

WAT POLAR OPEN
Sanc. # 2007-124WI

- Host: Watertown Aquatic Team (WAT)
- Date: Saturday, Dec. 8th, 2007
- Schedule: Meet will start at 8:35 AM
Warm-ups for the AM session will be from 7:30am – 8:30 am.
7:30 – 8:00 AM Circle swim all lanes.
8:00 – 8:30 AM Circle swim lanes 1, 2 & 3.
Push/Pace 50 s lanes 6, 7 & 8.
One way sprints lanes 4 & 5.
This procedure will be repeated for the afternoon session.
Warm-ups for the PM session will not begin before 11:00 am.
- Location: Fort Atkinson High School
- Pool: Eight (8) lanes, 25-yard pool with non-turbulent lane markers, backstroke flags, and 30” blocks. Pool depth is 3.5 ft. at its shallow end and 9 ft. at its deepest end. Ample parking available in the high school parking lot and seating in the pool area. **The starting block pool depth is 9 ft. The 2nd and 4th legs of the 100 yd. relays will start in the water.**
- Timing: **Colorado electronic timing system** with touch pads and manual back-up timing buttons and horn start. Each lane will have two timers with electronic stopwatches. All events will be timed finals.
- Meet Format: Clerk of Course will be staging 8&U swimmers near the starting blocks. All other swimmers must be at the starting blocks at the start of their events.
- Deck Seeding: Deck seeding will be allowed only to the limit of filling partially filled heats. A \$5.00 charge per event will be assessed for deck seeding. Deck seeding will close at 8:15 AM for the AM Session and 15 minutes before the PM Session starts. Swimmers unable to prove USS membership will be charged a deck-registration fee of \$60.
- Rules: 2007 USA-S and Wisconsin Swimming Rules shall govern this meet. All swimmers must be USS registered. All out of state swimmers must bring their USS card to the meet. Swimmers not reporting to the blocks at the start of their event will be scratched. Relays: First and last names of competing swimmers and order of swimming must be listed on relay card along with age, prior to swimming the relay. No Recall Starts.
- Officials: Head Official: James Merril Sr.
Starter/Referees: T.B.A.
Stroke & Turn: T.B.A.
- Meet Director: Jason Jones
PO Box 23
Watertown, WI 53094
(920) 925-3047
- Entry Chair: Mark Kruse
E-mail entries to: watergod_pushup@hotmail.com
- Entries: Completed entry forms, signed waiver, and fees must be received by **Friday Nov. 30th,**

2007. Preferred method of entry is by diskette in HY-TEK COMMLINK format. Diskettes **MUST** be accompanied by a hard-copy listing. Current USS ID number **MUST** be included on the entry form. All deck entries must be able to prove USS membership. Out of state swimmers must show their current USS card prior to swimming.

Entry Limit: Only the first 1200 individual entries will be accepted. Entries not accepted will be notified by phone as soon as possible. **SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PLUS TWO (2) RELAYS. If USA swimming timeline 4 hour rule per session is exceeded when all entries are received, events will be limited to the top 12 seed times. Coaches will be notified so they can change event for swimmer.**

Age Groups 8&U, 10&U, 11-12, 13&O; Age as of Dec. 8, 2007

Entry Fee: Individual Events: \$3.50
Relays: \$12.00
Splash Fee: \$2.00

Fees are not refundable unless the meet is full.

Coaches Packs: Coaches packs will be held for pick up in the pool office. A current USS Coaches membership card will be required to receive each pack.

Awards: Awards for relay events will consist of ribbons for **1st-6th** place. Awards for individual events will consist of medals for **1st-3rd** places and ribbons for **4th-12th** places. Heat winners for 8&U and 10&U events will receive either a ribbon or an award. Individual swimmers must claim their own awards. Group distribution of awards to coaches will be permitted. Awards will not be mailed.

Admissions: Admission for persons 12 and over will be \$3.00. Heat sheets will be available for \$2.00.

Disabled Swimmers: Please notify the meet referee so that any special needs may be accommodated.

General Information: Electronic copy of final results will be sent to each team.

Hard copies can be mailed for \$5.00.

Radios are permitted only with the use of headphones. TV's are not permitted in the pool area.

