

VERONA AQUATIC CLUB FALL OPEN

October 22, 2000

Single Age A – BB – B – C

SANCTION NO.:

2000-116

DATE:

SUNDAY, October 22, 2000

AM Session:

Warm-ups: 7:30 AM - 8:30 AM

First Event: 8:40 AM

PM Session:

Will begin immediately after the AM session, but not before 11:00 AM.

Warm-ups: One hour

First Event: 10 minutes after the end of PM warm-ups.

LOCATION:

Verona Schools Natatorium

400B N. Main

Verona, Wisconsin 53593

FACILITY:

Indoor 25 meter pool with six 7' lanes, non-turbulent lane markers, backstroke flags, flat 29" high starting blocks, guttered pool. Pool depth is 11' at the starting block end and 3 1/2' at the opposite end.

TIMING:

Colorado Timing System with Horn Start, backup button, and manual stop watches, using 2 timers per lane. All events will be timed finals.

OFFICIAL RULES:

2000 USS and Wisconsin Swimming Rules shall govern this meet. Relays: first and last names of competing swimmers and order of swimming must be listed on the relay card, along with age, prior to swimming the relay.

WARM-UPS:

The first 30 minutes of each warm-up session is circle swimming only, no diving from the starting blocks. The next 30 minutes: Lanes 2,3,4, and 5 sprints (one directional swimming from starting end only, diving from the blocks permitted). Lanes 1 and 6 circle swimming. Officials will be on deck during the entire warm-up, with authority to recommend disqualification from individual events.

ENTRIES:

All seed times are to be submitted in YARD times. Completed entry forms, signed waiver, and fees must be received by Monday, October 16, 2000. Preferred method of entry is by diskette in HI-TEK COMMLINK format. Diskettes **MUST** be accompanied by a hard-copy listing. Current USS ID number **MUST** be included on the entry form. All deck entries must be able to prove USS membership. Out of state swimmers must show their current USS card prior to swimming.

SEND ENTRY MATERIALS TO:

Dale Nickels
5815 Chesapeake Circle
Madison, WI 53719
(608) 271-6249

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- DISABLED ATHLETES: Please indicate on the entry form any special needs for those athletes requiring them.
- ENTRY LIMIT: Only the first 1050 individual entries will be accepted. Entries not accepted will be notified by phone as soon as possible. SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PLUS TWO (2) RELAYS.
- ENTRY FEE: Individual Events: \$3.00
Relays: \$8.00
Splash Fee: \$1.25
Please make checks payable to Verona Aquatic Club.
- FINAL RESULTS: One copy of the final results will be mailed to all participating clubs. Additional copies may be ordered at \$5.00 per copy.
- AWARDS: Awards for relay events will consist of ribbons for 1st-6th places. Awards for individual events will consist of medals for **1st-3rd** places and ribbons for **4th-12th** places. Heat winners for 7&U, 8, 9, and 10 events will receive ribbons. Individual swimmers must claim their own awards. Group distribution of awards to coaches will be permitted. Awards will not be mailed.
- DECK SEEDING: Deck seeding will be allowed only to the limit of filling partially filled heats. A \$5.00 charge per event will be assessed for deck seeding. Deck seeding will close at 8:30 AM for the AM Session and 12:00 PM for the PM Session. Swimmers unable to prove USS membership will be charged a deck-registration fee of \$47.
- SEEDING: This is a PRE-SEEDED meet. IT IS THE SWIMMER'S RESPONSIBILITY TO BE AT THE BLOCKS AT THE START OF HER/HIS EVENT. Staging assistance will be provided for 8&U swimmers. Country View Elementary School will be available to swimmers.
- ADMISSION: \$5.00 which includes heat sheet. No charge for children under 12 accompanied by adult. Coaches' packets will be available at the admission table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USS membership at all times.
- CONCESSIONS: Delicious hot and cold food and drink will be available at reasonable prices in the Verona High School Annex Cafeteria adjoining the Natatorium.
- MEET CONDUCT: All teams are responsible for the conduct of their swimmers. The meet director, at his discretion, shall remove from competition any swimmer who behaves in a disruptive or disorderly manner.
- OFFICIALS: Kathy Henderson
Others: T.B.A.
- MEET DIRECTOR: Dale Nickels
5815 Chesapeake Circle
Madison, WI 53719
Home: (608) 271-6249
Work: (608) 827-6100
e-mail: dale@stdnet.com

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LIST OF EVENTS

(Warm-ups 7:30 - 8:30 AM. Meet starts at 8:40 AM.)

