## WAM SWIM YOUR OWN AGE HIGHPOINT Hosted by: Winnebago Area Mariners Team Approval #2008-113WI

**DATE:** Saturday, May 17th, 2008

**PLACE:** GraftonHigh School

1900 Washington Street Grafton, WI 53024

**ENTRY CHAIR:** Doug Conradt E-mail: dconradt@wi.rr.com

1514 Frances Street

Port Washington, WI 53074

262-284-2028

**MEET DIRECTOR:** Steve Schiessl E-mail: <u>bstcoachsgs@aol.com</u>

320 Hillcrest Drive Kiel, WI 53042 920-286-2306

**WARMUP:** Warm-up: 7:00-8:00AM as follows: 7:00-7:30 circle swim

All lanes, no diving. 7:30-8:00 one way sprints in lanes 2,3,4.

Lanes 1,5,6 circle swim. AM session begins at 8:05. PM session warm-ups immediately after AM session

ends, not before 11:00AM.

Sit and Slide entries from the starting end of the pool during

general warm-ups will be enforced for all

sanctioned/approved competition.

**FACILITY:** Six lanes, 25 yard indoor pool, backstroke flags, non-

turbulent lane dividers, 3.5 feet minimum depth, 18 inch

block height with 4.5 feet depth.

**TIMING:** 3 manual watches per lane for 25 yard events, Colorado

Timing System with 2 back-up watches for all other events.

**RULES:** Official 2008 Short Course USA rules shall govern the

Conduct of this meet. Coaches must display their current Coaches card while on deck. Coaches should notify meet Officials of any disabled swimmers upon arrival at the meet.

**ELIGIBILITY:** Swimmers need not be USA swimming members. Age is as

of May 17th, 2008. This is an approved meet.

**OFFICIALS:** To be announced. Head Official—Don Steinberg

**ENTRIES:** Swimmers may compete in a total of 4 individual events.

Clubs may enter an unlimited number of relay teams. All Entered times must be in yards. This is a pre-seeded meet.

**ENTRY FEE:** \$3.50 per individual event, \$12 per relay, \$2.00 splash fee

**ENTRY** Completed entry forms, waiver, and fees must be received no later than May 9<sup>th</sup>, 2008. Late entries will not be

accepted. This meet will be run using Hytek Meet Manager software. Please submit entries on a 3.5 disk with a hard copy. Entries may be e-mailed to Doug Conradt (Hytek format only)

with a disk and hard copy to follow. Mail completed entry with

signed waiver and fees to Steve Schiessl.

**DECK** Deck entries will be at the discretion of meet management and **SEEDING**: for open lanes only. Deck entry fee is \$5.00 per individual

event and \$12 per relay.

**AWARDS:** Trophies awarded to 1<sup>st</sup>-3<sup>rd</sup> place in each age group. Ribbons

awarded for 1st-16<sup>th</sup> place in individual events. Relays will be awarded for 1<sup>st</sup>-6<sup>th</sup> place. Heat winners will be given an award

for each race.

**ADMISSIONS:** \$3 for spectators over 12 years of age .Heat sheets are \$2.

Spectators must remain in the bleachers, only meet participants and personnel will be allowed on deck. Concessions will be

available in the cafeteria.

**Conduct** In accordance with the Federal Video Voyeurism Prevention

Act of 2004- the use of camera phones or video recording

devices in the locker rooms is prohibited.

RELAYS The second and fourth swimmers in the 100yd Relays must

Start in the water due to pool depth.

GIRLS	<b>EVENTS</b>	BOYS
1	8&U 100 MEDLEY RELAY	2
3	13-14 200 MEDLEY RELAY	4
5	SENIOR 200 MEDLEY RELAY	6
7	<b>6&amp;U 25 YD BREASTSTROKE</b>	8
9	7 YR 25 YD BREASTSTROKE	10
11	8 YR 25 YD BREASTROKE	12
13	13 YR 100 YD BREASTSTROKE	14
15	14 YR 100 YD BREASTSTROKE	16
17	SENIOR 100 YD BREASTSTROKE	18
19	<b>6&amp;U 25 YD BACKSTROKE</b>	20
21	7 YR 25 YD BACKSTROKE	22

23	8 YR 25 YD BACKSTROKE	24
25	13 YR 100 YD BACKSTROKE	26
27	14 YR 100 YD BACKSTROKE	28
29	SENIOR 200 YD BACKSTROKE	30
31	6&U 25 YD FLY	32
33	7 YR 25 YD FLY	34
35	8 YR 25 YD FLY	36
37	13 YR 100 YD FLY	38
39	14 YR 100 YD FLY	40
41	SENIOR 200 FLY	42
43	6&U 100 IM	44
45	7 YR 100 IM	46
47	8 YR 100 IM	48
49	13 YR 200 IM	50
51	14 YR 200 IM	<b>52</b>
53	SENIOR 200 IM	54
55	6&U 25 YD FREE	<b>56</b>
57	7 YR 50 FREE	58
59	8 YR 50 FREE	60
61	13 YR 100 FREE	62
63	14 YR 100 FREE	64
65	SENIOR 50 FREE	66
67	8 &U 100 FREE RELAY	68
69	13 & 14 200 FREE RELAY	70
<b>71</b>	SENIOR 400 FREE RELAY	72
73	OPEN 1000 FREE	74

## **PM SESSION**

<b>75</b>	10&U 200 YD MEDLEY RELAY	<b>76</b>
77	12&U 200 YD MEDLEY RELAY	<b>78</b>
<b>79</b>	9 YR 100 YD BREAST	80
81	10 YR 100 YD BREAST	82
83	11 YR 100 YD BREAST	84
85	12 YR 100 YD BREAST	86
87	9 YR 100 YD IM	88
89	10 YR 100 YD IM	90
91	11 YR 200 YD IM	92
93	12 YR 200 YD IM	94
95	9 YR 50 FLY	96
<b>97</b>	10 YR 50 FLY	98
99	11 YR 50 YD FLY	100
101	12 YR 100 YD FLY	102
103	9 YR 50 YD BACK	104

105	10 YR 50 YD BACK	106
107	11 YR 50 YD BACK	108
109	12 YR 50 YD BACK	110
111	9 YR 50 YD FREE	112
113	10 YR 100 YD FREE	114
115	11 YR 100 YD FREE	116
117	12 YR 50 YD FREE	118
119	10 &U 200 FREE RELAY	120
121	12 &U 400 FREE RELAY	122
123	12 &U 500 FREE	124

## **WAIVER**

In consideration of the acceptance of this entry ,I/we hereby , for myself, ourselves , my/our heirs, administrators ,and assigns ,waive and release any and all claims against USA Swimming of the United States , the Wisconsin LSC of USA Swimming, the city of Grafton, Grafton School District, The WAM swim team, their staff and volunteers for injuries and expenses incurred by me/us at the meet, or on the road to and from the meet. I/we are bona Fide amateur athletes and eligible to compete in all events I/we have entered.

Signature of Club Official or Paren	Position with	Club
Address	Telephone	
Name of Club	Abbreviation	
Names of Official Team Coaches		
E-Mail Address for Contact about	this entry	
Name and Address for Final Resul		
Recap of Entries Individual Entries	@ \$3.50	\$
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Relays		·
Splash Fee: # of swimmers		\$
Total Fees		\$
Minus Reservation Money		\$
Total Enclosed		\$