

## Mid-Wisconsin Conference Championships

Hosted by: Watertown Aquatic Team

February 15th, 2009

Sanction #2009-023

**Date:** Sunday, February 15, 2009

**Location:** Fort Atkinson High School Pool  
925 Lexington Blvd.  
Fort Atkinson, WI 53538

**Teams:** Central Wisconsin Wave Makers (CWWM)  
DeForest Aquatic Club (DFAC)  
Fort Atkinson Swim Team (FAST)  
Oregon Community Swim Club (OCSC)  
Stoughton Aqua Racers (STAR)  
Waterloo Swim Club (LOO)  
Watertown Aquatic Team (WAT)  
Waunakee Rural Aquatic Team (WRAT)

**Facility:** Fort Atkinson High School Pool

**Schedule:** AM Session: 8:35 AM Meet Start  
PM Session: will begin 65 minutes after the morning session but not before 12:05 PM

**Warm-Ups:** AM Warm-ups: 7:30-8:30  
Warm-ups for PM session will last 60 minutes and will begin at the conclusion of the AM session

First 1/2 hour circle swim only in all lanes. Second 1/2 hour circle swims lane 1, 2, and 8. Push Pace 50 s lanes 3 and 7. One way sprints lanes 4, 5, and 6. Procedure will be repeated for afternoon session.

A coach from your team must be on deck during warm-ups. Swimmers not following procedures could be disqualified at the discretion of meet officials.

**Entries:** Only entries from teams invited to the meet will be accepted. Swimmers may compete in four (4) individual events per day plus two (2) relays. Entries will be accepted up to a maximum of 1200 entries for the meet. This meet will be run using Hy-Tek meet manager. All teams are

encouraged to submit entries on a disk or via e mail in the Hy-Tek commlink format. A hard copy of entries must accompany a disk.

**Entry Deadline:** The entry chair must receive a completed entry form and signed waiver no later than Wednesday, January 28th. No entries will be taken over the phone. Email entries are encouraged and can be sent

**Entry Chair:** Nick Harmsen  
1327 Western Ave  
Watertown, WI 53094  
(920) 296-9684  
[nickharmsen@charter.net](mailto:nickharmsen@charter.net)

**Meet Director:** Tim Jostad  
W129 Belleview Ave  
Oconomowoc, WI 53066  
(262) 244-1126  
Tjostad5@wi.rr.com

**Entry Fees:** \$3.00 per individual event plus \$3.00 splash fee per swimmer. \$12.00 per relay event. Meet fees are not refundable unless meet is full.

**Admission:** Admission will be \$3.00 and heat sheets will be \$4.00. Coaches packets will be available in the coaches & officials hospitality room. Coaches and Club Officials desiring to be on deck will be required to display proof of current USAS membership at all times.

**Timing System:** Colorado System 5 electronic timing system with strobe/horn start touch pads and manual backup timing buttons except for 25 yard events which will be hand timed with electronic stopwatches; each lane will have 2 timers with electronic stopwatches. All events will be timed finals.

**Official Rules:** Official 2009 Short Course USA Swimming Rules shall prevail for this meet. Swimmers must be registered WISCONSIN USA Swimming swimmers. Swimmers age is as of February 8, 2009. No Recall Starts.

**Meet Conduct:** It is expected that each club will be responsible for the conduct of their swimmers. If in the opinion of the Meet Director/Marshall a swimmers or spectators conduct is harmful or disruptive he/she will be asked to leave the pool area.

**Disabled Swimmers:** Please indicate on the entries form any swimmer that is requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.

