

28th SCHROEDER YMCA "A+"

Sponsored by: **TYR**

AGE GROUP & SENIOR MEET

February 1 - 3, 2008
Brown Deer, Wisconsin

The Schroeder YMCA's Aquatic Center has been the host of many great meets for more than 25 years. Please consider adding our A+ meet to your schedule. We awarded \$4000.00 to the top coaches at our meet last year. The quality of the field, the facility and the competence of our friendly meet management staff make this one of the Midwest's best meets.

View the 2007 meet results: <http://ssty.org/meet-results.htm>

For more information or feedback please reply to: David Anderson or call at: (414) 357- 2807 or danderson.sa@ymcamke.org

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Website: View psych sheet, [print](#) heat sheet, session info, get results, hotel Info:

<http://www.ssty.org/>

1. We will be using USA Swimming's On-Line Meet Entry for the 2008 Schroeder A+ Meet. Many of you are familiar with this web-based program and more instructions for entry are contained within the meet information.
2. Time standards have been tightened for the first time in a decade. The aim is to reduce our swimmer count a little in some events that have been very big.
3. Athletes entered with "custom times" must prove all of those times that are swum that do not meet the time standard or are DQed. Acceptable proof is .pdf or printed results from non-sanctioned meets. Please bring proof of time to the meet. There is a **\$100.00** fine for not making the entry standards and not proving the times. Swimmers will be barred from their next events until proof or fine paid. **You can prove times in either course LCM or SCY.**
4. Preferred warm up time on Saturday morning. We will open the facility doors at 6:00 AM and have no more than 160 athletes in the water until 7:00 AM. Teams may volunteer for this early slot and be assured a quality warm up period. Other teams will not be able to enter the water until 7:00 AM and the early birds will have to get out until 7:40 AM, at which time they may re-enter the water for a specific warm up.
5. Printable heat sheets will be available from our website.
6. Entries will be taken on a first come, first served basis until the meet is filled.
7. Coaches please pick up your team's awards. Awards will be bagged and will not be mailed.

28th SCHROEDER YMCA "A+" AGE GROUP & SENIOR MEET

Sponsored by: **TYR**

February 1 - 3, 2008

LOCATION: Schroeder YMCA & Aquatic Center
9250 N. Green Bay Road
Brown Deer, WI 53209
(414) 354-9622

HOST TEAM: The Schroeder YMCA Swim Team

TIME SCHEDULE:

SESSION	Athlete	WARM UP TIME	MEET START
Friday PM Timed Final	11 & Over	4:30 PM	5:35 PM
Saturday AM	13 & Over	7:00 AM	8:05 AM
Saturday PM	12 & under	*	*
Saturday Finals	9 & over	5:00 PM	6:05 PM
Sunday AM Timed Final	12 & U	8:30 AM	9:35 AM
Sunday PM Timed Final	13 & Over	*	*

* Sat. & Sun. PM warm up sessions will not start before noon, with a minimum of an hour for warm up. *Sit and Slide entry please.*

FACILITY: The Walter Schroeder Aquatic Center is an indoor 50-meter pool with two eight-lane, 25-yard courses, with two bulkheads, 16 starting blocks (starting block height is 30 inches), 6-1/2' - 17' depth and 7' wide lanes. Colorado Timing equipment will be used.

MEET

DIRECTORS: Nancy Roos

SANCTION: **Wisconsin Sanction # 2008-022 WI**
2008 Wisconsin and USA Swimming Rules will be used at this meet.

MEET OFFICIALS: Sue Zblewski - Head Ref. others tbd

2008 A+

MEET FORMAT: **Friday and Sunday:**
TIMED FINALS for all groups

Saturday:

Format	# of swim @ night	How many finals (A,B,C)	Age Group
TIMED FINALS	0	none	for 8 & U
PRELIMS/FINALS	8	(A final)	for 9/10
PRELIMS/FINALS	16	(A final and B consol)	for 11-12 girls
PRELIMS/FINALS	8	(A final)	for 11-12 boys
PRELIMS/FINALS	16	(A final and B consol)	for 13-14 girls
PRELIMS/FINALS	16	(A final and B consol)	for 13-14 boys
PRELIMS/FINALS	24	(A final, B consol, & C bonus)	for Sr women
PRELIMS/FINALS	8	(A final)	for Senior men

The following events will be TIMED FINALS:

All Friday and Sunday events; all relays, 500 and 1650 free. On Saturday, Top 8 relays and Top 8 checked in the Sr. 500 free swim with finals.

All events will be pre-seeded, except the 500's, 1000 & 1650 Freestyles and Saturday's relays and Sunday PM relays (8 & U timed final not checked in). The Administrative Referee and the Meet Director may choose to combine heats, fill empty lanes or move heats to improve the conduct of the meet. Swimmers must do a positive check in with the Clerk of Course to swim these events by the following guidelines:

Friday's 500's and 1000 by 5:10 PM

Relays by the end of Saturday's prelim warm up session

Saturday's Senior 500 Free – 9:00 AM

Sunday's PM relays at the end of warm up

Sunday's 1650 Free – 2:00 PM

AWARDS: **Custom Medals:** 1-8 for individual events for 14 & U and 1-3 for Sr; 1-3 for Relays; **Ribbons:** 9 – 16 for 12 & U individual events and 4-8 Relays (no relay awards for Sr); **Team Trophies:** Top 3 teams (host team ineligible). A **High Point Award:** Each Age Group and Senior. All awards will be bagged by team and a team representative may pick them up at the end of the meet on Sunday. Awards will not be mailed.

