

Stoughton Aqua Racers
2008 Island Paradise Retreat
Swim Meet

WI Sanction # 2008-20WI

- DATE: Saturday, January 19, 2008
- LOCATION: Stoughton High School Pool
600 Lincoln Ave
Stoughton, WI 53589
Pool entrance in back of High School; use the back parking lot off of Devonshire Rd.
- FACILITY: Stoughton High School Pool is an 8-lane, 25-yard pool with non-turbulent lane markers and backstroke flags. Pool depth is 12' 5" at starting end, with 30" starting blocks. The non-starting end of the pool is 3'6", thus the 2nd and 4th leg of the 100Y relays for 8&U will start in the water.
- SCHEDULE: This meet will only consist of two sessions. AM Warm-ups will be 8:00am-9:00am. The AM meet will start promptly at 9:05am. PM Warm-ups will not begin before 11:00 am. PM session meet will begin one hour following warm-up.
- WARM-UPS: First 30 minutes will be general warm-up/circle swim.
Last 30 minutes: Lanes 1, 2, 7, & 8 will be circle swim.
Lanes 3, 4, 5, & 6 will be on-way sprints.
- ENTRIES: Swimmers may compete in four (4) individual events per day plus 2 relays. Swimmers must be USA Swimming registered in order to enter. Only the first 800 individual entries will be accepted. The 500 free is a check-in event and may be limited to the top 24 swimmers. Any swimmer unable to compete due to the limitation will be refunded the entry fee for this event. Entries not accepted will be notified by phone as soon as possible. This meet will be run using Hy-Tek Meet Manager. All teams are encouraged to submit entries in the Hy-Tek commlink format.
- ENTRY DEADLINE: The entry chair must receive a completed entry form, signed waiver and fees no later than **Wednesday, January 8, 2008**. No entries will be taken over the phone. However, emailing of Team Manager format entries are encouraged and can be sent to Sally MacLaren-Meuer 917 Hyland Dr. Stoughton, WI 53589 or e-mail sallymaclaren@yahoo.com. Unless you have received a confirmatory email from the above address, it has not been received! Meet entry fees and waiver must be sent via standard mail and postmarked by the entry deadline.
- DECK SEEDING: Deck seeding will be allowed only to the limit of partially filled heats. An \$8 per event charge will be assessed for deck seeding. Deck seeding will close at 8:00am.

ENTRY FEES: \$2.00 LSC splash fee per swimmer, \$4.00 per individual event and \$12.00 per relay.

TIMING SYSTEM: All events (with the exception of 25-yard races) will be timed using a Colorado Timing System with horn start, touch pads, one button, and two watches as backup. 25-yard races will be timed with two (2) stopwatches.

DISABLED SWIMMERS: Please indicate on the entries form any special needs for those athletes requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.

AWARDS: Participation awards will be provided to the coaches to give to their swimmers. Awards will not be mailed.

OFFICIALS: Mike Barron
2008 USA Swimming and Wisconsin Swimming LSC rules apply to this meet

MEET CONDUCT: Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property will be required to leave the competition.

ADMISSIONS: **Admission - \$4.00 for ages 10 & Up each entrant will get a free heat sheet.**

FINAL RESULTS: One electronic copy of meet results will be sent to all participating teams. One hard copy per team is available upon request. All others wishing to obtain hard copies may order one for \$5.00

CONCESSIONS: Delicious hot and cold foods will be available for purchase throughout the meet. Food and beverages will not be allowed on the pool deck.

AGE GROUPS: 8&U, 10&U, 11-12, Senior/Open

MEET DIRECTOR: Becca Schleppenbach
2756 Rolling View Road
Stoughton, WI 53589
(608) 877-1057

2008 Island Paradise Retreat

Swim Meet

WI Sanction #

Saturday, January 19, 2008

Schedule of Events

AM Session

8:00am warm-ups, 9:05am start

Girls:

1
3
5
7
9
11
13
15
17
19
21
23
25
27
29
31

8&U 100Y Medley Relay
10&U 200Y Medley Relay
8&U 100Y IM
10&U 200Y IM
8&U 25Y Back
10&U 50Y Back
8&U 25Y Free
10&U 50Y Free
8&U 25Y Fly
10&U 50Y Fly
8&U 25Y Breast
10&U 50Y Breast
8&U 50 Free
10&U 200 Free
8&U 100Y Free Relay
10&U 200Y Free Relay

Boys:

2
4
6
8
10
12
14
16
18
20
22
24
26
28
30
32

PM Session

Girls:

33
35
37
39
41
43
45
47
49
51
53
55
57
59
61
63

PM Warm-ups will not begin before 11:00 am. PM session meet will begin one hour following warm-up.

11-12 200Y Medley Relay
Senior 200Y Medley Relay
11-12 200Y IM
Senior 200Y IM
11-12 100Y Back
Senior 100Y Back
11-12 50Y Free
Senior 100Y Free
11-12 50Y Fly
Senior 100Y Fly
11-12 100Y Breast
Senior 100Y Breast
11-12 200 Free
Senior 500 Free
11-12 200Y Free Relay
Senior 200Y Free Relay

Boys:

34
36
38
40
42
44
46
48
50
52
54
56
58
60
62
64

**2008 Island Paradise Retreat
WI Sanction #
Meet Waiver**

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Stoughton School District, Stoughton Aqua Racers (STAR), and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian: _____

Position _____ Phone # _____

Team Name & Abbreviation _____

Team Coach _____ Phone # _____

Name (if other than coach) & address for sending final results:

Name: _____

Street: _____

City: _____ State _____ Zip _____

Send results via email? (Y/N) _____ Address: _____

ENTRY FEE RECAP—Entries Due **Wednesday, January 9, 2008!**

Total # of Individual Events: _____ X \$4.00= \$ _____

Less number of Swims Reserved: _____ X \$4.00= \$ _____

Balance Due for additional Swims (or enter zero): \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY OR SPLASH FEES

of Relays: _____ X \$1200 = \$ _____

Total # of swimmers: _____ X \$2.00 = \$ _____

Total Entry Fee Due: \$ _____

Make all checks payable to Stoughton Aqua Racers