

VERONA AQUATIC CLUB FALL OPEN

October 19, 2003

Single Age A – BB – B – C

SANCTION NO: **2003-111**

DATE: SUNDAY, October 19, 2003
AM Session:
Warm-ups: 7:30 AM - 8:30 AM
First Event: 8:40 AM

PM Session: Will begin immediately after the AM session, but not before 11:00 AM.
Warm-ups: One hour
First Event: 10 minutes after the end of PM warm-ups.

LOCATION: Verona Schools Natatorium
400B N. Main
Verona, Wisconsin 53593

FACILITY: Indoor 25 meter pool with six 7-ft lanes, non-turbulent lane markers, backstroke flags, flat 29-inch high starting blocks, guttered pool. Pool depth is 11-ft at the starting block end and 3.5 ft. at the opposite end.

TIMING: Colorado Timing System with horn start, backup button, and manual stop watches, using two timers per lane. All events will be timed finals.

OFFICIAL RULES: 2003 USS and Wisconsin Swimming Rules shall govern this meet.

RELAYS: First and last names of competing swimmers and order of swimming must be listed on the relay card, along with age, prior to swimming the relay.

WARM-UPS: The first 30 minutes of each warm-up session is circle swimming only, no diving from the starting blocks. The next 30 minutes: Lanes 2, 3, 4, and 5 will be for sprints (one directional swimming from the starting end only, diving from the blocks permitted); Lanes 1 and 6 will be for circle swimming. Officials will be on deck during the entire warm-up with the authority to recommend disqualification from individual events.

ENTRIES: Seed times may be submitted in YARD or METER times. Completed entry forms, signed waiver, and fees must be received by **Monday, October 13, 2003**. Preferred method of entry is by diskette in HY-TEK COMMLINK format. Diskettes MUST be accompanied by a hard-copy listing of entries. Current USS ID number MUST be included on the entry form. HY-TEK COMMLINK entry forms may be e-mailed as well. If e-mailing entries, hard copy, waiver and fees must be received by Tuesday October 14, 2003. All deck entries must be able to prove USS membership. Out of state swimmers must show their current USS card prior to swimming.

SEND ENTRY MATERIALS TO:

Deb Nickels
7901 Hamilton Meadows Rd.
Verona, WI 53593
e-mail: debnickels@tds.net
(608) 848-6354

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- DISABLED ATHLETES: Please indicate on the entry form any special needs for those athletes requiring them.
- ENTRY LIMIT: Only the first 1050 individual entries will be accepted. Entries not accepted will be notified by phone as soon as possible. SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PLUS TWO (2) RELAYS.
- ENTRY FEE: Individual Events: \$3.00
Relays: \$8.00
Splash Fee: \$1.25
Please make checks payable to Verona Aquatic Club.
- FINAL RESULTS: One copy of the final results will be mailed to all participating clubs. Additional copies may be ordered at \$5.00 per copy.
- AWARDS: Awards for relay events will consist of ribbons for 1st through 6th place. Awards for individual events will consist of medals for 1st, 2nd, and 3rd place and ribbons for 4th through 12th places. Heat winners for 7&U, 8, 9, 10 events will receive ribbons. Individual swimmers must claim their own awards. Group distribution of awards to coaches will be permitted. Awards will not be mailed.
- DECK SEEDING: Deck seeding will be allowed only to the limit of filling partially filled heats. A \$5.00 charge per event will be assessed for deck seeding. Deck seeding will close at 8:30 AM for the AM Session and 12:00 PM for the PM Session. Swimmers unable to prove USS membership will be charged a deck registration fee of \$58.
- SEEDING: This is a PRE-SEEDED meet. IT IS THE SWIMMER'S RESPONSIBILITY TO BE AT THE BLOCKS AT THE START OF HIS/HER EVENT. Staging assistance will be provided for 8&U swimmers. Verona High School ANNEX will be available to swimmers.
- ADMISSION: Admission is free. Heat sheets will be sold for \$5.00. Coach's packets will be available at the admission table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USS membership at all times.
- CONCESSIONS: A selection of delicious hot and cold food and drinks will be available at reasonable prices in the Verona High School Annex Cafeteria adjoining the Natatorium.
- MEET CONDUCT: All teams are responsible for the conduct of their swimmers. The meet director, at his discretion, shall remove from competition any swimmer who behaves in a disruptive or disorderly manner.
- OFFICIALS: TBA
- MEET DIRECTOR: Rick Karls
2594 Norwich St.
Fitchburg, WI 53711
Home Phone: 608 274-4074
Work Phone: 608 845-3900
e-mail: rjkarls@charter.net

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LIST OF EVENTS

(Warm-ups 7:30 - 8:30 AM. Meet starts at 8:40 AM.)

<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
1	11	100 Freestyle	2
3	12	100 Freestyle	4
5	13	100 Freestyle	6
7	14&O	100 Freestyle	8
9	11	50 Backstroke	10
11	12	50 Backstroke	12
13	13	100 Backstroke	14
15	14&O	100 Backstroke	16
17	11	50 Freestyle	18
19	12	50 Freestyle	20
21	13	50 Freestyle	22
23	14&O	50 Freestyle	24
25	11	50 Breaststroke	26
27	12	50 Breaststroke	28
29	13	100 Breaststroke	30
31	14&O	100 Breaststroke	32
33	11	200 Butterfly	34
35	12	200 Butterfly	36
37	13	200 Butterfly	38
39	14&O	200 Butterfly	40
41	11	200 IM	42
43	12	200 IM	44
45	13	200 IM	46
47	14&O	200 IM	48
49	11-12	200 Freestyle Relay	50
51	13-14&O	200 Freestyle Relay	52

BREAK/WARM-UPS

(Warm-ups for PM session will not start before 11:00 AM.)

<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
53	9	100 IM	54
55	10	100 IM	56
57	8 & U	100 Freestyle Relay	58
59	10 & U	200 Freestyle Relay	60
61	7 & U	25 Breaststroke	62
63	8	25 Breaststroke	64
65	9	100 Breaststroke	66
67	10	100 Breaststroke	68
69	7 & U	25 Freestyle	70
71	8	25 Freestyle	72
73	9	50 Freestyle	74
75	10	50 Freestyle	76
77	7 & U	25 Butterfly	78
79	8	25 Butterfly	80
81	9	100 butterfly	82
83	10	100 Butterfly	84
85	7 & U	25 Backstroke	86
87	8	25 Backstroke	88
89	9	50 Backstroke	90
91	10	50 Backstroke	92