. Freestyle	38
39	9 year old 50 yd. Freestyle	40
41	10 year old 50 yd. Freestyle	42
43	6 & under 25 yd. Breaststroke	44
45	7 year old 25 yd. Breaststroke	46
47	8 year old 25 yd. Breaststroke	48
49	9 year old 50 yd. Breaststroke	50
51	10 year old 50 yd. Breaststroke	52
53	6 & under 100 yd. IM	54
55	7 year old 100 yd. IM	56
57	8 year old 100 yd. IM	58
59	9 year old 100 yd. IM	60
61	10 year old 100 yd. IM	62
	PARADE OF CHAMPIONS	
63	8 & under MIXED 100 yd. Freestyle Relay	64
65	9 – 10 MIXED 200 yd. Freestyle Relay	66

ALL MIXED RELAYS MUST HAVE AT LEAST ONE MEMBER OF THE OPPOSITE SEX

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WAIVER FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims, against the Waukesha School District, USS, the Waukesha Express Swim Team and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona-fide amateur athletes and eligible to compete in all the events I/we have entered. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. All swimmers entered are current members of WI/USA Swimming Inc.

Club Name: _____ Initials (Four only) _____

Signature of Club Official, Parent or Guardian

Name: _____

Phone: _____

Title: _____

Email: _____

Address: _____

Entry Fee Recap: _____ Individual Events x \$3.00 = \$ _____

Minus Reservation Paid = \$ _____

Bal. Due for Ind. Swims = \$ _____

PLUS: _____ Relay Events x \$10.00 = \$ _____

_____ LSC Surcharge x 2.00 = \$ _____
(# of swimmers in Individual Events)

Total Entry Fee Due = \$ _____

Name of coach or team representative at meet:

Name: _____

Phone: _____

Email: _____

Name and address for mailing of final results:

Name: _____

Address: _____

City, State, Zip: _____

Make checks payable to:

Waukesha Express Swim Team

Mail Entries to:

Autumn Ryan

Waukesha Express Swim Team

P.O. Box 1874

Waukesha, WI 53187

