

Waukesha Express Swim Team
STATE/NON-STATE MEET
July 17, 2004

Sanction # 2004-055

Date: Saturday, July 17, 2004

Location: Waukesha West High School
3301 Saylesville Rd
Waukesha, WI 53189

Meet Manager: Laurie Carlson 262-970-0641

Facilities: Six lane 25 yard indoor pool with non-turbulent lane dividers, backstroke flags, and large seating capacity. Pool depth is 12 feet at start end and 3 feet at turn end. Blocks are 30 inches high. The cafeteria will be available for swimmers and spectators. There will be food available in the cafeteria, but all food and beverages must remain in the cafeteria.

Timing and Judging: Primary: Colorado V Timing System with strobe/horn start
Secondary: Semi-automatic button on each lane
Tertiary: Two manual backup watches per lane
25 yd swims: Three manual watches per lane
All events will be timed finals.

Official Rules: Current USS and Wisconsin Swimming Rules shall govern the conduct of this meet.

Meet Schedule:	<u>AM Session</u>	<u>PM Session</u>
Warm-ups	7:00 AM	immediately following AM
Meet Starts	8:05 AM	1 hour after the start of warm-ups
<i>General Warm-up (circle swim)</i>		
Lanes 1 – 6	7:00 – 7:30	11:30 – 12:00
Lanes 1, 2, 5, 6	7:30 – 7:45	12:00 – 12:15
Lanes 1 and 6	7:45 – 8:00	12:15 – 12:30
<i>One Way Sprints</i>		
Lanes 3 & 4	7:30 – 7:45	12:00 – 12:15
Lanes 2 – 5	7:45 – 8:00	12:15 – 12:30

The afternoon session warm-ups will not begin before 11:00 AM.

Entry Limit: Swimmers are limited to 4 individual events and their age is as of the day of the meet. Late registrations will not be accepted.

Entry Fees: \$2.00 per swimmer in an individual event for LSC Tax (Splash Fee)
\$2.50 per individual event
\$8.00 per relay event
\$5.00 per individual event for deck entries

Entries: All swimmers must be registered USS swimmers and their USS number MUST be listed on the official entry form. This includes relay only swimmers. Out of state swimmers must bring their USS cards or provide a copy of their USS cards with their entry form. Submit current yard times. **Completed entry form, signed waiver, and fees must be received no later than Tuesday, July 6, 2004. Any questions concerning entries should be directed to Laurie Carlson, Meet Manager at 262-970-0641.**

THIS MEET IS BEING RUN ON HY-TEK SOFTWARE. PLEASE SUBMIT ENTRIES ON A 3.5 DISK AND INCLUDE A PRINTED COPY OF THE ENTRIES.

Mail Entries: Mail forms, signed waiver and fees (payable to WEST) to:
Waukesha Express Swim Team
PO Box 1874
Waukesha, WI 53187

Awards:

Individual:	1 st - 3 rd Medals, 4 th - 12 th Ribbons
Relays:	1 st - 6 th Ribbons
Heat Winners:	Ribbons
Achievers:	Medals

Seeding: All individual events will be pre-seeded.
Classes will be seeded together but awarded separately. Deck entries may be accepted to fill open lanes in existing heats only.
Swimmers for all age groups report behind the starting blocks when their event is called. 8 & under swimmers will report to a staging area. A clerk will help the swimmers find their lane and heat.

Relays: Relay cards will be provided in the coach's packet. Coaches should complete relay cards and the swimmers should bring them to the block when the event is called. First and last names of competing swimmers and their ages must be on the back of the seed card in the order of swimming prior to swimming the relay.

Final Results: Final results will be mailed to all competing teams, to be postmarked no later than July 31, 2004. Extra copies may be ordered for \$5.00 each.

Admission: \$2.00 charge for spectators 12 and older. Heat sheets will be on sale for \$3.00 each.

Food: Food and beverages will be sold in the cafeteria. Two complimentary lunch tickets will be provided to each team.

Meet conduct: Each team is responsible for the actions of their swimmers during the meets. Any meet attendees not complying with pool and building rules or following the warm-up procedure may, at the discretion of the meet referee, be disqualified from further participation.

Coaches: All coaches must pick up their coach's packets in person and must show their coach's card. If a coach does not present an USS card, they will not be allowed on deck and the swimmers for the team will be assigned to an USS certified coach for warm-ups.

