## Watertown Aquatic Team Polar Open Sanction # 2004–018 January 25, 2004 A-BB-B-C

Host:	Watertown Aquatic Team (WAT)
Date:	Sunday, January 25, 2004
Schedule:	Meet will start at 8:35 AM Warm-ups for the AM session will be from 7:30am – 8:30 am. 7:30 – 8:00 AM Circle swim all lanes. 8:00 – 8:30 AM Circle swim lanes 1 & 6. Push/Pace 50 s lanes 2 & 5. One way sprints lanes 3 & 4. This procedure will be repeated for the afternoon session. Warm-ups for the PM session will not begin before 11:00 am.
Location:	Waterloo High School 865 North Monroe Waterloo WI
Pool:	Six (6) lanes, 25-yard pool with non-turbulent lane markers, backstroke flags, and 28" blocks. Pool depth is 3.5 ft. at its shallow end and 10 ft. at its deepest end. Ample parking available in the high school parking lot and seating in the pool area. <b>The starting block pool depth is 10 ft.</b>
Timing:	<u>Colorado electronic timing system</u> with touch pads and manual back-up timing buttons and horn start. Each lane will have two timers with electronic stopwatches. All events will be timed finals.
Meet Format:	Clerk of Course will be staging 8&U swimmers near the starting blocks. All other swimmers must be at the starting blocks at the start of their events.
Deck Seeding:	Deck seeding will be allowed only to the limit of filling partially filled heats. A \$5.00 charge per event will be assessed for deck seeding. Deck seeding will close at 8:15 AM for the AM Session and 15 minutes before the PM Session starts. Swimmers unable to prove USS membership will be charged a deck-registration fee of \$50.
Rules:	2004 USS and Wisconsin Swimming Rules shall govern this meet. All swimmers must be USS registered. All out of state swimmers must bring their USS card to the meet. Swimmers not reporting to the blocks at the start of their event will be scratched. Relays: First and last names of competing swimmers and order of swimming must be listed on relay card along with age, prior to swimming the relay. No Recall Starts.
Officials:	Starter/RefereesT.B.A.Stroke & TurnT.B.A.
Meet Director:	Robert Ash PO Box 23 Watertown, WI 53094 (920) 262-0534

## Watertown Aquatic Team Polar Open Sanction # 2004-018 January 25, 2004 A-BB-B-C

Entries: Completed entry forms, signed waiver, and fees must be received by Friday January 16th, 2004. Preferred method of entry is by diskette in HY-TEK COMMLINK format. Diskettes MUST be accompanied by a hard-copy listing. Current USS ID number MUST be included on the entry form. All deck entries must be able to prove USS membership. Out of state swimmers must show their current USS card prior to swimming. Entry Limit: Only the first 1200 individual entries will be accepted. Entries not accepted will be notified by phone as soon as possible. SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PLUS TWO (2) RELAYS. If USA swimming timeline 4 hour rule per session is exceeded when all entries are received, events will be limited to the top 12 seed times. Coaches will be notified so they can change event for swimmer. 8&U, 10&U, 11-12, 13-14, Senior, Age as of: 1-25-2004 Age Groups Entry Fee: Individual Events: \$3.00 Relays: \$8.00 Splash Fee: \$1.25 Fees are not refundable unless the meet is full. Coaches Packs: Coaches packs will be held for pick up in the pool office. A current USS Coaches membership card will be required to receive each pack. Awards: Awards for relay events will consist of ribbons for 1st-6th place. Awards for individual events will consist of medals for 1st-3rd places and ribbons for 4th-12th places. Heat winners for 8&U and 10&U events will receive ribbons. Individual swimmers must claim their own awards. Group distribution of awards to coaches will be permitted. Awards will not be mailed. Admissions: Admission for persons 12 and over will be \$3.00. Heat sheets will be available for \$2.00. Adaptive Swimmers: Please notify the meet referee so that any special needs may be accommodated. General Information: One copy of final results will be given to each team. Additional copies are available for \$5.00. Radios are permitted only with the use of headphones. TV's are not permitted in the pool area. SMOKING IS NOT PERMITTED ON THE PROPERTY OF THE WATERLOO UNIFIED SCHOOL DISTRICT. Each team is responsible for the conduct of its swimmers and any damage caused by them. The Meet Director or Meet Marshals may remove any swimmers from competition for disruptive or disorderly conduct. A variety of hot and cold food and beverages will be available for purchase and must be consumed in the cafeteria. Please no carry-ins. All American Aquatics of Oconomowoc, WI will have swim supplies for sale during the meet.

## Watertown Aquatic Team Polar Open Sanction # 2004–018 January 25, 2004 A-BB-B-C

# LIST OF EVENTS

(Warm-ups 7:30 - 8:30 AM. Meet starts at 8:35 AM.)

MORNING SESSION						
Girl's Events	Age	Event	Boys Events			
1	8 & Under	100 Medley Relay	2			
3	Mixed Open	200 Medley Relay				
4	8 & Under	50 Breaststroke	5			
6	Open	100 Breaststroke	7			
8	8 & Under	25 Freestyle	9			
10	Open	50 Freestyle	11			
12	8 & Under	100 Individual Medley	13			
14	Mixed Open	400 Individual Medley				
15	8 & Under	25 Backstroke	16			
17	Open	50 Backstroke	18			
19	8 & Under	25 Butterfly	20			
21	Open	50 Butterfly	22			
23	8 & Under	100 Freestyle Relay	24			
25	Mixed Open	200 Freestyle Relay				

### **BREAK/WARMUPS**

## (Warm-ups not before 11:00 AM.)

AFTERNOON SESSION						
Girl's Events	Age	Event	<b>Boys</b> Events			
27	10 & Under	200 Medley Relay	28			
29	11 & 12	200 Medley Relay	30			
31	10 & Under	100 Breaststroke	32			
33	11 & 12	100 Breaststroke	34			
35	10 & Under	50 Freestyle	36			
37	11 & 12	50 Freestyle	38			
39	10 & Under	200 Individual Medley	40			
41	11 & 12	400 Individual Medley	42			
43	10 & Under	50 Backstroke	44			
45	11 & 12	50 Backstroke	46			
47	10 & Under	50 Butterfly	48			
49	11 & 12	50 Butterfly	50			
51	10 & Under	200 Freestyle Relay	52			
53	11 & 12	200 Freestyle Relay	54			

## Watertown Aquatic Team Polar Open Sanction # 2004-018 January 25, 2004 A-BB-B-C

#### WAIVER/ENTRIES RECAP

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with all heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, Watertown Aquatic Club, and the Waterloo Area School District, and any other agent of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official			
Team Name			
Team Abbreviation			
Coach(es)			
Address for Final Results			
Contact Name & Phone			
Contact Email			
	SUMMARY OF ENT	RY FEES	
Number of Individual Swims		x \$3.00 =	\$
Number of Swims Reserved		Reservation	\$
Balance Due for additional Swims (e	nter zero if less)		\$
EXCESS RESERVATIO	N MAY NOT BE APPLIEI	D TOWARD REI	LAY & SPLASH FEES
Number of Swimmers		x \$1.25 =	\$
Number of Relay Swims		x \$8.00 =	\$
		otal Entry Fee du	
Make Checks Payable to Watertow	<u>n Aquatic Team</u>		
Mail Entries and Waiver to:	Rob Ash PO Box 23 Watertown (920) 262-	, WI 53094	

Entries must be received by Friday January 16, 2004