| <u>Girls</u> | <u>Age</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------|------------------|-------------|
| 1 | 11 | 100 Freestyle | 2 |
| 3 | 12 | 100 Freestyle | 4 |
| 5 | 13 | 100 Freestyle | 6 |
| 7 | 14 | 100 Freestyle | 8 |
| 9 | 11-12 | 200 Medley Relay | 10 |
| 11 | 13-14 | 200 Medley Relay | 12 |
| 13 | 11 | 50 Breaststroke | 14 |
| 15 | 12 | 50 Breaststroke | 16 |
| 17 | 13 | 100 Breaststroke | 18 |
| 19 | 14 | 100 Breaststroke | 20 |
| 21 | 11 | 100 Backstroke | 22 |
| 23 | 12 | 100 Backstroke | 24 |
| 25 | 13 | 200 Backstroke | 26 |
| 27 | 14 | 200 Backstroke | 28 |
| 29 | 11 | 50 Freestyle | 30 |
| 31 | 12 | 50 Freestyle | 32 |
| 33 | 13 | 50 Freestyle | 34 |
| 35 | 14 | 50 Freestyle | 36 |
| 37 | 11 | 50 Butterfly | 38 |
| 39 | 12 | 50 Butterfly | 40 |
| 41 | 13 | 100 Butterfly | 42 |
| 43 | 14 | 100 Butterfly | 44 |
| 45 | 11 | 200 IM | 46 |
| 47 | 12 | 200 IM | 48 |
| 49 | 13 | 200 IM | 50 |
| 51 | 14 | 200 IM | 52 |
| 53 | 11-12 | 200 Free Relay | 54 |
| 55 | 13-14 | 200 Free Relay | 56 |

BREAK/WARMUPS

(Warm-ups not before 11:00 AM.)

| <u>Girls</u> | <u>Age</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------|------------------|-------------|
| 57 | 9 | 100 IM | 58 |
| 59 | 10 | 100 IM | 60 |
| 61 | 8 & U | 100 Medley Relay | 62 |
| 63 | 10 & U | 200 Medley Relay | 64 |
| 65 | 7 & U | 25 Breaststroke | 66 |
| 67 | 8 | 25 Breaststroke | 68 |
| 69 | 9 | 50 Breaststroke | 70 |
| 71 | 10 | 50 Breaststroke | 72 |
| 73 | 7 & U | 25 Freestyle | 74 |
| 75 | 8 | 25 Freestyle | 76 |
| 77 | 9 | 50 Freestyle | 78 |
| 79 | 10 | 50 Freestyle | 80 |
| 81 | 7 & U | 25 Butterfly | 82 |
| 83 | 8 | 25 Butterfly | 84 |
| 85 | 9 | 50 Butterfly | 86 |
| 87 | 10 | 50 Butterfly | 88 |
| 89 | 7 & U | 25 Backstroke | 90 |
| 91 | 8 | 25 Backstroke | 92 |
| 93 | 9 | 100 Backstroke | 94 |
| 95 | 10 | 100 Backstroke | 96 |

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97

8 & U

100 Free Relay

98

99

10 & U

200 Free Relay

100

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RELAY ENTRIES

Team _____

| EVENT | AGE GROUP | RELAY | TEAM A | TEAM B | TEAM C |
|-------|-------------|------------------|--------|--------|--------|
| 61 | 8&U GIRLS | 100 MEDLEY RELAY | | | |
| 62 | 8&U BOYS | 100 MEDLEY RELAY | | | |
| 63 | 10&U GIRLS | 200 MEDLEY RELAY | | | |
| 64 | 10&U BOYS | 200 MEDLEY RELAY | | | |
| 97 | 8&U GIRLS | 100 FREE RELAY | | | |
| 98 | 8&U BOYS | 100 FREE RELAY | | | |
| 99 | 10&U GIRLS | 200 FREE RELAY | | | |
| 100 | 10&U BOYS | 200 FREE RELAY | | | |
| 9 | 11-12 GIRLS | 200 MEDLEY RELAY | | | |
| 10 | 11-12 BOYS | 200 MEDLEY RELAY | | | |
| 11 | 13-14 GIRLS | 200 MEDLEY RELAY | | | |
| 12 | 13-14 BOYS | 200 MEDLEY RELAY | | | |
| 53 | 11-12 GIRLS | 200 FREE RELAY | | | |
| 54 | 11-12 BOYS | 200 FREE RELAY | | | |
| 55 | 13-14 GIRLS | 200 FREE RELAY | | | |
| 56 | 13-14 BOYS | 200 FREE RELAY | | | |

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WAIVER

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team I represent together with all heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, Verona Aquatic Club, and the Verona Area School District, and any other agent of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official _____

Team Name _____

Team Abbreviation _____

Coach(es) _____

Address for Final Results _____

Contact Name & Phone _____

SUMMARY OF ENTRY FEES

Number of Individual Swims _____ x \$3.00 = \$ _____

Number of Swims Reserved _____ Reservation \$ _____

Balance Due for additional Swims (enter zero if less) _____ \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers _____ x \$1.25 = \$ _____

Number of Relay Swims _____ x \$8.00 = \$ _____

Total Entry Fee due \$ _____

Make Checks Payable to Verona Aquatic Club

Mail Entries to:

Dale Nickels
5815 Chesapeake Circle
Madison, WI 53719
(608) 271-6249

Entries Must be received by Monday October 16, 2000