Medical: Please indicate any special needs your swimmers may have on the entry form. We will do everything possible to accommodate them. This should include any existing conditions that may require meet management to activate the emergency response plan. Building personnel are trained in procedures required by Blood Borne Pathogen laws and will be responsible for any clean up required.

STATE/NON-STATE MEET**July 17, 2004****AM SESSION**

Girls	Event	Boys
<u>Event #</u>	<u>Event</u>	<u>Event#</u>
1	11 – 12 100 yd. Butterfly	2
3	10 & Under 50 yd. Butterfly	4
5	11 – 12 50 yd. Freestyle	6
7	10 & Under 50 yd. Freestyle	8
9	11 – 12 50 yd. Breaststroke	10
11	10 & Under 50 yd. Breaststroke	12
13	11 – 12 200 yd. Backstroke	14
15	10 & Under 100 yd. Backstroke	16
17	11 – 12 200 yd. IM	18
19	10 & Under 200 yd. IM	20
21	11 – 12 200 yd. Free Relay	22
23	10 & Under 200 yd. Free Relay	24

PM SESSION

25	Senior 100 yd. Butterfly	26
27	13 – 14 100 yd. Butterfly	28
29	8 & Under 25 yd. Butterfly	30
31	6 & Under 25 yd. Butterfly	32
33	Senior 50 yd. Freestyle	34
35	13 – 14 50 yd. Freestyle	36
37	8 & Under 25 yd. Freestyle	38
39	6 & Under 25 yd. Freestyle	40
41	Senior 100 yd. Breaststroke	42
43	13 – 14 100 yd. Breaststroke	44
45	8 & Under 25 yd. Breaststroke	46
47	6 & Under 25 yd. Breaststroke	48
49	Senior 200 yd. Backstroke	50
51	13 – 14 200 yd. Backstroke	52
53	8 & Under 25 yd. Backstroke	54
55	6 & Under 25 yd. Backstroke	56
57	Senior 200 yd. IM	58
59	13 – 14 200 yd. IM	60
61	8 & Under 100 IM	62
63	Senior 200 yd. Free Relay	64
65	8 & Under 100 yd. Free Relay	66

WAIVER FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims, against the Waukesha School District, USS, the Waukesha Express Swim Team and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bonafide amateur athletes and eligible to compete in all the events I/we have entered. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet.

Club Name: _____ Initials _____
(Four only)

Signature of Club Official, Parent or Guardian
Name: _____ Phone: _____
Title: _____
Address: _____
E-mail Address: _____

Entry Fee Recap: _____ Individual Events x \$2.50 = \$ _____ = \$ _____
Less Reservation -\$ _____
Total amount due for individual swims \$ _____

_____ Relay Team x \$8.00 = \$ _____ + \$ _____

_____ LSC Surcharge x 2.00 = \$ _____ + \$ _____
(# of swimmers in Individual Events)

Total of Check = \$ _____

Name of coach or team representative at meet:
Name: _____ Phone: _____

Person to contact in case of entry problems:
Name: _____ Phone: _____

Name and address for mailing of final results:
Name: _____
Address: _____
City, State, Zip: _____

Make checks payable to the **Waukesha Express Swim Team**

Mail Entries to: Laurie Carlson
Waukesha Express Swim Team
P.O. Box 1874
Waukesha, WI 53187

2004 State/Non-State Meet

Hosted by Waukesha Express Swim Team

Time Trials

Saturday, July 17, 2004

WI Sanction #2004-056

- When:** At the conclusion of the afternoon session as time permits and at the discretion of the meet director. Pool will open for a 20 minute warm-up period following the conclusion of the afternoon session.
- Events:** See meet order of events listing. Events may be combined at the discretion of the head official and meet director. The order of events will be as follows: Free, back, breast, fly, IM and starting at the shortest distance (50 yd) and progressing up to the longest (1650 yd). The 1000 and 1650 free will be run last as a combined event.
- Fee:** \$5.00 per individual event
- Registration:** Registration procedure and entry closing will be posted at the meet.
- ***All swimmers must provide their own timers and stopwatches (some may be available).**
- Reminder:** The maximum number of individual events in one day is (5) five. This includes time trials!! These five events may be all time trials or a combination of time trial events and meet events.