SMOKING IS NOT PERMITTED ON THE PROPERTY OF THE FORT ATKINSON SCHOOL DISTRICT.

Each team is responsible for the conduct of its swimmers and any damage caused by them. The Meet Director or Meet Marshals may remove any swimmers from competition for disruptive or disorderly conduct.

A variety of hot and cold food and beverages will be available for purchase and must be consumed in the cafeteria. Please no carry-ins.

All American Aquatics of Oconomowoc, WI will have swim supplies for sale during the meet.

LIST OF EVENTS

(Warm-ups 7:30 - 8:30 AM. Meet starts at 8:35 AM.)

| MORNING SESSION | | | |
|------------------------|------------------------|-----------------------|--------------------|
| <i>Girl's Events</i> | <i>Age</i> | <i>Event</i> | <i>Boys Events</i> |
| 1 | 8 & Under | 100 Medley Relay* | 2 |
| 3 | 13 & Over | 200 Medley Relay | 4 |
| 5 | 8 & Under | 50 Freestyle | 6 |
| 7 | 13 & Over | 200 Freestyle | 8 |
| 9 | 8 & Under | 25 Backstroke | 10 |
| 11 | 13 & Over | 100 Backstroke | 12 |
| 13 | 8 & Under | 100 Individual Medley | 14 |
| 15 | 13 & Over | 200 Individual Medley | 16 |
| 17 | 8 & Under | 25 Breaststroke | 18 |
| 19 | 13 & Over | 100 Breaststroke | 20 |
| 21 | 8 & Under | 25 Butterfly | 22 |
| 23 | 13 & Over | 100 Butterfly | 24 |
| 25 | 8 & Under | 100 Freestyle Relay* | 26 |
| 27 | 13 & Over | 200 Freestyle Relay | 28 |
| | 10-Minute Break | | |
| 29 | 13 & Over | 500 Freestyle | 30 |

* The 2nd and 4th legs of 100 yd. relays will start in the water.

BREAK/WARMUPS

(Warm-ups not before 11:00 AM.)

| AFTERNOON SESSION | | | |
|--------------------------|------------------------|-----------------------|--------------------|
| <i>Girl's Events</i> | <i>Age</i> | <i>Event</i> | <i>Boys Events</i> |
| 31 | 10 & Under | 200 Medley Relay | 32 |
| 33 | 11 & 12 | 200 Medley Relay | 34 |
| 35 | 10 & Under | 100 Freestyle | 36 |
| 37 | 11 & 12 | 200 Freestyle | 38 |
| 39 | 10 & Under | 50 Backstroke | 40 |
| 41 | 11 & 12 | 100 Backstroke | 42 |
| 43 | 10 & Under | 100 Individual Medley | 44 |
| 45 | 11 & 12 | 200 Individual Medley | 46 |
| 47 | 10 & Under | 50 Breaststroke | 48 |
| 49 | 11 & 12 | 100 Breaststroke | 50 |
| 51 | 10 & Under | 50 Butterfly | 52 |
| 53 | 11 & 12 | 100 Butterfly | 54 |
| 55 | 10 & Under | 200 Freestyle Relay | 56 |
| 57 | 11 & 12 | 200 Freestyle Relay | 58 |
| | 10-Minute Break | | |
| 59 | 9-12 | 500 Freestyle | 60 |

WAIVER/ENTRIES RECAP

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with all heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, Watertown Aquatic Club, and the Fort Atkinson School District, and any other agent of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official _____

Team Name _____

Team Abbreviation _____

Coach(es) _____

Address for Final Results

Contact Name & Phone _____

Contact Email _____

SUMMARY OF ENTRY FEES

Number of Individual Swims _____ x \$3.00 = \$ _____

Number of Swims Reserved _____ Reservation \$ _____

Balance Due for additional Swims (enter zero if less) \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers _____ x \$2.00 = \$ _____

Number of Relay Swims _____ x \$10.00 = \$ _____

Total Entry Fee due \$ _____

Make Checks Payable to Watertown Aquatic Team

Mail Entries and Waiver to:

Jason Jones
PO Box 23
Watertown, WI 53094
(920) 925-3047

Entries must be received by Friday Nov. 30th, 2007