**Age Groups: 8 & Under, 10 & Under, 11-12, 13-14, Senior/Open.**

**Team Grouping/Scoring:** *the teams will be placed into one of two groups that will be based on Conference team entries. For example, if DFAC enters 500 swims, OCSC enters 350 swims, WRAT enters 325 swims FAST enters 300 swims, WAT enters 150 swims, LOO enters 175 swims, CWWM enters 100 swims, and STAR enters 100 swims*

*DFAC, OCSC, WRAT, and FAST will be Group 1 (the larger teams)*

*WAT, LOO, CWWM, and STAR will be Group 2 (the smaller teams)*

*Points will be awarded based on 16 places, 20, 19, 18, 16, 15, 14, 13, 12, 11, 9, 7, 6, 4, 3, 2, 1.*

*Relays count as double points and only the top relay from each team will score points.*

*The swimmers from both groups will compete together but the teams will be competing against only the teams in their division. The races will be scored as is and will not be separated out for the different groups. For example, say Susie swimmer from OCSC came in 1<sup>st</sup> in the 50 free and Sally Swimmer came in 2<sup>nd</sup> from WAT, Susie would receive 20 points and Sally would receive 18 points despite what division they are competing in.*

**All events will be scored as is and for that age group. For example, an 11 year old can choose to swim a Senior/Open event but they will NOT be scored with the 11-12 age group, they will be scored as an Senior/Open swimmer.**

**Awards:** A team trophy will be awarded for 1st-3rd places for both group 1 teams and group 2 teams. Medals will be awarded to 1-3 for each event and ribbons will be awarded 4-16 for each event. Relays will be awarded 1-3rd place ribbons.

**Racing Eligibility:** *A Senior in High School or below will be allowed to score in the Conference meet. A swimmer of older status can participate on the relays or individual races but the points will not score. The swimmer must have a current USA certification in order to participate.*

**Officials:** Head Official/Officials Coordinator: Jim Merrill

**Final Results:** Final results will be mailed to all competing teams. Extra copies may be ordered for \$8.00 each.

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## Meet Events:

### AM SESSION

*8 and Under 100 medley Relay*

*10 and Under 200 Medley Relay*

*\*\*\*Optional 5 minute break\*\*\**

*10 and Under 100 IM*

*8 and Under 25 Fly*

*10 and Under 50 Fly*

*8 and Under 25 Back*

*10 and Under 50 Back*

*8 and Under 25 Breast*

*10 and Under 50 Breast*

*8 and Under 25 Free*

*10 and Under 50 Free*

*8 and Under 100 Free Relay*

*10 and Under 200 Free Relay*

### PM SESSION

*11-12 200 Medley Relay*

*13-14 200 Medley Relay*

*Senior/Open 200 Medley Relay*

*\*\*\*Optional 5 Minute Break\*\*\**

*Senior/Open 50 Free*

*11-12 100 IM*

*13-14 200 IM*

*Senior/Open 400 IM*

*11-12 50 Fly*

*13-14 100 Fly*

*Senior/Open 100 Fly*

*11-12 50 Back*

*13-14 100 Back*

*Senior/Open 100 Back*

*11-12 50 Free*

*13-14 100 Free*

*Senior/Open 200 Free*

*11-12 50 Breast*

*13-14 100 Breast*

*Senior/Open 100 Breast*

*\*\*\*Optional 5 Minute Break\*\*\**

*Senior/Open 500 Freestyle*

*11-12 200 Freestyle Relay*

*13-14 200 Freestyle Relay*

*Senior/Open 200 Freestyle Relay*

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In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with all heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, Watertown Aquatic Club, and the Fort Atkinson School District, and any other agent of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. All swimmers entered are current members of WI/USA Swimming Inc.

Team Name: \_\_\_\_\_

Team Abbreviation: \_\_\_\_\_

Signature of Club Official, Parent or Guardian: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Title: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Entry Fee Recap: Individual Events _____	x \$3.00=	\$ _____
Splash Feex (# of swimmers in IEs) _____	x \$3.00 =	\$ _____
Relay Entries (#of reley team entires) _____	x \$12.00=	\$ _____
Total Entry Fee Due =		\$ _____

Name of coach or team representative at meet:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Name and address for mailing of final results:

Name:

Address:

City, State, Zip:

**Make checks payable to: WAT**

**Mail Entries to:**

**WAT  
P.O. Box 23  
Watertown, WI 53094**