SCORING: Individual Events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2

ELIGIBILITY: All swimmers must be registered with USA Swimming and their USA Swimming numbers included on the entry. Age is as of Friday, February 1, 2008

2008 A+

ENTRIES:

Total entries for the meet will be limited to 2800 swims per day.

LIMIT: Enter no more than seven individual events for the meet. On Saturday, athletes may enter a maximum of three individual events as it is a prelim/final session.

FEES: \$ 5.00 per individual event
\$12.00 per relay
\$2.00 Wisconsin LSC Splash fee / surcharge per individual swimmer.
(Schroeder athletes do not pay entry fees)

Entering the Meet:

All entries must be completed using the USA Swimming on-line meet entry (OME) system. Entries can be completed at www.usaswimming.org/ome Paper or Hy-Tek entries will not be accepted.

Please contact Susan Woessner at USA Swimming with questions about the OME system (719) 332-0184 or swoessner@usaswimming.org

Payment for OME is requested by using Visa, MasterCard, American Express or Discover. OME will allow you to modify your entry / times through 1/22/2008. Once you have paid for your entry, you can add events to your entry but you cannot delete events. Entries will not be considered accepted until entry fees are received. After you have completed your entries, you will be sent a confirmation e-mail. Please bring a copy of all communications with you to the meet. If you do not have a credit card please contact David Anderson.

Proof of Time / MEET FINES:

Most athletes will have their entry times from the USA Swimming national times database. Swimmers entered with times not in the national times database who are disqualified or who fail to swim qualifying times in events must prove the qualifying time or pay a **\$100.00 fine** before their next event. Athletes who fail to make the cut-off time, but still make Finals, may swim Finals only if they can prove the time. Official meet results, paper or .pdf's are acceptable proofs of time. The host team will make exceptions for its swimmers.

ENTRY

DEADLINE:

NOON (12:00 PM CDT) Tuesday, January 22, 2008

Teams are encouraged to return their entries before the deadline. OME will open on Monday, December 17, 9:00 AM CDT. The 2007 A+ meet filled. You may begin your entry on December 17 and make changes anytime. Your work will be saved and you can return to it at anytime however, your team's entry is guaranteed only after you've hit the payment button. After you have entered and paid, you may still make changes, additions and updates to your entry. If and when the meet fills the OME system will close. No changes, updates will be allowed after on-line meet entry closes. No deck entries will be accepted, however the host team may fill lanes with its own swimmers after the entry deadline.

SCHROEDER YMCA A+ SWIM MEET WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, Inc., the YMCA of Metropolitan Milwaukee, the Schroeder YMCA & Aquatic Center, The Schroeder YMCA Swim Team and its Swim Team Committee and all other staff for injuries and/or expenses incurred by me/us at the meet, or while on the road to and from the meet.

SIGNATURE OF CLUB OFFICIAL / TITLE

CLUB NAME USA Team CODE/TEAM ABBREVIATION

CLUB ADDRESS CITY/STATE ZIP CODE

COACH/TEAM REP. AT MEET PHONE #

PERSON TO CONTACT FOR QUESTIONS REGARDING THIS ENTRY PHONE #

FAX # _____

e-mail _____

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Schroeder YMCA A+

Friday, February 1, 2008

warm up: 4:30 pm / meet start: 5:35 pm

time standard			girls	event	boys	time standard	
scy	lcm					scy	lcm
5.06.79	5.48.09		1	14 & U 400 IM	2	5.02.89	5.46.79
4.59.29	5.40.39	*	3	senior 400 IM	4	4.49.09	5.29.99
6.07.29	5.30.39	*	5	12 & U 500 free	6	6.05.99	5.30.89
5.38.29	5.03.49		7	13-14 500 free	8	5.40.09	5.05.59
11.23.89	10.07.59	*	9	senior 1000 free	10	11.12.19	10.04.59

all of Friday's timed final events will be swum fastest to slowest. 400 IM is pre-seeded, the 500 and 1000 check in by 5:10 PM

Saturday, February 2, 2008

AM Session

warm up: 7:00 am / meet start: 8:05 am

time standard			girls	event	boys	time standard	
scy	lcm					scy	lcm
58.09	1.06.19	*	11	senior 100 free	12	55.39	1.04.09
59.09	1.07.59	*	13	13 - 14 100 free	14	58.09	1.06.59
1.04.89	1.14.99	*	15	senior 100 back	16	1.01.79	1.11.99
1.06.39	1.16.79	*	17	13 -14 100 back	18	1.04.89	1.15.59
1.13.59	1.24.09		19	senior 100 breast	20	1.09.19	1.20.59
1.14.79	1.25.39		21	13 -14 100 breast	22	1.12.29	1.23.59
1.04.09	1.12.69	*	23	senior 100 fly	24	1.00.79	1.09.09
1.05.59	1.14.39		25	13 - 14 100 fly	26	1.04.09	1.12.69
2.19.79	2.38.89	*	27	senior 200 IM	28	2.15.69	2.37.19
2.23.19	2.42.99	*	29	13 - 14 200 IM	30	2.22.49	2.44.59

ten minute break

*	31	senior 400 med relay	32
*	33	13 - 14 400 med relay	34

five minute break

5.26.99	4.51.99	*	35	** senior 500 free	36	5.25.29	4.53.29
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*(* relays will be timed final, fastest to slowest, top eight at night)*

*(** will be swum after the relays, fastest to slowest, timed final, top 8 at night)*

Saturday PM Session
 warm up: not before 12:00 pm

time standard		girls	event	boys	time standard	
scy	lcm				scy	lcm
42.39	xxxx	37	8 & under 50 fr	38	42.39	xxxx
32.39	36.49	39	9 - 10 50 fr	40	31.89	36.19
1.04.29	1.13.19	* 41	11/12 100 fr	42	1.02.99	1.11.59
54.99	xxxx	43	8 & under 50 br	44	54.99	xxxx
41.99	48.29	45	9 - 10 50 br	46	42.49	48.49
1.21.99	1.33.59	* 47	11/12 100 br	48	1.21.29	1.33.89
2.36.39	2.59.89	49	9 - 10 200 fr	50	2.31.89	2.52.39
1.49.59	xxxx	51	8 & under 100 IM	52	1.49.59	xxxx
1.13.59	1.22.89	* 53	11/12 100 fly	54	1.12.49	1.22.59
1.23.19	xxxx	55	9 - 10 100 IM	56	1.21.29	xxxx
2.37.99	2.59.29	* 57	11/12 200 IM	58	2.36.69	2.58.09

five minute break

59	*	8 & u 100 med relay	60
61	*	10 & u 200 med relay	62
63	*	11/12 400 med relay	64

Saturday Finals Order of Events

girls	event	boys
1	senior 100 free	2
3	9-10 50 fr	4
5	11/12 100 fr	6
7	13 - 14 100 free	8
9	*10 & under 200 med. relay	10
11	** senior 500 free	12
13	13-14 100 back	14
15	senior 100 back	16
17	9 - 10 50 breast	18
19	11/12 100 breast	20
21	13 -14 100 breast	22
23	senior 100 breast	24
25	11/12 400 med relay	26
27	9 - 10 200 fr	28
29	11/12 100 fly	30
31	13 - 14 100 fly	32
33	senior 100 fly	34
35	9 - 10 100 IM	36
37	11/12 200 IM	38
39	13 - 14 200 IM	40
41	senior 200 IM	42
	five minute break	
43	*13 - 14 400 med relay	44
45	*senior 400 med relay	46

** top eight seeded relays at night, fastest to slowest, timed final*
*** top eight seeded 500 free timed final*

Sunday, February 3, 2008

AM Session

warm up: 8:30 am / meet start: 9:35 am

time standard		girls	event	boys	ne standard	
scy	lcm				scy	lcm
		65	11/ 12 400 fr relay	66		
		67	8 & under 100 fr relay	68		
		69	10 & under 200 fr relay	70		

37.29	42.09		89	9 - 10 50 fly	90	36.69	40.99
1.14.09	xxxx	*	91	11/12 100 IM	92	1.12.79	xxxx

Sunday PM Session

warm up: not before 12:00 pm

time standard			girls	event	boys	time standard	
scy	lcm					scy	lcm
26.69	30.59	*	93	senior 50 free	94	25.49	29.39
27.19	31.09	*	95	13 - 14 50 free	96	26.59	30.69
2.21.19	2.37.79		97	senior 200 fly	98	2.14.59	2.32.19
2.22.39	2.42.49		99	13 - 14 200 fly	100	2.22.29	2.41.59
2.19.79	2.40.29	*	101	senior 200 back	102	2.12.69	2.34.89
2.23.39	2.44.89		103	13 - 14 200 back	104	2.19.49	2.42.09
2.05.09	2.22.29	*	105	senior 200 free	106	2.00.79	2.19.19
2.07.89	2.25.49	*	107	13 - 14 200 free	108	2.06.69	2.24.99
2.38.39	3.00.59		109	senior 200 breast	110	2.30.09	2.54.29
2.40.99	3.03.99		111	13 - 14 200 breast	112	2.36.29	3.02.39
				<i>ten minute break</i>			
			113	senior 400 free relay	114		
			115	13 - 14 400 free relay	116		
				<i>15 minute warm up period</i>			
18.35.59	18.58.36		117	**senior 1650 free	118	18.00.99	18.34.49

(** will be swum after the relays, fastest to slowest, to its conclusion.
Swimmers must provide their own timers - positive check in)